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Bike Assist

A Site for the avid bicyclist

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Bike Trails

Your ride

Chart your Ride

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Contact

Enter your ride here

Date

Time

Distance

/ /

: hours:minutes

miles

Ride history

Date	Time	Distance
01/01/2016	2:00	10.0
01/04/2016	1:45	8.0
01/09/2016	2:15	11.0
01/12/2016	2:20	12.0

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