

NEWSLETTER

For the children.... December 2013



Princess Ball

Does your little girl love princesses? Does she love to dress up? She can meet and interact with her favorite royalty at this amazing event held in the Folsom TRICKS. For the first year ever we are hoisting our pirate flag for the little guys too, who love Jake the Neverland Pirate!

Our guest list includes Rapunzel and Flynn, Cinderella & Prince Charming, Aurora, Jasmine, Ariel, Belle, Peter Pan & Tink, just to name a few.

It's a game - visit all of the events to earn a coin or a trinket to fill your pouch (pouches provided).

December 30th, Monday

Princesses at 1:00p and both Princesses and Pirates at 4:00p. To get your tickets to this magical event, go to our website. On the homepage is a link to Eventbrite. This event sells out, so get your tickets early and then choose your gown. Perfect for ages 2-7.

"Friend" us on Facebook and check out Princess Balls from the past.

Show Time!



The time has finally arrived. The gymnasts are going to show you what they've been working on and will be hoping for some robust applause. Our dancers will be performing "The Littlest Nutcracker" for ages 3-7 and "Making Spirits Bright" for ages 6 and up. Both of these shows are performed in the Jill Solberg Performing Arts Theater at the Folsom High School. Dec 12-14th.

The Gymnastics performances are in the TRICKS facilities and all gymnasts will be participating. We hope that you make some fun and fond memories this holiday season at TRICKS.

Appreciation to our staff

This time of year, and especially during show week, we melt with gratitude for all of the TRICKS teachers. They genuinely love children. The "gift" with children is our first qualification when we hire someone. We want all of our teachers in the gym, the dance studio and the swimming pool to know how much we appreciate them and want them to know that they are making a difference in the lives of the children they teach. We have many teachers, from years past, return with their own children, and while shaking their heads say, "Now I get it." It seems to take 'becoming a parent' to fully understand the power, wonder, and influence of a teacher.

We're proud to be associated with such a group of people. We hope that heaven will bless you and them in ways that we can't.

It takes great leadership to keep TRICKS humming along, and we truly have the most incredible people in charge. Those in bold are having anniversary years. Matthew is 20 years, Colleen 15 years, Jen, Kira and Joni are 10 years. Our managers and directors are:

Folsom Jen F, Kira G, Lindsay E, Heidi M Swim: Matthew M Sacramento Sam M, Brittany H, & Lauren D Granite Bay Colleen S, Joni R, & Trayce H
Dance GB Rebecca G, Sac Keirsten M, & Flsm Keirsten M
Host Mgr Flsm Lindsey E, GB Brittany Y, & Sac Brittany H
Special Events GB Tosha C, Flsm Andy S, & Sac Sam M

We have the honor of working closest with this group, and we are very, very thankful to work with such a talented group!

Thank you all! Vern & Barbara Jo

Granite Bay 791-4496 Folsom 351-0024 Sacramento 481-4496 tricksgym.com December 2013

Dear Santa

My 5 year old boy scribbled out his Christmas list. It's there by the fireplace. The milk and the chocolates are from him, in case you're hungry. You know 5 year olds these days.

The Cheeez-Its are from me. Santa, if you don't mind, I thought I'd go ahead and leave my list too. It's long but do what you can It's all I wan

too. It's long, but do what you can. It's all I want for Christmas.

- Santa, let my little boy grow up still believing that he has the funniest dad in the neighborhood.
- Give him many close friends, both boys and girls. May they fill his days with adventure, security and dirty fingernails.
- Leave Mom and me some magic dust that will keep him just the size he is now. We'd just as soon he stayed 5 years and 3 ft 4 inches.
- If he must grow up, Santa, make sure he still wants to sit on my lap at bedtime and read *The Frog and Toad Together*.
- If you can help it, Santa, never let him be sent to war. His mother and I love our country, but we love our 5-year-old boy more.
- Let our house always be filled with slamming doors and toilet seats, which are the official sounds of little boys.
- Break it to him gently, Santa, that his dad won't always be able to carry him to bed at night or brush his teeth for him. Teach him courage in the face of such change.
- Let him understand that no matter how nice you are to everyone, the world will sometimes break your heart. As you know, Santa, a child's feelings are as fragile as moth wings.
- Let him become a piano player, a soccer star or clergyman, or all three. Anything but a politician.
- Give him a hunger for books, music and geography. May he be the first kid in kindergarten to find Madagascar on a map.
- Steer him, oh so carefully, to that little girl destined to be his bride. Let his mother and me still be around when he walks her down the aisle.
- Grant him a heart that will cherish what his parents did right, and forgive us for the mistakes we surely will have made over a lifetime of raising him.
- Let him not hold it against us that he is born with my chin and his mother's ears. Time will teach him that these are God's ways of girding him for life's adversities.
- Hold him steady the day he learns the truth about you and the Easter Bunny. May he take the news better than I did.
- While you're flying around the heavens, Santa, make sure God has heard our prayer for this child. Lead our little boy not into temptation; deliver him from evil.

Be careful out there Santa, and close the flue on your way up.

by David V. Chartrand

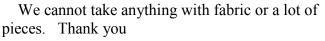
What's New?

Starting in August, we have had quite a few new gadgets and equipment arrive. Sliders for big kid conditioning, new polkadots, new motorcycles for toddlers will be here soon, new parachutes, new mats, hop scotch rugs and speed bumps. Keeping things fresh is important to us and we think

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Playroom Toys

If you are cleaning out your toy box, to get ready for the new toys coming in, then we want to put in a plea for some of those "appropriate for under age 3" items. Our playrooms can always use toys. We would really appreciate it.



Clean It Up

Do you know how much we care about clean? A lot!!! Our gyms get cleaned top to bottom every Saturday night and daily cleanings before classes start. But there are two special nights a year that we call *Gymventory*. It is like spring cleaning and it takes a big crew to clean a gym!

All of the coaches, office personnel and dance teachers converge and cooperate to get rid of dust, lint, grit, grime and down right filth. We clean out the *tumblebugs*, underneath the trampolines, scrub floors on our hands and knees, organize shelves, wash parachutes and dust, dust, dust! Then we wipe our brows and eat pizza. It's hard work, but a lot of fun and laughing too.

Food for Thought

Our mentors are reading a book this month called, Encouragement Changes Everything by John C. Maxwell. The book lists 6 of the most encouraging phrases:

I love you
Dinner is served
All is forgiven
Keep the change
You've lost weight
I believe in you



At this season of giving, I hope that we can ALL give the children in our lives gifts that will last a lifetime.

Thanks for reading ~ Barbara Jo Taylor