

Single Sailor MWR & Info



Unaccompanied Housing

Portsmouth, VA 23709

(757) 396-3833

Callaghan Fitness Center BLDG 310

- The Callaghan Fitness Center offers state-of-the-art equipment and programs
- Cardiovascular equipment
- Two selectorized circuit lines
- 3,040-square foot free-weight room
- Spin-Cycle room
- Core/Flexibility Room
- Group exercise fitness classes
- Command PT, FEP, NOFFS, Mission Nutrition and CFL Instructor classes
- Two tennis courts
- Callaghan Fitness also offers a comprehensive sports program featuring team & individual sports.



Callaghan Fitness conducts clinics & seminars in certain sports:

- Basketball
- Softball
- Flag football
- Volleyball
- Racquetball
- Dodgeball
- Tennis
- Women's Basketball League

Beaver Fit Gym

- Located outside of building BLDG 310
- Get your sweat on outside with power racks and all sorts of equipment to hit all the muscle groups located in the big blue locker!

Runners

- Try out Jordan's Bridge located right outside of NNSY!
- Has a safe pedestrian lane that you can get a awesome uphill work out!

ODD ISSUED ID CARD HOLDERS ONLY

**UNMANNED
ACCESS**

FITNESS CENTER
BLDG. 310

WITH ACCESS TO

- Cardio Equipment
- Weight Machines
- Free Weights
- Locker Rooms
- Basketball Court
- Ab/Stretch Room
- Group Exercise Room

REGISTER NOW

Stop by the Fitness Center to enable your DOD ID card. Call 757-967-2495 for questions.

NavyLifeNNSY.com nnsymwr@



NORFOLK NAVAL SHIPYARD • LIBERTY [E1-E6]

May

LIBERTY EVENTS



All events are held at Mariner's Reef Liberty Center, unless noted otherwise.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Spring Color/ Draw Therapy OPEN - CLOSE Outdoor Tournament 2 - 4 PM	2 Harry Potter Movie Marathon OPEN - CLOSE	3
4 Star Wars Movie Marathon OPEN - CLOSE	5 Cinco De Mayo (Learn How to Make Walking Tacos) 11 AM - 2 PM	6 7	8 Outdoor Tournament 2 - 4 PM	9 Create Your Own Mother's Day Card OPEN - CLOSE	10	
11 Movie Marathon OPEN - CLOSE	12 Tranquil Tuesday (Meditation Techniques - Instructor Led) 6 - 8 PM	13 14	15 Outdoor Tournament 2 - 4 PM	16	17 Portsmouth Humane Society Volunteer Oding 10 AM - 1 PM	
18 Movie Marathon OPEN - CLOSE	19 20	21	22 Outdoor Tournament 2 - 4 PM	23	24 Bide-a-wee Golfing Trip 7 AM - 12 PM	
25 Memorial Day Cookout 12 - 2 PM	26 27	28	29 Outdoor Tournament 2 - 4 PM	30 DIY Craft Day (String Art) 4 - 6 PM	31	
1						

Registration may be required.

Inquire at Mariner's Reef front desk or call 757-217-5362.



NavyLifeNNSY.com/Liberty
NNSP-MWR-2021-126-CL

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No Navy endorsement implied.

NORFOLK NAVAL SHIPYARD • LIBERTY [E1-E6]

June

LIBERTY EVENTS



All events are held at Mariner's Reef Liberty Center, unless noted otherwise.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Movie Marathon OPEN - CLOSE	3 Tranquil Tuesday 6 - 8 PM	4	5 Outdoor Tournament 2 - 4 PM	6 Bowling Trip 4 - 6 PM National Donut Day *While Supplies Last	7
8	9 Movie Marathon OPEN - CLOSE	10	11	12 Outdoor Tournament 2 - 4 PM Barracks Bash 4 - 7 PM	13	14
15	16 Movie Marathon OPEN - CLOSE	17 Tranquil Tuesday 6 - 8 PM	18 Liberty Picnic Day 12 - 2 PM	19 Outdoor Tournament 2 - 4 PM	20 Paint Night (Instructor Led) 4 - 8 PM	21 Ocean Breeze Trip 10 AM - 3 PM
22	23 Movie Marathon OPEN - CLOSE	24	25 Piano Music Night (Instructor Led) 6 - 8 PM	26 Outdoor Tournament 2 - 4 PM	27 Bingo Night 4 - 6 PM	28 Surf Lessons (Instructor Led) 10 AM - 1 PM
29	30 Movie Marathon OPEN - CLOSE	31	1	2	3	4
5						

Registration may be required.

Inquire at Mariner's Reef front desk or call 757-217-5362.



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NNSP-MWR-2021-126-CL

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No Navy endorsement implied.

Virginia Toll Relief Program

The Virginia Department of Transportation (VDOT) and the Elizabeth River Crossing (ERC)

team has developed a Toll Relief Program to administer funds from Elizabeth River Crossings (ERC) and the Commonwealth to help ease the financial burden of tolls on Hampton Roads residents hardest hit by tolls at the Elizabeth River Tunnels (ERT).

Elizabeth River Tunnels include the Downtown Tunnel and Midtown Tunnel that crosses from Portsmouth to Norfolk.

To Apply:

The Toll Relief Program starts with an in-person application at Portsmouth E-ZPass Customer Service Center:
4010 Victory Boulevard Portsmouth, Virginia 23701

Hours: Monday – Friday: 9 a.m. – 7 p.m.
Saturday: 8 a.m. – 1 p.m.

Once you've been approved for the program, you will need to link your E-ZPass transponder to the unique Toll Relief confirmation code noted on your acceptance form. This transponder will now become the designated Toll Relief transponder. Trips associated with this designated transponder through the Downtown or Midtown tunnels will receive a credit equal to 50% or 100% of the 2-axle toll paid, depending on eligibility. The maximum number of trips for which a credit can be applied is limited to 14 per week (Monday-Sunday).

The discount will only be applied to trips taken through the Elizabeth River Tunnels with your Toll Relief designated transponder. (Transponders are available at the Nex!)



BUY EZPASS AT
4010 Victory Blvd,
Portsmouth, VA
23701

Who is eligible for the program?

To qualify for Toll Relief when using the Midtown and Downtown Tunnels,

participants must be:

- Residents of Portsmouth, Norfolk, Hampton, Newport News or Franklin and earn **\$50,000** or less per year are eligible to receive a **100%** discount on up to 14 trips per week.
- Have or open a Virginia E-ZPass account.
- Must drive a passenger vehicle (Vehicles over 2-axles are not eligible).
- Proof of residency and income are required at the time of application.
- The Following can be used as proof of Residency:
 - Driver's license
 - Utility / telephone / cable bill
 - Military documentation confirming city of residence
- The Following can be used for income:
 - W-2
 - One month LES.
- Even senior enlisted and junior officers can qualify for toll relief!



NORFOLK NAVAL SHIPYARD MWR
SPORTS

2025 CALLAGHAN SPORTS CALENDAR



Monday, February 10
Intramural Basketball
Tournament

Monday, March 3
Over 30 Basketball
Tournament

Wednesday, March 19
Dodgeball
Tournament

Wednesday, April 16
Pickleball Clinic

Monday, April 21
Intramural Softball
League begins

Wednesday, May 14
Women's Pickleball
Tournament

Wednesday, May 21
Kickball
Tournament

Monday, June 23
Intramural Softball
Tournament

Wednesday, July 16
Cornhole
Tournament

Monday, August 4
Intramural Flag Football
League begins

Monday, September 22
Intramural Flag Football
Tournament

Wednesday, October 15
Pickleball
Tournament

Monday, November 17
Intramural Basketball
League begins

Tuesday, November 18
3-Point Shootout

All dates are subject to change.



757-967-2495



NavyLifeNNSY.com

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NMOTY-MWRS-24-01-1254-01

No Navy endorsement implied.

NORFOLK NAVAL SHIPYARD MWR
FITNESS

2025 CALLAGHAN FITNESS CALENDAR



January

- 13-17 New Year New You Challenge
- 21 NOFFS Class (Nutrition)
- 29 Health & Fitness Clinics

July

- 16 Customer Appreciation Cookout
- 22 NOFFS Class (Sandbag)

August

- 6 Hero Honor Ultimate Challenge
- 9 Back to School Flip Flop Fiesta

13 One-Rep Max Bench

Press Contest

- 19 NOFFS Class (Pillar & Movement Prep)

20 Customer Appreciation Cookout

September

- 1 Cardio Bowl
- 2 Pool Closes for the Season
- 8 Outdoor Triathlon at Splash Zone Pool

- 16 NOFFS Class (Strength)
- 22-26 CFL Course

October

- 3, 10, 17, 24, 31 Pink Fridays
- 7 NOFFS Class (Nutrition)
- 10 National Burpee Day Challenge
- 18 Halloween Hustle 5k
- 8 Kids Spooky Shuffle

November

- 4 NOFFS Class (Regeneration)
- 19 Turkey Tone-Up
- 20 Mission Nutrition

December

- 1 Fitmas Challenge
- 10 Flow & Glow Yoga

All dates are subject to change.



757-967-2495



NavyLifeNNSY.com

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NMOTY-MWRS-24-01-1254-01

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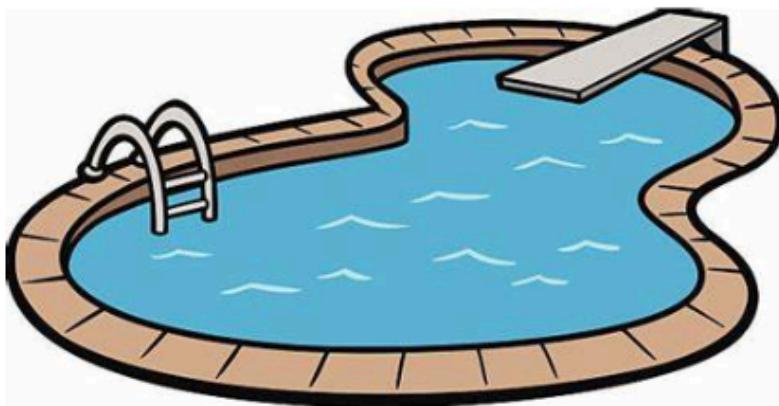
MWR Tickets & Travel on-site MWR Tickets & Travel Officer

Bldg 1487 on Scott Annex:

- Located inside Strike Zone Bowling Center,
- MWR Tickets & Travel offers discount tickets to amusement parks and many other attractions.
- For your vacation & travel needs, visit Americanforcestravel.com.

Splash Zone Aquatic Center- Bldg 1473 on Scott Annex:

- Open from Memorial Day weekend through Labor Day each season, the Splash Zone offers: .
- Seasonal outdoor swimming pool & splash pad .
- Aqua-aerobics, lap swimming & specialty programs .
- Dedicated lap swimming lane.



Strike Zone Bowling Center-Bldg 1487 on Scott Annex:

- Strike Zone Bowling features open bowling and bowling leagues, as well as a snack bar with a variety of quick service options.
- You can bowl while you grab lunch!

Hours of operation:

Monday- Closed
Tuesday- 10:00 - 22:00
Wednesday- 11:00 - 22:00
Thursday- 11:00 - 22:00
Friday- 11:00 - 22:00
Saturday- 10:00 - 21:30
Sunday- 13:00 - 22:00

Ongoing programs:

- Billiard tables
- Computers & Wi-Fi
- Board Games available for entertainment
- Birthday parties & Rent-a-centers
- Lunch specials
- Newly added movie room showing the latest movies, classics and sports!



Internet Providers

In the Barracks there are two providers for internet:

- Cox Cable
- Gowifi

Cox Cable:

- The closet office is:

1601 Frederick Blvd Portsmouth, VA 23707 Phone
(757) 321-4729

There hours of operation are:

Fri 10:00 AM - 6:00 PM

Sat 10:00 AM - 6:00 PM

Sun Closed

Mon 10:00 AM - 6:00 PM

Tue 10:00 AM - 6:00 PM

Wed 10:00 AM - 6:00 PM

Thu 10:00 AM - 6:00 PM

Only one person per room is able to setup an account.



GoWiFi:

Is internet setup through Nex Connect. There is free WiFi and you can pay for increased speeds. To connect select GoWiFi to connect to this service. There is options for 10, 30 and 60 Mbps speeds ranging from \$27-\$60 a month.



Why Visit the Virginia Zoo?

- **Diverse Animal Exhibits:** Home to over 700 animals across 53 acres, including elephants, orangutans, kangaroos, giraffes, and red pandas.
- **Themed Attractions:** Explore the "Trail of the Tiger" and "Okavango Delta" to experience wildlife from Asia and Africa.
- **Interactive Experiences:** Enjoy live animal presentations and keeper chats for an engaging learning experience.
- **Family-Friendly Activities:** Ride the Norfolk Southern Express train, visit the African Village, or cool off in the splash pad.
- **Conservation Efforts:** Your visit supports the zoo's conservation fund, aiding wildlife protection and education programs.

Address:

3500 Granby Street
Norfolk, VA 23504

Hours:

Open daily from 9:30 AM to 4:00 PM (last admission at 3:00 PM). The zoo is closed on Thanksgiving, Christmas Eve, Christmas Day, and New Year's Day.

Phone:

(757) 441-2374

Ticket Pricing

- **Adults (ages 12+):** \$20
- **Children under 2:** Free

Military, First Responders, Teachers, Norfolk Residents, City of Norfolk Employees, and their dependents: \$2 off general admission with valid ID.



Kings Dominion

- Military & First Responder Tickets from \$37 Buy Now
- Exclusive discounts for Military (active & retired) & First Responders
- Purchase up to 6 tickets for family & friends
- Military personnel save up to 10% on overnight stays at Kings Dominion KOA.
- 2025 Military & First Responder Gold Pass
 - Unlimited visits in 2025 and Free Parking
 - Exclusive perks & discounts
 - Valid for Halloween Haunt
 - Or 5 payments of \$14.50 after an initial payment of \$26.50.



| Location 16000 Theme Park Way, Doswell, VA 23047



Full Tour

Busch gardens/ water country

How to get your free annual passes!

1. **Verify Military Status:** Create an account with [ID.me](#) and verify your military status.
2. **Access the Offer:** Visit the [Busch Gardens Military Offers page](#) and log in using your ID.me account.
3. **Select Tickets:** Choose the free admission ticket for yourself and discounted tickets for your dependents.
4. **Redeem Tickets:** After verification, you'll receive your tickets via email. You can print them or display them on your mobile device at the park entrance.

- Please note that this offer is valid for one-time use per year and may not be combined with other promotions. Tickets must be redeemed by November 9, 2025.

- Active-Duty Military can get up to six discounted tickets to Busch Gardens Williamsburg and Water Country USA.

What do I get with a Military Pass?

- Unlimited Visits
- Enjoy unlimited visits to Busch Gardens Williamsburg including Howl-O-Scream, Water Country USA, and Christmas Town™ now thru Jan. 1, 2026. Please see park hours prior to your visit.
- **Park hours:** 0800 - 2200

Location: 1 Busch Gardens Blvd, Williamsburg, VA 23185



Mariner's Reef Liberty Center-

- Mariner's Reef is a full-service recreation center
- Located next to barracks building 1585
- for single service members, with amenities including:
 - Computers and Wi-Fi
 - Billiard tables
 - Air hockey & table tennis
 - Individual TV viewing area
 - Gaming systems & with large gaming library
 - Navy Motion Picture Service
 - Lending Library
 - Sound booths with instruments to include keyboard, drums & guitars

Operation hours of the Liberty Center are:

- Monday to Thursday, 11 a.m. to 8 p.m.
- Friday, 11 a.m. to 9 p.m.
- Saturday, 12 to 9 p.m.
- Sunday, 12 to 8 p.m.



Mariner's Café-

- Located inside the Mariner's Reef Recreation Center next to barracks building 1585, featuring hot & cold sandwiches, wraps, pizza, fries, wings & more. Our grab-n-go menu caters to customers with busy schedules. Large, flat screen TV's and FREE WiFi services are also available.

Operation hours of the Café:

- Monday to Friday 10:30 am to 4 pm



Beaches

Virginia Beach:

- Visit the Virginia Beach Boardwalk

- Stretching 3 miles along the oceanfront, the boardwalk is perfect for a walk, bike ride, or just people-watching. You'll find restaurants, shops, and street performers along the way. Don't miss the famous Neptune Statue, which stands tall at the north end of the boardwalk.

Parking: 9th Street Garage

- 145 Atlantic Avenue, Virginia Beach, VA 23451

- Hours: 7 a.m. to 1 a.m.

- Rates: \$2/hour (max \$20); Virginia Beach

- residents pay \$3 after 5 p.m.

- Phone: (757) 491-7206

Ocean view Beach:

-Parking included

- Address: 100 W Ocean View Ave, Norfolk, VA 23503

- Situated along the Chesapeake Bay, it offers a variety of recreational activities and amenities. The park features a grassy area, a large gazebo/open-air stage, a boardwalk, and access ramps and walkways. Lifeguards are stationed at the park from Memorial Day through Labor Day on weekends and holidays. Pets are allowed on the beach before 10 a.m. and after 6 p.m. during the summer months, provided they are leashed. For more information, you can contact the park at (757) 441-1767.

SURFING

- 2nd Street is the best spot for surfing in Virginia beach.
- Only spot after 1000 on boardwalk to be able to surf.

Huntington Park Beach

- Is a 60-acre public park located at 361 Hornet Circle, Newport News, Virginia 23607. With **Free** Parking!

- Situated along the James River, it offers a variety of recreational activities and scenic views. The park features a public beach with lifeguards on duty from Memorial Day through Labor Day, a fishing pier, tennis courts, and a rose garden.

- Additionally, visitors can enjoy the Virginia War Museum and several memorials within the park. For more information, you can contact the park at (757) 886-7912.



Standbridge Beach

- Sandbridge Beach calm, less commercialized atmosphere, beautiful natural surroundings, and proximity to the Back Bay National Wildlife Refuge make it a special place for visitors looking for a peaceful beach experience. It's a fantastic spot for anyone looking to unwind, explore nature, and enjoy the beauty of Virginia's coastline!



Great Wolf Lodge

- Great Wolf Lodge Williamsburg is an indoor water park resort located at 549 East Rochambeau Drive, Williamsburg, VA 23188. The resort features a 67,000-square-foot indoor water park maintained at a warm 84°F year-round, offering attractions suitable for all ages.

ID.me Discounts

- Great Wolf Lodge offers up to 40% off for verified members of the military, first responders, nurses, teachers, and medical providers through ID.me. To access these discounts, visit the Great Wolf Lodge ID.me Shop page, sign in or create an account, and follow the instructions to verify your eligibility.

- Day passes for the water park are available for purchase online or by calling customer service at 800-551-9653. Children aged 2 and under receive free admission. Please note that day passes are non-refundable and all sales are final.

Howling Heroes Offer

- You keep our communities safe, and we want to say thanks (with a little splash). The Howlin' Heroes Offer applies to military (active, retired and veteran), teachers, fire, emergency medical service personnel, medical providers, nurses, 911 dispatchers, police and correctional officers. Log in to your ID.me account and save up to 40% off when you book a stay.

- MagiQuest: an interactive adventure game where guests use magic wands to complete quests.



Virginia Beach Resorts & Lodging

Hilton Virginia Beach Oceanfront

Situated at 3001 Atlantic Ave, this upscale hotel offers 289 rooms and suites with ocean or city views. Amenities include a rooftop infinity pool, the award-winning **Catch 31 Fish House and Bar**, on-site dining options, and proximity to attractions like Neptune Park. The Hilton is known for its modern design and excellent service.

You can reach the hotel by phone at **(757) 213-3000**.

Marriott Virginia Beach Oceanfront

Located at 4201 Atlantic Ave, this resort offers 305 luxurious rooms and suites with ocean views. Guests can enjoy dining at Orion's Roof, an Asian fusion restaurant, and Tulu Seaside Bar & Grill. The hotel also features indoor and outdoor pools, a fitness center, and easy beach access.

You can reach the resort by phone at **(757) 937-4200**.

Hilton Vacation Club Oceanaire

Found at 3421 Atlantic Ave, this oceanfront resort provides fully equipped kitchens in guest rooms and suites. Guests can relax at one of the four oceanfront pools, enjoy meals at Tortugas Café & Tiki Bar, and unwind at the rooftop lounge with a fire pit.

You can reach the resort directly at **(757) 213-0601**.

Cheatham Annex – Navy Gateway

Cheatham Annex is a Navy installation located in Williamsburg, Virginia, offering lodging and recreational facilities through the Navy Gateway Inns & Suites and Navy Getaways programs.

Address: 532 4th Street, Williamsburg, VA 23185

Main Phone Number: (757) 847-9511

Website: [Navy Gateway Inns & Suites – Cheatham Annex](http://NavyGatewayInns.com)

Wintergreen Resort

39 Mountain Inn Loop

Nellysford, VA 22958

Phone: (434) 325-2200

Website: wintergreenresort.com

Wintergreen Resort is a premier four-season destination nestled in the Blue Ridge Mountains of Virginia. Spanning 11,000 acres, it offers a variety of accommodations, including guest rooms, condos, and vacation homes, each designed to provide comfort and scenic views.

Winter Sports: Enjoy skiing, snowboarding, and snow tubing during the winter months.

Golf: Play on two championship golf courses.

Tennis: Access to award-winning tennis facilities.

Spa and Wellness: Relax at the full-service mountaintop spa.

Dining: Experience a variety of dining options, including The Copper Mine Bistro and Devils Grill.

Outdoor Recreation: Engage in hiking, fly fishing, and swimming.



Organized Trips & Tours

- River's Edge Liberty Program at NSA Hampton Roads Portsmouth offers a variety of trips and tours for eligible patrons:

Outdoor Adventures:

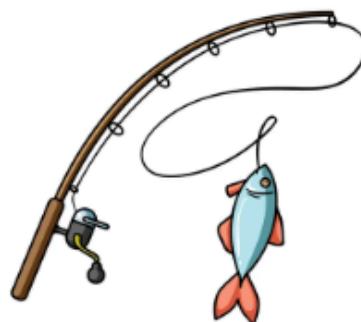
- Deep-sea fishing, rock climbing, tubing, and other recreational activities.

Cultural Excursions:

- Trips involving the arts, intellectual pursuits, and societal customs.

Spectator Excursions:

- Attending shows, games, and other events.



Contact Information:

- Address:

860 Sterling Cook St, Building 256, Portsmouth, VA 23708

- Phone: (757) 953-5095

- Hours: Monday to saturday, 0800 - 2000; Closed on sundays.

- Eligibility and Booking:

- MWR services are available to active duty service members, retirees, DoD civilians, reservists, and their families with valid military ID. It's recommended to reserve equipment and sign up for trips in advance due to high demand.



Freedom Park

Freedom Park in Williamsburg, Virginia, offers over 20 miles of mountain biking trails suitable for various skill levels. While the park itself doesn't provide bike rentals, there are several local shops nearby where you can rent mountain bikes:

Riverside Cycling

Located in Richmond, about an hour's drive from Williamsburg, Riverside Cycling offers a range of mountain bike rentals, including full suspension and hardtail bikes. Rental options include half-day, shop day, overnight, and 24-hour rates, with prices starting at \$49 for a half-day rental. Reservations can be made online or by phone.
riversidecyclingrva.com



Williamsburg on Wheels

Situated in Williamsburg, this shop provides e-bike rentals suitable for exploring the area. While primarily focused on e-bikes, they may offer traditional mountain bike rentals as well. Rental rates for e-bikes start at \$45 for 2 hours and go up to \$310 for a week. It's advisable to contact them directly to inquire about mountain bike availability.
williamsburgonwheels.com

Creeper Trail Bike Rental & Shuttle

Located in Whitetop, Virginia, approximately a 3.5-hour drive from Williamsburg, this shop specializes in bike rentals for the Virginia Creeper Trail. While their primary focus is on the Creeper Trail, they offer various bike rental options, including mountain bikes. Rental rates for mountain bikes start at \$40 for a rental and shuttle combo. It's recommended to contact them directly to confirm availability for mountain biking at Freedom Park.
creepertailbikerental.company
vacreepertailbikeshop.com
+1creepertailbikerental.company

Morale, Welfare, and Recreation (MWR) offerings at Naval Medical Center Portsmouth (NMCP) and Norfolk Naval Shipyard (NNSY), including equipment rentals and organized trips:

Rentals from MWR

Outdoor Equipment Rentals:

Available Gear:

Surfboards: \$25 per day, \$50 for a weekend, or \$125 per week.

Wet Suits: \$15 per day, \$20 for a weekend, or \$55 per week.

Paddleboards: Available at various MWR Locations; contact local MWR for details.

Camping Equipment: Tents (1 - 6 person), sleeping bags, ground pads, backpacks, Coleman stoves, and lanterns.

Event Supplies: Canopy tents (10' x 10' to 20' x 40'), tables, chairs, oversized grills, coolers, bounce houses, and lawn games.

Winter Sports Gear: Skis and snowboards with boots, around \$15 per day, \$40 for a weekend, or \$110 per week.

Kayaking: To paddle by the ships or any other body of waters.



Rental Locations:

NSA Hampton Roads Portsmouth – Outdoor Equipment Rental & Command Support.

Address: River's edge community center, Building #256, 860 Sterling Cook Street, Portsmouth, VA 23708.

Phone: (757) 953-5095

Hours: Monday to Saturday, 0900 - 1600. Closed on weekends and holidays.

Norfolk Naval Shipyard (NNSY) – Outback Rentals.

Address: Scott Center Annex, Building 1509, Portsmouth, VA 23709.

Phone: (757) 396-5871

Hours: Monday to Friday 0900 - 1600. Closed on weekends and holidays.

Note: All rentals are by appointments.



Uber eats:

- You can explore all the restaurants available for delivery in Portsmouth, Virginia, through Uber Eats by visiting the following link:

👉 [Uber Eats – Portsmouth, VA Restaurants](https://www.ubereats.com/city/portsmouth-va)

<https://www.ubereats.com/city/portsmouth-va>

- This page allows you to browse a wide variety of local eateries, from fast food to sit-down restaurants, and filter by cuisine, delivery time, and more. Some popular options in the area include Sal's Famous NY Pizza, Chanello's Pizza, and Eddy's Express. Simply enter your delivery address to see what's available near you.

- You will have to meet them at the gate to get your food.
- Norfolk naval shipyard will be where you would send it to.



Portsmouth Mayor's Military Affairs Committee
Updated Apr / May 2025 military volunteer opportunities supporting non-profit & community events in Portsmouth, VA (all military members, dependents, family, friends & veterans are welcome to assist):

NOTE: Want to paint an art mural? Help a city government task force? Be a social media influencer? Wave an orange wand to direct traffic? Set up & break down displays at an art museum or children's museum? Feed the hungry? Be part of community markets and music? Read to kids? Watch some free concerts? See details below!

If you would like to volunteer with the community and help out with:

- Walking dogs
- Help set up concerts
- Feed the homeless
- Set up vendors
- Assist with parking
- Paint contest
- Help set up festivals

Please contact the information below to get the monthly schedule of everything!

EMAIL: cullenj@portsmouthva.gov

Phone: 973-219-6193

