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Gender :- Male

Age :- 20

1. Our London business is good, but Vienna and Berlin are quiet. Mr. D. Lloyd has gone to Switzerland, and I hope for good news. He will be there for a week at 1496 Louwiot Street and then goes to Turin and Rome. He will join Colonel Parry and arrive at Athens, Greece, on November 27 or December 2. Letters there should be addressed to King James Blvd 3580. We expect Charles E. Fuller on Tuesday. Dr. L. McQuaid and Robert Unger, Esq., left on the 'Y.X.' Express tonight.
2. Yesterday night, I was working out the exercises and thought came in my mind that there is no specific routine of my life and because of which it affects my academics. There I found the term 'Winter Acc'. In which, an individual have to follow a specific routine for 3 months starting from '1st October' to '31st December'. Here we have to wake up at 5am and have to workout for 2 hours and then have to focus on developing one of the skill. This will develop the disciplined in your life. I had try it for 15 days, and I had seen a visible effect in my life.