SkyKitchen Peruvian Cooking Classes©

Ceviche

Marinated raw fish, 4 servings

Ingredients: Tips:

700 g fish filet (very fresh, preferably lean white fish)

small limes for about 100 ml of lime juice (2-3 tbs. per person)

3 tsp. salt

1 tbs. minced red chili, type 'ají limo' or 'rocoto' or both

1 onion (150 gr)

1/2 garlic clove

15 cilantro leafs

2 tbs. evaporated milk

8 tbs. fish stock

2 threads of Yuyo (seaweed, optional) pepper as desired

Serve the dish with 2-4 of the following sides:

boiled sweet potato or potato, white corn (choclo, boiled for 25 minutes with some sugar), corn nuts (cancha), plantain chips (chifles), and/or boiled or fried cassava (yuca)

Preparation:

- 1. Squeeze the limes into a bowl and strain it.
- 2. Mince the red chili, the garlic, and the cilantro.
- 3. Cut the onion in two halves and slice it into thin half circles (julienne).
- 4. Remove all skin and spines from the fish filet.
- 5. Cut the fish into strips and then into cubes of about 1½ cm in size (½ inch).
- 6. Put fish into a bowl, add salt, pepper and the lime juice, stir and wait a minute.
- 7. Add 6 tbs. of the fish stock, chili, garlic, cilantro and stir.
- 8. Finally add the evaporated milk, stir again and taste the marinade. Add more chili if you want.
- 9. Add onion, stir once more and put fish on the center of a plate, making a heap, adding also all the marinade. Put some Yuyo over the fish if available.
- Add some sweet potato or potato slices (1 cm), add the corn (kernels removed from the cob, or cut entire corn cob into 4 pieces). Add cancha, chifles and yuca as desired.

You can replace the cilantro with parsley. Don't add a lot of cilantro or garlic.

If you don't find Peruvian hot peppers, just use different, but fresh chili rather than a Peruvian Chili-Paste (avoid jalapeños).

Stir energetically the evaporated milk, so it doesn't curdle.



Size of the fish cubes.



Just 2 strong squezzes for the lime juice.



The plated dish.