



# Newsletter

Granite Bay 791-4GYM

Folsom 351-0024

Sacramento 481-4GYM

Summer 2015



Let's MOVE! **TRICKS** is turning 25 this year! We have a lot of experience in the child industry and we're here to tell you that children's needs are changing—especially boys. They want/need to MOVE! Their world is fast paced and they are used to lots of action at their fingertips. They want to live real action.

We hear the call and have created something very exciting to meet the needs of this generation of boys!

While **TAG** has existed in Sacramento and Granite Bay for 2 years, we have over-hauled, updated and supercharged **TAG** into something NEW and incredible!

In each class the boys will learn about a value such as "Responsibility." They learn what that means and how it applies to them. One way is that this class now has a required uniform that they will need to be **Responsible** for wearing each week. It's their **TAG** shirt and their colored headband for their level. We know that it takes a lot of people to raise a child in this world. We want to support and add to your efforts at home.

### We call these values - "The Code of Honor"

**TAG** classes will not only work your son's muscles, brain and sweat glands, but it'll help him become a better person.

There isn't an emphasis on pointed toes or any kind of form, like regular gymnastics. This class learns how to get from here to there in the most efficient way. Up and over, swinging, balancing, running and climbing are all part of these cool classes.

**New TAG started May 18<sup>th</sup>**  
**Uniform Fee \$19**

The **TAG Challenge** is where boys will attempt to pass off one level and advance to the next. If they perform all of the skills, they will be awarded their new colored headband and will move to the next level.



**Tiger TAG** - Beg 4-5 year olds (**Orange**)



**Dragon TAG** - Int and Adv 4-5 year olds (**Green**)



**Warrior TAG** - Beg 6-11 year olds (**Purple**)



**Samurai TAG** - Int 6-12 year olds (**Red**)



**Ninja TAG** - Adv 6-12 year olds (**Black**)

## Info Cards



Watch for these beautiful cards to be on display for your info. They will give you a quick summary of each of our classes or programs. We are sometimes surprised to

discover that some people didn't know we offer *Jazz, Tap, Ballet* and *Hip Hop* in the **TRICKS** Dance Studio—or *Swim* at our Folsom location in 89 degree water, so that there is no shiver barrier for youngsters.

On the back of each card you will find helpful information explaining "Why We Do What We Do." Enjoy.

## Summer Camps

Check out our camp schedule and register online. We have 5 full weeks of camps that start July 6<sup>th</sup> and run through Aug 7<sup>th</sup>.

\$150/week \$25 off if you register at least one week prior. \$140 for siblings. Daily rate \$35

**JOY**  
is not in things,  
*it's in us.*

# Swim

Swim classes are always in full swing at our Folsom location. Did you know that when you sign up your child for any 2<sup>nd</sup> class thru TRICKS, we take 20% off of your tuition for every single class? It's true! And remember, that goes for your 3<sup>rd</sup> or 4<sup>th</sup> class too!

This is the most popular time for swim classes, but it's not too late to sign up. Our classes are on going, and as many times a week as you would like. The pool is always warm and our coaches are fantastic!

Call today! 351-0024

## Date Nights

6:45pm-9:45pm  
\$25 & \$23 for siblings



## Jungle Mania

June 20<sup>th</sup>

Have you seen the new Disney movie about monkeys? That's what our gym will look like for this date night!

## Adventure Ahoy

July 18<sup>th</sup>

We be setting sail on the grandest adventure to find treasure!



# Dance



Most of our dance classes are busy preparing for our *"When You Wish Upon A Star"* recital in June, but we still have a wide selection of classes available to you or your friends. And now we're opening new classes with just 2 dancers. Remember you get 20% off all your tuition when you add a second class.

## Graduation Fanfare

You have probably noticed that we are making it a really big deal when a child graduates from one level or class to the next. Please join us in the celebration! Your enthusiasm makes it a spectacular day in a young person's life. Go wild!

## Just A Reminder

Please put your daughter's hair up in a pony tail, if it is long enough. Certain tricks, like backward rolls on floor and all tricks on bars, are especially challenging when you have hair to contend with. Remember to use the hand sanitizer to keep everyone healthy and happy.

## Summertime

During the summer months we know that many of you will be on vacation, at the lake or just busy doing family things. We all want to relax and enjoy the summer. If you miss a class or two in June, you can make them up in August, if that fits your schedule better. We want to make your life easy! Just give us a call and we will help you in any way we can! We can be flexible . .

# Cool!

When those hot "triple digit" days arrive, remember that we have real Air Conditioning in all our facilities. Let's have a COOL summer this year.

# Birthday Parties!



**Every Saturday we host amazing parties with a triple pendulum swing, giant inflatables, fun coaches and a party coordinator to make the day a breeze for parents. We now offer 3 different themes for your child's gymnastics party!**

**The Ultimate Fun Gym Party, the Gymnastics Ninja Warrior Party, or the Fun & Games Party.**

**Call today and book yours!**

## Zero to Three



Those are the critical brain development years for your child. We realize this at TRICKS and have created a very unique and unprecedented program for this age group.

These are the years that your child is building a foundation for all future learning. The more your child moves, the bigger the brain capacity grows.

Do everything you can to give your child new and diverse experiences . . . everything from feeling grass under their feet, to spinning with you in your family room.

Our classes help to build cognitive awareness and a greatly increased vocabulary among a 100 other things! Age 3-8 is another critical stage of development. Great job keeping your kids moving!

Thanks for reading the newsletter!

~Barbara Jo