MOTIVATION PRODUCES PRODUCTIVENESS AND MORE MOTIVATION

(RECOMMENDED FOR SOFTWARE ENGINEERS)

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GOALS
WILLPOWER
HARD WORK
DEDICATION

ENTERTAINMENT ACCEPTANCE SELF RESPECT CONFIDENCE

WHAT IS THE RELATION BETWEEN PRODUCTIVENESS AND MOTIVATION?

In my humble opinion the productiveness is the ultimate result of pure motivation. Therefore the motivation is compulsory for anyone to be productive. With productiveness one can easily reach their goals. Therefore the productiveness is mandatory for the sole purpose of reaching goals. Once goals are reached one can get more motivated. Therefore creating a cyclic-dependency between motivation and productiveness.

MY JOURNEY OF DISCOVERING MOTIVATION.

MY FIRST ATTEMPT.

In order to become a productive person I understood that the motivation was needed, so I set out to discover how I can be a motivated person. First thing I did was browsing the contents of different web pages which were randomly chosen from internet searches using multiple search engines (Google and Duck-Duck-Go and even Yahoo). I found out so numerous guides written by various bloggers, psychologists and counsellors, I tried following and going through them but I was never able to remember any of the guidelines when I was away from a written guide. It was not practical to carry a printout wherever I go.

DEMOTIVATIONAL FACTORS UNIQUE TO SRI LANKA.

I also discovered that the Sri Lankan band music (which I unfortunately was forced to hear every day by the public transportation services) was highly demotivational. Those crappy songs made me less and less productive every day. Also most of the said good Sinhalese songs are demotivational for me as well (Ironically the sad songs make some people happy).

MY SLIIT LIFE AND MOTIVATION/DEMOTIVATION.

I have identified that some people like to bring up bad memories and bad feelings, ironically those people always said that I'm smarter than them which made me overestimate myself and I nearly failed all the subjects. Also there was a senior SLIIT

student who every day said that I'm an idiot and I can never even pass some subjects (ironically that guy made me get a 4.0/4.0 GPA for my 1^{st} year 2^{nd} Semester).

And during the 2nd year the bad friends who said I'm smarter got more GPA while I did the projects for them without attending any lecture sessions (for your information my 2nd year GPA is about 2.9/4.0). During the 3rd year gladly one of the project team members which I choose (disregarding what my bad friends said) is very talented and motivated (that person said that I was no longer talented as I used to be and I sucked as a programmer) and ironically that person made me work harder (that person never even let me cut any lectures whenever I was reachable). Even though I did almost 100% of the technical documents while handling multiple major components. (For your information, that person also did multiple major components and all the formatting of word documents, as the rest didn't do much work as usual).

I never felt that I was used because I gained more talents (especially my technical writing skill, also that skill in return helped me get more reputation at stackoverflow.com and associated stackexchange.com websites, for your information you can Google "JaDogg" to find all my work and including my stackoverflow.com profile, github.com repositories and many more).

MY SECOND (CURRENT) ATTEMPT.

One of the things I discovered using internet was that the motivation related websites also offer a list of motivational songs so I thought that if some of the songs can demotivate me surely there can be songs that can motivate me so I downloaded some songs went through their lyrics and their interpretations. Soon has I got about 10 songs I use Winamp and Mp3Tag to properly modify ID3 and artwork information so I can create separate Albums for personal use. And I keep on listening to these motivational songs whenever and however I can (especially when I'm using the public transportation).

PSEUDO CODE OF PRODUCTIVENESS AND MOTIVATION.

CODE.

```
int motivation = Mind.GetCurrentMotivationBasedOnCurrentPsyche
                      (motivationLevel: MOTIVATION FROM BIRTH);
int productiveness = Mind.GetCurrentProductivenessBasedOnCurrentMotivation
                      (motivationLevel: motivation);
bool alive = Body.GetCurrentAliveness();
while (alive)
    if (motivation > 0)
        motivation++;
    else
    {
        motivation--;
    productiveness = Mind.GetCurrentProductivenessBasedOnCurrentMotivation
                      (motivationLevel: motivation);
    motivation = Mind.GetCurrentMotivationBasedOnCurrentPsycheAndCurrentResults(motivation,
                      GetCurrentResults(productiveness));
    alive = Body.GetCurrentAliveness();
}
```

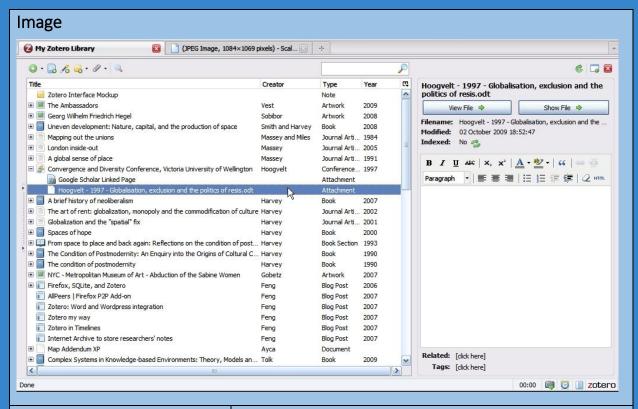
Table 1: Pseudo Code of Productiveness and Motivation

CLARIFICATION.

As the above code depicts you can easily get motivated just having been already motivated and also unfortunately demotivation will cause more demotivation therefore a person should be motivated 24x7 denying even a glimpse of demotivational thought to enter one's mind. In my humble opinion the only way one can get motivated and stay motivated is to avoid all factors that demotivates you even if you have to sing-aloud and act like a total douche. Yet another factor is that other people's problems should be handled only by themselves or by someone else. In my defence I think it's never my job to listen to other people's sadness and negativeness that's the job of psychiatrists, HR managers, counsellors and even politicians.

SOFTWARES THAT CAN HELP YOU INCREASE YOUR PRODUCTIVITY.

ZOTERO.



License

Open Source (Cloud: 300MB Free and you can get 2GB cloud for around 2\$ per month, this price may become obsolete or invalid)

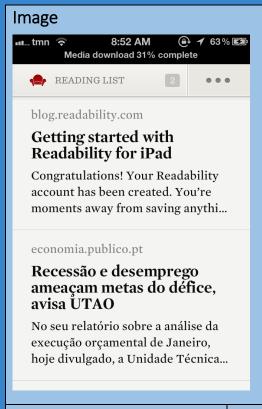
Description

Zotero collects all your research in a single, searchable interface. You can add PDFs, images, audio and video files, snapshots of web pages, and really anything else. Zotero automatically indexes the full-text content of your library, enabling you to find exactly what you're looking for with just a few keystrokes.

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License

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Description

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Link

http://www.readability.com

Table 3: Readability



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Description

Winamp is a media player for Windows-based PCs and Android devices. It support managing your media collection. You can even customize ID3 tags according to your needs. There are plenty of alternatives as well and It's your job to find out what suits your needs (I however recommend Winamp for Windows users).

Link http://www.winamp.com/