

Name: Nirdesh Maskey
Account No: 112104

Date: 04/04/2025
DOB: 07/08/2001

SHAW - Counseling
2025 E. Newport Ave.
Milwaukee, WI 53201
(414) 229-7429



SHAW-Counseling

8th Floor

Avenue

Northwest Quadrant,

2025 E. Newport

Milwaukee, WI 53211

(414)229-7429

04/04/2025

Re: Nirdesh Maskey
Student ID# 991468856
SEVIS ID Number: N0034103405
University of Wisconsin–Milwaukee

To whom it may concern:

The purpose of this letter is to confirm that Mr. Maskey sought crisis services at the Student Health and Wellness Counseling center on 4/4/2025, for intervention due to significant and overwhelming mental health symptoms. During this crisis session, it was identified that Mr. Maskey is experiencing a mental health condition that significantly impacts his ability to participate in a full time academic course load. Mr. Maskey meets the minimum criteria for an adjustment disorder with mixed anxiety and depression. Further assessment is required to determine the existence of an additional diagnosis of post traumatic stress disorder. Due to this finding, writer is recommending a Reduced Course Load of 9 credits lasting until the end of Spring 2025 semester, ending May 18, 2025. Mr. Maskey will complete for a full intake assessment at SHAW on 4/8/2025, at 12:00pm, and it is expected that he will participate in treatment through the end of the semester. I am optimistic that with proper support and intervention, he will gain better symptom control. With ongoing treatment Mr. Maskey's prognosis is good. Mr. Maskey seems motivated and passionate by his academic pursuits, and it is anticipated that this motivation will help him to perform at the satisfactory level in the future.

I advocate on his behalf that he be able to remain in classes this semester with a reduced course load up to 9 credits, with the expectation that he continues to follow the recommended treatment plan. Please extend all possible courtesies.

Sincerely,

Constance Phillips
SHAW Counselor
MSW, LCSW, CSAC, ICS
MH License# 8829 - 123

Contact:

Phone: (414)257-8358

Email: philli65@uwm.edu