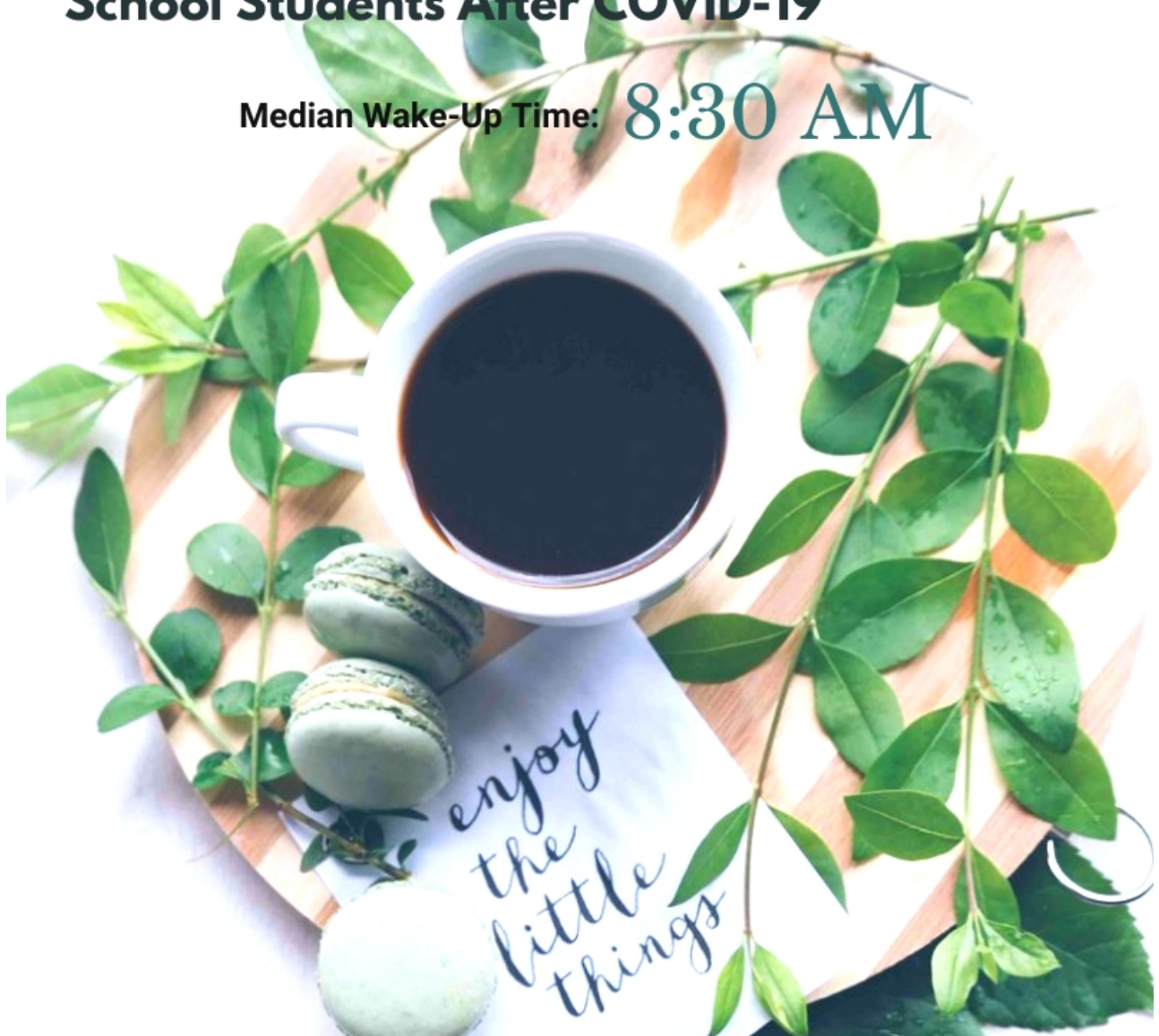


Examining the Numbers

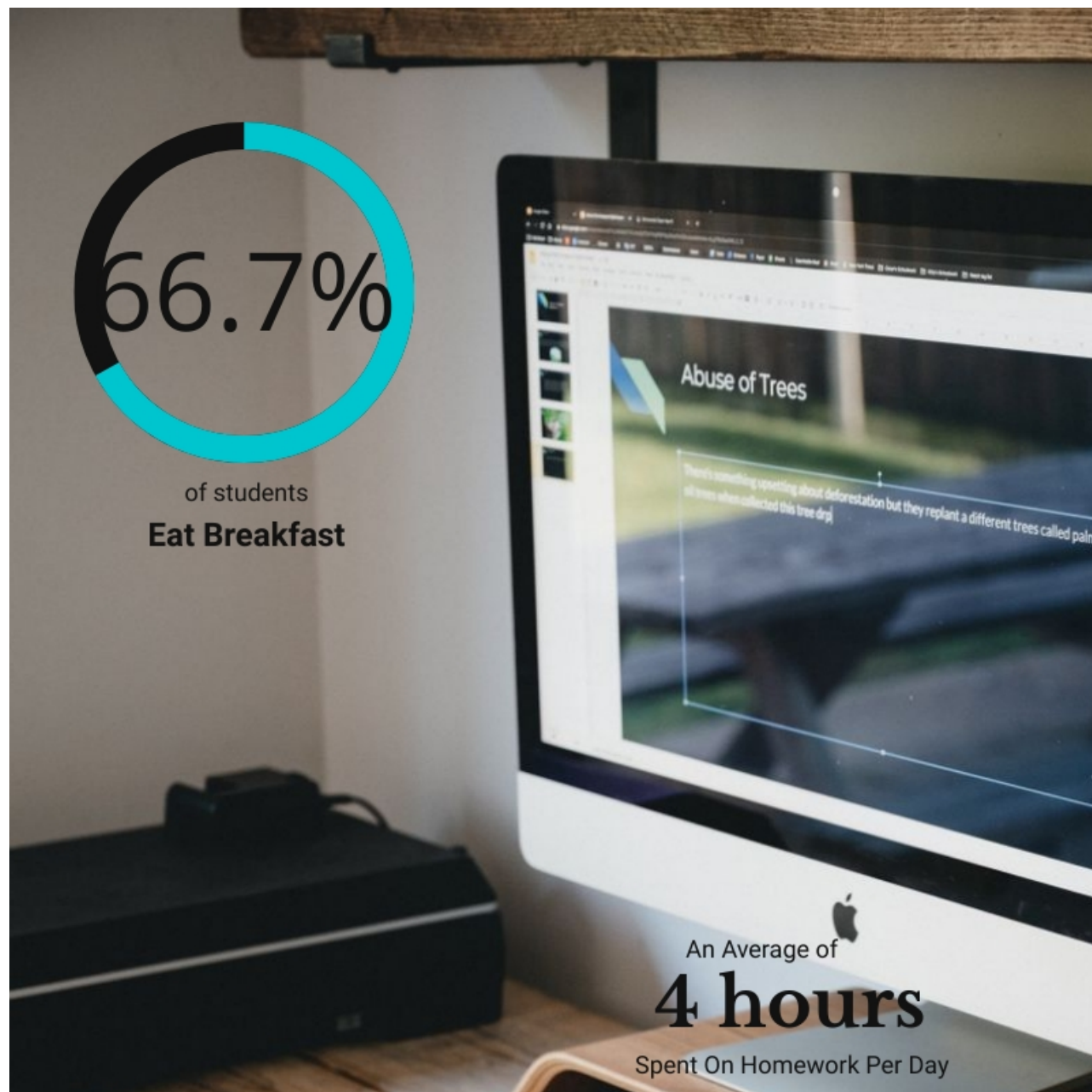
Alice Zhu

Analyzing the Lifestyle of Stuyvesant High School Students After COVID-19

Median Wake-Up Time: 8:30 AM







Sample Schedule

Note: This is a sample schedule of an average Stuyvesant student based on data collected. We have not included time to complete projects or study for tests. The following schedule may not be advisable for all students.

8:30 AM: Wake up/Morning Routine
8:55 AM: Quick breakfast
9:00 AM: Open Laptop/Get ready for school
9:10 AM: AP English
10:05 AM: US History
11:20 AM: AP Computer Science
12:25 PM: Precalculus
1:20 PM: Snack
1:30 PM: AP English Homework
3:30 PM: Lunch
4:30 PM: Extracurriculars/Volunteering
6:30 PM: Dinner
7:00 PM: Wash the Dishes
7:30 PM: Help Siblings With Homework
8:30 PM: US History Homework
9:30 PM: Snack
10:00 PM: Exercise
10:30 PM: AP Computer Science Homework
12:30 PM: Wash the clothes
1:00 AM: Precalculus Homework
2:00 AM: Sleep Bedtime Routine