

Contact

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(LinkedIn)

Top Skills

Working with Physicians
Cross-functional Collaborations
Collaborative Leadership

Certifications

Canada GCP
Smoking Cessation Certificate
Injection & Immunization Certificate
Tri-Council Policy Statement:
Ethical Conduct for Research
Involving Humans CORE (Course on
Research Ethics)

Honors-Awards

Chancellor's Scholarship
Robert Bruce Scholarship
Dean's Honours List with Distinction
Research Competition - Oral
Presentation; 2nd Place
Governor General's Medal for
Academic Excellence

Publications

Distributing Publicly-Funded
Influenza Vaccine - Community
Pharmacies' Perspectives on
Acquiring Vaccines from Public
Health and from Private Distributors
in Ontario, Canada

Perceived Barriers and Facilitators to
Providing Methadone Maintenance
Treatment Among Rural Community
Pharmacists in Southwestern
Ontario

Medications to Treat Parkinson's
Disease

Helping Unlock Better Care (HUB|C)
using quality improvement science
in community pharmacies – An
implementation method

Joe F.

Clinical Pharmacist, RPh, PharmD, BSc
Kingston, Ontario, Canada

Summary

Adaptable and action-oriented. Personable and a tactful
communicator. Diligent and creative.

Experience

Kingston Health Sciences Centre

1 year 6 months

Clinical Pharmacist

September 2023 - Present (6 months)

Clinical Practice Areas: Medicine, Level 2 and 3 ICU, Pediatrics (including
PCCU, NICU)

Pharmacy Resident

September 2022 - September 2023 (1 year 1 month)

Self-employed

Relief Pharmacist

January 2023 - Present (1 year 2 months)

LMC Healthcare

Clinical Pharmacy Student

July 2022 - August 2022 (2 months)

- Providing clinical pharmacy services in a highly collaborative outpatient endocrinology practice through a pharmacy consultant model
- Providing patient education on devices, drug products, self-injection (subcutaneous and intramuscular) and diabetes self-management
- Independently titrating/adapting MDI insulin regimens and use of oral antihyperglycemics
- Assisting with drug coverage/acquisition through public and private payor schemes

Ingersoll Pharmasave

Clinical Pharmacy Student

May 2022 - July 2022 (3 months)

Time for Harmonization:
Pharmacists as immunizers across
Canadian jurisdictions

- Involved in all aspects of dispensing; progressed to fulfilling the roles/responsibilities of a staff pharmacist throughout the clinical rotation, including oversight of pharmacy workflow, technical and clinical verification, etc.
- Patient education, coordinating insurance coverage, communicating with prescribers and public/private payors
- Performing MedsChecks, completing Pharmaceutical Opinions, vaccinations, OTC consultations, and other professional services
- Developed business case for pharmacist-led minor ailments prescribing in Ontario (approved Spring 2022 for Jan2023 implementation) for the pharmacy; including a review of amended regulations, horizon scanning for future regulatory requirements, financial projections, and risk/benefit analysis

Stratford General Hospital
Clinical Pharmacy Student
March 2022 - May 2022 (3 months)

- Providing clinical pharmacy services for inpatient mental health/psychiatry and general medicine floors
- Providing coverage/support for Level 2 ICU and stroke/telemetry floors, as needed
- Completing MedRecs, attending rounds, communicating with prescribers and collaborating with the interprofessional team on a daily basis
- Providing therapeutic drug monitoring and ordering doses/levels independently per hospital policy

SHORE Centre
Director, Board Of Directors
May 2020 - May 2022 (2 years 1 month)
Kitchener, Ontario, Canada

Providing strategic and financial oversight; balancing social value of sexual health services with the fiscal sustainability of the organization as a whole

- Chair of Clinic Risk Committee: working to maintain best practices in clinical governance; ensuring SHORE's clinical services align with the organization's strategic plan; providing oversight of quality, safety, and risk management activities; ensuring the Board has capacity for adequate clinical governance long-term.

- Member of Governance Committee

University of Waterloo

Project Coordinator & Research Assistant - School of Pharmacy

May 2015 - December 2021 (6 years 8 months)

Kitchener, Canada Area

4x[full-time summer contracts + ongoing part-time contract]

- Multiple publications in pharmacy practice research, including the areas of pharmacists-as-immunizers, pharmacists' roles in addictions services, and access to care for rural patients.
- Heavily involved in all aspects of various research projects: study design, strategic evaluation planning, ethics approval, coordination, data collection, data analysis and manuscript submissions.
- Current work focusing on Quality Improvement in pharmacy using Model for Improvement and Plan-Do-Study-Act models. Designing and implementing capacity-building, participatory action research in practice.
- Contributing author on clinical practice tool/resource for clinicians providing care to patients with Parkinson's Disease in partnership with Parkinson's Canada.
- Ongoing support of research projects through data analysis and communications.
- Proficiency In: SPSS Statistics, NVivo, Sensemaker, Qualtrics, Excel, and supporting applications.
- Developed and presented scientific poster boards at national and international research conferences.

Woodstock Hospital

Pharmacy Student

April 2021 - August 2021 (5 months)

Woodstock, Ontario, Canada

- Patient interviewing, collecting/documenting BPMHs, and coordinating inter-professional follow-up for presurgical patients presenting to the Pre-Admission Clinic and for other admissions throughout the hospital.
- Antimicrobial Stewardship Activities:

- Assessing antimicrobial choices using microbiology results (including susceptibility data) and recommending optimized drug, dose, frequency and duration
 - Assessing renal function and recommending renal dose adjustments for antimicrobial orders through a pharmacist-led directive
- Project work including: cost analyses of formulary alternatives; retrospective drug use evaluations; developing a framework for regional antidote sharing per Ontario Poison Centre guidelines; narcotic monitoring; and drug information communication.

Kingston Health Sciences Centre

Drug Use Evaluation & Antimicrobial Stewardship Pharmacy Student

September 2020 - December 2020 (4 months)

Kingston, Ontario, Canada

- o Independently conducted multiple drug use evaluations: (a) generated reports from the pharmacy information systems and/or electronic health records; (b) analyzed data against quality indicators; (c) reported results in the form of briefing notes, infographics, and presentations
- o Coordinated and carried out hospital-wide drug audits (eg. VTE prophylaxis audit for accreditation standards)
- o Analyzed over 9000 overrides of automated dispensing cabinets by front-line staff, to assess safety and organizational policy compliance; submitted recommendations for action to Medication Safety Committee
- o Clinical work in the Critical Care Medicine program; (a) obtaining BPMHs using variety of sources; (b) assessing antimicrobial and other medication orders for ICU in-patients; (c) completing MedRecs at transitions in care

Pharmasave Town Square

Pharmacy Student

January 2020 - April 2020 (4 months)

New Hamburg, Ontario, Canada

- Involved with all aspects of dispensing - from claims processing, to technical and clinical checks.
- Extensive role in patient counselling on prescription, OTC, BTC and natural health products.
- Led the implementation of a medication synchronization strategy that facilitated an appointment-based model in the pharmacy. This involved

adapting best practices to complement our existing workflow; creating a detailed "How-To" manual for our dispensary staff to maintain the program in perpetuity; training my colleagues on enrolling new patients and managing the program.

- Performed inventory reconciliation using detailed reports from pharmacy management software.
- Gained experience in the management of compliance (ie blister) pack processing, production and quality checks.

SciGuys Tutoring and Editing Services

Tutor & Editor

September 2017 - December 2019 (2 years 4 months)

Coordinating/managing a team of 5-10 undergraduate tutors, each with multiple tutees.

- Tutor and tutee recruitment; subsequent matching based on scheduling, courses, goals and expectations.

Providing private tutoring and mentoring in one-on-one and small group sessions.

- Personalized study scheduling/strategizing with tutees
- Providing mentorship on transitioning to University-level coursework while managing living alone, extra-curricular involvement, and other common concerns for undergraduate students.

Courses include:

- Introductory Statistics, Biostatistics and Epidemiology
- Chemistry (Organic and Inorganic), Biology & Physics
- Introductory Calculus

Providing editing services for:

- Resumes & Cover Letters
- Post-graduate Program Applications/Letters of Intent
- Master's and PhD Theses/Coursework
- Other personal writing projects

GILT Restaurant, Bar and Lounge

Server & Bartender

August 2018 - January 2019 (6 months)

Alma Mater Society of Queen's University

Director, Board of Directors

April 2016 - April 2018 (2 years 1 month)

Ensuring the continued financial success and growth of the Alma Mater Society Incorporated as a non-profit organization entails:

- Evaluating both present and future opportunities and risks facing AMS Inc. from a strategic business perspective.
- Prioritizing the social value that the AMS Inc. generates through its student programs/services, while maintaining fiscal responsibility.
- Assuming ultimate responsibility for the framework under which our 9 corporate services operate, as well as the successful implementation of these corporate services.
- Approving final budgets, goal plans, and business dealings on behalf of the corporation and our corporate services.
- Evaluating non-profit governance structures and implementing policy that reflects the mission and corporate by-laws of the AMS Inc.

Queen's University

Research Assistant - Department of Public Health Sciences

April 2017 - January 2018 (10 months)

Kingston, Ontario

Mixed-methods global-health research involving:

- Analysis of mixed -- qualitative and quantitative -- data collected using SenseMaker ® software.
- Visualization and analysis produced using Tableau ® software.
- Statistical analysis using SPSS ® Statistics

Developing and carrying out a statistical analysis strategy through critical evaluation of a large and complex data set. Requiring mapping and conceptual modelling of data from populations not previously described.

Dedicated role in producing results/analysis from novel data in support of WorldBank-funded research; focusing on social determinants, experiences and outcomes of Syrian refugees/migrants.

Personal Side-Project:

Comprehensive documentation of learning process for transition planning with future Research Assistants faced with new software and analysis techniques.

Queen's First Aid

2 years 3 months

Advanced Medical First Responder & Supervisor

October 2015 - December 2017 (2 years 3 months)

Queen's University

- Act as an Advanced Medical First Responder & Supervisor with the 24-hour Campus Emergency Response Team.
- Responding to a variety of medical and/or trauma related calls throughout campus on a regular basis.
- Treating and making transport decisions in a timely manner.
- Critical analysis of situations under pressure and situational management are essential.
- Professional discretion, sensitivity and empathy for patients are points of emphasis.

CPR-A-THON Co-Chair

December 2015 - February 2016 (3 months)

Planned and executed a 3-day event on campus, with the goals of teaching participants the basics of responding to a medical emergency, and explaining the role of Queen's First Aid Campus Emergency Response Team as a group of Advanced Medical First Responders.

- Created advertising materials and promotional strategies including branded giveaways and prize schemes.
- Secured/organized space and resources for the event itself.
- Facilitated staffing/scheduling of First Responders for the event.
- Secured sponsorships and prizes for participants.

Ontario Educational Leadership Centre

Youth Facilitator

August 2013 - April 2016 (2 years 9 months)

- Spearheading the development and execution of leadership-development sessions with the goal of educating young leaders on leadership styles/strategies and their appropriate applications.
- Critical analysis of programming ideas including logistical feasibility, delivery methods, and content.
- Provide support and opportunities for students who access special support services.

Black Dog Village Pub & Bistro

Host

May 2013 - September 2015 (2 years 5 months)

- o Receive all incoming reservation requests for the restaurant, as well as all customers as they enter.
- o Organize all seating arrangements and am the first to address all customer concerns.
- Often a fast-paced environment, where decision-making, verbal communication, and problem solving are highly valued.

Education

University of Toronto

Accredited Canadian Pharmacy Residency · (September 2022 - September 2023)

University of Waterloo

Doctor of Pharmacy - PharmD · (2018 - 2022)

Queen's University

Bachelor of Science (B.Sc.), Life Sciences · (2015 - 2018)

Western University

Western Initiative for Scholarly Excellence Elective, Biology · (2014 - 2015)

St. Anne's Catholic Secondary School

