

# **Teach Yourself to Run LLMs (Large Language Models) in your local computer. Free.**



## Hands-on Tutorial to Run LLMs Locally

You'll learn to run Large Language Models ("LLMs") in your local computer. You'll take different types of data (PDFs, SQLite3 files, PostgreSQL tables) to build and run a RAG ("Retrieval-Augmented Generation") pipeline. You'll get answers from a generic LLM using your own data as a reference. All this at no cost, in your local computer, in under 60 minutes. You will learn enough so that you can have a fruitful conversation with very technical people.

My teaching style is to start with a Minimum Working Demo ("MWD"). Then I'll expand from there, line by line. You can find both sample code and sample data in my personal GitHub page for this project: <https://github.com/JLacal/local-lm>

Please notice that the provided sample data is related to clinical trials (that's our core business). Try to grasp the overall concepts. Just replace the clinical trial-specific PDFs and database files with your own files and the basic principles and processes will apply as well.

LLMs are a phenomenal piece of technology for knowledge generation and reasoning. They are pre-trained on large amounts of publicly-available data. The question is how to augment LLMs with your private and domain-specific data? You'll learn that in this document.

Why running the LLMs locally? Several reasons:

- \* even old hardware can be both useful and usable for learning the basics of LLMs
- \* you'll save money by learning locally (you can quickly run up a huge AWS / Azure / OpenAI bill by aimlessly playing around)
- \* you'll get a "feel" for the process (literally, like when your laptop's fan starts screaming)
- \* and you'll protect your private data from the endlessly prying eyes of cloud providers

All the software packages mentioned in this document are free to download and use. And the data files we provide are also free to use: <https://github.com/JLacal/local-lm>

## Contact Us

Send me any comments and suggestions for improvement you have. Thank you for reading.

And contact us if you rather have our team build an LLM-powered application for you.

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# Summary

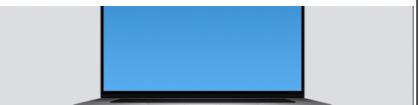
This is the structure of this file.

*Table 1: Steps.*

Step	Description
Set up Virtual Environment	Start by setting up a Python virtual environment.
Download required software	Download desktop applications you'll use.
Download Python files	Download Python files I provide as part of this tutorial.
Download data files	Download sample data files for you to use.
Run Python files	Actually run the Python files with the data files.

The entire process listed below was tested in the following systems:

*Table 2: Tested computers.*

iMac27	Mac mini	MacBook Pro
 <p><b>iMac</b> Retina 5K, 27-inch, 2017</p> <p>Processor 4.2 GHz Quad-Core Intel Core i7 Graphics Radeon Pro 580 8 GB Memory 64 GB 2400 MHz DDR4 Startup disk Macintosh HD Serial number macOS Ventura 13.6.7</p>	 <p><b>Mac mini</b> 2018</p> <p>Processor 3.2 GHz 6-Core Intel Core i7 Memory 64 GB 2667 MHz DDR4 Serial number macOS Sonoma 14.4.1</p>	 <p><b>MacBook Pro</b> 16-inch, 2021</p> <p>Chip Apple M1 Pro Memory 16 GB Serial number macOS Sonoma 14.5</p>
iMac 27 – model 2017	Mac mini – model 2018	MacBook Pro – model 2021
4.2 GHz Quad-Core Intel Core i7	3.2 GHz 6-Core Intel Core i7	Apple M1 Pro
64 GB 2400 MHz DDR4	64 GB 2667 MHz DDR4	16 GB

Please notice that some of the systems are over 06 years old yet still functional for LLM-related exploratory work. Obviously you'll need some pretty powerful (mostly GPU-heavy) systems for production

## Background: Loading your Data into an LLM

Building your own LLM from scratch is a very expensive and time-consuming endeavor. Instead, in this document you will learn how to load your own data into an existing LLM to then be able to ask specific questions and get answers from your own data.

This process is called “creating a RAG” (Retrieval-Augmented Generation).

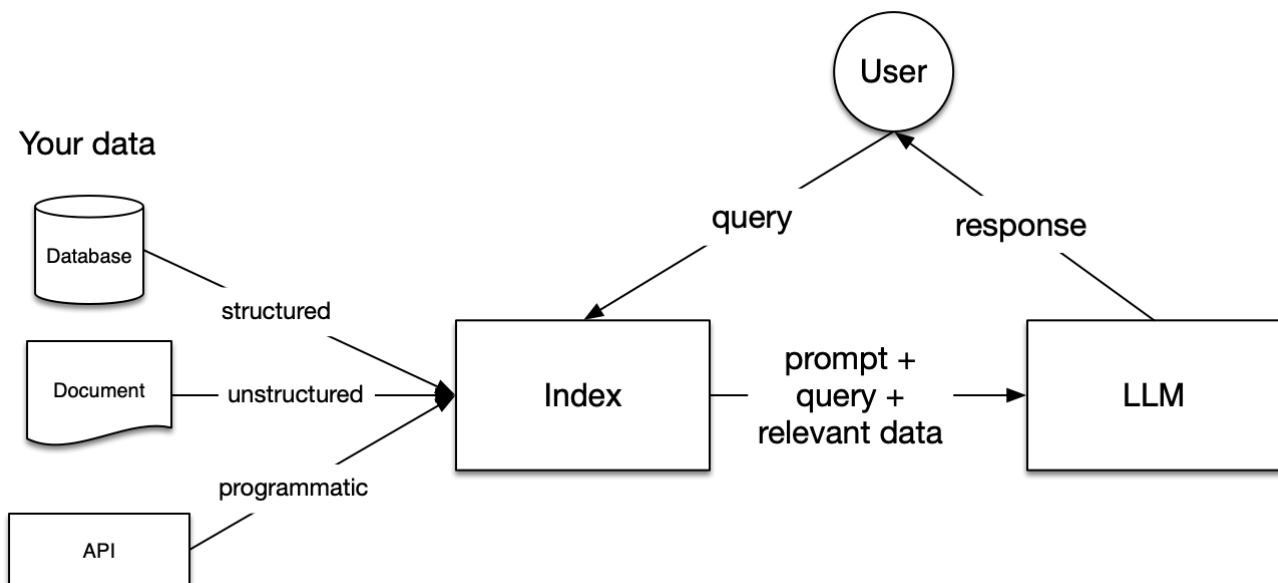
Please read this great article from AWS that explains what a RAG is at a high level:  
<https://aws.amazon.com/what-is/retrieval-augmented-generation/>

..You can think of the Large Language Model as an over-enthusiastic new employee who refuses to stay informed with current events but will always answer every question with absolute confidence. Unfortunately, such an attitude can negatively impact user trust and is not something you want your chatbots to emulate!

RAG is one approach to solving some of these challenges. It redirects the LLM to retrieve relevant information from authoritative, pre-determined knowledge sources. Organizations have greater control over the generated text output, and users gain insights into how the LLM generates the response.

The diagram below illustrates the process of building and running a RAG. You will:

- \* take different types of sample data (PDFs, SQLite3 files, PostgreSQL tables)
- \* create index files
- \* feed your question and the pre-generated index files to the LLM to get an answer



*Drawing 1: Source: [https://docs.llamaindex.ai/en/stable/getting\\_started/concepts/](https://docs.llamaindex.ai/en/stable/getting_started/concepts/)*

## Set up Virtual Environment

A “virtual environment” in Python is a way to create a constrained testing environment, without affecting the rest of your computer’s configuration.

Please see <https://docs.python.org/3/library/venv.html> for more details.

Make sure you have a Python3 version higher than 3.10

In macOS you can run: “brew install python@3.11”

Now, create the VirtualEnv.

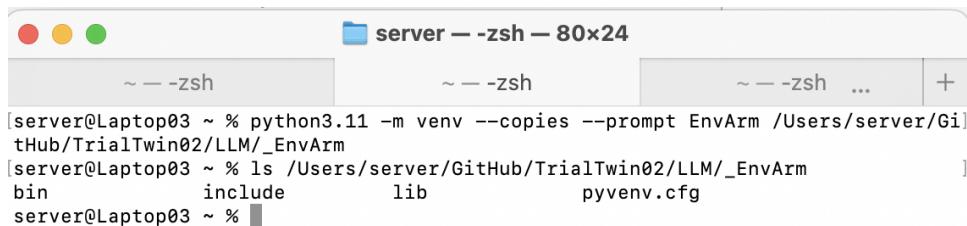
In the command line type something like the following:

```
python3.11 -m venv --copies --prompt EnvArm  
/Users/server/GitHub/TrialTwin02/LLM/_EnvArm
```

Let me explain:

```
python3.11 -m venv :: “launch the Python3 interpreter and run the venv module”  
--copies :: “Include copies of the required libraries inside the virtualenv”  
--prompt EnvArm :: “the text that will appear in the prompt of the command line”  
/Users/server/GitHub/TrialTwin02/LLM/_EnvArm :: “directory to store this into”
```

You should change the values highlighted in yellow to best fit your own needs.



The screenshot shows a macOS terminal window with three tabs open, all labeled “~ — zsh”. The active tab shows the command being run: “python3.11 -m venv --copies --prompt EnvArm /Users/server/GitHub/TrialTwin02/LLM/\_EnvArm”. Below the command, the output shows the directory structure: “[server@Laptop03 ~ % python3.11 -m venv --copies --prompt EnvArm /Users/server/GitHub/TrialTwin02/LLM/\_EnvArm [server@Laptop03 ~ % ls /Users/server/GitHub/TrialTwin02/LLM/\_EnvArm bin include lib pyvenv.cfg server@Laptop03 ~ %]”

From now on, the directory you created the virtual environment into will be referred to as **CT\_VIRTUALENV\_DIR** in this document.

Change directory to **CT\_VIRTUALENV\_DIR**:

“cd /Users/server/GitHub/TrialTwin02/LLM/\_EnvArm”

And type: “source bin/activate”

Notice in the screenshot below how the command line prompt now starts with “EnvArm” which is the prompt value we defined above.



```
_EnvArm -- zsh -- 80x24
~/GitHub/TrialTwin02/LLM/_EnvArm -- zsh
[server@Laptop03 ~ % cd /Users/server/GitHub/TrialTwin02/LLM/_EnvArm
[server@Laptop03 _EnvArm % source bin/activate
(_EnvArm) server@Laptop03 _EnvArm % ]]
```

Now you have a self-contained, isolated environment to install Python libraries and to run the Python files described below.

And the virtual environment is now “activated.” Meaning that all Python-related actions will run inside this virtual environment only.

## Install Libraries

Now you will install a few Python libraries.

Most of these libraries are from LlamaIndex [\[https://docs.llamaindex.ai/en/stable/\]](https://docs.llamaindex.ai/en/stable/)

LlamaIndex is a framework for building context-augmented LLM applications. Context augmentation refers to any use case that applies LLMs on top of your private or domain-specific data.

Now run these commands in the same command line that you have after activating the virtual environment:

```
pip install llama-index-core
pip install llama-index-embeddings-huggingface
pip install llama-index-embeddings-ollama
pip install llama-index-embeddings-openai
pip install llama-index-llms-ollama
pip install llama-index-readers-database
pip install llama-index-readers-file
```

Of course you can also run a single command:

```
pip install llama-index-core llama-index-embeddings-huggingface llama-index-embeddings-ollama llama-index-embeddings-openai llama-index-llms-ollama llama-index-readers-database llama-index-readers-file
```



```
_EnvArm -- zsh -- 80x24
~/GitHub/TrialTwin02/LLM/_EnvArm -- zsh

ests, python-dateutil, pydantic-core, nltk, marshmallow, jinja2, httpcore, deprecated, beautifulsoup4, anyio, aiosignal, torch, tiktoken, scikit-learn, pydantic, pandas, huggingface-hub, httpx, dataclasses-json, aiohttp, tokenizers, openai, llama-index-py-client, transformers, llama-index-core, sentence-transformers, llama-index-readers-file, llama-index-llms-ollama, llama-index-embeddings-openai, llama-index-embeddings-ollama, llama-index-embeddings-huggingface
Successfully installed MarkupSafe-2.1.5 PyYAML-6.0.1 SQLAlchemy-2.0.30 aiohttp-3.9.5 aiosignal-1.3.1 annotated-types-0.7.0 anyio-4.4.0 attrs-23.2.0 beautifulsoup4-4.12.3 certifi-2024.6.2 charset-normalizer-3.3.2 click-8.1.7 dataclasses-json-0.6.0 deprecated-1.2.14 dirtyjson-1.0.8 distro-1.9.0 filelock-3.14.0 frozenlist-1.4.1 fsspec-2024.6.0 greenlet-3.0.3 h11-0.14.0 httpcore-1.0.5 httpx-0.27.0 huggingface-hub-0.23.2 idna-3.7 jinja2-3.1.4 joblib-1.4.2 llama-index-core-0.10.43 llama-index-embeddings-huggingface-0.2.1 llama-index-embeddings-ollama-0.1.2 llama-index-embeddings-openai-0.1.10 llama-index-llms-ollama-0.1.5 llama-index-readers-file-0.1.23 llamacore-py-client-0.1.19 marshmallow-3.21.2 minijinja-2.0.1 mpmath-1.3.0 multidict-6.0.5 mypy-extensions-1.0.0 nest-asyncio-1.6.0 networkx-3.3 nltk-3.8.1 numpy-1.26.4 openai-1.31.0 packaging-24.0 pandas-2.2.2 pillow-10.3.0 pydantic-2.7.3 pydantic-core-2.18.4 pypdf-4.2.0 python-dateutil-2.9.0.post0 pytz-2024.1 regex-2024.5.15 requests-2.32.3 safetensors-0.4.3 scikit-learn-1.5.0 sckipy-1.13.1 sentence-transformers-2.7.0 six-1.16.0 sniffio-1.3.1 soupsieve-2.5 strptime-0.0.26 sympy-1.12.1 tenacity-8.3.0 threadpoolctl-3.5.0 tiktoken-0.7.0 tokenizers-0.19.1 torch-2.3.0 tqdm-4.66.4 transformers-4.41.2 typing-extensions-4.12.1 typing-inspect-0.9.0 tzdata-2024.1 urllib3-2.2.1 wrapt-1.16.0 yarl-1.9.4
(EnvArm) server@Laptop03 _EnvArm %
```

Notice that the directory CT\_VIRTUALENV\_DIR will grow to around 01.4GB in size.

## Download required software

Please notice that all the screenshots are from a macOS-based system. Adjust the commands to your specific OS.

And you need to be comfortable using the command line (Terminal / PowerShell).

Warning: models can be very large (some are around 80 GB in size like “wizardlm2:8x22b”). Make sure you have enough hard disk space to store as many models as you want to.

Table 3: Required software.

Software	Location
DB Browser for SQLite	<a href="https://sqlitebrowser.org/dl/">https://sqlitebrowser.org/dl/</a>
Ollama	<a href="https://ollama.com/download">https://ollama.com/download</a>
LM Studio	<a href="https://lmstudio.ai/">https://lmstudio.ai/</a>

## DB Browser

DB Browser allows you to work with SQLite database files.  
Download and install the application.



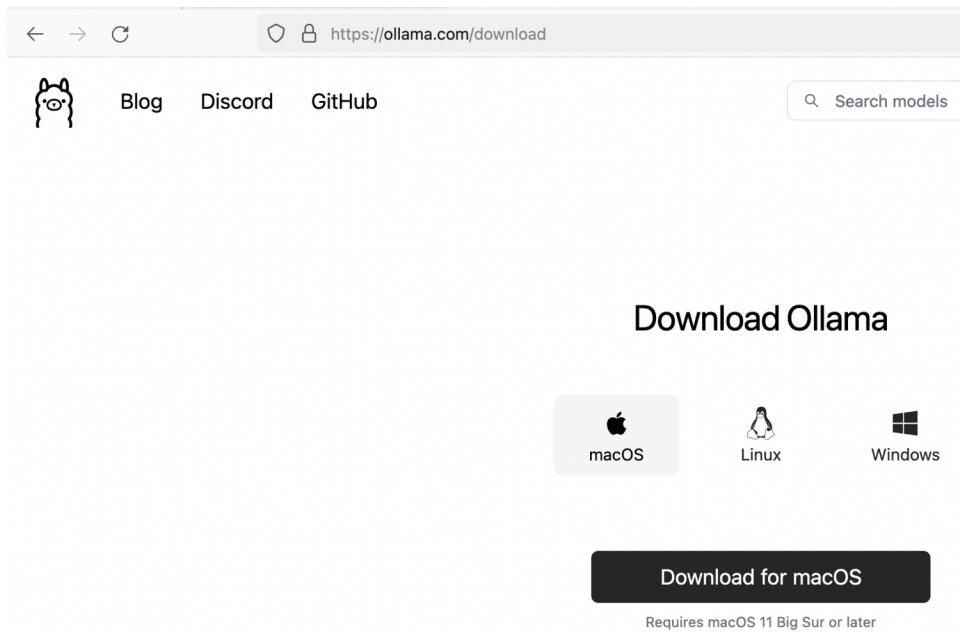
The screenshot shows a macOS-style web browser window. The address bar displays the URL <https://sqlitebrowser.org/dl/>. The main content area is titled "Windows" and features a heading "Our latest release (3.12.2) for Windows:". Below this, there is a bulleted list of download links:

- [DB Browser for SQLite – Standard installer for 32-bit Windows](#)
- [DB Browser for SQLite – .zip \(no installer\) for 32-bit Windows](#)
- [DB Browser for SQLite – Standard installer for 64-bit Windows](#)
- [DB Browser for SQLite – .zip \(no installer\) for 64-bit Windows](#)

At the bottom of the page, a note reads: "Free code signing provided by SignPath.io, certificate by SignPath Foundation."

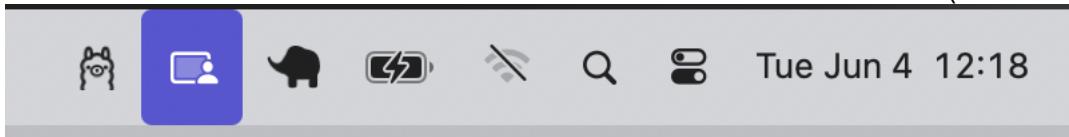
## Ollama

Ollama is a tool that makes it easy to run LLMs. And you can run the LLMs locally, without the need to connect to a cloud-based service.



The screenshot shows the Ollama website at <https://ollama.com/download>. The header includes a logo of a cartoon character, links for Blog, Discord, and GitHub, and a search bar labeled "Search models". The main section is titled "Download Ollama" and features download links for macOS (with an Apple icon), Linux (with a Linux icon), and Windows (with a Windows icon). A prominent button labeled "Download for macOS" is shown, with a note below it stating "Requires macOS 11 Big Sur or later".

Once Ollama is installed launch it. You should see an icon in the status bar (on the left):



Verify that you can call Ollama from the command line.

Type “ollama” in the command line.

```

server@Laptop03 ~ % ollama
Usage:
  ollama [flags]
  ollama [command]

Available Commands:
  serve      Start ollama
  create     Create a model from a Modelfile
  show       Show information for a model
  run        Run a model
  pull       Pull a model from a registry
  push       Push a model to a registry
  list       List models
  ps         List running models
  cp         Copy a model
  rm         Remove a model
  help       Help about any command

Flags:
  -h, --help    help for ollama
  -v, --version Show version information

Use "ollama [command] --help" for more information about a command.
server@Laptop03 ~ %

```

Now download a few models from Ollama's library of Open Source models.

<https://ollama.com/library>

The screenshot shows a web browser displaying the Ollama library page at <https://ollama.com/library>. The page has a header with a logo, navigation links for Blog, Discord, GitHub, and a search bar. Below the header is a section titled "Models" with a sub-section icon. A "Filter by name..." input field and a "Featured" dropdown menu are visible. The main content area displays a card for the "llama3" model, which is described as "Meta Llama 3: The most capable openly available LLM to date". The card includes metrics: 8B, 70B, 2M Pulls, 68 Tags, and an update timestamp of "Updated 2 weeks ago".

You can download each model through

Run the command “ollama list” in the command line as follows:

```
ollama pull <ModelName>
```

I recommend you download at least these models:

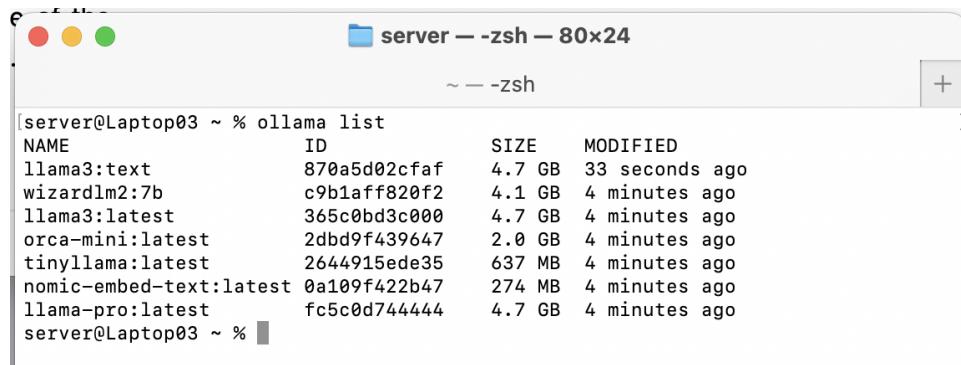
```
ollama pull llama-pro
ollama pull llama3
ollama pull llama3:text
ollama pull orca-mini
ollama pull tinyllama
ollama pull wizardlm2:7b
```

And this embedding model:

```
ollama pull nomic-embed-text
```

The above models will take about 21 GB of storage space in your computer.

Run the command “ollama list” to see what models you have available in your computer:



```
[server@Laptop03 ~ % ollama list
NAME           ID      SIZE    MODIFIED
llama3:text    870a5d02cfaf  4.7 GB  33 seconds ago
wizardlm2:7b   c9b1aff820f2  4.1 GB  4 minutes ago
llama3:latest   365c0bd3c000  4.7 GB  4 minutes ago
orca-mini:latest 2dbd9f439647  2.0 GB  4 minutes ago
tinyllama:latest 2644915ede35  637 MB  4 minutes ago
nomic-embed-text:latest 0a109f422b47  274 MB  4 minutes ago
llama-pro:latest fc5c0d744444  4.7 GB  4 minutes ago
server@Laptop03 ~ % ]
```

When using macOS the model files are stored in the `~/.ollama` directory.

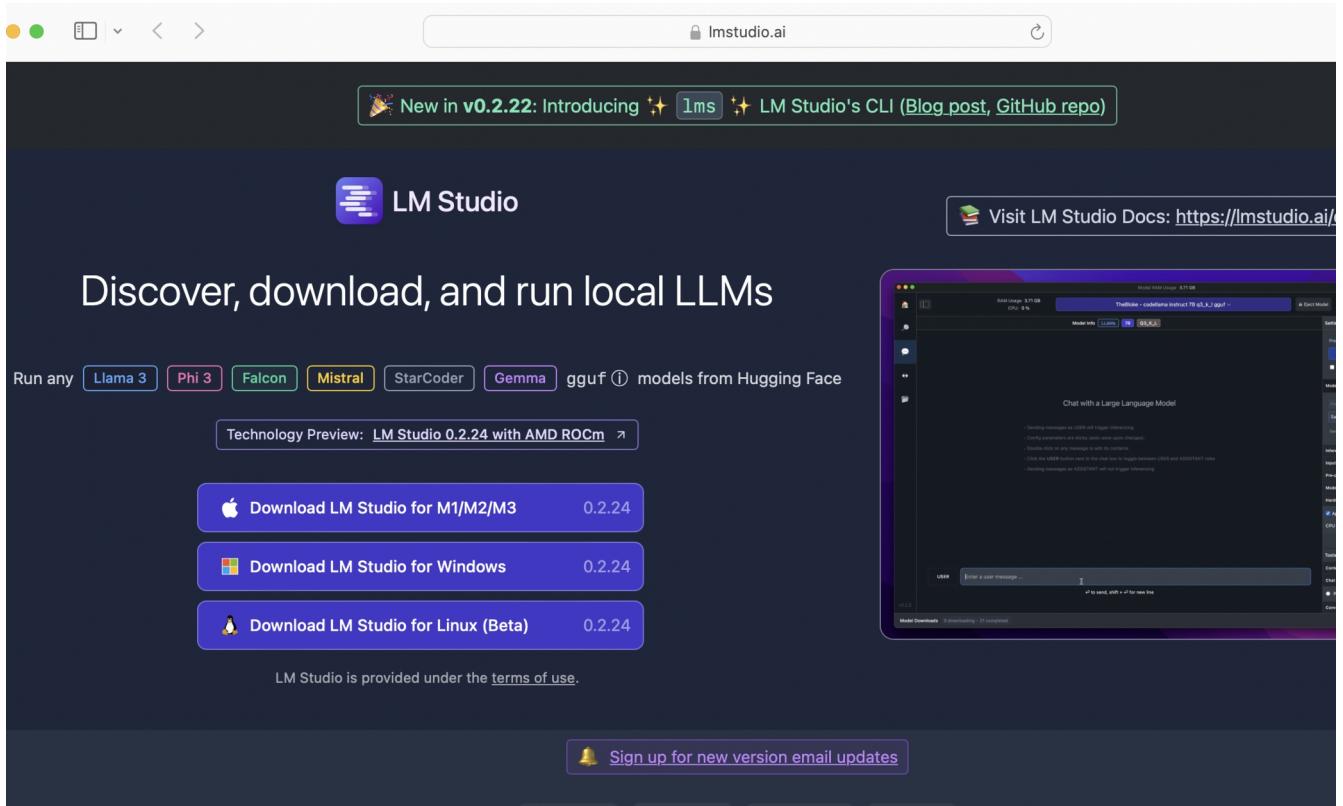
Additional models you may be interested in downloading are:

```
ollama pull codegemma
ollama pull command-r
ollama pull command-r-plus
ollama pull duckdb-nsql
ollama pull gemma:2b
ollama pull gemma:7b
ollama pull llama3-chatqa
ollama pull llama3-gradient
ollama pull meditron
ollama pull medllama2
ollama pull wizardlm2:8x22b
```

If you download all the additional models then you'll use around 220 GB of storage space.

## LM Studio

LM Studio is a very slick GUI application that allows you to run LLMs locally through an easy-to-use graphical interface. No more typing commands in the command line.



The image shows a screenshot of the LM Studio website and its corresponding desktop application. The website (lmstudio.ai) features a dark theme with a navigation bar at the top. A banner at the top of the page announces a new feature in version 0.2.22: "Introducing 1ms LM Studio's CLI". Below the banner, the LM Studio logo is displayed, followed by the tagline "Discover, download, and run local LLMs". A section for "Run any" models includes buttons for Llama 3, Phi 3, Falcon, Mistral, StarCoder, and Gemma, along with a gguf button. A note mentions "models from Hugging Face". Below this, a "Technology Preview" section highlights "LM Studio 0.2.24 with AMD ROCm" and provides download links for M1/M2/M3 (0.2.24), Windows (0.2.24), and Linux (Beta) (0.2.24). The desktop application window on the right shows a "Chat with a Large Language Model" interface with a message history and input field. The application title bar indicates "Model Total Usage: 3.71 GB".

Please use Ollama for the rest of this tutorial.

Once you understand the basics then you can jump over to LM Studio.

## Download Python files

Now go to my personal GitHub repository and download these Python files that you will run locally.

<https://github.com/JLacal/local-llm>

*Table 4: Python files.*

File Name	Description
Tutorial_01.py	Step by step description of concepts related to augmenting a base LLM. This is a full Minimum Working Demo.
Tutorial_02.py	You'll ingest PDFs to generate embeddings. This
Tutorial_03.py	Ingest SQLite3 files.
Tutorial_04.py	Connect to PostgreSQL directly.

Kindly note that I'm aware of Jupyter and I use it myself.

At this stage I want to strongly encourage you to physically run these commands, and to install code locally in your computer, to maximize your learning.

## Download data files

..

<https://github.com/JLacal/local-l1m>

Table 5: Data files: SQLite3.

File	Description
Abbott	<a href="https://github.com/JLacal/local-l1m/blob/main/TrialTwin_Abbott.sqlite3.zip">https://github.com/JLacal/local-l1m/blob/main/TrialTwin_Abbott.sqlite3.zip</a>
Abbvie	<a href="https://github.com/JLacal/local-l1m/blob/main/TrialTwin_Abbvie.sqlite3.zip">https://github.com/JLacal/local-l1m/blob/main/TrialTwin_Abbvie.sqlite3.zip</a>
AstraZeneca	<a href="https://github.com/JLacal/local-l1m/blob/main/TrialTwin_AstraZeneca.sqlite3.zip">https://github.com/JLacal/local-l1m/blob/main/TrialTwin_AstraZeneca.sqlite3.zip</a>
Bayer	<a href="https://github.com/JLacal/local-l1m/blob/main/TrialTwin_Bayer.sqlite3.zip">https://github.com/JLacal/local-l1m/blob/main/TrialTwin_Bayer.sqlite3.zip</a>
Bristol Myers Squibb	<a href="https://github.com/JLacal/local-l1m/blob/main/TrialTwin_Bristol_Myers_Squibb.sqlite3.zip">https://github.com/JLacal/local-l1m/blob/main/TrialTwin_Bristol_Myers_Squibb.sqlite3.zip</a>
Johnson & Johnson	<a href="https://github.com/JLacal/local-l1m/blob/main/TrialTwin_Johnson_Johnson.sqlite3.zip">https://github.com/JLacal/local-l1m/blob/main/TrialTwin_Johnson_Johnson.sqlite3.zip</a>
Pfizer	<a href="https://github.com/JLacal/local-l1m/blob/main/TrialTwin_Pfizer.sqlite3.zip">https://github.com/JLacal/local-l1m/blob/main/TrialTwin_Pfizer.sqlite3.zip</a>
Roche	<a href="https://github.com/JLacal/local-l1m/blob/main/TrialTwin_Roche.sqlite3.zip">https://github.com/JLacal/local-l1m/blob/main/TrialTwin_Roche.sqlite3.zip</a>
Sanofi	<a href="https://github.com/JLacal/local-l1m/blob/main/TrialTwin_Sanofi.sqlite3.zip">https://github.com/JLacal/local-l1m/blob/main/TrialTwin_Sanofi.sqlite3.zip</a>

## Run Python files

OK, now we're ready for you to start having fun!

## Lessons Learned: LLMs Lie.

Now for the bad news: LLMs lie, and they lie confidently!

Timeout	codegemma	command-r	command-r-plus	duckdb-nsql	gemma:2b
300 ms	Lie	Timed out	Timed out	Answered	Lie
600 ms	Lie	Timed out	Timed out	Answered	Lie

Timeout	gemma:7b	llama-pro	llama3	llama3-chatqa	llama3-gradient
300 ms	Lie	Good	Great	Empty	Good
600 ms	Lie	Good	Great	Empty	Great

Timeout	llama3:70b	llama3:70b-text	llama3:text	meditron	medllama2
300 ms	Timed out	Timed out	Timed out	Lie	Good
600 ms	Timed out	Timed out	Timed out	Lie	Good

Timeout	phi3:medium	phi3:mini	tinyllama	wizardlm2:7b	wizardlm2:8x22b
300 ms	Timed out	Good	Great	Great	Timed out
600 ms	Good	Good	Great	Great	Timed out

= = = = = Using model [codegemma] = = = = =

The provided context does not contain any information about the NCT number for fibrosis, so I cannot answer this question from the given context.

The provided context does not contain information about NCT 03656068, so I cannot answer this query from the given context.

200.08059120178223 seconds ---

= = = = = Using model [medllama2] = = = = =

Based on the provided context, we cannot directly answer your question as it would violate HIPAA's Privacy Rule by disclosing protected health information (PHI). Therefore, I will not provide any personal information related to patients' health status. It is important to respect individuals' privacy and maintain confidentiality when handling sensitive information like medical records.

..  
===== Using model [wizardlm2:7b] =====

The NCT number associated with the study mentioned in the provided Statistical Analysis Plan (SAP) for evaluating the safety and efficacy of NTZ at 500mg twice daily on collagen turnover in plasma in NASH patients with fibrosis Stage 2 or 3 is NCT03656068. This study is investigating various non-invasive markers of fibrosis, including biomarkers and fibrosis scores like ELF test score, PIIINP, Hyaluronic acid, CK18, TIMP-1, YKL-40, Alpha 2 macroglobulin, miRNA, ProC3, ProC6, FGF19, FGF21, NAFLD fibrosis score, and FIB-4, among others.

NCT 03656068 is a clinical trial with the protocol number NTZ-218-1, version 1.1, dated April 9, 2020. The statistical analysis plan outlines the study's overview, objectives, endpoints, design, drug information, sample size determination, and statistical methodology, among other aspects. The study involves various populations for analysis, including the Full Analysis Set and the Safety Analysis Set, and includes assessments of efficacy (such as Fractional Synthesis Rate, Non-invasive Markers of Fibrosis, and Fibrosis Scores) and safety (including Adverse Events, Clinical Laboratory Tests, Vital Signs, Electrocardiograms, and Physical Examinations). The study also details how electronic medical records (EMRs) and a clinical trial management system (CTMS) will be used to manage participant data within the University of Pennsylvania Health System. The purpose of collecting and managing this information is to conduct the research, oversee it, and evaluate whether it was executed correctly.

..  
Subject Matter Experts (“SMEs”) must review the results of each chosen LLM before you conclude a particular LLM is suitable for your task.

## About TrialTwin™

TrialTwin™ is developed by:

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Spain

<https://TrialTwin.com>

Data Santander is a small software development company that provides outside, unbiased suggestions and innovative approaches to tackle data management challenges for our Life Sciences clients.

Compared with larger vendors, at Data Santander we are:

- \* **fast** – clients work directly with our developers to reduce cycle times
- \* **fearless** – we want to eliminate, rather than improve, most processes in clinical data management
- \* **flexible** – we're able to make progress while requirements are defined on the fly
- \* **friendly** – we love what we do, and we bring our quirky personalities to the job
- \* **fun** – life's too short so we make working with us fun and enjoyable

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