

Lab - System Restore in Windows 7 and Vista

Introduction

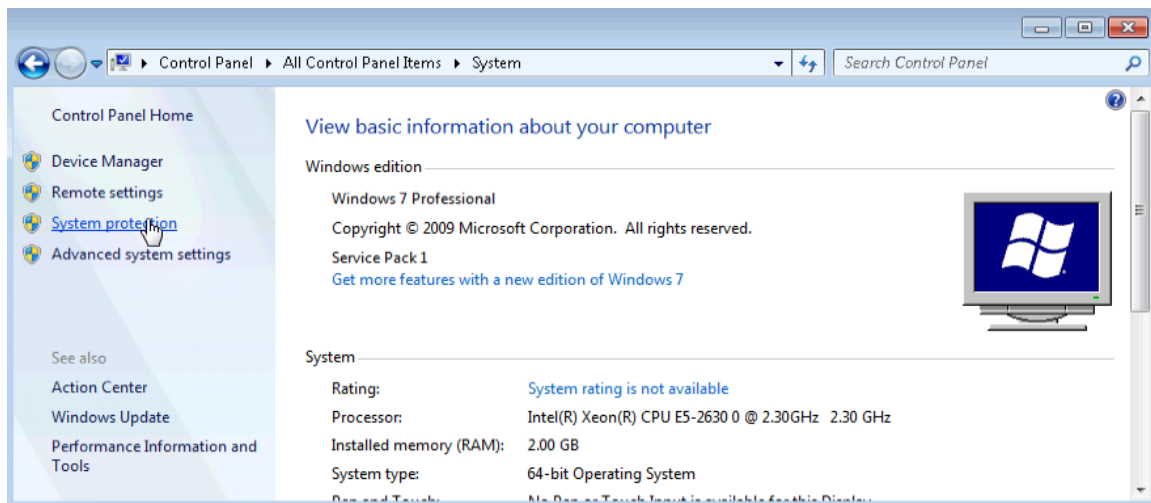
In this lab, you will create a restore point and then use it to restore your computer.

Recommended Equipment

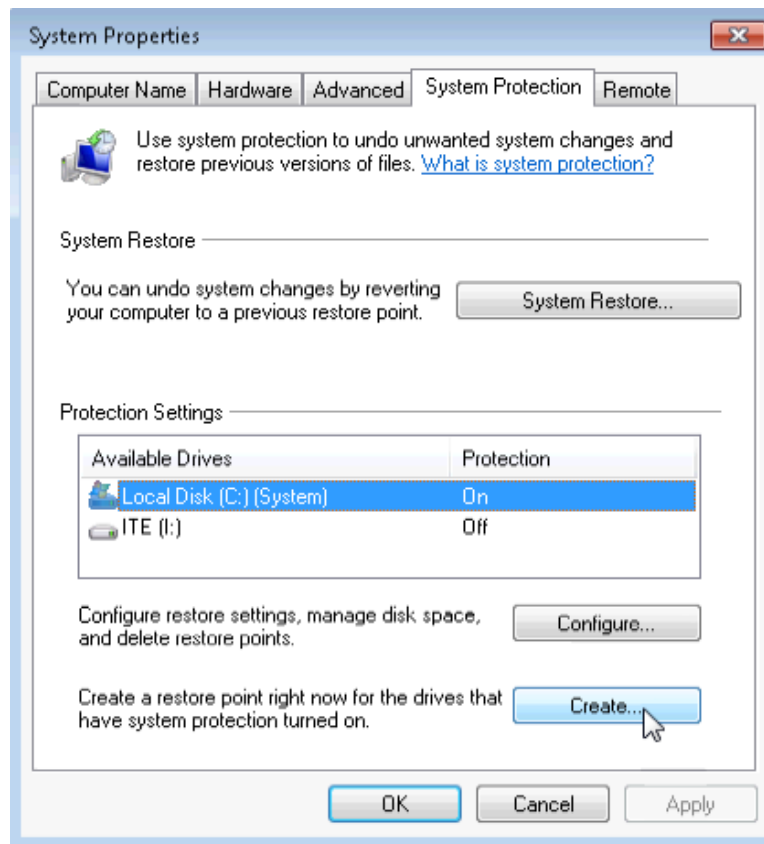
- A computer running Windows 7 or Vista

Step 1: Create a restore point.

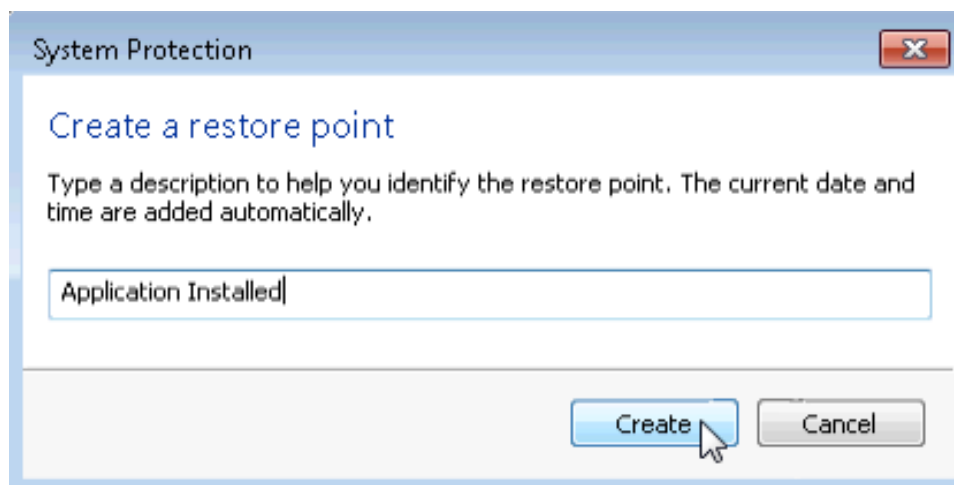
- Click **Control Panel > System > System protection**.



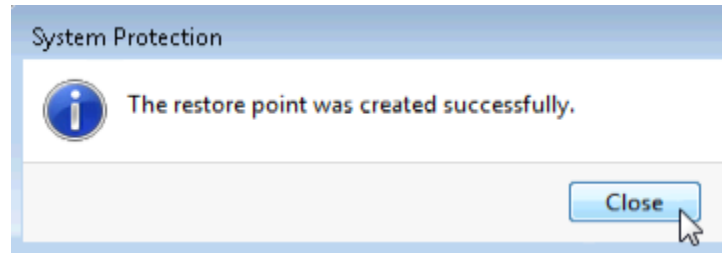
- b. Click the **System Protection** tab in the **System Properties** window and click **Create**.



- c. In the **Create a restore point** description field of the **System Protection** window, type **Application Installed**. Click **Create**.



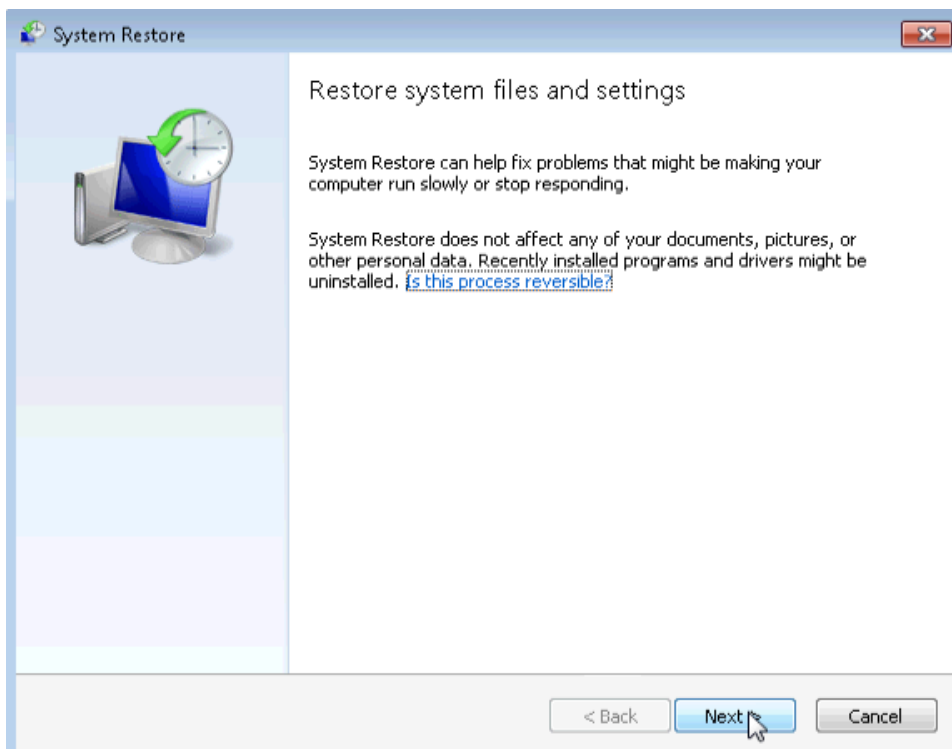
- d. The **System Protection** window displays the progress of the creation of the restore point. When the message **The restore point was created successfully** displays, click **Close**.



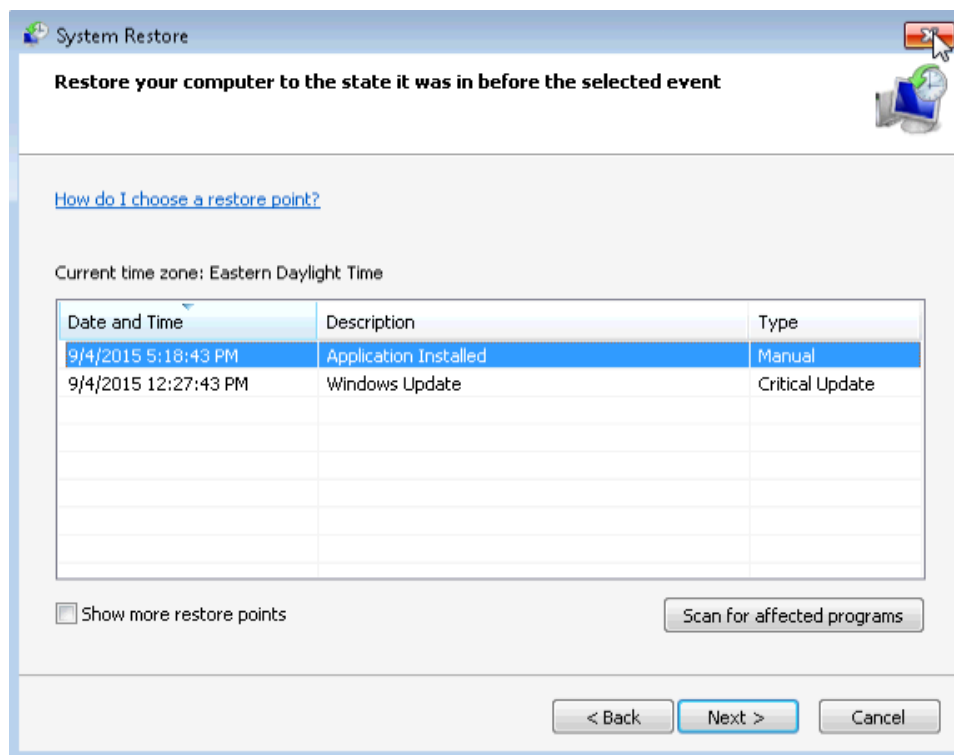
- e. Click **OK** to close the **System Properties** window.

Step 2: Work in the System Restore utility.

- a. Click **Start > All Programs > Accessories > System Tools > System Restore**.
- b. When the **System Restore** Window opens, click **Next**.



- c. The **System Restore** window displays a list of restore points.

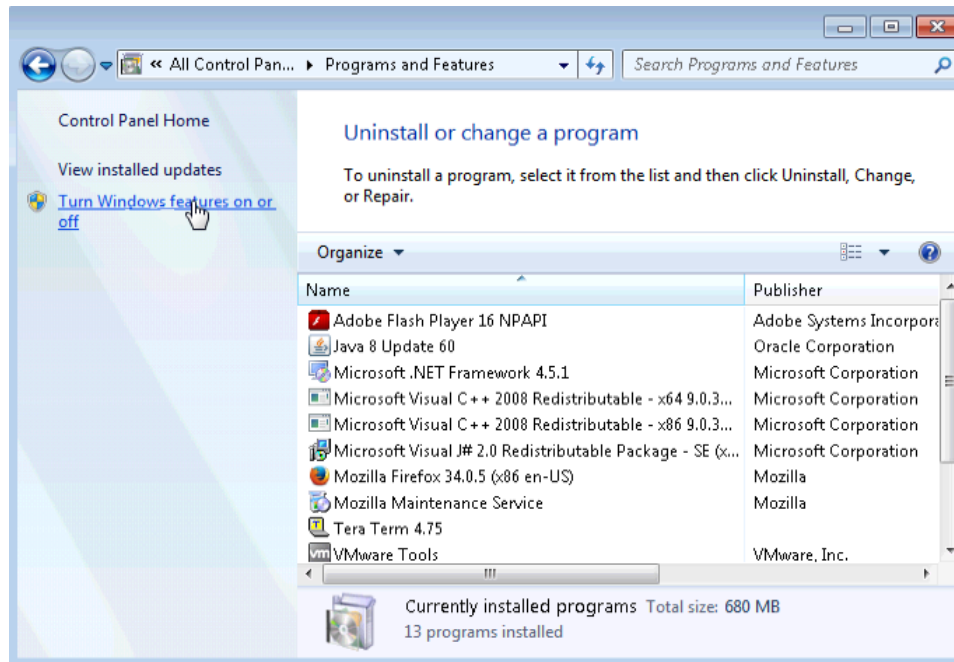


What type of restore point was created in step 1?

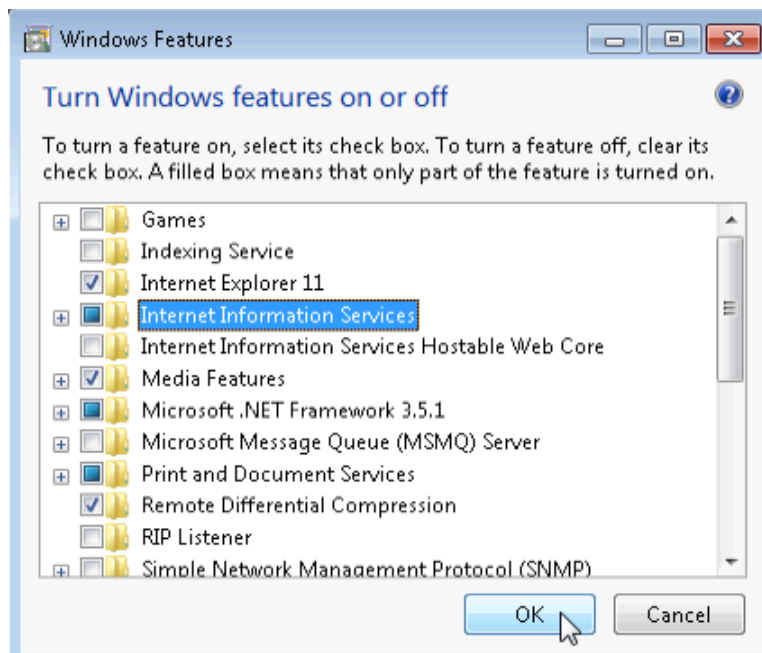
- d. Close all open windows.

Step 3: Make changes to your computer.

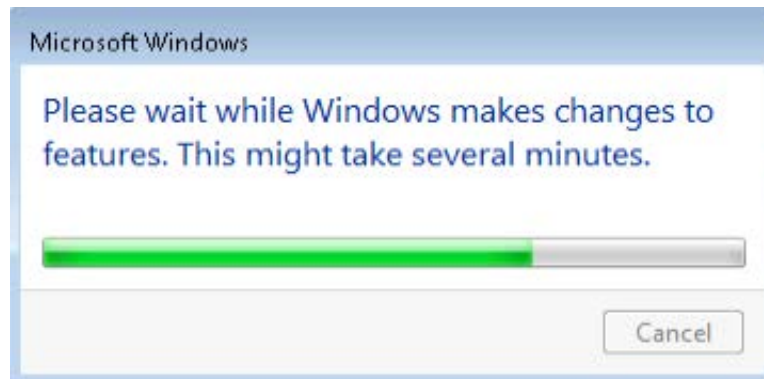
- a. Click **Control Panel > Programs and Features > Turn Windows features on or off**.



- b. The **Windows Features** window opens. Click the **Internet Information Services** checkbox, and click **OK**.



- c. A progress window opens displaying the progress bar of **changes to features**. This window will close on its own when the configuration changes are complete.



- d. Once the changes have completed and the progress window closes, close all remaining open windows.

Step 4: Open Windows Explorer browser to display the default localhost page.

- a. Open **Internet Explorer** and type <http://localhost/> and press **Enter**. The IIS default page will open. This page indicates that the IIS Server is running on your computer.



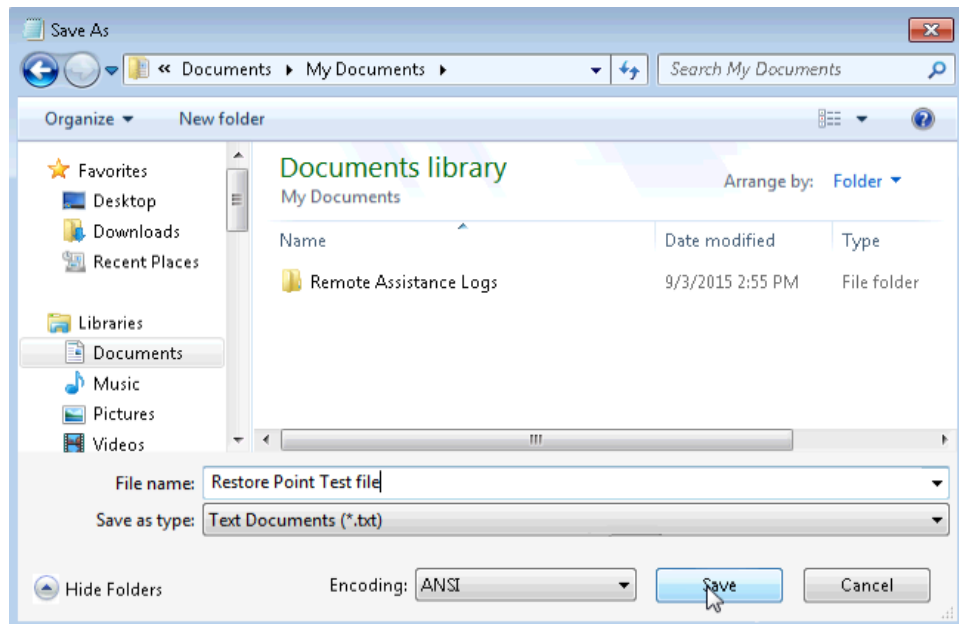
- b. Close the browser.

Step 5: Create a new document and store it in the Documents folder.

- a. To open the Notepad application, by click **Start**, type **notepad** and press **Enter**.
- b. In the **Untitled – Notepad** window, type the sentence **This is a test for a Restore Point** and click **File > Save As...**

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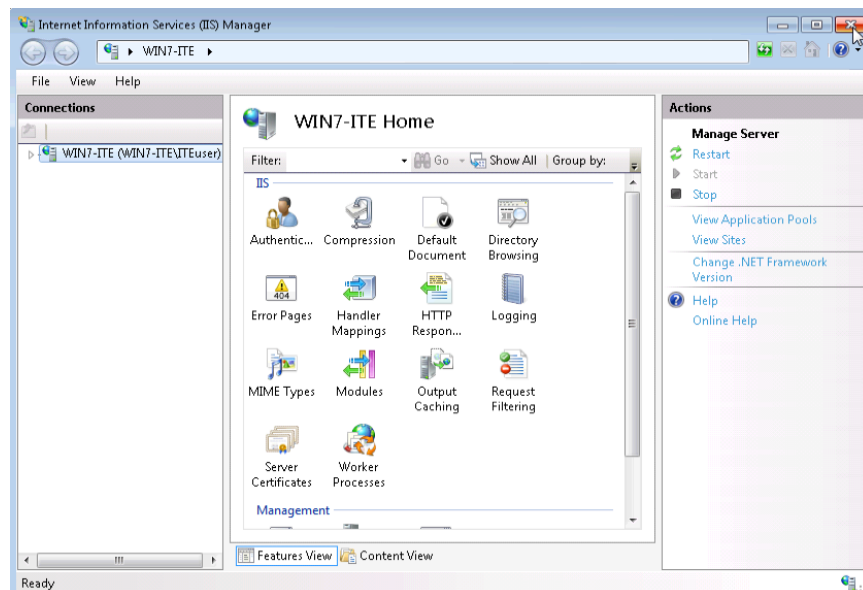
- c. In the **Save As** window, click **Documents**, and type **Restore Point Test file** in the **File Name:** field. Click **Save**.



- d. Close **Notepad**.

Step 6: Verify that you successfully installed the IIS service.

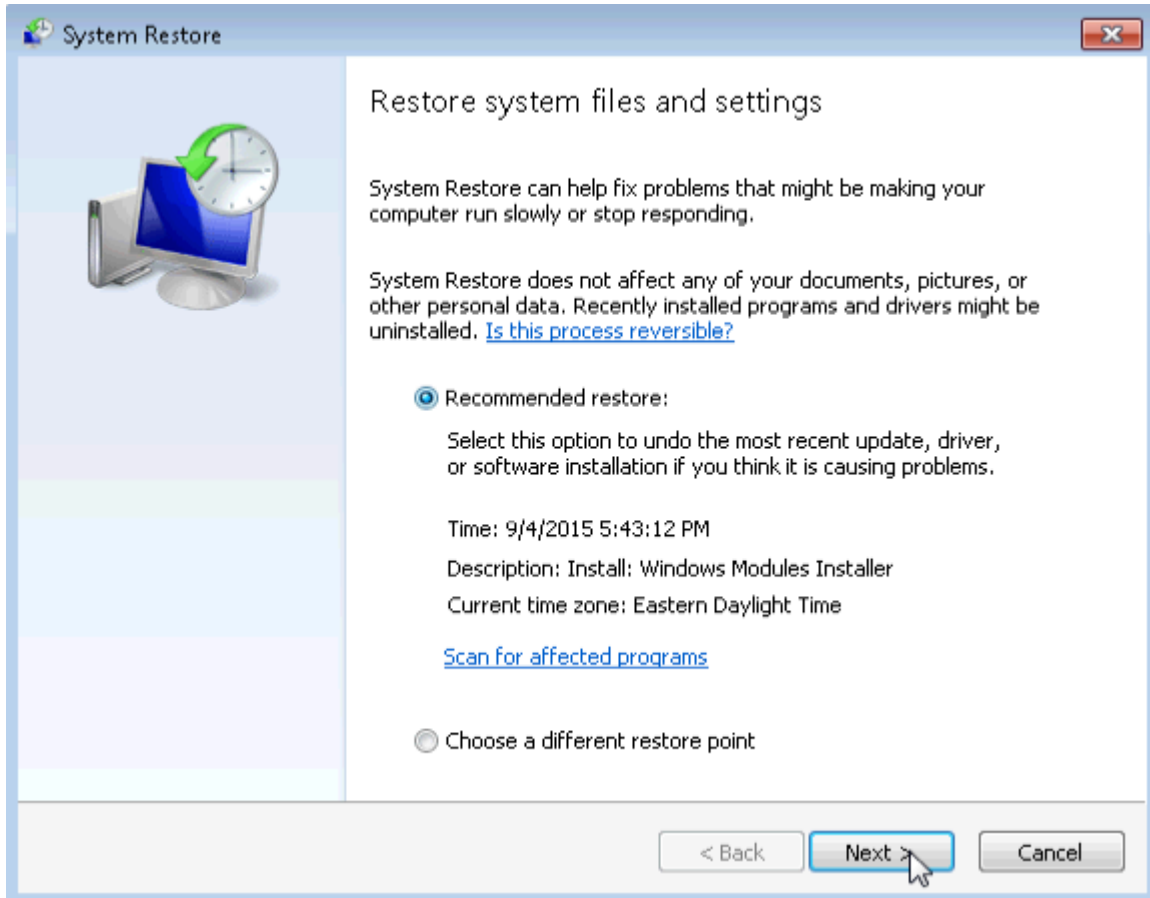
- a. Click **Control Panel > Administrative Tools > Internet Information Services (IIS) Manager**.



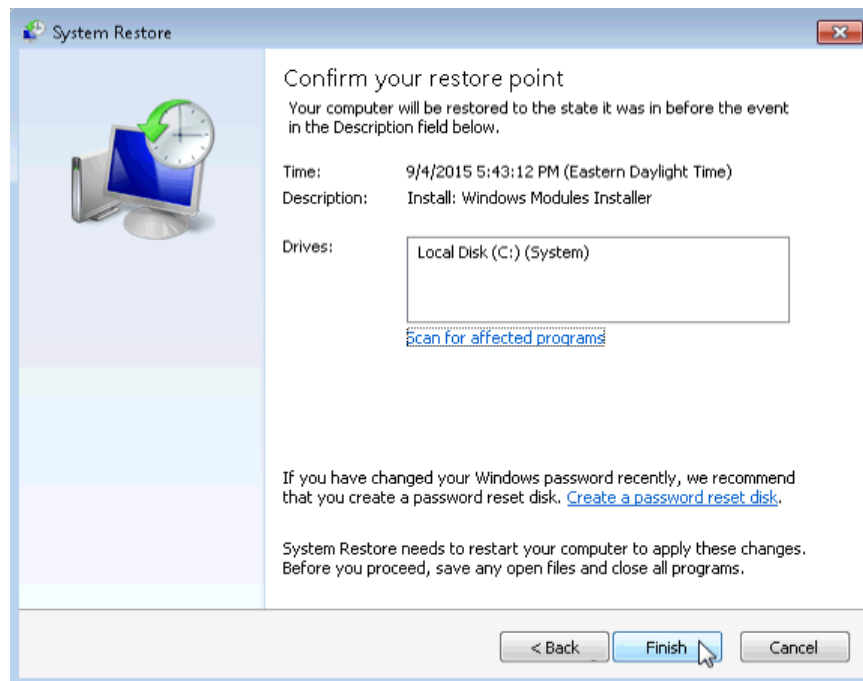
- b. Being able to open the **Internet Information Services (IIS) Manager** utility indicates that the IIS Server installed successfully. Close all open windows.

Step 7: Restore the computer using the restore point you created in Step 1.

- a. Click **Start > All Programs > Accessories > System Tools > System Restore** to open the **System Restore** window.
- b. Select the **Recommended restore** radio button, and click **Next**.



- c. The **Confirm your restore point** window opens. Click **Finish**.



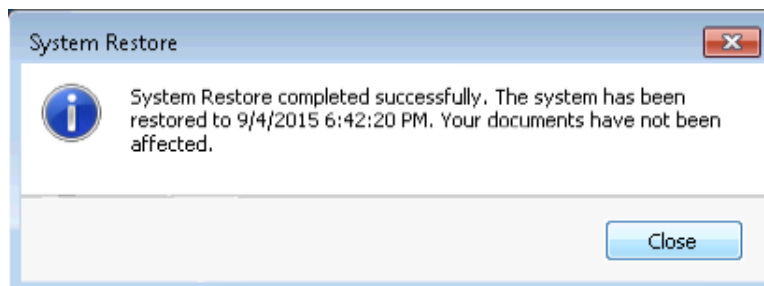
- d. The **System Restore** conformation window opens. Click **Yes** to start the system restore process.

Note: Windows will restart the computer to complete the system restore process. The restore process can take several minutes.

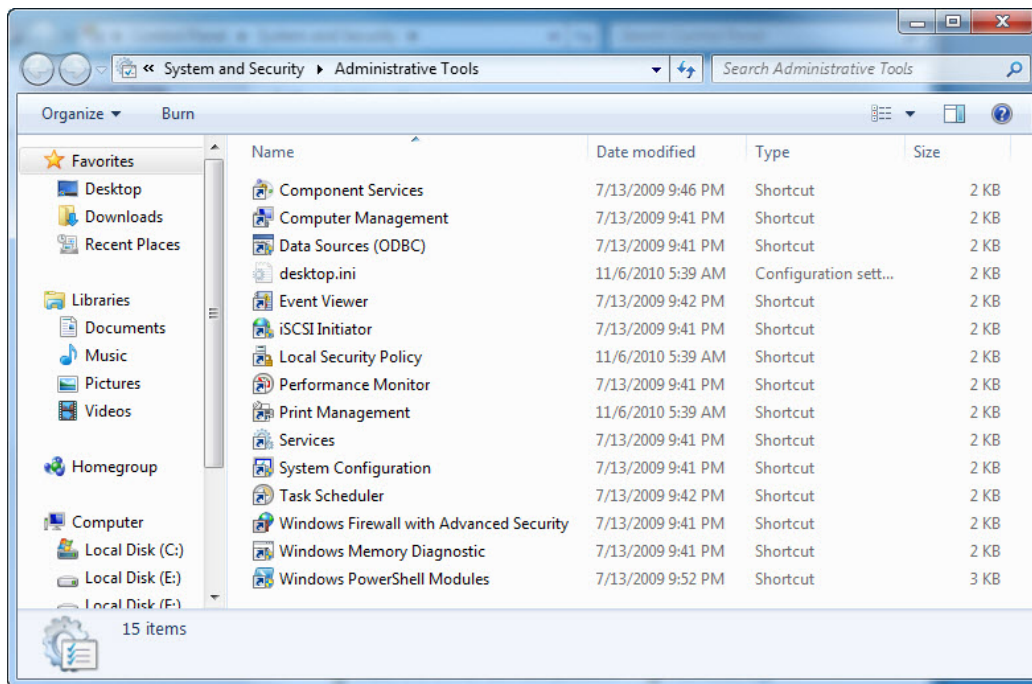
Step 8: Verify that the System Restore process has completed successfully.

The operating system has now been restored back to how it looked when the **Application Installed** restore point was created, prior to the installation of the IIS server.

- Log on to the computer, if required.
- You should see a **System Restore** window open informing you that the System Restore completed successfully. Click **Close**.



- c. Click **Control Panel > Administrative Tools**.



Is the IIS Manager application listed?

- d. Open the **Internet Explorer** browser, type <http://localhost> and press **Enter**.

Does the IIS Server page display?

- e. Close **Internet Explorer**.

- f. Navigate to the **Documents** folder. Open the **Restore Point Test file.txt** file.

Is the Restore Point Test File.txt document in the Documents folder? If so, does it still have the sentence that you added in Step 5?

- g. Close all open windows.

Reflection

When would be a good time to create a manual restore point? Why?