

Meyler
Campbell

THE
BUSINESS
COACH
GRADUATES

2015

The Meyler Campbell Business Coach Programme Yearbook 2015

We are delighted to introduce the Graduates of the Business Coach Programme 2015.

Meyler Campbell's Business Coach Programme is the premier business coach training programme in the UK today, bringing together Tutors and participants from business, government, law and academia. Participants from across Europe, North America and Asia work in very small groups, and each Programme is designed around individuals' unique prior knowledge and future aims. Successful completion leads to accreditation by Meyler Campbell and the Worldwide Association of Business Coaches (WABC); the Programme has been awarded the European Quality Award (EQA) as conferred by the European Mentoring and Coaching Council (EMCC), and has Association for Coaching (AC) Course Recognition.

We congratulate the Business Coach Graduates for 2015.



Kath Abrahams

Kath has a strong track record in senior marketing and fundraising positions across a range of not for profit organisations. She brings a wealth of experience in leadership, change management, and developing collaborative high performing cultures (even once on a group skydive...) She is particularly interested in supporting women to achieve their full potential in leadership positions and in enabling people to find their own authentic leadership voice.



Duncan Aldred

Duncan is a solicitor and a partner at CMS in London, where he has led the firm's Banking Litigation team for over 20 years. He is an accredited mediator. Duncan is inspired by the power of coaching techniques to unlock potential in the firm's clients and contacts from hugely differing backgrounds. He has experienced great success working with bankers and lawyers but also with senior executives from other fields of business, from the worlds of luxury goods, education, and even comedy writing!



John Baldry

A barrister and coach, John returned to the Bar in 2014, after spending 20 years in law firms, including, as a partner, establishing and growing the tax groups in London of two major US law firms. John's interests in coaching focus around psychology, motivation and change, and he is a firm believer in using coaching with strengths to promote diversity and healthy organisations. In parallel with his Bar work, John writes on coaching, and coaches in the law, the City more widely, and the third sector.



Elpie Bannister

Elpie founded *boundless solutions* to utilise her blend of experience and expertise as a catalyst for clients. Combining coaching with a pragmatic approach, Elpie works with clients to drive competitive advantage through building individual and organisational agility and resilience. Underpinned by various qualifications and many years' experience at ARM, Farrer & Co and Analysys, Elpie has expertise in Talent Management, Leadership Development, M&A and Organisation Effectiveness.



Antonin Besse

Tony's career as an international lawyer gives him a front-row insight into the coaching needs of the legal and financial services profession. He's been described variously as reflective, compassionate, mischievous, charming, creative, caring, astute, focused and curious, with a natural ability to empathise and create trust and respect. Tony is French. His other interests include cabinetmaking, cosmology and quantum physics, career preparation for young adults and training lawyers.



Natasha Browne

Natasha is Head of HR for Support Services at Allen & Overy with responsibility for strategy, resourcing, staff development and employee relations. Natasha graduated in American Studies from Liverpool Hope University and spent her early career at Andersen as an HR generalist. She has been at Allen & Overy since 2003, and coaches support staff, fee earners and directors.



Lynne Burdon

With 30 years of experience as Managing Partner of two law firms Bolt Burdon and Bolt Burdon Kemp, Lynne now works with successful lawyers to help them to operate at peak performance. Lynne believes that success at work comes with clarity and focus. Work is important and it should be fun. Lynne coaches law firm leaders individually and in teams to deliver more to the top line whilst leading a balanced and joyful life.



Julia Clarke

Julia is a partner at Clifford Chance, one of the leading international law firms. She spent the first half of her career as a corporate lawyer acting mainly for private equity clients and, since 2006 has been Global Head of Learning and Development. Julia is excited about using what she has learnt on the programme to develop the firm's coaching strategy and culture and to coach partners and directors within the firm.



Willie Crawshaw

Willie spent 30 years in the international alcoholic drinks sector and in doing so learned the skills of management and corporate survival that he now deploys as he coaches CEOs and their teams who may face similar challenges. Willie also coaches in the independent and academy sectors of education where he helps head teachers to cope with "The Loneliness of Command" by developing their management and communication capabilities.



Claudia Danser

Before becoming an Executive Coach, Claudia spent 16 years in the media. She held senior roles at major internationals including BBC Worldwide, Warner Bros and Shine Group, where she was a Managing Director. Claudia now coaches senior leaders and high potentials. She enables them to take their performance and career to the next level. Clients say they find her 'powerful', 'insightful' and 'energising'. They value her fresh-yet-experienced perspective and the clarity, challenge and calm she offers.



Frank Douglas

Frank is the CEO and Founder of Caerus Executive, a talent and HR strategy business. Prior to this he was Global HR Director for Misys, a technology company. He has also held Group HRD roles at both Transport for London and Scottish and Newcastle. In 2011, Frank was included in the list of the top 30 most influential HR Directors in the UK. He is also a Non-Executive Director of the CIPD.



Mark Fearn

Mark is a founding partner of The Berkeley Partnership, an independent management consultancy based in London. Having graduated with a degree in Economics, Mark started his career in the City working in the insurance sector. He founded Berkeley with four colleagues in 1990. The firm now employs around 100 people working across a wide range of industry sectors. He lives in Hertfordshire and is married with three grown up children.



Martin Firstbrook

Martin is HR Director for M&G Investments, the fund management arm of the Prudential Group. He has significant experience working with and coaching senior executives, primarily within financial services. Martin is currently training in the field of Psychosynthesis psychotherapy and, where relevant, seeks to integrate elements of that approach into his coaching practice. However he is coaching, Martin seeks to bring a sense of joint exploration and experimentation to the process, along with a good dose of humour.



Paul Fletcher

Paul is currently Chairman of Actis, a Private Equity firm and has previously held senior positions in the banking sector. He works with individuals and also with the senior teams in private equity firms. He brings wide ranging business experience with a particular emphasis on maximising the potential of the leadership team in partnerships, coaching through the leadership succession cycle and assisting star individual contributors evolve to firm wide leaders.



David French

David is a partner in coaching practice Hilliard French Associates (hilliardfrench.com). For 25 years he led public and third sector organisations: 8 years as Chief Executive of Relate; later CEO of the Commonwealth Institute and from 2003 to 2009 the Westminster Foundation for Democracy. He co-founded and led the Alexandria Trust until 2014. He is married to nutritional therapist Sarah French. They live in London and west Dorset.



Douglas French

Douglas brings more than 30 years commercial and business experience to his coaching practice. Formerly a partner with Clifford Chance (where he held a number of leadership positions), he is now enjoying life after the law. His understanding of, and empathy with, the kind of challenges his clients are facing allows him to focus on – and particularly enjoy – working with high-achieving professionals at transition points in their careers.



Amanda Pelham Green

Amanda is a Director of Odyssey Mentor Limited. Her background includes 12 years' experience in entrepreneurial businesses, having launched three, acquired one and sold one. She has successful experience in the City as the COO of an international executive search firm and is described as an 'expert at turning vision into action.' A Master Practitioner in NLP, she brings strategic awareness, commercial experience and a joy of building businesses to her coaching practice.



Christian Greiser

Based in Germany, Christian specialises in coaching for change in highly competitive industries. His coaching has been described as "leader-to-leader with strong focus on impact". As a Partner of The Boston Consulting Group, a leading management consultancy, he works closely with CEOs and has over 20 years of experience in transforming organisations. Throughout his career, he has been engaged in recruiting and developing talent. Christian enjoys his family life and is inspired by ancient Eastern philosophy. He is a practitioner of Zen meditation.



Simmy Grover

After a successful career in financial services, Simmy decided to delve into the world of human behaviour. She is currently completing her PhD at UCL under the supervision of Professor Adrian Furnham. The focus of her research includes emotional intelligence, IQ, personality traits and their impact on performance in the workplace. Furthermore, she is investigating the effectiveness of developmental interventions, such as mentoring, coaching and training, in improving individual, team and organisational performance.



Jan Hall

Jan is a founding partner of JCA Group. She works at the very top level in executive and non-executive board search. Jan is an expert in corporate governance and has deep experience of conducting board reviews. She has also sat as a director on a number of PLC boards. Prior to JCA, Jan was a Senior Partner at Spencer Stuart and before that European Chief Executive of The GGT Group.



Christopher Hay

Christopher is the co-founder of Fluid Coaching and a highly experienced senior executive bringing a wealth of business knowledge to the coaching role. He has held senior leadership positions in leading IT companies, including Oracle, EMC, Bull and Honeywell as well as several tech startups. *"I believe in a holistic approach, with physical wellness, self-awareness and mental agility all being key to every individual's ability to access and fulfill their potential."*



Richard Hilliard

Richard is a partner in Hilliard French Associates, having stepped down as Chairman of the City of London-based business he founded in 2005. His coaching practice focuses on helping executives and others facing challenging times develop the resilience necessary to survive and thrive. He works with the London Business School, the Moller Institute in Cambridge and Henley Business School and he has a particular interest in the impact of anxiety on successful careers.



Tim Johns

Tim is a communications expert and business coach specialising in leadership communication and behavioural change. In a career spanning over 25 years Tim held senior communication roles with a number of major blue-chip organisations including Unilever, BT and Sainsbury's. Tim's approach combines coaching with his communications expertise and change consultancy to give clients the confidence to see and do things differently.



Kate Jones

With over 15 years' experience in senior financial services roles at BlackRock, Schroders and M&G, Kate now works as a consultant with senior leaders of asset management organisations. She brings to her clients the value of her real world experience of leading at a high level within global organisations. Kate coaches individuals to develop an authentic leadership style, is a trusted sounding board for senior leaders and helps organisations maximise the effectiveness of female talent.

**Nigel Jones**

Nigel coaches senior people in the legal, charitable and corporate sectors to help them improve their impact and achieve their potential. He is a scientist turned lawyer, with a long and distinguished career at Linklaters. His roles there include founding and leading its healthcare sector and championing its health & wellbeing activities. His external activities include NED/Trustee roles in the charitable, corporate and social entrepreneur sectors.

**Betsy Kendall**

Betsy is COO and Head of Professional Services at OPP Ltd. She has been instrumental in building OPP's strong professional reputation, and its revenues. She is a Chartered Psychologist and a specialist in the assessment and development of people at work. She is a world leader in her knowledge of the MBTI, FIRO and 16PF instruments and has a special interest in coaching leaders at key transition points in their lives.

**Nicole Lanitis**

Nicole's professional background is in headhunting, recruiting NEDs and senior executives, and the Department for Transport, where she worked on major infrastructure and privatisation projects. Outside work she has been actively involved with the literacy charity First Story. Nicole speaks Greek and has lived in Cyprus, the US (Silicon Valley) and the UK. She holds a degree in PPE from Oxford University and an MBA from London Business School.

**Janet Larsen**

Trained as an academic and practicing psychologist, Janet conducted research in the field of meta-cognition and pursued her clinical interest in depression and suicide in a variety of settings before transitioning to the commercial world – via Graham Alexander's coaching organisation – and has the last 16 years worked in the asset management sector as a consultant, coach and psychologist. Janet is based in London and works internationally.

**Sue Leeson**

Sue has 25 years' leadership experience within the media and retail sectors; as one of the leadership team for a global retailer, she understands the pressures of working with the opposing challenges of long-term growth and daily results. Recognising the critical value of strong leaders, Sue trained in NLP and Business Coaching to drive her own leadership skills and those of her team. She now adds coaching per se to her professional portfolio. Through her platform, Claragrace, she coaches across a variety of sectors, helping leaders to optimise their contribution, with purpose.

**Dave Machin**

Dave has been a Partner at the Berkeley Partnership, a Management Consultancy, for the last 11 years, having initially joined Berkeley from Gemini Consulting in 2001. Dave has 25 years' experience in delivering large-scale technology and change programmes, and embarked on the Meyler Campbell Business Coach Programme – along with all the Partners at Berkeley – to help develop the firms' ability to support and grow their consultants. Dave lives in Oxfordshire with his two sons.

**Chris McGolpin**

Chris is Head of Client Service and Business Management at Schroders. He has 25 years of business experience, including 50+ strategic and operational projects in industry and in consulting. He works across the business cycle covering strategy, business case through to implementation and change management. He takes personal responsibility and accountability for articulating strategies and driving the business and people to operationalise them.

**James Muston**

James has a diverse background in law, media and headhunting which began at Linklaters in 1989. He has spent over 23 years working with investment bankers and has a detailed understanding of how investment banks work and the challenges faced by senior people across the different divisions. He has been based in Asia since 1993 and currently works as an executive coach in North Asia and Singapore.

**Annelise Pesa**

Annelise has enjoyed an international career as a banking and finance lawyer with Clifford Chance, Linklaters and Alliance and Morgan Stanley spanning 20 years. A professional athlete in her youth, Annelise holds a Master in Banking and Finance Law from the University of London and is a NLP practitioner. She draws from her background, qualifications and interest in psychology to coach professionals to reach their authentic goals, maximise productivity and resilience.

**Nick Phillis**

Recently the senior housemaster at a leading public school, Nick Phillis has been in the business of coaching all his professional life. His recent clients include the global head of HR for a multi-national of over 70,000 and a director of a multi-national manufacturing company. He has an athletics half-blue from Oxford University and sat on several national hockey committees. He has worked in South Africa and was one of two who set up a charity to educate Afghan refugee girls in Pakistan. And is a keen golfer.

**Luca Regano**

Based in Portugal, Luca Regano is currently Vice President Customer Development in Unilever there. Italian by birth he has developed 23 years' experience in Fast Moving Consumer Goods working in Unilever at local and European level both in Marketing and Sales. As a strong believer that business is people, he is currently coaching his team through a successful turnaround and individually coaching high potential Unilever talents from all over the world through their development.

**Kim Reid**

Kim founded Yarwood Reid & Co, an Executive Coaching and Strategic HR Consultancy. As a Coach, she works with senior executives to support them to increase their impact, resilience, effectiveness & performance. Prior to becoming a coach Kim spent 25 years in aviation & defence. She was Global Head of Leadership, Talent & Learning for British Airways, Group HRD for MBDA & a Divisional HRD at BAE Systems.

**Bridget Salmon**

Bridget is an American living in the UK. After a degree in psychology, she spent many years at Lloyd's insurance market, primarily in PR. She then moved to Hong Kong and changed career to work in the charity sector – manager of the CAB and on the board of several other charities. Having lived in several countries, she is experienced in transitions and cross-cultural working and likes to coach others on these issues.

**Ivan Schofield**

Ivan is an active CEO with 12 years General Management experience as well as expertise in Finance, Strategy Consulting and FMCG sales and marketing. He also holds an MBA from INSEAD. Ivan's signature strengths as a CEO include being an avid developer of talent and a champion for professional development. He helps executives enhance self-awareness, overcome fears, improve connection and communication, build trust and, importantly, have more fun in their roles.

**Jonathan Skan**

Sydney-based Jonathan is a Partner with Egon Zehnder, with a deep interest in Executive Assessment and Development and a sector specialisation in Financial and Professional Services. Based for the last 15 years in London, he was seconded to Egon Zehnder's Sydney Office during the Programme. He is also an accredited Psychometric assessor.

**Mark Stafford**

Mark is a Partner at The Berkeley Partnership, an independent management consultancy. Prior to that, he worked for Accenture. With over 21 years of experience as a management consultant, he has worked for many large and mid-sized organisations across the private and public sectors, predominantly in retail and healthcare, helping senior management develop strategies and define, establish and manage large programmes of business change.

**Aki Stamatis**

Aki is the chairman of the Fourfront Group, the leading workplace specialist providing consultancy, design, construction, and furniture services whose client list includes companies such as Vodafone, Virgin, Hewlett Packard and Lego. Aki is a great believer in the benefits that coaching & mentoring programmes can bring to business. He has introduced many key development and training initiatives to Fourfront that have achieved recognition both inside and outside the construction industry.

**Sandra Starling**

Sandra's background includes twenty years working in leadership and managerial roles in the Police Service. During this career she undertook training to coach high potential candidates. Achieving a reputation for an empathetic style and good listening skills, Sandra developed her coaching style in the private sector. Passionate about good leadership she now uses her broad experience to coach leaders to develop by drawing on their experience and reflect on their own career transitioning needs.

**Geoff Tompsett**

Geoff is Head of HR for Daiichi Sankyo's Development organisation in Europe and has over 20 years' experience of senior management positions in the Life Sciences sector. In this time, he has coached people at all levels to navigate change and build for performance. Geoff brings a calm, empathetic style to his coaching yet is consistently challenging his clients to explore new thinking and find new solutions. He is a Chartered Fellow of the CIPD.

**Emilio Galli Zugaro**

Emilio Baron Galli Zugaro is Head of Group Communications of Allianz SE since 1992. Since 1996 he is associate professor at Ludwig-Maximilians-Universität in Munich and is seen as a thought leader in the corporate communications function. He considers business coaching as a break-through practice in order to advance Communicative Leadership in corporations.



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