James Pierce

Mindset Synopsis

My thoughts on mindset are that no one is born with a certain mindset, each of us has learned our current mindset and each of us has the ability to shape and change how we think. Just because from a young age you thought one thing does not mean you can change your mindset to something completely different.

My result from the quiz was a 42 which means I have a growth mindset but with fixed ideas. I definitely have a different perspective on mindset now because I never really knew about growth versus fixed mindset before this lecture. I don’t really think it will affect my outlook because I have always had a growth mindset but never knew it was called that, the part I want to keep an eye on is the fixed ideas part of my results and how I can maybe alter them.