Notes on perturbations of spherically symmetric spacetimes

Justin L. Ripley lloydripley[at]gmail[dot]com

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Abstract

We start by reviewing the Einstein equations in spherical symmetry. We then write down the perturbed Einstein equations about a spherically symmetric background. This is mostly a review of a covariant framework for the spherical decomposition of tensors [Mar04, MP05, GMG00, MGG01]. These notes are essentially an outgrowth of notes for the paper [RY18]. Please let me know if you find any typos/errors!

Chapter 1

General equations of motion

Our notation generally follows [Wal84]. For a textbook discussion of relativistic fluids, see [RZ13]. We consider the Einstein equations coupled to fluid matter

$$E_{\alpha\beta}^{(g)} \equiv R_{\alpha\beta} - \frac{1}{2}g_{\alpha\beta}R = \kappa T_{\alpha\beta},\tag{1.1}$$

$$\nabla_{\alpha} T^{\alpha\beta} = 0, \tag{1.2}$$

$$E^{(g)} \equiv \nabla_{\alpha} J^{\alpha} = 0. \tag{1.3}$$

Here $T_{\alpha\beta}$ is the stress-energy tensor, and J^{α} is the fluid current.

We decompose the stress-energy tensor in terms of the fluid velocity vector u^{α} , which is a unit timelike vector $(u^{\alpha}u_{\alpha} = -1)$:

$$T^{\alpha\beta} = \mathcal{E}u^{\alpha}u^{\beta} + \mathcal{P}\Delta^{\alpha\beta} + \left(\mathcal{Q}^{\alpha}u^{\beta} + \mathcal{Q}^{\beta}u^{\alpha}\right) + \mathcal{T}^{\alpha\beta},\tag{1.4}$$

$$J^{\alpha} = \mathcal{N}u^{\alpha} + \mathcal{J}^{\alpha},\tag{1.5}$$

where \mathcal{E} , \mathcal{P} , and \mathcal{N} are scalars, \mathcal{Q}^{α} , \mathcal{J}^{α} are vectors transverse to u^{α} (for example $u_{\alpha}\mathcal{Q}^{\alpha}=0$), and $\mathcal{T}^{\alpha\beta}$ is a symmetric transverse-traceless tensor with respect to u^{α} (that is $u_{\alpha}\mathcal{T}^{\alpha\beta}=\mathcal{T}^{\alpha}{}_{\alpha}=0$, and

$$\Delta^{\alpha\beta} \equiv g^{\alpha\beta} + u^{\alpha}u^{\beta},\tag{1.6}$$

projects onto the space transverse to u^{α} . More specifically, for a d dimensional spacetime (we work in d=4 spacetime dimensions) we have

$$\mathcal{E} \equiv u_{\alpha} u_{\beta} T^{\alpha\beta}, \tag{1.7a}$$

$$\mathcal{P} \equiv \frac{1}{d-1} \Delta_{\alpha\beta} T^{\alpha\beta},\tag{1.7b}$$

$$Q_{\alpha} \equiv -\Delta_{\alpha\beta} u_{\gamma} T^{\beta\gamma}, \tag{1.7c}$$

$$\mathcal{N} \equiv -u_{\gamma}J^{\gamma},\tag{1.7d}$$

$$\mathcal{J}_{\alpha} \equiv \Delta_{\alpha\beta} J^{\beta}, \tag{1.7e}$$

$$\mathcal{T}^{\alpha\beta} \equiv T^{\langle \alpha\beta \rangle},\tag{1.7f}$$

where the angle brackets of a tensor is defined to be the symmetric transverse-traceless part of the tensor

$$X^{\langle \alpha \beta \rangle} \equiv \frac{1}{2} \left(\Delta^{\alpha \gamma} \Delta^{\beta \delta} \left(X_{\gamma \delta} + X_{\delta \gamma} \right) - \frac{2}{d-1} \Delta^{\alpha \beta} \Delta^{\gamma \delta} X_{\gamma \delta} \right). \tag{1.8}$$

So far we have only given a general decomposition of the stress-energy tensor with respect to a timelike unit vector u^{α} . Specifying a specific fluid theory requires specifying *constitutive* relations for the quantities \mathcal{E} , ..., $\mathcal{T}^{\alpha\beta}$. It's worth noting that the trace of the stress-energy tensor is

$$T = -\mathcal{E} + 3\mathcal{P},\tag{1.9}$$

that is, the heat flux and shear do not contribute to the trace. The conservation equation $\nabla_{\alpha}T^{\alpha\beta}=0$ can be split into a part parallel to u^{β} and perpendicular to u^{β} (the relativistic generalizations of the continuity and Euler-Navier-Stokes equations):

$$u^{\alpha} \nabla_{\alpha} \mathcal{E} + (\mathcal{E} + \mathcal{P}) \nabla_{\alpha} u^{\alpha} + \nabla_{\alpha} \mathcal{Q}^{\alpha} - u_{\gamma} u^{\alpha} \nabla_{\alpha} \mathcal{Q}^{\gamma} - u_{\gamma} \nabla_{\alpha} \mathcal{T}^{\alpha \gamma} = 0,$$

$$(\mathcal{E} + \mathcal{P}) u^{\alpha} \nabla_{\alpha} u^{\beta} + \mathcal{Q}^{\alpha} \nabla_{\alpha} u^{\beta} + \mathcal{Q}^{\beta} \nabla_{\alpha} u^{\alpha} + \Delta^{\alpha \beta} \nabla_{\alpha} \mathcal{P}$$

$$+ \Delta^{\beta}{}_{\gamma} u^{\alpha} \nabla_{\alpha} \mathcal{Q}^{\gamma} + \Delta^{\beta}{}_{\gamma} \nabla_{\alpha} \mathcal{T}^{\alpha \gamma} = 0.$$

$$(1.10)$$

The conservation of the current, $\nabla_{\alpha}J^{\alpha}=0$, can be written as

$$u^{\alpha}\nabla_{\alpha}\mathcal{N} + \mathcal{N}\nabla_{\alpha}u^{\alpha} + \nabla_{\alpha}\mathcal{I}^{\alpha} = 0. \tag{1.12}$$

We consider perturbations of non-rotating neutron star solutions, that is perturbations of the Einstein-fluid system:

$$\delta \left(R_{\alpha\beta} - \kappa \left(T_{\alpha\beta} - \frac{1}{2} g_{\alpha\beta} T \right) \right) = 0, \tag{1.13}$$

$$\delta\left(\nabla_{\alpha}T^{\alpha\beta}\right) = 0,\tag{1.14}$$

$$\delta\left(\nabla_{\alpha}J^{\alpha}\right) = 0. \tag{1.15}$$

As we are perturbing about a spherically symmetric background, we can decompose linear perturbations according to how they transform under rotations (irreducible components of the rotation group). We consider perturbations of the metric $\delta g_{\alpha\beta}$, and Eulerian perturbations δu^{α} of the fluid velocity.

1.1 Perturbation of the Ricci tensor

We start with the well-known identities [Wal84]

$$\delta R^{\alpha}{}_{\gamma\beta\delta} = \nabla_{\beta}\delta\Gamma^{\alpha}_{\delta\gamma} - \nabla_{\delta}\delta\Gamma^{\alpha}_{\beta\gamma},\tag{1.16}$$

$$\delta\Gamma^{\gamma}_{\alpha\beta} = \frac{1}{2}g^{\gamma\delta} \left(\nabla_{\alpha}\delta g_{\delta\beta} + \nabla_{\beta}\delta g_{\delta\alpha} - \nabla_{\delta}\delta g_{\alpha\beta} \right). \tag{1.17}$$

We then have

$$\begin{split} \delta R_{\alpha\beta} &= \nabla_{\gamma} \delta \Gamma_{\alpha\beta}^{\gamma} - \nabla_{\beta} \delta \Gamma_{\alpha\gamma}^{\gamma} \\ &= -\frac{1}{2} g^{\gamma\delta} \nabla_{\gamma} \nabla_{\delta} \delta g_{\alpha\beta} + \frac{1}{2} g^{\gamma\delta} \left(\nabla_{\alpha} \nabla_{\gamma} \delta g_{\delta\beta} + \nabla_{\beta} \nabla_{\delta} \delta g_{\alpha\gamma} - \nabla_{\beta} \nabla_{\alpha} \delta g_{\delta\gamma} \right) \\ &+ \frac{1}{2} g^{\gamma\delta} \left[\nabla_{\gamma}, \nabla_{\beta} \right] \delta g_{\delta\alpha} + \frac{1}{2} g^{\gamma\delta} \left[\nabla_{\gamma}, \nabla_{\alpha} \right] \delta g_{\delta\beta} \\ &= -\frac{1}{2} g^{\gamma\delta} \nabla_{\gamma} \nabla_{\delta} \delta g_{\alpha\beta} + \nabla_{(\alpha} v_{\beta)} - R_{\alpha}^{\gamma}{}_{\beta}{}^{\delta} \delta g_{\gamma\delta} + R^{\gamma}{}_{(\alpha} \delta g_{\beta)\gamma}, \end{split} \tag{1.18}$$

where we have defined

$$v_{\mu} \equiv g^{\gamma\delta} \left(\nabla_{\gamma} \delta g_{\delta\mu} - \frac{1}{2} \nabla_{\mu} \delta g_{\gamma\delta} \right) = g^{\gamma\delta} \delta \Gamma_{\mu\gamma\delta}.$$
 (1.19)

Putting everything together, we have

$$\delta R_{\alpha\beta} = -\frac{1}{2} g^{\gamma\delta} \nabla_{\gamma} \nabla_{\delta} \delta g_{\alpha\beta} - R_{\alpha}{}^{\gamma}{}_{\beta}{}^{\delta} \delta g_{\gamma\delta} + R^{\gamma}{}_{(\alpha} \delta g_{\beta)\gamma} + \nabla_{(\alpha} v_{\beta)}$$
(1.20)

Some authors define the Lichnerowicz wave operator

$$\Box_L \delta g_{\alpha\beta} \equiv -\frac{1}{2} g^{\gamma\delta} \nabla_{\gamma} \nabla_{\delta} \delta g_{\alpha\beta} - R_{\alpha}{}^{\gamma}{}_{\beta}{}^{\delta} \delta g_{\gamma\delta} + R^{\gamma}{}_{(\alpha} \delta g_{\beta)\gamma}. \tag{1.21}$$

The term $\nabla_{(\alpha} v_{\beta)}$ can be thought as describing pure gauge fluctuations in the linearized Einstein equations. We see the linearized Einstein equations essentially take the form of a system of linear wave equations for the components of $\delta g_{\alpha\beta}$.

Chapter 2

Spherically symmetric spacetime decomposition

2.1 Spherically symmetric spacetime

The metric for a spherically symmetric spacetime can generally be split into the form (for a review see [AV10])

$$ds^2 = \alpha_{ab}dx^a dx^b + r^2 \Omega_{AB}d\theta^A d\theta^B, \qquad (2.1)$$

where r (the areal radius) depends on the coordinates x^a (e.g. $x^a = (t, r)$ in Schwarzschildlike coordinates). Here Ω_{AB} is the metric for the unit two-sphere. We define the metric compatible derivative for α_{ab} with D_a , and the metric compatible derivative for Ω_{AB} with D_A . The Ricci scalar for α_{ab} is \mathcal{R} , and the Ricci scalar for Ω_{AB} is 2. We raise/lower lower case Latin indices with α_{ab}/α^{ab} , and raise/lower upper case Latin indices with Ω_{AB}/Ω^{AB} . We define $r_a \equiv D_a r$, $r_{ab} \equiv D_a D_b r$, and so on. We denote the Lie derivative with respect to a vector ξ^{μ} with \mathcal{L}_{ξ} .

The nonzero Christoffel symbol components are

$$\Gamma_{ab}^c = {}^{(2)}\Gamma_{ab}^c, \tag{2.2a}$$

$$\Gamma_{AB}^c = -\Omega_{AB}rr^c, \tag{2.2b}$$

$$\Gamma_{aB}^C = \delta_B^C \frac{1}{r} r_a, \tag{2.2c}$$

$$\Gamma_{AB}^C = {}^{(2)}\Gamma_{AB}^C. \tag{2.2d}$$

The nonzero components of the Riemann and Ricci tensors, along with the Ricci scalar, are

$$R_{abcd} = \frac{1}{2} \mathcal{R} \left(\alpha_{ac} \alpha_{bd} - \alpha_{ad} \alpha_{bc} \right), \qquad (2.3a)$$

$$R_{aAbB} = -rr_{ab}\Omega_{AB}, (2.3b)$$

$$R_{ABCD} = (1 - r_a r^a) r^2 \left(\Omega_{AC} \Omega_{BD} - \Omega_{AD} \Omega_{BC} \right), \tag{2.3c}$$

$$R_{ab} = \frac{1}{2} \mathcal{R} \alpha_{ab} - \frac{2}{r} r_{ab}, \tag{2.3d}$$

$$R_{AB} = (1 - r_a r^a - r r_a^a) \Omega_{AB}, \tag{2.3e}$$

$$R = \mathcal{R} - \frac{4}{r}r_c^c + \frac{2}{r^2}(1 - r_a r^a).$$
 (2.3f)

The covariant Misner-Sharp mass m is defined by

$$1 - \frac{2m}{r} \equiv D_a r D^a r.$$
 (2.4)

The spherically symmetric stress-energy tensor can be written as

$$T_{\alpha\beta}dx^{\alpha}dx^{\beta} = T_{ab}dx^{a}dx^{b} + T_{2}r^{2}\Omega_{AB}d\theta^{A}d\theta^{B}.$$
 (2.5)

Making use of the fluid-decomposition of the stress-energy tensor, we can also write this as

$$T_{\alpha\beta}dx^{\alpha}dx^{\beta} = (\mathcal{E}u_{a}u_{b} + (\mathcal{P} + \mathcal{T})\Delta_{ab} + \mathcal{Q}_{a}u_{b} + \mathcal{Q}_{b}u_{a})dx^{a}dx^{b} + \left(\mathcal{P} - \frac{1}{2}\mathcal{T}\right)r^{2}\Omega_{AB}d\theta^{A}d\theta^{B},$$

$$(2.6)$$

where $\Delta_{ab} \equiv u_a u_b + \alpha_{ab}$. Generally we can include a shear term in spherical symmetry, although it is not present in perfect fluids. With this, the spherical decomposition of the spherically symmetric Einstein equations are

$$\frac{2}{r}\left(\alpha_{ab}r_c^c - r_{ab}\right) - \frac{1}{r^2}\left(1 - r_c r^c\right)\alpha_{ab} = \kappa\left(\left(\mathcal{E} + \mathcal{P} + \mathcal{T}\right)u_a u_b + \mathcal{P}\alpha_{ab} + \mathcal{Q}_a u_b + \mathcal{Q}_a u_b\right) \quad (2.7)$$

$$\frac{1}{r}r_c^c - \frac{1}{2}\mathcal{R} = \kappa \left(\mathcal{P} - \frac{1}{2}\mathcal{T}\right). \tag{2.8}$$

The spherical decomposition of the fluid equations are

$$u^{a}D_{a}\mathcal{E} + (\mathcal{E} + \mathcal{P})\frac{1}{r^{2}}D_{a}\left(r^{2}u^{a}\right) + \frac{1}{r^{2}}D_{a}\left(r^{2}\mathcal{Q}^{a}\right) + u_{b}u^{a}D_{a}\mathcal{Q}^{b} = 0, \tag{2.9}$$

$$u^{a}D_{a}u^{b} + Q^{a}D_{a}u^{b} + Q^{b}\frac{1}{r^{2}}D_{a}\left(r^{2}u^{a}\right) + \Delta^{ab}D_{a}\mathcal{P} + \Delta^{b}_{c}u^{a}D_{a}\mathcal{Q}^{c} = 0.$$
 (2.10)

The spherical decomposition of the conservation of the current is

$$u^{a}D_{a}\mathcal{N} + \mathcal{N}\frac{1}{r^{2}}D_{a}\left(r^{2}u^{a}\right) + \frac{1}{r^{2}}D_{a}\left(r^{2}\mathcal{J}^{a}\right) = 0.$$
 (2.11)

2.2 Perturbation of a spherically symmetric spacetime

Following [MP05], we consider linear perturbations of a spherically symmetric metric

$$ds^{2} = (\alpha_{ab} + p_{ab}) dx^{a} dx^{b} + 2p_{aA} dx^{a} d\theta^{A} + (r^{2}\Omega_{AB} + p_{AB}) d\theta^{A} d\theta^{B}.$$
 (2.12)

The inverse metric to linear order is

$$g^{ab} = \alpha^{ab} - p^{ab}, \tag{2.13a}$$

$$g^{aB} = -\frac{1}{r^2} p^{aB},\tag{2.13b}$$

$$g^{AB} = \frac{1}{r^2} \Omega^{AB} - \frac{1}{r^4} p^{AB}.$$
 (2.13c)

The perturbations decomposed with respect to irreducible representations of the rotation group are

$$p_{ab} = \sum_{\ell,m} [h_{\ell}^{m}]_{ab} Y_{\ell}^{m}, \tag{2.14a}$$

$$p_{aA} = \sum_{\ell,m} \left([j_{\ell}^{m}]_{a} [E_{\ell}^{m}]_{A} + [h_{\ell}^{m}]_{a} [S_{\ell}^{m}]_{A} \right), \tag{2.14b}$$

$$p_{AB} = \sum_{\ell,m} \left(r^2 \left[k_{\ell}^m \right] \Omega_{AB} Y_{\ell}^m + r^2 \left[g_{\ell}^m \right] \left[Z_{\ell}^m \right]_{AB} + \left[h_{\ell}^m \right]_2 \left[S_{\ell}^m \right]_{AB} \right). \tag{2.14c}$$

We next review how to construct gauge-invariant linear perturbations in the spherical harmonic decomposition [MP05]. Consider linear gauge transformations

$$g'_{\alpha\beta} = g_{\alpha\beta} - \mathcal{L}_{\Xi}g_{\alpha\beta}$$

= $g_{\alpha\beta} - \nabla_{\alpha}\Xi_{\beta} - \nabla_{\beta}\Xi_{\alpha}$. (2.15)

We decompose the gauge transformation vector as

$$\Xi_a = \sum_{\ell,m} \left[\xi_\ell^m \right]_a Y_\ell^m \tag{2.16a}$$

$$\Xi_A = \sum_{\ell,m} \left([\xi_\ell^m]_+ [E_\ell^m]_A + [\xi_\ell^m]_- [S_\ell^m]_A \right). \tag{2.16b}$$

The components of the linearized metric transform as

$$[h_{\ell}^{m}]'_{ab} = [h_{\ell}^{m}]_{ab} - D_{a} [\xi_{\ell}^{m}]_{b} - D_{b} [\xi_{\ell}^{m}]_{a}$$
(2.17a)

$$[j_{\ell}^{m}]_{a}' = [j_{\ell}^{m}]_{a} - [\xi_{\ell}^{m}]_{a} - D_{a} [\xi_{\ell}^{m}]_{+} + \frac{2}{r} r_{a} [\xi_{\ell}^{m}]_{+},$$
 (2.17b)

$$[k_{\ell}^{m}]' = [k_{\ell}^{m}] + \frac{\ell(\ell+1)}{r^{2}} [\xi_{\ell}^{m}]_{+} - \frac{2}{r} r^{a} [\xi_{\ell}^{m}]_{a},$$
 (2.17c)

$$[g_{\ell}^m]' = [g_{\ell}^m] - \frac{2}{r^2} [\xi_{\ell}^m]_+,$$
 (2.17d)

$$[h_{\ell}^{m}]_{a}' = [h_{\ell}^{m}]_{a} - D_{a} [\xi_{\ell}^{m}]_{-} + \frac{2}{r} r_{a} [\xi_{\ell}^{m}]_{-},$$
 (2.17e)

$$[h_{\ell}^{m}]_{2}' = [h_{\ell}^{m}]_{2} - 2[\xi_{\ell}^{m}]_{-}. \tag{2.17f}$$

Gauge-invariant combinations of these variables are

$$\left[\tilde{h}_{\ell}^{m}\right]_{ab} \equiv \left[h_{\ell}^{m}\right]_{ab} - D_{a}\left[\varepsilon_{\ell}^{m}\right]_{b} - D_{b}\left[\varepsilon_{\ell}^{m}\right]_{a}, \qquad (2.18)$$

$$\left[\tilde{k}_{\ell}^{m}\right] \equiv \left[k_{\ell}^{m}\right] + \frac{1}{2}\ell\left(\ell+1\right)\left[g_{\ell}^{m}\right] - \frac{2}{r}r^{a}\left[\varepsilon_{\ell}^{m}\right]_{a},\tag{2.19}$$

$$\left[\tilde{h}_{\ell}^{m}\right]_{a} \equiv \left[h_{\ell}^{m}\right]_{a} - \frac{1}{2}D_{a}\left[h_{\ell}^{m}\right]_{2} + \frac{1}{r}r_{a}\left[h_{\ell}^{m}\right]_{2}.$$
(2.20)

where

$$\left[\varepsilon_{\ell}^{m}\right]_{a} \equiv \left[j_{\ell}^{m}\right]_{a} - \frac{1}{2}r^{2}\left[g_{\ell}^{m}\right]. \tag{2.21}$$

In the Regge-Wheeler gauge [RW57, TC67]

$$[j_{\ell}^{m}]_{a} = [g_{\ell}^{m}] = [h_{\ell}^{m}]_{2} = 0.$$
(2.22)

In this gauge we see that

$$\left[\left[\tilde{h}_{\ell}^{m} \right]_{ab} = \left[h_{\ell}^{m} \right]_{ab}, \quad \left[\tilde{k}_{\ell}^{m} \right] = \left[k_{\ell}^{m} \right], \quad \left[\tilde{h}_{\ell}^{m} \right]_{a} = \left[h_{\ell}^{m} \right]_{a}.
\right]$$
(2.23)

We can then derive the polar and axial equations of motion in Regge-Wheeler gauge, and then make those equations gauge invariant by promoting $[h_\ell^m]_{ab} \to \left[\tilde{h}_\ell^m\right]_{ab}, \ [k_\ell^m] \to \left[\tilde{k}_\ell^m\right],$ and $[h_\ell^m]_a \to \left[\tilde{h}_\ell^m\right]_a$ [MP05].

Similarly to how we decompose the perturbations of the spacetime metric, we can decompose the perturbations of the stress-energy tensor

$$T^{\alpha}_{\beta}dx^{\beta}\partial_{\alpha} = (T^{a}_{b} + P^{a}_{b})dx^{b}\partial_{a} + P^{a}_{B}d\theta^{B}\partial_{a} + P^{A}_{b}d\theta^{b}\partial_{A} + (\delta^{A}_{B}\mathcal{P} + P^{A}_{B})d\theta^{B}\partial_{A}, \qquad (2.24)$$

and set

$$P_b^a = \sum_{\ell,m} [H_\ell^m]_b^a Y_\ell^m, \tag{2.25a}$$

$$P_B^a = \sum_{\ell,m} ([J_\ell^m]^a [E_\ell^m]_B + [H_\ell^m]^a [S_\ell^m]_B), \qquad (2.25b)$$

$$P_b^A = \frac{1}{r^2} \Omega^{AC} \alpha_{bc} P_C^c, \tag{2.25c}$$

$$P_B^A = \sum_{\ell m} \left([K_\ell^m] \, \delta_B^A Y_\ell^m + [G_\ell^m] \, [Z_\ell^m]_B^A + \frac{1}{r^2} \, [H_\ell^m]_2 \, [S_\ell^m]_B^A \right). \tag{2.25d}$$

Under linear gauge transformations, we have

$$(T')^{\alpha}_{\beta} = T^{\alpha}_{\beta} - \mathcal{L}_{\Xi} T^{\alpha}_{\beta}$$
$$= T^{\alpha}_{\beta} - \Xi^{\gamma} \nabla_{\gamma} T^{\alpha}_{\beta} + T^{\gamma}_{\beta} \nabla_{\gamma} \Xi^{\alpha} - T^{\alpha}_{\gamma} \nabla_{\beta} \Xi^{\gamma}. \tag{2.26}$$

If $T_{\alpha\beta} = 0$ on the background, then the linearized stress-energy tensor perturbations are gauge invariant. That is not generally the case for us, though. In general we have

$$([H_{\ell}^{m}]')_{b}^{a} = [H_{\ell}^{m}]_{b}^{a} - [\xi_{\ell}^{m}]^{c} D_{c} T_{b}^{a} + T_{b}^{c} D_{c} [\xi_{\ell}^{m}]^{a} - T_{c}^{a} D_{b} [\xi_{\ell}^{m}]^{c}$$
(2.27a)

$$([J_{\ell}^{m}]')^{a} = [J_{\ell}^{m}]^{a} + \mathcal{P}[\xi_{\ell}^{m}]^{a} - T_{c}^{a}[\xi_{\ell}^{m}]^{c}, \qquad (2.27b)$$

$$[K_{\ell}^{m}]' = [K_{\ell}^{m}] - [\xi_{\ell}^{m}]^{c} D_{c} \mathcal{P},$$
 (2.27c)

$$[G_{\ell}^m]' = [G_{\ell}^m],$$
 (2.27d)

$$([H_{\ell}^m]')^a = [H_{\ell}^m]^a,$$
 (2.27e)

$$[H_{\ell}^m]_2' = [H_{\ell}^m]_2.$$
 (2.27f)

2.2.1 Perturbation of the Christoffel symbols

To compute the linearized equations of motion, we need the perturbed Christoffel symbol components. Using standard formulas [Wal84], we have

$$\delta\Gamma_{\alpha\beta}^{\gamma} = \frac{1}{2}g^{\gamma\delta} \left(\nabla_{\alpha}\delta g_{\delta\beta} + \nabla_{\beta}\delta g_{\delta\alpha} - \nabla_{\delta}\delta g_{\alpha\beta} \right)$$

$$= \frac{1}{2}g^{\gamma\delta} \left(\partial_{\alpha}\delta g_{\delta\beta} + \partial_{\beta}\delta g_{\delta\alpha} - \partial_{\delta}\delta g_{\alpha\beta} \right) - g^{\gamma\delta}\Gamma_{\alpha\beta}^{\rho}\delta g_{\delta\rho}. \tag{2.28}$$

We then have

$$\delta\Gamma_{ab}^{c} = \frac{1}{2}\alpha^{cd} \left(\partial_{a}p_{db} + \partial_{b}p_{da} - \partial_{d}p_{ab}\right) - \alpha^{cd}\Gamma_{ab}^{\rho}p_{d\rho}$$

$$= C_{ab}^{c}, \qquad (2.29)$$

$$\delta\Gamma_{ab}^{C} = \frac{1}{2}\frac{1}{r^{2}}\Omega^{CD} \left(\partial_{a}p_{Db} + \partial_{b}p_{Da} - \partial_{D}p_{ab}\right) - \frac{1}{r^{2}}\Omega^{CD}\Gamma_{ab}^{\rho}p_{D\rho}$$

$$= \frac{1}{2}\frac{1}{r^{2}} \left(D_{a}p_{b}^{C} + D_{b}p_{a}^{C} - D^{C}p_{ab}\right), \qquad (2.30)$$

$$\delta\Gamma_{Ab}^{c} = \frac{1}{2}\alpha^{cd} \left(\partial_{A}p_{db} + \partial_{b}p_{dA} - \partial_{d}p_{Ab}\right) - \alpha^{cd}\Gamma_{Ab}^{\rho}p_{d\rho}$$

$$= \frac{1}{2} \left(D_{A}p_{b}^{c} + D_{b}p_{A}^{c} - D^{C}p_{bA}\right) - \left(\frac{1}{r}D_{b}r\right)p_{A}^{c}, \qquad (2.31)$$

$$\delta\Gamma^{c}_{AB} = \frac{1}{2}\alpha^{cd}\left(\partial_{A}p_{dB} + \partial_{B}p_{dA} - \partial_{d}p_{AB}\right) - \alpha^{cd}\Gamma^{\rho}_{AB}p_{d\rho}$$

$$\begin{aligned}
&= \frac{1}{2} \left(D_{A} p_{B}^{c} + D_{B} p_{A}^{c} - D^{c} p_{AB} \right) + \Omega_{AB} \left(r D_{d} r \right) p^{cd}, \\
&\delta \Gamma_{Ab}^{C} = \frac{1}{2} \frac{1}{r^{2}} \Omega^{CD} \left(\partial_{A} p_{Db} + \partial_{b} p_{DA} - \partial_{D} p_{Ab} \right) - \frac{1}{r^{2}} \Omega^{CD} \Gamma_{Ab}^{\rho} p_{D\rho} \\
&= \frac{1}{2} \frac{1}{r^{2}} \left(D_{A} p_{b}^{C} + D_{b} p_{A}^{C} - D^{C} p_{Ab} \right) - \left(\frac{1}{r^{3}} D_{b} r \right) p_{A}^{C}, \\
&\delta \Gamma_{AB}^{C} = \frac{1}{r^{2}} \Omega^{CD} \left(\partial_{A} p_{DB} + \partial_{B} p_{DA} - \partial_{D} p_{AB} \right) - \frac{1}{r^{2}} \Omega^{CD} \Gamma_{AB}^{\rho} p_{D\rho} \\
&= \frac{1}{r^{2}} C_{AB}^{C} + \left(\frac{1}{r} D_{p} r \right) \Omega_{AB} p^{Cp}, h
\end{aligned} \tag{2.33}$$

where we have defined

$$C_{ab}^{c} \equiv \frac{1}{2} \alpha^{cd} \left(D_{a} p_{db} + D_{b} p_{da} - D_{d} p_{ab} \right)$$

$$C_{AB}^{C} \equiv \frac{1}{2} \Omega^{CD} \left(D_{A} p_{DB} + D_{B} p_{DA} - D_{D} p_{AB} \right). \tag{2.35}$$

Notice that we raise/lowered the capital Latin indices with the metric Ω^{AB}/Ω_{AB} , without any factors of r.

2.3 Perturbation of the stress-energy tensor and conserved vector about spherical symmetry

We consider linear perturbations about a spherically symmetric metric of the fluid stressenergy tensor. The general equation is

$$\delta \left(\nabla_{\gamma} T_{\alpha}^{\gamma} \right) = \delta \left(\partial_{\gamma} T_{\alpha}^{\gamma} + \Gamma_{\gamma\beta}^{\gamma} T_{\alpha}^{\beta} - \Gamma_{\gamma\alpha}^{\beta} T_{\beta}^{\gamma} \right)$$

$$= \partial_{\gamma} \delta T_{\alpha}^{\gamma} + \delta \Gamma_{\gamma\beta}^{\gamma} T_{\alpha}^{\beta} + \Gamma_{\gamma\beta}^{\gamma} \delta T_{\alpha}^{\beta} - \delta \Gamma_{\gamma\alpha}^{\beta} T_{\beta}^{\gamma} - \Gamma_{\gamma\alpha}^{\beta} \delta T_{\beta}^{\gamma}.$$

$$(2.36)$$

The different components are

$$\begin{split} \delta \left(\nabla_{\gamma} T_{a}^{\gamma} \right) &= \partial_{c} P_{a}^{c} + \partial_{C} P_{a}^{C} + \left(\Gamma_{cb}^{c} + \Gamma_{Cb}^{C} \right) P_{a}^{b} + \Gamma_{CB}^{C} P_{a}^{B} - \Gamma_{ca}^{b} P_{b}^{c} - \Gamma_{Ca}^{B} P_{B}^{C} \right. \\ &\quad + \left(\delta \Gamma_{cb}^{c} + \delta \Gamma_{Cb}^{C} \right) T_{a}^{b} - \delta \Gamma_{ca}^{b} T_{c}^{c} - \delta \Gamma_{Ca}^{B} T_{C}^{C} \\ &\quad + \left(\delta \Gamma_{cb}^{c} + \delta \Gamma_{Cb}^{C} \right) T_{a}^{b} - \delta \Gamma_{ca}^{b} T_{C}^{c} - \delta \Gamma_{Ca}^{B} T_{B}^{C} \\ &\quad = D_{c} P_{a}^{c} + D_{C} P_{a}^{C} + \frac{2}{r} r_{c} P_{a}^{c} - \frac{1}{r} r_{a} P_{C}^{C} \\ &\quad - C_{ca}^{b} T_{b}^{c} + \left(C_{cb}^{c} + \frac{1}{2r^{2}} D_{b} p_{C}^{C} - \frac{1}{r^{3}} r_{b} p_{C}^{C} \right) T_{a}^{b} - \left(\frac{1}{2r^{2}} D_{a} p_{C}^{C} - \frac{1}{r^{3}} r_{a} p_{C}^{C} \right) \mathcal{P} \quad (2.37a) \\ \delta \left(\nabla_{\gamma} T_{A}^{\gamma} \right) &= \partial_{c} P_{A}^{c} + \partial_{C} P_{A}^{C} + \left(\Gamma_{cb}^{c} + \Gamma_{Cb}^{C} \right) P_{A}^{b} + \Gamma_{CB}^{C} P_{A}^{B} - \Gamma_{CA}^{B} P_{B}^{C} \\ &\quad + \left(\delta \Gamma_{cB}^{c} + \delta \Gamma_{CB}^{C} \right) T_{A}^{B} - \delta \Gamma_{cA}^{b} T_{b}^{c} - \delta \Gamma_{CA}^{B} T_{B}^{C} \\ &= D_{c} P_{A}^{c} + D_{C} P_{A}^{C} + \frac{2}{r} r_{c} P_{A}^{c} \\ &\quad + \left(\frac{1}{2} D_{A} p_{c}^{c} - \frac{1}{r} r_{c} p_{A}^{c} \right) \mathcal{P} - \left(\frac{1}{2} D_{A} p_{c}^{b} - \frac{1}{r} r_{c} p_{A}^{b} \right) T_{b}^{c}. \quad (2.37b) \end{split}$$

2.4 Perturbation of the Ricci tensor in spherical symmetry

We will use the formula

$$\delta R_{\alpha\beta} = -\frac{1}{2} g^{\gamma\delta} \nabla_{\gamma} \nabla_{\delta} \delta g_{\alpha\beta} - R_{\alpha}{}^{\gamma}{}_{\beta}{}^{\delta} \delta g_{\gamma\delta} + R^{\gamma}{}_{(\alpha} \delta g_{\beta)\gamma} + \nabla_{(\alpha} v_{\beta)}$$
 (2.38)

where,

$$v_{\alpha} \equiv g^{\gamma \delta} \nabla_{\gamma} g_{\alpha \delta} - \frac{1}{2} \nabla_{\alpha} \left(g^{\rho \sigma} \delta g_{\rho \sigma} \right) . \tag{2.39}$$

We first compute the spherical decomposition of the covariant derivatives of the perturbation of the metric tensor [Mar04]. The first covariant derivatives follow from

$$\nabla_{\gamma} p_{\alpha\beta} = \partial_{\gamma} p_{\alpha\beta} - \Gamma^{\delta}_{\gamma\alpha} p_{\delta\beta} - \Gamma^{\delta}_{\gamma\beta} p_{\delta\alpha}. \tag{2.40}$$

Using Eq. (2.2), we then have

$$\nabla_c p_{ab} = \partial_c p_b - \Gamma^d_{ca} p_{db} - \Gamma^d_{cb} p_{da}$$

$$= D_c p_{ab}, \qquad (2.41a)$$

$$\nabla_C p_{ab} = \partial_C p_{ab} - \Gamma_{Ca}^D p_{Db} - \Gamma_{Cb}^D p_{Da}$$

$$= D_C p_{ab} - \frac{2}{r} r_{(a} p_{b)C}, \qquad (2.41b)$$

$$\nabla_c p_{aB} = \partial_c p_{aB} - \Gamma^d_{ca} p_{dB} - \Gamma^D_{cB} p_{Da}$$

$$= D_c p_{aB} - \frac{1}{r} r_c p_{aB}, \qquad (2.41c)$$

$$\nabla_C p_{aB} = \partial_C p_{aB} - \Gamma_{Ca}^D p_{DB} - \Gamma_{CB}^D p_{Da} - \Gamma_{CB}^d p_{da}$$

$$= D_C p_{aB} - \frac{1}{r} r_a p_{BC} + r r^d \Omega_{BC} p_{da}, \qquad (2.41d)$$

$$\nabla_c p_{AB} = \partial_c p_{AB} - \Gamma_{cA}^D p_{DB} - \Gamma_{cB}^D p_{DA}$$

$$= D_c p_{AB} - \frac{2}{r} r_c p_{AB}, \qquad (2.41e)$$

$$\nabla_C p_{AB} = \partial_C p_{AB} - \Gamma_{CA}^D p_{DB} - \Gamma_{CA}^d p_{dB} - \Gamma_{CB}^D p_{DA} - \Gamma_{CB}^d p_{dA}$$
$$= D_C p_{AB} + 2rr^d \Omega_{C(A} p_{B)d}. \tag{2.41f}$$

It then follows that

$$v_{a} = g^{\gamma \delta} \nabla_{\gamma} p_{\delta a} - \frac{1}{2} \nabla_{a} \left(g^{\gamma \delta} p_{\gamma \delta} \right)$$

$$= \alpha^{cd} \nabla_{c} p_{da} + \frac{1}{r^{2}} \Omega^{CD} \nabla_{C} p_{Da} - \frac{1}{2} \nabla_{a} p$$

$$= \alpha^{cd} D_{c} p_{da} + \frac{1}{r^{2}} \Omega^{CD} \left(D_{C} p_{Da} - \frac{1}{r} r_{a} p_{CD} + r r^{d} \Omega_{CD} p_{ad} \right) - \frac{1}{2} D_{a} p$$

$$=D_{c}p_{a}^{c} + \frac{1}{r^{2}}D_{C}p_{a}^{C} - \frac{1}{r^{3}}r_{a}p_{C}^{C} + \frac{2}{r}r^{d}p_{ad} - \frac{1}{2}D_{a}p$$

$$v_{A} = g^{\gamma\delta}\nabla_{\gamma}p_{\delta A} - \frac{1}{2}\nabla_{A}\left(g^{\gamma\delta}p_{\gamma\delta}\right)$$

$$=\alpha^{cd}\nabla_{c}p_{dA} + \frac{1}{r^{2}}\Omega^{CD}\nabla_{C}p_{DA} - \frac{1}{2}\nabla_{A}p$$

$$=\alpha^{cd}D_{c}p_{dA} - \frac{1}{r}r^{d}p_{dA} + \frac{1}{r^{2}}\Omega^{CD}D_{C}p_{DA} + \frac{2}{r}r^{d}\Omega^{CD}\Omega_{C(D}p_{A)d} - \frac{1}{2}D_{A}p$$

$$=D_{c}p_{A}^{c} + \frac{1}{r^{2}}D_{C}p_{A}^{C} + \frac{2}{r}r^{d}p_{Ad} - \frac{1}{2}D_{A}p$$

$$(2.42a)$$

We also have

$$\nabla_a v_b = \partial_a v_b - \Gamma_{ab}^c v_c$$

$$= D_a v_b \tag{2.43a}$$

$$\nabla_a v_B = \partial_a v_B - \Gamma_{aB}^C v_C$$

$$= D_a v_B - \frac{1}{r} r_a v_B,$$
(2.43b)

$$\nabla_A v_b = \partial_A v_b - \Gamma_{Ab}^C v_C$$

$$= D_A v_b - \frac{1}{r} r_b v_A, \qquad (2.43c)$$

$$\nabla_A v_B = \partial_A v_B - \Gamma_{AB}^C v_C - \Gamma_{AB}^c v_c$$

= $D_A v_B + \Omega_{AB} r r^c v_c.$ (2.43d)

We compute the second derivative of the perturbed metric tensor using

$$\nabla_{\delta}\nabla_{\gamma}p_{\alpha\beta} = \partial_{\delta}\left(\nabla_{\gamma}p_{\alpha\beta}\right) - \Gamma^{\rho}_{\delta\gamma}\left(\nabla_{\rho}p_{\alpha\beta}\right) - \Gamma^{\rho}_{\delta\alpha}\left(\nabla_{\gamma}p_{\rho\beta}\right) - \Gamma^{\rho}_{\delta\beta}\left(\nabla_{\gamma}p_{\alpha\rho}\right). \tag{2.44}$$

To compute the perturbation of the Ricci tensor in spherical symmetry, all we have to compute are

$$\nabla_c \nabla_d p_{\alpha\beta}, \qquad \nabla_C \nabla_D p_{\alpha\beta}. \tag{2.45}$$

For $\alpha = a, \beta = b$, we have

$$\nabla_{d}\nabla_{c}p_{ab} = \partial_{d}\left(\nabla_{c}p_{ab}\right) - \Gamma_{dc}^{p}\left(\nabla_{p}p_{ab}\right) - \Gamma_{da}^{p}\left(\nabla_{c}p_{pb}\right) - \Gamma_{db}^{p}\left(\nabla_{c}p_{ap}\right)$$

$$= D_{d}D_{c}p_{ab}, \qquad (2.46a)$$

$$\nabla_{D}\nabla_{C}p_{ab} = \partial_{D}\left(\nabla_{C}p_{ab}\right) - \Gamma_{DC}^{p}\left(\nabla_{p}p_{ab}\right) - \Gamma_{DC}^{p}\left(\nabla_{p}p_{ab}\right) - \Gamma_{Da}^{p}\left(\nabla_{C}p_{pb}\right) - \Gamma_{Db}^{p}\left(\nabla_{C}p_{aP}\right)$$

$$= D_{D}\left(\nabla_{C}p_{ab}\right) + rr^{p}\Omega_{CD}\nabla_{p}p_{ab} - \frac{2}{r}r_{(a}\nabla_{|C|}p_{b)D}$$

$$= D_{D}\left(D_{C}p_{ab} - \frac{2}{r}r_{(a}p_{b)C}\right) + rr^{p}\Omega_{CD}D_{p}p_{ab}$$

$$-\frac{2}{r}r_{(a}\left(D_{|C|}p_{b)D} - \frac{1}{r}r_{b)}p_{CD} + p_{b)p}rr^{p}\Omega_{CD}\right)$$

$$=D_{D}D_{C}p_{ab} - \frac{2}{r}r_{(a}D_{|D|}p_{b)C} - \frac{2}{r}r_{(a}D_{|C|}p_{b)D} + \frac{2}{r^{2}}r_{a}r_{b}p_{CD} + rr^{p}\Omega_{CD}\left(D_{p}p_{ab} - \frac{2}{r}r_{(a}p_{b)p}\right)$$
(2.46b)

For $\alpha = a, \beta = B$, we have

$$\nabla_{d}\nabla_{c}p_{aB} = \partial_{d}\left(\nabla_{c}p_{aB}\right) - \Gamma_{dc}^{p}\left(\nabla_{p}p_{aB}\right) - \Gamma_{da}^{p}\left(\nabla_{c}p_{aB}\right) - \Gamma_{dB}^{P}\left(\nabla_{c}p_{aP}\right)$$

$$= D_{d}\left(\nabla_{c}p_{aB}\right) - \frac{1}{r}r_{d}\nabla_{c}p_{aB}$$

$$= D_{d}\left(D_{c}p_{aB} - \frac{1}{r}r_{c}p_{aB}\right) - \frac{1}{r}r_{d}\left(D_{c}p_{aB} - \frac{1}{r}r_{c}p_{aB}\right)$$

$$= D_{d}D_{c}p_{aB} + \frac{1}{r^{2}}r_{c}r_{d}p_{aB} - \frac{1}{r}r_{c}dp_{aB} - \frac{1}{r}r_{c}D_{d}p_{aB} - \frac{1}{r}r_{d}D_{c}p_{aB} + \frac{1}{r^{2}}r_{c}r_{d}p_{aB}$$

$$= D_{d}D_{c}p_{aB} - \frac{2}{r}r_{(c}D_{d)}p_{aB} + \left(\frac{2}{r^{2}}r_{c}r_{d} - \frac{1}{r}r_{cd}\right)p_{aB}, \qquad (2.47a)$$

$$\nabla_{D}\nabla_{c}p_{aB} = \partial_{D}\left(\nabla_{c}p_{aB}\right) - \Gamma_{DC}^{P}\left(\nabla_{p}p_{aB}\right) - \Gamma_{DC}^{P}\left(\nabla_{p}p_{aB}\right) - \Gamma_{Da}^{P}\left(\nabla_{c}p_{pB}\right)$$

$$- \Gamma_{DB}^{P}\left(\nabla_{c}p_{aP}\right) - \Gamma_{DB}^{P}\left(\nabla_{c}p_{aP}\right)$$

$$= D_{D}\left(\nabla_{c}p_{aB}\right) - \frac{1}{r}r_{a}\nabla_{c}p_{DB} + rr^{p}\Omega_{CD}\nabla_{p}p_{aB} + rr^{p}\Omega_{BD}\nabla_{c}p_{ap}$$

$$= D_{D}\left(D_{c}p_{aB} - \frac{1}{r}r_{a}p_{BC} + rr^{d}\Omega_{Bc}p_{ad}\right) - \frac{1}{r}r_{a}\left(D_{c}p_{BD} + 2rr^{d}\Omega_{C(B}p_{D)d}\right)$$

$$+ rr^{p}\Omega_{CD}\left(D_{p}p_{aB} - \frac{1}{r}r_{p}p_{aB}\right) + rr^{p}\Omega_{BD}\left(D_{c}p_{ap} - \frac{2}{r}r_{(a}p_{p)C}\right)$$

$$= D_{D}D_{c}p_{aB} - \frac{2}{r}r_{a}D_{(c}p_{D)B} + rr^{p}\left(\Omega_{CD}D_{p}p_{aB} - \frac{1}{r}r_{a}\Omega_{D(B}p_{c)p}\right)$$

$$+ 2rr^{p}\left(\Omega_{B(c}D_{D)}p_{ap} - \frac{1}{r}r_{p}\Omega_{D(B}p_{c)a} - \frac{1}{r}r_{a}\Omega_{D(B}p_{c)p}\right). \qquad (2.47b)$$

For $\alpha = A, \beta = B$, we have

$$\nabla_{d}\nabla_{c}p_{AB} = \partial_{d}\left(\nabla_{c}p_{AB}\right) - \Gamma_{dc}^{p}\left(\nabla_{p}p_{AB}\right) - \Gamma_{dA}^{P}\left(\nabla_{c}p_{PB}\right) - \Gamma_{dB}^{P}\left(\nabla_{c}p_{PA}\right)$$

$$= D_{d}\left(\nabla_{c}p_{AB}\right) - \frac{2}{r}r_{d}\left(\nabla_{c}p_{AB}\right)$$

$$= D_{d}D_{c}p_{AB} - \frac{2}{r}r_{cd}p_{AB} + \frac{6}{r^{2}}r_{c}r_{d}p_{AB} - \frac{4}{r}r_{(c}D_{d)}p_{AB}, \qquad (2.48a)$$

$$\nabla_{D}\nabla_{c}p_{AB} = \partial_{D}\left(\nabla_{c}p_{AB}\right) - \Gamma_{DC}^{P}\left(\nabla_{p}p_{AB}\right) - \Gamma_{DC}^{p}\left(\nabla_{p}p_{AB}\right)$$

$$- \Gamma_{DA}^{P}\left(\nabla_{c}p_{PB}\right) - \Gamma_{DA}^{p}\left(\nabla_{c}p_{PB}\right) - \Gamma_{DB}^{P}\left(\nabla_{c}p_{PA}\right) - \Gamma_{DB}^{p}\left(\nabla_{c}p_{PA}\right)$$

$$= D_{D}\left(\nabla_{c}p_{AB}\right) + \Omega_{CD}rr^{p}\left(\nabla_{p}p_{AB}\right) + 2\Omega_{D(A}rr^{p}\left(\nabla_{|C|}p_{B)p}\right)$$

$$= D_{D}\left(D_{C}p_{AB} + 2rr^{d}\Omega_{C(A}p_{B)d}\right)$$

$$+ rr^{p}\Omega_{CD}\left(D_{p}p_{AB} - \frac{1}{r}r_{p}p_{AB}\right)$$

$$+2rr^{p}\Omega_{D(A}\left(D_{|C|}p_{B)p}-\frac{1}{r}r_{|p|}p_{B)C}+rr^{q}\Omega_{B)C}p_{pq}\right)$$

$$=D_{D}D_{C}p_{AB}+2rr^{p}\left(\Omega_{C(A}D_{|D|}p_{B)p}+\Omega_{D(A}D_{|C|}p_{B)p}\right)$$

$$-2r^{p}r_{p}\left(\Omega_{CD}p_{AB}+\Omega_{D(A}p_{B)C}\right)+2r^{2}r^{p}r^{q}\Omega_{D(A}\Omega_{B)C}p_{pq}+rr^{p}\Omega_{CD}D_{p}p_{AB}$$
(2.48b)

These expressions match those in Martel's PhD thesis [Mar04].

We can now compute the covariant wave operator acting on the perturbed metric

$$g^{\gamma\delta}\nabla_{\gamma}\nabla_{\delta}p_{ab} = \left(\alpha^{cd}\nabla_{c}\nabla_{d} + \frac{1}{r^{2}}\Omega^{CD}\nabla_{C}\nabla_{D}\right)p_{ab}$$

$$= \left(D_{c}D^{c} + \frac{1}{r^{2}}D_{C}D^{C}\right)p_{ab} - \frac{4}{r^{3}}r_{(a}D_{|C|}p_{b)}^{C}$$

$$+ \frac{2}{r}r^{c}\left(D_{c}p_{ab} - \frac{2}{r}r_{(a}p_{b)c}\right) + \frac{2}{r^{4}}r_{(a}r_{b)}\Omega^{CD}p_{CD}$$

$$(2.49)$$

$$g^{\gamma\delta}\nabla_{\gamma}\nabla_{\delta}p_{aB} = \left(\alpha^{cd}\nabla_{c}\nabla_{d} + \frac{1}{r^{2}}\Omega^{CD}\nabla_{C}\nabla_{D}\right)p_{aB}$$

$$= \left(D_{c}D^{c} + \frac{1}{r^{2}}D_{C}D^{C}\right)p_{aB} - \frac{1}{r}\left(\frac{1}{r}r_{c}r^{c} + r_{c}^{c}\right)p_{aB} - \frac{4}{r^{2}}r_{a}r^{c}p_{Bc}$$

$$- \frac{2}{r^{3}}r_{a}D_{C}p_{B}^{C} + \frac{2}{r}r^{c}D_{B}p_{ac}$$

$$(2.50)$$

$$g^{\gamma\delta}\nabla_{\gamma}\nabla_{\delta}p_{AB} = \left(\alpha^{cd}\nabla_{c}\nabla_{d} + \frac{1}{r^{2}}\Omega^{CD}\nabla_{C}\nabla_{D}\right)p_{AB}$$

$$= \left(D_{c}D^{c} + \frac{1}{r^{2}}D_{C}D^{C}\right)p_{AB} - \frac{2}{r}\left(r_{c}^{c} + r^{c}D_{c}\right)p_{AB}$$

$$+ \frac{4}{r}r^{c}D_{(A}p_{B)c} + 2\Omega_{AB}r^{c}r^{d}p_{cd}.$$

$$(2.51)$$

We next consider the covariant components of the Riemann tensor contracted with the perturbed metric.

$$R_{a}{}^{\gamma}{}_{b}{}^{\delta}p_{\gamma\delta} = R_{a}{}^{c}{}_{b}{}^{d}p_{cd} + R_{a}{}^{C}{}_{b}{}^{D}p_{CD}$$

$$= \frac{1}{2}\mathcal{R} \left(\alpha_{ab}\alpha^{cd} - \delta_{a}^{d}\delta_{b}^{c}\right)p_{cd} - \frac{1}{r^{3}}(r_{ab})\Omega^{CD}p_{CD}$$

$$= R_{a}{}^{\gamma}{}_{B}{}^{\delta}p_{\gamma\delta} = R_{a}{}^{C}{}_{B}{}^{d}p_{Cd}$$

$$= \left(\frac{1}{r}r_{a}^{d}\right)p_{Bd}$$

$$= \left(\frac{1}{r}r_{a}^{d}\right)p_{Bd}$$

$$= R_{A}{}^{c}{}_{B}{}^{d}p_{cd} + R_{A}{}^{C}{}_{B}{}^{D}p_{CD}$$

$$= -\Omega_{AB}\left(rr^{cd}\right)p_{cd} + \frac{1}{r^{2}}\left(1 - r_{a}r^{a}\right)\left(\Omega_{AB}\Omega^{CD} - \delta_{A}^{D}\delta_{B}^{C}\right)p_{CD}.$$
(2.52a)

Finally, we consider the covariant components of the Ricci tensor contracted with the perturbed metric

$$R^{\gamma}{}_{(a}p_{b)\gamma} = R^{c}{}_{(a}p_{b)c}$$

$$= \frac{1}{2}\mathcal{R}p_{ab} - \frac{2}{r}r^{c}{}_{(a}p_{b)c}$$

$$R^{\gamma}{}_{(a}p_{B)\gamma} = \frac{1}{2}\left(R^{c}{}_{a}p_{Bc} + R^{C}{}_{B}p_{aC}\right)$$

$$= -\frac{1}{r}r^{c}{}_{a}p_{Bc} + \left(\frac{1}{4}\mathcal{R} + \frac{1}{2r^{2}}\left(1 - r_{c}r^{c} - rr^{c}_{c}\right)\right)p_{aB}$$
(2.53a)

$$R^{\gamma}{}_{(A}p_{B)\gamma} = R^{C}{}_{(A}p_{B)C}$$

$$= \frac{1}{r^{2}} (1 - r_{c}r^{c} - rr_{c}^{c}) p_{AB}.$$
(2.53c)

Alternatively, we could make use of the Einstein equations are write this as

$$R^{\gamma}{}_{(a}p_{b)\gamma} = \kappa \hat{T}^{c}{}_{(a}p_{b)c} \tag{2.54a}$$

$$R^{\gamma}{}_{(a}p_{B)\gamma} = \frac{\kappa}{2} \left(\hat{T}^{c}{}_{a}p_{Bc} + \hat{T}^{C}{}_{B}p_{aC} \right)$$
$$= \frac{\kappa}{2} \left(\hat{T}^{c}{}_{a}p_{Bc} - (\mathcal{E} - \mathcal{P}) p_{aB} \right)$$
(2.54b)

$$R^{\gamma}{}_{(A}p_{B)\gamma} = \frac{\kappa}{2} \left(\mathcal{E} - \mathcal{P} \right) p_{AB}. \tag{2.54c}$$

Chapter 3

Axial and polar spherical harmonic decomposition of the Einstein equations

3.1 Axial perturbations

We only need to consider the components δR_{aB} and δR_{AB} . As we reviewed in Sec. 2.2, as first shown in [MP05], we can work in the Regge-Wheeler gauge, and then promote the variables to gauge-invariant ones at the end. We also drop the ℓ, m labels to make the equations less cluttered. We use $\dot{=}$ to indicate that we are dropping all terms that are zero for an axial perturbation in Regge-Wheeler gauge. The only nonzero component of the metric perturbation then is

$$p_{aB} \doteq h_a S_B. \tag{3.1}$$

3.1.1 Computing the aB component of the Ricci tensor

We first look at

$$g^{\gamma\delta}\nabla_{\gamma}\nabla_{\delta}p_{aB} = \left(D_{c}D^{c} + \frac{1}{r^{2}}D_{C}D^{C}\right)S_{B}h_{a} - \frac{1}{r}\left(\frac{1}{r}r_{c}r^{c} + r_{c}^{c}\right)S_{B}h_{a} - \frac{4}{r^{2}}r_{a}r^{c}h_{c}S_{B}$$

$$= \left(\left(D_{c}D^{c} + \frac{1}{r^{2}}\left(1 - \ell\left(\ell + 1\right)\right) - \frac{1}{r^{2}}r_{c}r^{c} - \frac{1}{r}r_{c}^{c}\right)h_{a} - \frac{4}{r^{2}}r_{a}r_{c}h^{c}\right)S_{B}. \tag{3.2}$$

We next look at

$$\nabla_a v_B + \nabla_B v_a \doteq \left(D_a - \frac{2}{r} r_a\right) v_B$$

$$\doteq \left(D_a - \frac{2}{r} r_a\right) \left(D_c h^c + \frac{2}{r} r_c h^c\right) S_B$$

$$= \left(D_a D_c h^c + \frac{2}{r} r_c D_a h^c - \frac{2}{r} r_a D_c h^c + \frac{2}{r} r_{ac} h^c - \frac{6}{r^2} r_a r_c h^c\right) S_B. \tag{3.3}$$

For the Riemann and Ricci tensor components, we have

$$R_a{}^{\gamma}{}_B{}^{\delta}p_{\gamma\delta} = \left(\frac{1}{r}r_{ac}\right)h^cS_B \tag{3.4}$$

$$R^{\gamma}{}_{(a}p_{B)\gamma} = \frac{1}{2} \left(\kappa \hat{T}_{ac} h^c + \frac{1}{r^2} \left(1 - r_c r^c - r r_c^c \right) h_a \right) S_B. \tag{3.5}$$

We have substituted the trace-reverse of the stress-energy tensor \hat{T}_{ab} for R_{ab} , while directly writing out the expression for R_{AB} , so our formulas will match those in [MP05]¹. Using Eq. (1.20), and promoting everything to gauge-invariant quantities, we are left with

$$\delta R_{aB} = \frac{1}{2} \left(-\left(D_c D^c - \frac{1}{r^2} \ell \left(\ell + 1 \right) \right) \tilde{h}_a + D_a D_c \tilde{h}^c + \frac{4}{r} r_{[c} D_{a]} \tilde{h}^c - \frac{2}{r^2} r_a r_c \tilde{h}^c + \kappa \hat{T}_{ac} \tilde{h}^c \right) S_B.$$
(3.6)

We can now write down the tensor equations of motion,

$$\delta R_{aB} \doteq \kappa \left(\delta T_{aB} - \frac{1}{2} \delta g_{aB} T \right). \tag{3.7}$$

3.1.2 Computing the AB component of the Ricci tensor

We first look at

$$g^{\gamma\delta} \nabla_{\gamma} \nabla_{\delta} p_{AB} = \frac{4}{r} r_c \Omega^{CD} \Omega_{C(A} D_{|D|} S_{B)} h^c$$
$$= \frac{4}{r} r_c h^c S_{AB}. \tag{3.8}$$

We next look at

$$\nabla_A v_B + \nabla_B v_A \doteq D_A v_B + D_B v_A$$

$$\doteq (D_A S_B + D_B S_A) \left(D_c h^c + \frac{2}{r} r_c h^c \right)$$

$$= 2 \left(D_c h^c + \frac{2}{r} r_c h^c \right) S_{AB}$$
(3.9)

where, $S_{AB} \equiv D_{(A}S_{B)}$. The other terms $R_A{}^{\gamma}{}_B{}^{\gamma}p_{\gamma\delta}$ and $R^{\gamma}{}_{(A}p_{B)\gamma}$ are zero for axial perturbations in the Regge-Wheeler gauge. Using Eq. (1.20), and promoting everything to gauge-invariant quantities, we have

$$\delta R_{AB} = D_c \tilde{h}^c S_{AB}.$$
 (3.10)

Note that the axial perturbation of the AB component of the Einstein and Ricci tensors are the same in the Regge-Wheeler gauge

$$\delta G_{AB} \doteq \delta R_{AB}. \tag{3.11}$$

This is why our expression Eq. (3.10) matches Eq (5.9) of [MP05].

¹Their Eq. 5.8, although note that those authors assume the background is vacuum so $R_{\mu\nu} = 0$.

3.1.3 Computing the a component of the Bianchi identity

There are no axial perturbations of this component.

3.1.4 Computing the A component of the Bianchi identity

We next consider the divergence of the stress-energy tensor (see Sec. (2.3)). We first look at

$$D_{c}P_{A}^{c} + \frac{2}{r}r_{c}P_{A}^{c} + D_{C}P_{A}^{C} \doteq S^{A} \left(D_{c}H^{c} + \frac{2}{r}r_{c}H^{c} \right) + \frac{1}{r^{2}}D_{C}S_{A}^{C}H_{2}$$

$$= S^{A} \left(\frac{1}{r^{2}}D_{c} \left(r^{2}H^{c} \right) + \frac{1}{r^{2}} \left(1 - \frac{1}{2}\ell \left(\ell + 1 \right) \right) H_{2} \right). \tag{3.12}$$

Next, looking at the metric perturbations, we have

$$\left(\frac{1}{2}D_{A}p_{c}^{c} - \frac{1}{r}r_{c}p_{A}^{c}\right)\mathcal{P} - \left(\frac{1}{2}D_{A}p_{b}^{c} - \frac{1}{r}r_{b}p_{A}^{c}\right)T_{c}^{b} \doteq S^{A}\left(-\frac{1}{r}r_{c}h^{c}\mathcal{P} + \frac{1}{r}r_{b}h^{c}T_{c}^{b}\right).$$
(3.13)

Promoting h_a to its gauge invariant counterpart \tilde{h}_a , we conclude that the axial matter equations of motion are

$$\frac{1}{r^2}D_c(r^2H^c) - \frac{(\ell-1)(\ell+2)}{2r^2}H_2 + \frac{1}{r}r_c\tilde{h}^bT_b^c - \frac{1}{r}r_c\tilde{h}^c\mathcal{P} = 0.$$
 (3.14)

3.2 Polar spherical harmonic decomposition of the Einstein equations

We need to consider the components δR_{ab} , δR_{aB} , and δR_{AB} . As we review in Sec. 2.2, we can work in the Regge-Wheeler gauge, and promote all variables to their gauge-invariant counterparts at the end of the calculation. We now use $\dot{=}$ to indicate that we only keep terms that are nonzero in a polar decomposition in Regge-Wheeler gauge. We work in a spherical harmonic basis and drop the ℓ , m labels to make the expressions less cluttered. The only nonzero components of the metric perturbation are

$$p_{ab} = h_{ab}Y, \tag{3.15a}$$

$$p_{AB} \doteq r^2 k \Omega_{AB} Y. \tag{3.15b}$$

3.2.1 Computing the ab components of the Ricci tensor

We first look at

$$g^{\gamma\delta}\nabla_{\gamma}\nabla_{\delta}p_{ab} \doteq \left(D_cD^c + \frac{1}{r^2}D_CD^C\right)h_{ab}Y + \frac{2}{r}r^c\left(D_ch_{ab} - \frac{2}{r}r_{(a}h_{b)c}\right)Y + \frac{4}{r^2}r_{(a}r_{b)}kY$$

$$= \left(\left(D_c D^c - \frac{\ell (\ell+1)}{r^2} \right) h_{ab} + \frac{2}{r} r^c \left(D_c h_{ab} - \frac{2}{r} r_{(a} h_{b)c} \right) + \frac{4}{r^2} r_{(a} r_{b)} k \right) Y. \quad (3.16)$$

We next look at (we can symmetrize later)

$$\nabla_{a}v_{b} \doteq D_{a} \left(D_{c}h_{b}{}^{c} - \frac{2}{r}r_{b}k + \frac{2}{r}r^{c}h_{bc} - \frac{1}{2}D_{b} (h + 2k) \right) Y$$

$$= \left(D_{a}D_{c}h_{b}{}^{c} + \frac{2}{r^{2}}r_{a}r_{b}k + \frac{1}{r}r^{c} \left(2D_{(a}h_{b)c} - D_{c}h_{ab} \right) - \frac{2}{r^{2}}r_{a}r^{c}h_{bc} + \frac{2}{r} \left(r_{a}^{c}h_{bc} + r^{c}D_{a}h_{bc} \right) - D_{a}D_{b} \left(\frac{1}{2}h + k \right) \right) Y.$$
(3.17)

For the Riemann and Ricci tensor components, we have

$$R_a{}^{\gamma}{}_b{}^{\delta}p_{\gamma\delta} \doteq \left(\frac{1}{2}\mathcal{R}\left(\alpha_{ab}\alpha^{cd} - \delta_a^c \delta_b^d\right)h_{cd} - \frac{2}{r}r_{ab}k\right)Y,\tag{3.18}$$

$$R^{\gamma}{}_{(a}p_{b)\gamma} \doteq \left(\frac{1}{2}\mathcal{R}h_{ab} - \frac{2}{r}r^{c}_{(a}h_{b)c}\right)Y. \tag{3.19}$$

Using Eq. (1.20), and promoting everything to gauge-invariant quantities, we end up with

$$\delta R_{ab} \doteq \left(-\frac{1}{2} \left(D_c D^c - \frac{\ell (\ell+1)}{r^2} \right) \tilde{h}_{ab} + D_{(a} D^c \tilde{h}_{b)c} - D_a D_b \left(\frac{1}{2} \tilde{h} + \tilde{k} \right) \right.$$

$$\left. + \frac{2}{r} r^c \left(D_c \tilde{h}_{ab} + D_{(a} \tilde{h}_{b)c} \right) - \frac{2}{r} r_{(a} D_{b)} \tilde{k} + \frac{1}{2} \mathcal{R} \left(3 \tilde{h}_{ab} - \alpha_{ab} \tilde{h} \right) \right) Y.$$

$$(3.20)$$

3.2.2 Computing the aB component of the Ricci tensor

We first look at

$$g^{\gamma\delta}\nabla_{\gamma}\nabla_{\delta}p_{aB} \doteq \left(-\frac{2}{r}r_{a}k + \frac{2}{r}r^{c}h_{ac}\right)E_{B}.$$
(3.21)

We next look at

$$\nabla_{a}v_{B} + \nabla_{B}v_{a} = D_{a}v_{B} + D_{B}v_{a} - \frac{2}{r}r_{a}v_{B}$$

$$\doteq \left(D_{c}h_{a}{}^{c} - D_{a}k - D_{a}h + \frac{2}{r}r_{c}h_{a}{}^{c} + \frac{1}{r}r_{a}h - \frac{2}{r}r_{a}k\right)E_{B}.$$
(3.22)

The Riemann tensor components are zero

$$R_a{}^{\gamma}{}_B{}^{\delta}p_{\gamma\delta} \doteq 0. \tag{3.23}$$

The Ricci tensor components are also zero

$$R^{\gamma}{}_{(a}p_{B)\gamma} \doteq 0.$$
 (3.24)

Using Eq. (1.20), and promoting to gauge-invariant quantities, we have

$$\delta R_{aB} \doteq \frac{1}{2} \left(D_c \tilde{h}_a{}^c - D_a \tilde{h} - D_a \tilde{k} + \frac{1}{r} r_a \tilde{h} \right) E_B.$$
(3.25)

3.2.3 Computing the AB components of the Ricci tensor

We first look at

$$g^{\gamma\delta}\nabla_{\gamma}\nabla_{\delta}p_{AB} = \left(D_{c}D^{c} + \frac{1}{r^{2}}D_{C}D^{C}\right)\Omega_{AB}r^{2}kY - \frac{2}{r}\left(r_{c}^{c} + r^{c}D_{c}\right)\Omega_{AB}r^{2}kY + 2\Omega_{AB}r^{c}r^{d}h_{cd}Y$$

$$= \left(\left(D_{c}D^{c} - \frac{\ell(\ell+1)}{r^{2}}\right)k + \frac{2}{r}r^{c}D_{c}k - \frac{2}{r^{2}}r_{c}r^{c}k + \frac{2}{r^{2}}r^{c}r^{d}h_{cd}\right)r^{2}\Omega_{AB}Y. \quad (3.26)$$

We next look at (we can symmetrize later)

$$\nabla_{A}v_{B} = D_{A}v_{B} + \Omega_{AB}rr^{c}v_{c}$$

$$= -\frac{1}{2}hZ_{AB}$$

$$+ \left(\frac{1}{r}r^{c}D_{d}h_{c}^{d} - \frac{1}{r}r^{c}D_{c}h - \frac{2}{r}r^{c}D_{c}k + \frac{2}{r^{2}}r^{c}r^{d}h_{cd} - \frac{2}{r^{2}}r_{c}r^{c}k - \frac{\ell(\ell+1)}{2r^{2}}h\right)r^{2}\Omega_{AB}Y.$$
(3.27)

The Riemann tensor components are

$$R_A{}^{\gamma}{}_B{}^{\delta}p_{\gamma\delta} \doteq \left(-\frac{1}{r}r^{cd}h_{cd} + \frac{1 - r_a r^c}{r^2}k\right)r^2\Omega_{AB}Y. \tag{3.28}$$

The Ricci tensor components are also zero

$$R^{\gamma}{}_{(A}p_{B)\gamma} \doteq \left(\frac{1 - r_a r^a - r r_a^a}{r^2} k\right) r^2 \Omega_{AB} Y. \tag{3.29}$$

Using Eq. (1.20), and promoting to gauge-invariant quantities, we have

$$\delta R_{AB} = -\frac{1}{2}\tilde{h}Z_{AB} + \left(-\frac{1}{2}\left(D_{c}D^{c} - \frac{\ell(\ell+1)}{r^{2}}\right)\tilde{k} - \frac{3}{r}r^{c}D_{c}\tilde{k} - \left(\frac{1}{r^{2}}r^{c}r^{c} - \frac{1}{r}r_{c}^{c}\right)\tilde{k} + \frac{1}{r}r^{c}D_{d}\tilde{h}_{c}^{d} - \frac{1}{r}r^{c}D_{c}\tilde{h} + \frac{2}{r^{2}}r^{c}r^{d}\tilde{h}_{cd} - \frac{\ell(\ell+1)}{2r^{2}}\tilde{h}\right)r^{2}\Omega_{AB}Y.$$
(3.30)

3.2.4 Computing the a component of the Bianchi identity

We consider the divergence of the stress-energy tensor. We first look at

$$D_c P_a^c + D_C P_a^C + \frac{2}{r} r_c P_a^c - \frac{1}{r} r_a P_C^C = \left(D_c H_a^c + \frac{2}{r} r_c H_a^c - \frac{\ell (\ell+1)}{r^2} J_a - \frac{2}{r} r_a K \right) Y.$$
 (3.31)

We next look at the metric terms

$$-C_{ca}^{b}T_{b}^{b} + \left(C_{cb}^{c} - \frac{1}{r^{4}}r_{b}p_{C}^{C}\right)T_{a}^{b} + \frac{1}{r^{3}}r_{a}p_{C}^{C}\mathcal{P} = \left(-C_{ca}^{b}T_{b}^{b} + \left(C_{cb}^{c} - \frac{2}{r^{2}}r_{b}k\right)T_{a}^{b} + \frac{2}{r}r_{a}k\mathcal{P}\right)Y.$$
(3.32)

Putting everything together, we have

$$\frac{1}{r^2} D_c \left(r^2 H_a^c \right) - \frac{\ell \left(\ell + 1 \right)}{r^2} J_a - \frac{2}{r} r_a K - C_{ca}^b T_b^b + \left(C_{cb}^c - \frac{2}{r^2} r_b k \right) T_a^b + \frac{2}{r} r_a k \mathcal{P} = 0.$$
(3.33)

3.2.5 Computing the A component of the Bianchi identity

We consider the divergence of the stress-energy tensor. We first look at

$$D_c P_A^c + D_C P_A^C + \frac{2}{r} r_c P_A^c = \left(D_c J^c + K - \frac{(\ell+2)(\ell-1)}{2} G + \frac{2}{r} r_c J^c \right) E_A. \tag{3.34}$$

We next look at the metric terms

$$\frac{1}{2}D_{A}p_{c}^{c}\mathcal{P} - \frac{1}{2}D_{A}p_{c}^{b}T_{b}^{c} = \frac{1}{2}\left(h\mathcal{P} - T_{c}^{b}h_{b}^{c}\right)E_{A}.$$
(3.35)

Putting everything together, we have

$$\left| \frac{1}{r^2} D_c \left(r^2 J^c \right) + K - \frac{(\ell+2)(\ell-1)}{2} G + h \mathcal{P} - T_c^b h_b^c = 0. \right|$$
 (3.36)

Appendix A

Scalar, vector, and tensor spherical harmonics

We work on the unit two-sphere \mathbb{S}^2 , with metric Ω_{AB} , Levi-Cevita tensor ε_{AB} , and metric compatible derivative D_A . The Ricci tensor is R=+2. Our notation for the spherical harmonics follows that of [NR05].

A.1 Scalar spherical harmonics

The scalar spherical harmonics satisfy

$$\left(\Omega^{AB}D_AD_B + \ell\left(\ell + 1\right)\right)Y_\ell^m = 0,\tag{A.1}$$

along with the following orthogonality relation

$$\int d\Omega Y_{\ell}^{m} Y_{\ell'}^{m'} = \delta_{\ell\ell'} \delta_{mm'}. \tag{A.2}$$

A.2 Vector spherical harmonics

The polar and axial vector spherical harmonics respectively are

$$[E_{\ell}^m]_A \equiv D_A Y_{\ell}^m, \qquad [S_{\ell}^m]_A \equiv \varepsilon_{BA} D^B Y_{\ell}^m.$$
 (A.3)

The vector spherical harmonics satisfy

$$(\Omega^{AB} D_A D_B + (-1 + \ell (\ell + 1))) [V_\ell^m]_C = 0, \tag{A.4}$$

along with the following orthogonality relation

$$\int d\Omega \left[V_{\ell}^{m}\right]_{A} \left[V_{\ell'}^{m'}\right]^{A} = \ell \left(\ell + 1\right) \delta_{\ell\ell'} \delta_{mm'}. \tag{A.5}$$

The divergence of the polar and axial vector spherical harmonics respectively are

$$D_A \left[E_\ell^m \right]^A = D_A D^A Y_\ell^m$$

= $-\ell \left(\ell + 1 \right) Y_\ell^m$. (A.6)

$$D_{A} \left[S_{\ell}^{m} \right]^{A} = \varepsilon_{BA} D^{B} D^{A} Y_{\ell}^{m}$$

$$= 0. \tag{A.7}$$

A.3 Tensor spherical harmonics

The polar and axial tensor spherical harmonics respectively are

$$[Z_{\ell}^{m}]_{AB} \equiv D_{A}D_{B}Y_{\ell}^{m} + \frac{1}{2}\ell(\ell+1)\Omega_{AB}Y_{\ell}^{m}, \qquad [S_{\ell}^{m}]_{AB} \equiv D_{(A}[S_{\ell}^{m}]_{B)}. \tag{A.8}$$

The tensor spherical harmonics satisfy

$$(\Omega^{AB}D_AD_B + (-2 + \ell(\ell+1))) [T_\ell^m]_{CD} = 0, \tag{A.9}$$

along with the following orthogonality relation

$$\int d\Omega \left[T_{\ell}^{m} \right]_{AB} \left[T_{\ell'}^{m'} \right]^{AB} = \frac{1}{2} (\ell - 1) \ell (\ell + 1) (\ell + 2) \delta_{\ell\ell'} \delta_{mm'}. \tag{A.10}$$

The polar and axial tensor spherical harmonics are both traceless

$$Ω^{AB} [Z_{\ell}^{m}]_{AB} = D_{A}D^{A}Y_{\ell}^{m} + \ell (\ell + 1)Y_{\ell}^{m}$$

$$= 0,$$
(A.11)

$$\Omega^{AB} \left[S_{\ell}^{m} \right]_{AB} = D_{A} \left[S_{\ell}^{m} \right]^{A}$$

$$= 0. \tag{A.12}$$

The trace is captured by the scalar spherical harmonic Y_{ℓ}^m , which is sometimes denoted by [Mar04]

$$[U_{\ell}^m]_{AB} \equiv \Omega_{AB} Y_{\ell}^m. \tag{A.13}$$

The divergence of the polar and axial tensor spherical harmonics respectively are

$$D_{A} [Z_{\ell}^{m}]^{AB} = D_{A} D^{A} D^{B} Y_{\ell}^{m} + \frac{1}{2} \ell (\ell + 1) D^{B} Y_{\ell}^{m}$$

$$= D^{B} D_{A} D^{A} Y_{\ell}^{m} + R_{C}^{B} D^{C} Y_{\ell}^{m} + \frac{1}{2} \ell (\ell + 1) D^{B} Y_{\ell}^{m}$$

$$= D^{B} Y_{\ell}^{m} - \frac{1}{2} \ell (\ell + 1) D^{B} Y_{\ell}^{m}$$

$$= \left(1 - \frac{1}{2} \ell (\ell + 1)\right) [E_{\ell}^{m}]^{B}, \qquad (A.14)$$

$$D_{A} [S_{\ell}^{m}]^{AB} = \frac{1}{2} D_{A} \left(D^{A} [S_{\ell}^{m}]^{B} + D^{B} [S_{\ell}^{m}]^{A} \right)$$

$$= \frac{1}{2} \left((1 - \ell (\ell + 1)) [S_{\ell}^{m}]^{B} + D_{B} D_{A} [S_{\ell}^{m}]^{A} + R_{C}^{B} [S_{\ell}^{m}]^{C} \right)$$

$$= \left(1 - \frac{1}{2} \ell (\ell + 1) \right) [S_{\ell}^{m}]^{B}. \tag{A.15}$$

We have used that R=2 and $R_{AB}=(R/2)\Omega_{AB}=\Omega_{AB}.$

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