

Late Night Menu

Updated

Fall 2020

Late Breakfast	Serving Size	Calories	Fat (g)	Carbs (g)	Fiber (g)	Protein (g)	Vegan	Vegetarian	Gluten Free	Allergy/Contains
Chicken Biscuit	1 biscuit	300	13	30	1	16				Wheat,Milk,Soy
Sausage Biscuit	2 oz	150	14	0	0	3				Wheat, Milk, Soy, Pork
Biscuit and Gravy	1 biscuit	274	12	36	1	4				
Biscuit (only)	1 biscuit	184	8	24	1	4		✓		Wheat, Milk(Whey), Soy
White Gravy (only)	1oz	90	4	12	0	0		✓		Wheat,Milk, Egg, Soy
Sausage Patty	2 patties	276	28	0	0	6			✓	Pork
Late Night										
Chicken Nuggets	8ct	416	27.5	21	3	21				Wheat, Milk, Egg, Soy
Chicken Nuggets	12ct	667	46	31.5	5	31.5				Wheat, Milk, Egg, Soy
Burrito	1 burrito	370	17	40	5	15				Wheat, Milk, Soy
Corn Dog	1 dog	230	13	23	1	6				Wheat, Milk, Soy, Pork
Chicken Strips (3)	~3 strips	359	27.5	30.5	0	17				Wheat, Milk, Soy, Egg, Pork
Chicken Strips (4)	~4 strips	478	36.5	40.5	0	22.5				Wheat, Milk, Egg, Soy
Chicken Wings (6)	~6 oz	300	18	12	2	11				Wheat, Egg, Soy
Chicken Wings (12)	~12 oz	600	36	24	4	22				Wheat, Egg, Soy
Mac and Cheese	4oz	254	12	24	10	0		✓		Wheat,Milk
Mashed Potatoes	3oz	90	2	17	1	2		✓	✓	Milk
French Fries	3oz	140	5	22	2	2	✓	✓	✓	Soy
Fried Burrito	1 burrito	370	17	40	5	15				Wheat, Milk, Soy
White Gravy	1oz	90	4	12	0	0		✓		Wheat,Milk, Egg, Soy
Brown Gravy	1oz	75	1.5	15	0	0				Wheat,Milk,Soy,Egg,Pork
Yes = ✓										
Indicates a "Smart Choice" lower in fat and packed with nutrients.										
Allergy/Contains Column lists foods that may contain one of the big eight										
food allergies. Wheat, Milk, Soy, Eggs, Fish, Shell Fish, Peanuts, Tree Nuts, Pork, and Sesame										