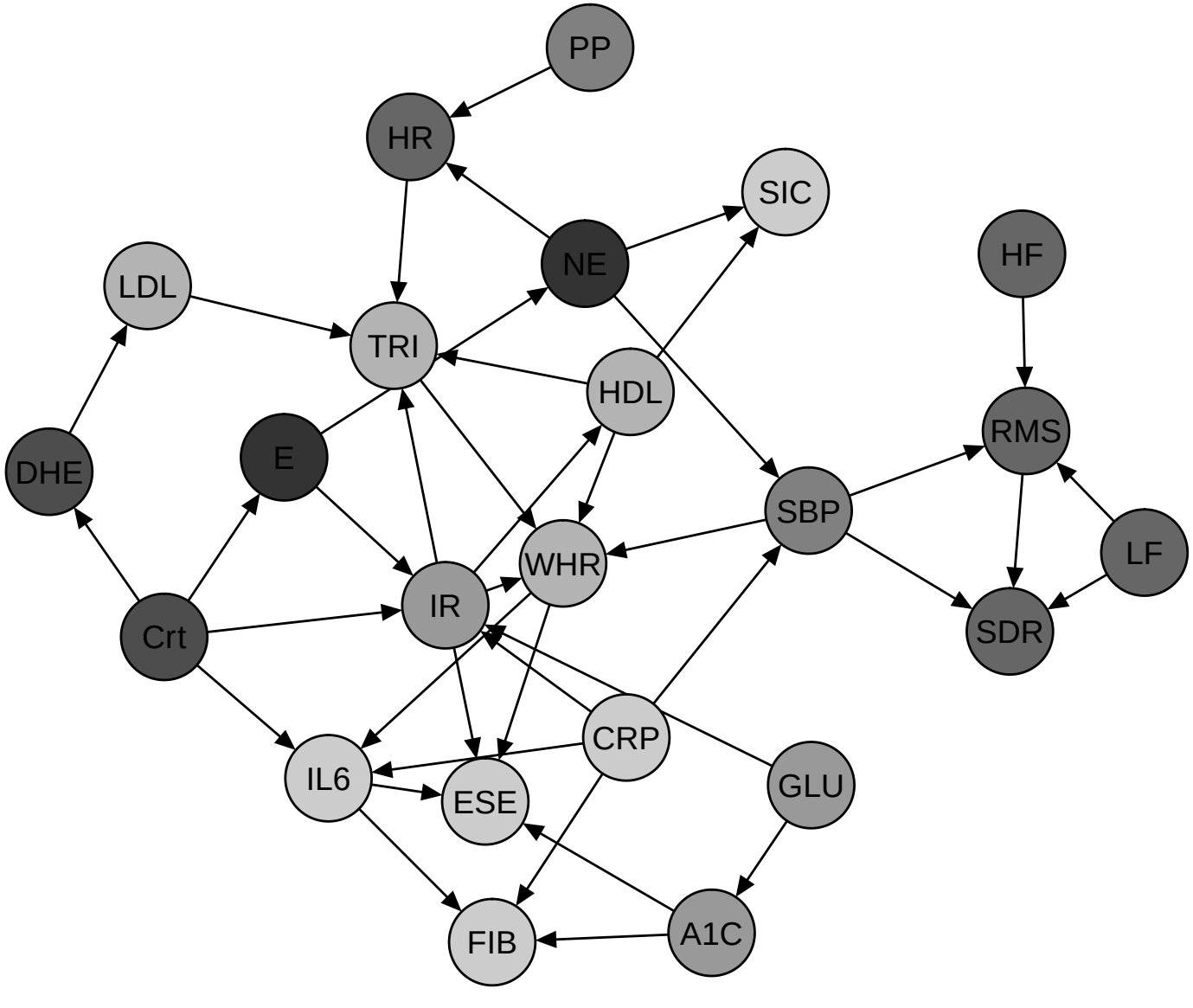

SNS
- E: Epinephrine
- NE: Norepinephrine

HPA
- Crt: Cortisol
- DHE: Dehydroepiandrosterone Sulfate

PSNS
- HR: Heart Rate
- RMS: Root Mean Square of Successive Differences
- HF: High Frequency Spectral Power
- SDR: Standard Deviation of R−R Intervals
- LF: Low Frequency Spectral Power

Blood Pressure
- PP: Pulse Pressure
- SBP: Systolic Blood Pressure

Metabolic − Glucose
- IR: Insulin Resistance
- GLU: Glucose
- A1C: Glycosylated Hemoglobin

Metabolic − Lipids
- LDL: Low Density Lipoprotein
- HDL: High Density Lipoprotein
- TRI: Triglycerides
- WHR: Waist−to−Hip Ratio

Inflammation
- CRP: C−reactive Protein
- IL6: Interleukin 6
- FIB: Fibrinogen
- SIC: Soluble Intracellular Adhesion Molecule 1
- ESE: Soluble E−selectin