



NEWSLETTER

Sacramento 481-4496 Folsom 351-0024 Granite Bay 791-4496

February /March 2014

Add a 2nd class and get 20% off both!

Yes, you read that right.

Mix and match all of the classes we offer: Gymnastics, Dance & Swim. You can even mix locations, since we offer swim in Folsom only. Double up on the program your child is enrolled in, for twice the benefit, or add a second program to see if your child likes one over the other. Discount is taken off the combined total. Here is what 45 minute classes cost in each program: Dance \$57 Gymnastics \$60 Swim \$74



February Deal

This month we want to say "thank you" by increasing our referral fee from \$10 to **\$25!**

Not only that, they will also get **\$25** towards their first month! It's a win/win situation thru Feb 28th. Thanks for trusting us enough to recommend us.

Valentine's Date

Pajama Date Night is Feb 15

Take your sweetie out on a date. We planned it on this weekend just so you could go out and celebrate your LOVE. Date Nights cost less than a babysitter and they are so much fun for kids! They'll sleep like a rock when you get them home and they'll already be in their pajama's!



**Everything Green Date Night
March 15th**

Date nights cost \$25 for the first child; \$20 for siblings 6:45p-9:45p one Saturday per month. Come and join the fun!



Our dance program begins at age 2 with the Tiny TuTu class, up to age 17. Our dance program is second to none for teaching proper dance in a fun, and age appropriate way. We restructured our dance program last July and it's really starting to show, as our dancers are progressing beautifully.

Each year we need to set a cut off date for the yearly recital in June. This is so that costumes can be ordered and arrive on time.

This year's last day to sign up, and be in the recital, is Saturday, March 8th

This doesn't mean that you can't add a dance class after that date. It just means that your child won't be in the summer recital. We still offer regular, year-around classes.

Time To Dance!



Disneyland

TRICKS gymnastics teams competed in the Disneyland Hotel on January 18th.

Everyone had a great time and the gymnasts did awesome on their first official meet of the season.

All 6 Dance Teams will be performing in Disneyland on Feb 8th.

Good luck dancers and congratulations TeamGym!!

Pay Online

Did you know that you can update your account, change your email address and even take care of your payment online! Just go to www.tricksgym.com and click on the link. Use the email address you have given us as your User ID. No waiting in line at the gym. It's FANTASTIC!

What is Love?

Quoted by kindergarten children.

"When my grandmother got arthritis, she couldn't bend over and paint her toenails anymore. So my grandfather does it for her, all ten; his hands got arthritis too. That's love." *Rebecca - age 8*

"When someone loves you, the way they say your name is different. You know that your name is safe in their mouth." *Billy - age 4*

"Love is when a girl puts on perfume and a boy puts on shaving cologne and they go out and smell each other." *Karl - age 5*

"Love is what makes you smile when you're tired." *Terri - age 4*

"Love is what's in the room with you at Christmas, if you stop opening presents and listen." *Bobby - age 5*

"Love cards, like Valentine's cards, say stuff on them that we'd like to say ourselves, but we wouldn't be caught dead saying." *Mike - age 8*

"My mommy loves me more than anybody. You don't see anyone else kissing me to sleep at night." *Clare - age 5*



Positions Week Feb 3-8

This is the week when we make sure our students know the basic positions in dance and gymnastics. If you are wondering what those positions are, ask your child to show you.

Dancers have 5 (1st, 2nd, 3rd, 4th & 5th)

TumbleBunnies learn 4 (straight, tuck, pike, straddle)

School-Age gymnasts have 7 (straight, tuck, pike, straddle, split, arch, hollow)



Friendship Week- Feb 10-15

We make sure that all of our students know their teacher's name and the names of their classmates. It is important for children to know that they have a friend at TRICKS. Watch for some fun partner games.

Pajama Week Feb 17-22

Sweet and comfy, that's how this week feels. We all enjoy the cozy atmosphere and love seeing kids do gymnastics and dance in their pajamas. It's also pajama week in the pool! That will be interesting ;-). The staff and children look forward to this week all year long.

Right & Left Week Feb 24-March 1

One of the greatest advantages to gymnastics, dance and swim is that you are constantly using both sides of the brain. We teach right and left with stamps - **Lambie Left & Rabbit Right** . . . It works!

Pajama Week

That's right! **Pajama Week** is the 3rd week of February and we hope that everyone will come to class in their pajamas. Swimmers, please put your suit on underneath your jammies :-). All the coaches will be showing off their "flannels" as well. We will probably see some curlers, maybe a teddy bear or two, some really cute slippers and even a few good cases of "bed-head."

The week will kick off with our **Pajama Date Night**, Feb 15th. So sleep tight and *don't let the TumbleBugs bite!*

Managers

TRICKS has succeeded and will continue to succeed because of one thing— good people teaming together to do good things for children.

We want to take a minute to thank the amazing people that really keep this place humming. Our managers are the very best in the business and we love and appreciate them!

Vern & Barbara Jo Taylor

IN CASE OF FIRE

We have an important rule that you need to know in case of fire.

If you hear the fire alarm go off, you should exit out the closest door. You should not look for your child and try to take them outside. The coaches are trained to keep their class together until outside at the meeting place. At that point, roll will be taken and then you can take your child. We're sure this will never happen, but we like being prepared.



**Remember
We are always
OPEN on
Monday holidays**