Dialog Type		Task-oriented Dialogue for Diagnosis QA	Recommendation Knowledge-grounded Dialog Empathetic Dialog
Goal		Dialogue #1: Period: late at night 24:00 p.m.; Location: Home	Dialogue #2: Period: morning 6 a.m.; Location: Outdoor
Diagnosis		User#1: I'm especially anxious about my senior year. It's <u>late</u> but I can't sleep at home at all. Bot: I'm sorry to hear about your recent anxiety and insomnia issues, resulting in not being able to fall asleep. Let's start by filling out an anxiety scale to get your mental state. User#1: Okay, thank you.	User#2: I'm especially anxious about my senior year. It's <u>6 a.m.</u> and I didn't sleep at all last night. Bot: I'm sorry to hear about your recent anxiety and insomnia issues. Senior year is really stressful and the mind tends to be sensitive. It's normal for you to feel this way. User#2: Okay, thank you.
Recommend Activities		Bot: You can try some relaxation methods to reduce stress to fall asleep as soon as possible. For example, deep breathing, listening to music or meditation .	Bot: You can reduce or avoid napping during the <u>day</u> to ensure sleep pressure at night. If you want to ensure your academic performance, you can refresh yourself with some <u>coffee</u> .
Recommend Places		User#1: Can you recommend an outdoor place to take a break? Bot: Going out late at night may not be the safest option, especially considering you are a student. If your home has a patio or balcony, this may be a safer option.	User#2:recommend an outdoor place? Bot: Many places are still closed at 6 a.m., but it's a good time to enjoy the peace of the early morning. Recommend nearby parks within 500m.
Empathetic Dialog		User#1: Thank you. Bot: Have faith that you can fall into sweet <u>dreams</u> and don't be anxious if you can't sleep.	User#2: Thank you. Bot: You may feel tired today, but try to give yourself some grace as well. Wish you a good <u>day</u> !
Knowledge Grounded Dialogue		User#1: Is there any other treatment other than what is recommended above? Bot:I suggest we use Cognitive Behavioral Therapy to help you cope better with these dil User#1: What is Cognitive Behavioral Therapy? Bot: Simply put, cognitive behavioral therapy is a therapy that works by adjusting an individual	lemmas. al's thinking patterns and behavioral habits,, it helps you better cope with the challenges of reality.
e Graph	Psycho- logical Knowledge	is a therapy that works by, it helps you to better cope with the challenges of reality meaning	SAS(Self-Rating Anxiety Scale) evaluation
Reference Knowledge Graph	Personal Information	study pressure in senior year CBT therapy Use drink coffee Activity #1	emotional state Anxiety persona female graduate er Activity #2 deep breath, music,
	Spatial& Temporal Stamps	morning 6:00 a.m. Temporal info #1 parks Place #1	Place #2 balcony info #2 night 24:00 p.m.