

# Primary Care Protocol for Psychosis

## Working Aged Adults (18-65)

### Core Symptoms

Hallucinations	Extreme and labile emotional state
Delusions	Withdrawal from friends and work
Disorganised or strange speech	Persistent change in personality/behaviour
Agitated or bizarre behaviour	that effects daily life

**Consider:** possible co-existing medical conditions which may be contributory factors.  
drug misuse (send urine sample for drug screen – Fridays store in fridge)  
Family history of psychosis

**Consult non psychiatric specialist services if appropriate**

### Safety Issues

- Reckless or inappropriate risk taking behaviour?
- Attempts or thoughts of harming self?
- Attempts or thoughts of harming others?
- Consider child protection implications

IF IMMEDIATE RISK TO  
patient, yourself or  
others

**CALL POLICE**

### Urgent Priority

Self Harm  
Harming others  
Little support/isolated

### High Priority

All with core symptoms  
High level of dependency  
Social problems  
Family history

### Medium Priority

Prodromal  
Suspicion of psychotic  
disorder

Needs immediate  
Assessment or  
Admission

Assessed within  
48 hours or appropriate.  
advice given

Advice or non  
urgent assessment  
(within 4 weeks)

### CONTACT

Call 01273 696011 & ask

- In hours - for duty worker at relevant CMHT
- Out of hours - for the duty nurse mgr for Mental Health

### CONTACT

Weekdays – phone,  
followed by fax to  
relevant CMHT (see  
over)

- Weekend or holidays -  
contact Snr duty nurse  
On 01273 696011

### CONTACT

- Written Referral or phone consultant for advice on options available
- Out of hours, call Mental Health Team 01273 295800 for information & advice

Assessment

Referrer informed of  
outcome by fax/phone  
within 24 hours

Confirmation receipt  
of fax received immediately  
- phone if none received.  
Letter/Care Plan sent to  
GP within 10 days following  
assessment

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