

Methods

- Scrum – emphasises small cross functional teams working in fixed lengths.
- Kanban – Visual framework that emphasises visualising work, limiting work in progress and maximising flow.
- Extreme Programming (XP)- XP is an agile framework that emphasises close customer collaboration, continuous delivery, and high-quality code.
- Lean Software Development- Lean is an approach that emphasis eliminating waste, delivering value, and optimising flow.

Practices

- Iterations
- Customer-oriented approach
- Product backlog
- User stories
- Agile roles
- Value stream analysis
- Time-boxing
- Scrum meetings