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Zarrow Center for Learning Enrichment

Timeline

Directions: Write what you hope to be doing in each area at each age.

AREA	Age 18	Age 21	Age 26	Age 40	Age 65
Education					
Employment					
\$ I will be earning					
Housing					
Family					
Recreation & Leisure					

Subjects I Like

Jame: Date:											
Pirections : Check (✓) the each subject.	e bo	x tł	nat	bes	t id	entifies how you feel about the	ite	m 1	uno	der	1
				R	atir	ng Scale					
$0 = you don^2$	't lik	e it	at a			= it's O.K. $4 = \text{you really like it}$					
IATH	0	1	2	3	4	ENGLISH	0	1	2	3	4
Story Problems						Reading					
Money management						Vocabulary					
Measurement						Writing					
Algebra						Grammar					
Geometry						Spelling					
Fractions						Poetry					
Addition, subtraction						Fiction					
Multiplication, division						Non-fiction					
Decimals, percentages						Research					
Other:						Presentations					
Overall MATH Evaluation						Other:					
						Overall ENGLISH Evaluation					
CIENCE	0	1	2	3	4						
Physical science						SOCIAL SCIENCE	0	1	2	3	4
Earth science						American history					
Biology						World history					
Chemistry						Geography					
Anatomy/Physiology	L					Civics/government					
Geology						Economics					
Astronomy						Leadership/student council					
Ecology						State history					
Zoology						Psychology					
Dissecting						Sociology					
Lab experiments						Research					
Reading						Reading					
Other:						Writing					
Overall SCIENCE Evaluation						Other:					
						Overall SOCIAL SCIENCE Evaluation					

Subjects I Like (page 2)

Rating Scale

0 = you don't like it at all 2 = it's O.K. 4 = you really like it

ALTH/P.E.	0	1	2	3	4
Individual sports					
Team sports					
Weightlifting					
Health class					
Exercising					
Leadership roles					
Dressing out					
Showers					
Other:					
Overall HEALTH/P.E. Evaluation					

OREIGN LANGUAGE	0	1	2	3	4
Spanish					
French					
German					
Latin					
Japanese					
Reading foreign languages					
Speaking foreign languages					
Writing foreign languages					
Group work					
Cultural experiences					
Other:					
Overall FOREIGN LANGUAGE Evaluation					

FINE ARTS	0	1	2	3	4
Choir					
Band/orchestra					
Competition					
Practice					
Ceramics					
Drawing					
Painting					
Sculpting					
Design					
Drama					
Creativity					
Other:					
Overall FINE ARTS Evaluation					

PRACTICAL ARTS	0	1	2	3	4
Wood shop					
Metal shop					
Electronics					
Mechanical shop					
Automotive					
Technology					
TV & radio					
Consumer & family					
Print shop					
Creativity					
Other:					
Overall PRACTICAL ARTS Evaluation					

PAGE 3 Choosing Education Goals

Subjects I Like (page 3)

Rating Scale

0 = you don't like it at all 2 = it's O.K. 4 = you really like it

MPUTER TECHNOLOGY	0	1	2	3	4
Keyboarding					
Word processing					
Desktop publishing					
Computer-aided design					
Maintenance & repair					
Data entry					
Programming					
Information systems management					
Support & technical assistance					
Drawing & art					
Website design					
Other:					
Other:					
Other:					

OT	HER	0	1	2	3	4

Graduation Checklist

Name:	Date:
Directions:	Write in ink the classes you have passed and the grade you received. Write in pencil the classes you are currently taking. When you pass the class, write your grade in ink.

English/Language Arts	Social Studies	Science	Mathematics
Course Grade	Course Grade	Course Grade	Course Grade
1.	1.	1.	1.
2.	2.	2.	2.
3.	3.	3.	3.
4.	4.	4.	4.
5.	5.	5.	5.
6.	6.	6.	6.
7.	7.	7.	7.
8.	8.	8.	8.

Health/P.E.		Foreign Langu	ıage	Fine Art		Practical Arts		
	Course	Grade	Course	Grade	Course	Grade	Course	Grade
1.			1.		1.		1.	
2.			2.		2.		2.	
3.								
4.								

Electives		Other Requirements				
Course Grade	Course Grade	Course Grade	Course Grade			
1.	7.	1.	7.			
2.	8.	2.	8.			
3.	9.	3.	9.			
4.	10.	4.	10.			
5.	11.	5.	11.			
6.	12.	6.	12.			

Educational Performance Summary

Name:	Date:								
Directions: N	⁄leet w	ith your	schoo	ol counselo	or to	o complete tl	his form.		
School Year	G.	.P.A.	Cla	ss Rank	Sc	hool Year	G.P.A.	Class Rank	
9th						11th			
10th						12th			
Name of test:						Type of test:	Date of	test:	
Sub-categor	ies	Stand. s	core	Percenti	le		Range		
1. English						below averag	e average	above average	
2. Math						below averag	e average	above average	
3. Science						below averag	e average	above average	
4. Social Studi	ies					below averag	e average	above average	
5. Other:						below averag	e average	above average	
6. Overall Sco	re					below averag	e average	above average	
Name of test:						Type of test:	Date of	test:	
Sub-categor	ies	Stand. s	core	Percenti	le		Range		
1.						below averag	e average	above average	
2.						below averag	e average	above average	
3.						below averag	e average	above average	
4.						below averag	e average	above average	
5.						below averag	e average	above average	
6						below averag	e average	above average	

Educational Performance Summary (page 2)

Name of test:			Type of test:	Date of t	est:
Sub-categories	Stand. score	Percentile		Range	
1.			below average	average	above average
2.			below average	average	above average
3.			below average	average	above average
4.			below average	average	above average
5.			below average	average	above average
6.			below average	average	above average

Name of test:			Type of test:	Date of t	test:
Sub-categories	Stand. score	Percentile		Range	
1.			below average	average	above average
2.			below average	average	above average
3.			below average	average	above average
4.			below average	average	above average
5.			below average	average	above average
6.			below average	average	above average

Admission Requirements Vocabulary

1. G.P.A.	Grade point average, calculated by adding the grades you received in classes based upon a point system $(4 = A, 3 = B, 2 = C, 1 = D, 0 = F)$ and dividing it by the number of classes you have taken. It is the average of all your grades freshman through senior years.
2. class rank	Where your G.P.A. stands in relation to all other students in your same grade in your school.
3. standardized test	A test in which the testing and scoring procedures follow strict rules. Your score is compared with a sample of similar students who have taken the same test across the country.
4. achievement test	A test that measures your abilities in reading, writing, math, social studies, science, or study skills.
5. aptitude test	A test that measures your ability to think and reason.
6. vocational test	A test that measures your ability to do work-related tasks.
7. percentile rank	Tells how you scored compared to other students who took the test. The 50th percentile represents average performance. A percentile score of 63 means you scored as well as or better than 63% of the same age group who took the same test.
8. range	Gives an idea of how well you perform in relation to others. Usually ranges are described by being above average, average, or below average.
9. standard score	A score that has been calculated with a formula using your raw score so that scores will be easier to compare. In most cases, 100 is an average standard score.
10. G.E.D.	General Education Diploma. Diploma you receive by taking tests in math, writing skills, science, social studies, and literature and arts to determine if you have basic academic knowledge. You must be 17 years old to take the test. In many states, if younger than 17, you may be able to apply for a waiver from the state department.
11. High School Performance Index	The combination of your grade point average (or class rank) and your highest standardized test score (ACT or SAT) determine whether you meet a particular institutions' admission standard.

Study Habits

Nan	ne:]	Dat	e: _						
Dire	ections:	Write the "Name of Classrow. Check (✔) "Y" for on whether you use it in at the bottom of each col	yes eac	or h c	"N lass	" fo s. W	r no Trite	o fo e th	r ea	ach um	stu ber	dy of	hal YES	oit l Ses	iste in t	d b he l	ase olai	ed nks
		Name of Class: Period:		1		2	3	3		1	Ę	5		5	5	7		3
Do i	T	Terrous	Υ	N	Y	N	Y	N	Y	N	Y	N	Y	N	Y	N	Y	N
			1	- `	H	- `	_	- 1	_	- 1	_	- 1		1,	_	11	_	
		s regularly?																
		ass on time?			H													
		ed materials?			Н													
		I'm ready when class begins?			H													
		npleted homework?																
		s before class?			H													
		can learn best?																
	Take notes?				H													
		on to teacher?																
		in class discussions?			H		H											
		in class activities?			Н													
	Ask questio				H		H											
13.	Volunteer a																	
		rely and not talk to others?			-													
		ndar for assignments?			<u> </u>													
	Organize m				_													
	Use class ti	•			H													
		r extra help?			H													
	Study for te																	
		in study groups?			L		L											
	Use study s																	
		e to study where I can work?			_													
		time to do homework?																
		g-term assignments early?			_													
25.		n get a good grade?																
26.	Other:																	
		Number of YESes																

School Work Habits and Academic Skills

Student's Name	Class
Teacher's Name	Date

Teacher Directions: Below is a list of school work habits and academic skills. Please complete the "Teacher Thinks" column. Choose the response that best describes the work habits and academic skills this student displays in your class. You may also write responses in the "comments" column.

Student Directions: Below is a list of school work habits and academic skills. Please complete the "I Think" column. Choose the response that best describes the work habits and academic skills you display in the class.

	Rating	Scale
3 = very good	2 = O.K.	1 = needs improvement

School Work Habits		I Think			Teac	her Tl	ninks	Mat	ches	Comments
		3	2	1	3	2	1	Y	N	
1.	Attends class regularly									
2.	Arrives to class on time									
3.	Brings needed materials									
4.	Ready when class begins									
5.	Turns in completed homework									
6.	Does readings before class									
7.	Sits where can learn best									
8.	Takes notes									
9.	Pays attention to the teacher									
10.	Participates in class discussions									
11.	Participates in class activities									
12.	Asks questions									
13.	Volunteers answers									
14.	Listens actively and does not talk to others									
15.	Keeps a calendar for assignments									
16.	Organizes materials									
17.	Uses class time wisely									
18.	Comes in for extra help									
19.	Studies for tests									

School Work Habits and Academic Skills (page 2)

Teacher Directions: Below is a list of school work habits and academic skills. Please complete the "Teacher Thinks" column. Choose the response that best describes the work habits and academic skills this student displays in your class. You may also write responses in the "comments" column.

Student Directions: Below is a list of school work habits and academic skills. Please complete the "I Think" column. Choose the response that best describes the work habits and academic skills you display in the class. You may also write responses in the "comments" column.

	Rating	Scale
3 = very good	2 = O.K.	1 = needs improvement

Academic Skills		I Think			Teac	her Tł	ninks	Mat	ches	Comments
		3	2	1	3	2	1	Y	N	
1.	Writes clearly and accurately									
2.	Reads content materials with ease									
3.	Comprehends content books and assignments									
4.	Understands and uses vocabulary needed in class									
5.	Clearly expresses thoughts verbally									
6.	Understands and applies basic math skills accurately									

Home Work Habits

Student's Name	Class
Parent's Name	Date
Parent Directions : Below is a list of home w	ork habits. Please complete the "Parent
Thinks" column. Choose the response that be	est describes the home work habits this
student displays at home. You may write res	ponses in the "comments" column.

Student Directions: Below is a list of home work habits. Please complete the "I Think" column. Choose the response that best describes the home work habits you display at home. You may write responses in the "comments" column.

	Rating	Scale
3 = very good	2 = O.K.	1 = needs improvement

Ho	me Work Habits]	Thin	k	Pare	ent Th	inks	Mat	ches	Comments
		3	2	1	3	2	1	Y	N	
1.	Studies for tests									
2.	Reviews the subject nightly									
3.	Participates in study groups									
4.	Uses study strategies (e.g., test-taking strategy or note-taking strategy)									
5.	Finds a place to study where can work									
6.	Schedules a time to do homework									
7.	Starts on long-term assignments early									
8.	Believes can get a good grade									

Study Habits Log

Nan	ne:	C	lass:					We	ek of	:		
Dire	ections:	Choose three study habits particular class. Write the rather the three habits you chose. you used the habit that day	name Ever	of th	ie cla	iss on	the	line a	bove	e. Hiş	ghlig	
			Da	y 1	Da	y 2		y 3		y 4	Da	y 5
			Y	N	Y	N	Y	N	Y	N	Y	N
1.		ass regularly										
2.		class on time										
3.		eded materials										
4.		hen class begins	-									
		ompleted homework										
6.		ngs before class			-		-					
<u>7.</u>		I can learn best	-									
8.	Take note						_					
9.		tion to teacher										
10.		te in class discussions										
11.		te in class activities					_					
12.	Ask ques	tions										
13.	Voluntee	r answers										
14.	Listen act	tively and not talk to others										
15.	Keep a ca	llendar for assignments										
16.	Organize	materials										
17.	Use class	time wisely										
18.	Come in	for extra help										
19.	Study for	tests										
20.	Participa	te in study groups										
21.	Use study	y strategies										
22.	Find a pla	ace to study where you can work										
23.	Schedule	a time to do homework										
24.	Start on le	ong-term assignments early										
25.	Believe I	can get a good grade										
26.	Other:											

Post-Secondary Education Terminology

1. Associates Degree Usually takes two years of full-time study.

2. Bachelors Degree Usually takes four to five years of full-time study.

3. Masters Degree Usually takes one to two years of college after bachelor's

degree.

4. Doctorate Usually takes three years of college after master's degree.

5. Community College Sometimes called a junior or city college. Offer two years of

college-level work in vocational areas or college transfer

courses.

6. Technical/Trade School Specialized training for a particular career field. Usually more

expensive than community colleges. Can complete most

programs in less than two years.

7. College/University A school where you can earn a bachelors degree, masters

degree, or doctorate in liberal arts or a professional field.

Required to take a certain number of general education courses,

then a certain number in your specialized area.

8. Apprenticeship Learning to do a certain job, involving more than 800 craft or

trade jobs, through hands-on experience under the guidance of a skilled worker. May require related coursework. Usually takes about four years, but can go to six years. Most popular technical jobs include machining, plumbing, or carpentry.

9. On-the-Job Training Many companies teach you to do a job while working. May or

may not get paid. Training can last a few days, weeks, or up to three years. Training may be in the company work area, at a

community college, or other setting.

10. Military Service Training Training in over 200 technical careers. Must enlist in the

military for at least two years depending on branch of military.

Includes Army, Air Force, Navy, Marines, and Coast Guard.

Post-Secondary Education Options—General Information Table

Date: _

Degree/Cert./ License						
Admission Requirements						
Tuition						
Program Description						
Program Length						
	Community College	Technical/ Trade School	College/ University	Apprenticeship Programs	On-the-Job Training	Military

Post-Secondary Education Options—General Information Table

	Program Length	Program Description	Tuition	Admission Requirements	Degree/Cert./ License
Community College	• Two years	Academic courses for transfer or two-year vocation degree	• \$500 to \$3,000, varies greatly	 Usually open enrollment, may need a high school diploma or Credits to transfer GED 	Associate's degreeCredits to transfer to four-year college
Technical/ Trade School	• Five months to two years	Specialized training for a particular career field	• \$5,000 to \$20,000 for books, fees, and tools	 High school diploma or GED and basic skills in math, reading, and English 	 Associate's degree
College/ University	Four years for bachelor degree Six to eight years for advanced degrees	Earn a bachelors, masters, or doctorate degree in liberal arts or a professional field. Complete general educational courses and those in your area of study	Varies greatly, \$5,000 to \$20,000 per year Private more expensive In-state cheaper Scholarships, grants, financial aid available	 Varies greatly; examples: GPA, ACT, or SAT, class rank, interview, High School Performance Index score Required to take general courses then required courses in your area 	Bachelor's degreeMaster's degreeDoctorate
Apprenticeship Programs	Apprenticeship Programs Programs Programs	Learning by hands-on experience with skilled workers low, usually increases as you progress Most popular trades—manual or mechanical skills (e.g., machining, plumbing, carpentry)	• Paid during training but low, usually increases as you progress	• Contact local state employment office or write Department of Labor	 Most programs are registered with federal or state government Certificates from Department of Labor or State
On-the-Job Training	Varies may be hours, days, or two to three years	 Programs offered by many companies Training may be in the company work area, at a community college, or other setting 	 Paid during training but low, usually increases as you progress 	 Apply to job service or to company personnel offices or private employment agencies 	
Military	• Depends on type of training, may be 2 to 6 years	• Army, Air Force, Navy, Marines, • Paid while trained. Grants • Take Armed Services Coast Guard for college later after Vocational Aptitude I out—GI Bill (ASVAB)	• Paid while trained. Grants for college later after out—GI Bill	• Take Armed Services Vocational Aptitude Battery (ASVAB)	• Depends on chosen career and training

Gathering Information on Post-Secondary Education Options

Name:	Date:
Option Selected:	(e.g, trade school, community college)
Whether you have or not, you need to be	n about the career field you would like to pursue. thinking about the type of education you want after of or program and find the following information. You of the class.
Name of school or program:	
Address:	
	Phone number:
Size of school:	
Admission requirements: G.P.A.	Class rank:
Do I need to take the SAT? Yes _	No Score required:
Do I need to take the ACT? Yes_	No
High School Performance Index:	
High school classes:	
Do I need to take entrance or placeme	ent exams?
How many people are admitted each	year?
Degrees, certificates, or licenses availa	able:
Time needed to complete degree or p	rogram:
	Living Books
Job placement programs:	
Support services available:	
When should I apply?	
Other information:	

Post-Secondary Education Options

Teacher will set-up a chart on a large piece of butcher paper on the wall of the classroom or in hallway. As students get their information, ask them to write their information on the table.

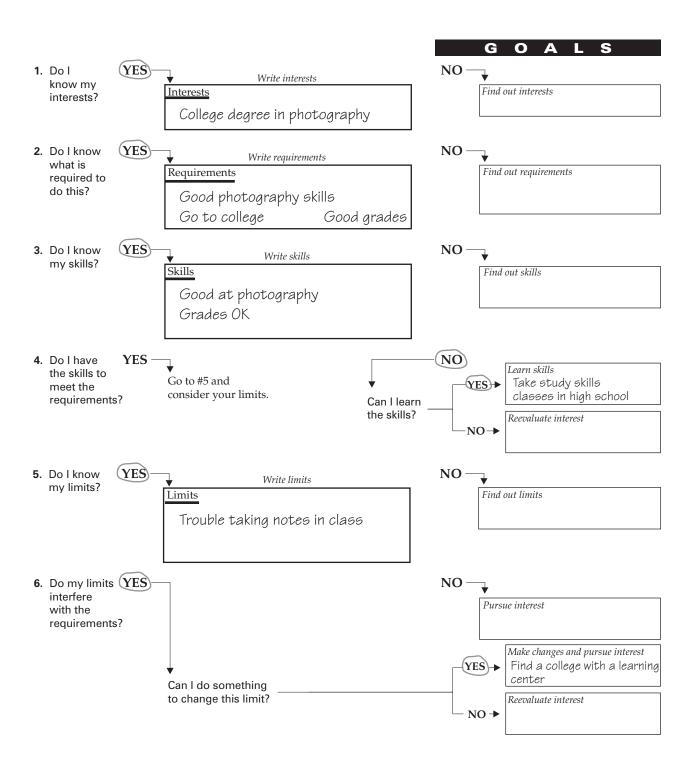
Another option is to give each student a different color paper to write their information on. They then tape their information under the correct headings. The column titles listed below match the questions on the Gathering Information on Post-Secondary Options worksheet.

High school classes		Other		
Performance Index		When to apply		
SAT/ACT		Support services		
GPA/Class rank		Job placement		
Size of school		Estimated yearly cost		
Phone #		Time to complete		
Web address		Degree/ certificate/ license		
Address		# of people admitted		
Name		Entrance/ Placement exams		



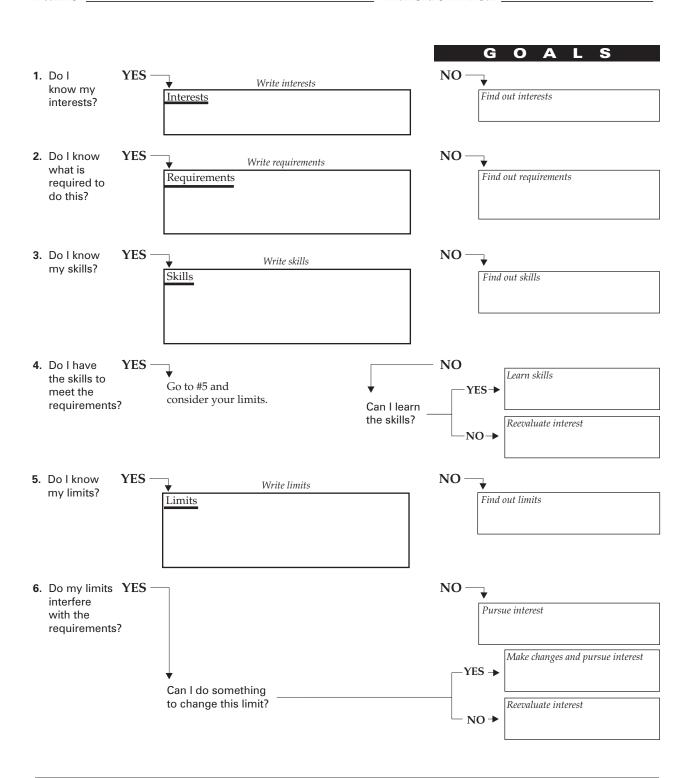
Choosing General Goals

Name: Christina Transition Area: Education



Choosing General Goals

Name: ____ Transition Area: _____



William's Information

Interest

Go to a trade school for carpentry

Graduation Checklist

Freshman year

- Took all required core courses
- Took woodshop and PE for electives
- Passed all courses

Sophomore year

- Took all required core courses
- Took woodshop and metal shop for electives
- Failed English and algebra
- Passed the rest of his courses

Junior year

- Retaking English and algebra
- Taking a social studies and a science course
- Taking PE and art for electives
- Still failing English and algebra
- Passing all other courses

Study Habits Worksheets

Pays attention in class
Participates in class
Doesn't do English homework
Doesn't understand algebra and
doesn't ask for help

Subjects I Like

Likes measurement and computation in math Doesn't like algebra in math Likes woodworking Likes art Doesn't like writing in English

Educational Performance Summary

All test scores were at the 50th percentile (average range) except English, which was at the 25th percentile (low range)

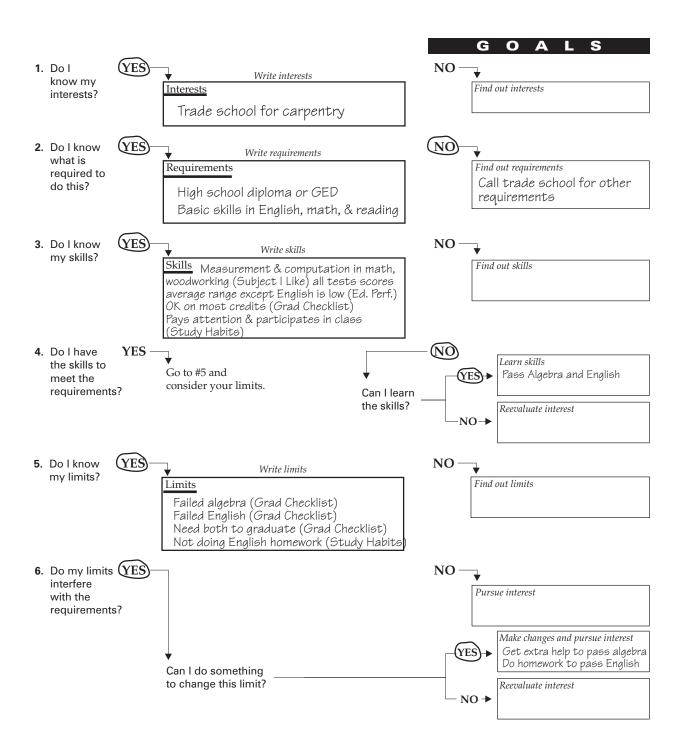
Gathering Information on Post-Secondary Education Option

- Trade school usually requires high school diploma or G.E.D.
- Basic reading, writing, and math skills
- Doesn't know if the carpentry school has any additional requirements



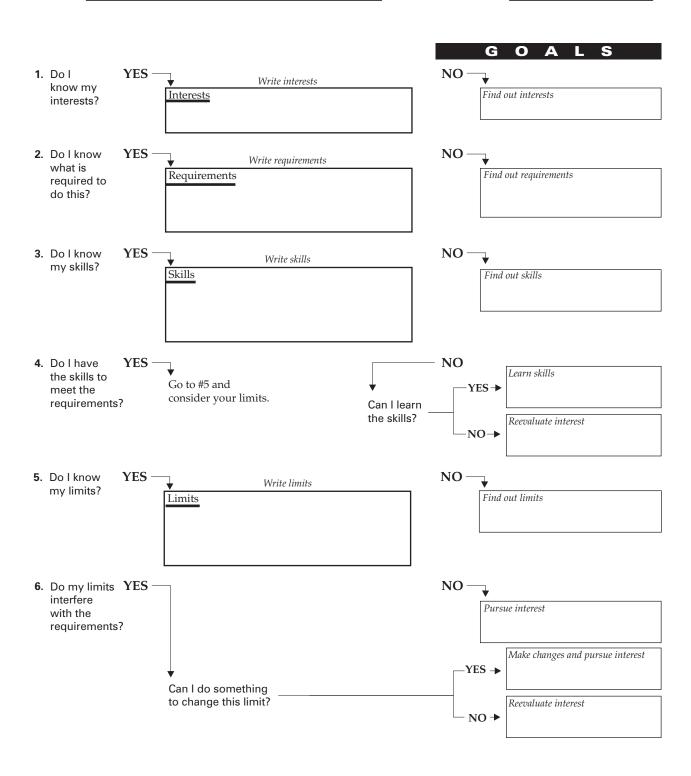
Choosing General Goals

Name: William Transition Area: Education



Choosing General Goals

Name: _____ Transition Area: _____



Graduation Course Planner—William

Name: William	Graduation Year:
9th Grade Courses	
Pre-algebra — D D	Wood shop — A A
Civics—C C	PE—A A
Physical science—C D	Metal shop — A A
Freshman English — D D	
10th Grade Courses	
Algebra 1 — F F	Wood shop — A A
U.S. History — C B	PE-A A
Ecology/Zoology—B C	Computers — B A
Sophomore English — F F	
11th Grade Courses	
Algebra 1 —	PE —
- yıc	Spanish —
Biology —	Art —
Sophomore English —	
12th Grade Courses	

Graduation Course Planner

Graduation Year:

9th Grade Courses	
Math —	
English/Lang. Arts —	
Social Studies —	
Science —	
10th Grade Courses	
11th Grade Courses	
12th Grade Courses	