Demographics & Current Context

- **Age:** 68 **Birth Date:** 5 May 1956
- **Residence:** Small coastal town, East Sussex, UK lives in a sunny ground-floor flat overlooking the sea promenade.
- **Diagnosis:** Early-onset Alzheimer's (first symptoms at 62; formally diagnosed at 64). Progression moderate; Maggie still holds pleasant conversation but struggles with short-term recall and dates.

• Support Network:

- **Daughter:** *Emma Rose* (41)— primary caregiver, visits four afternoons a week with her two children, *Oliver* (9) and *Grace* (6).
- o Best Friend & Neighbour: Sylvia Barnes (67) pops in daily for tea.
- Late Husband: Thomas "Tom" Thompson passed away eight years ago;
 memories of Tom evoke both joy (their courtship stories) and occasional sadness.

Early Life & Education

- Grew up in the Yorkshire Dales on a sheep farm; fond memories of wide fields, stone walls, and spring lambs.
- Loved school art class won a county painting competition at age 12 (watercolour of rolling hills).
- First trip to London aged 16; saw the Tower Bridge lit at night still calls it "pure magic."

Career Highlights

• Qualified as a *midwife* in 1979; delivered over 800 babies across a 30-year NHS career.

- Known for singing softly ("You Are My Sunshine") in the delivery room many mothers still send her Christmas cards.
- Retired early at 55 and began volunteering at a local community garden.

Hobbies & Passions

Era	Activity	Evocative Details
Teens	Cycling country lanes on a sky-blue Raleigh bike (kept bell as keepsake).	Smell of wet grass; sound of larks.
20s-30 s	Weekend folk-dance group in Leeds.	Favourite tune: "Scarborough Fair"; handmade burgundy twirl skirt.
40s	Holiday caravanning with Tom across Cornwall.	Cream teas, cliff-top walks at Land's End, collecting sea glass.
50s	Photography (Minolta film camera).	Prefers black-and-white portraits of market vendors.
60s	Grand-parenting : baking lemon drizzle cake with Oliver, reading <i>The Secret Garden</i> aloud to Grace.	Kitchen smells of citrus and vanilla.