

Survival Handbook

Glacier Bay National Park, Alaska

Summer Expedition - 3 Days - Group of 4 People

Necessary Equipment

- Tents (4-person capacity)
- Sleeping bags (0 degrees Fahrenheit rating)
- Sleeping pads
- Backpacks (60L or larger)
- Hiking boots
- Bear-resistant food containers
- Portable stove and fuel
- Cookware and utensils
- Water purification system
- Emergency signaling devices
- First-aid kit
- Insulating layers (fleece or down jackets)
- Waterproof jackets and pants
- Hats and gloves
- Sunscreen and sunglasses
- Maps and compass
- Handheld GPS device
- Multitools
- Binoculars for wildlife viewing
- Insect repellent
- Firestarter (waterproof matches/lighter)
- Personal hygiene items
- Biodegradable soap
- Quick-dry towel
- Camera with extra batteries
- Daypack for shorter hikes
- Fishing gear (if planning to fish)

Overview of Glacier Bay National Park, Alaska

Embarking on a summer expedition to Glacier Bay National Park in Alaska is an adventure of a lifetime. During the summer months, visitors can expect milder temperatures, but weather can be unpredictable with chances of rain and cold snaps. Over the course of three days, explorers will encounter breathtaking glaciers, unique wildlife, and pristine wilderness areas. Preparing adequately with the right gear, knowledge of the terrain, and respect for the local wildlife is paramount for a safe and enjoyable experience.

Expected Conditions

Summer conditions in Glacier Bay National Park can include mild temperatures ranging from 50 to 60 degrees Fahrenheit during the day, dropping to below freezing at night. Rain is common, so waterproof gear is essential. Glacier trekking can present cold and icy conditions, and boating activities require preparation for cold water immersion.

Possible Dangers

- Hypothermia
- Wildlife encounters (bears, moose)
- Glacial crevasses and falling ice
- Swiftly changing weather
- Cold water immersion
- Navigation challenges in remote areas
- Insect bites

Safety Tips

- Always carry a map, compass, and GPS and know how to use them.
- Inform someone outside of the group about your travel plans and expected return.
- Never approach or feed wildlife.
- Stay on marked trails and be cautious on glacial terrain.
- Dress in layers and have waterproof clothing readily available.
- Be bear-aware: make noise while hiking, and store food in bear-resistant containers.
- Take a first-aid course and carry a well-stocked first-aid kit.
- If kayaking or boating, wear a life jacket and know self-rescue techniques.
- Keep an eye on the weather and be prepared to adjust plans accordingly.
- Use insect repellent and wear long sleeves and pants in areas with biting insects.

Map of Glacier Bay National Park, Alaska

Map of the Region

Map of Glacier Bay National Park showcasing key areas for exploration.