About App

The Healthy Living Application is an application that was designed to help users maintain a healthy lifestyle by helping the user keep track of their medical information, providing nutritional information about foods stored in the apps database, exercise information and recommendations, and provides a built-in calorie calculator to help you count calories and plan out meals based on your needs.

About Us

The Rio Grande Valley area in South Texas constantly ranks as one of the most obese areas in the United States, with some of the cities in that area ranking in the Top 10 of most obese cities in the United States year after year. Students at the University of Texas Rio Grande Valley developed The Healthy Living Application to help curb the growing obesity epidemic not only in the RGV, but also in the United States

Contact

If you experience any problems with the app, please contact

[XXXXXXXXXXXXXXXX@XXXXXXX.com](mailto:XXXXXXXXXXXXXXXX@XXXXXXX.com)

Links

University of Texas Rio Grande Valley: <http://www.utrgv.edu/en-us/>

UTRGV College of Engineering and Computer Science: http://www.utrgv.edu/csci/