

Weekly Time Management Survey

This survey aims to investigate how people manage their time in a week.

The data collected for this survey will be used for STATS 220 project 2 of the University of Auckland, and will be only shared with the person who conducts the project and the teaching assistants.

The survey is 100% anonymous and thanks for your valuable time to participate in this survey.

*** Indicates required question**

1. How old are you? *

Mark only one oval.

☐ Under 18

☐ 18 - 36

☐ 37 - 54

☐ Above 54

2. What is your gender identity? *

Mark only one oval.

☐ Female

☐ Male

☐ Non-binary

☐ Prefer not to say

3. Are you a student? *

Mark only one oval.

☐ Yes *Skip to question 4*

☐ No *Skip to question 8*

Students' weekly time management

This section is to investigate students' weekly time management

4. Over the past one week, how many hours did you spend on study? (including lecture time, reading and after-class revision) *

5. Over the past one week, please select the following events you did in your spare time. *

Tick all that apply.

- ☐ Exercising (both indoor and outdoor)
- ☐ Napping
- ☐ Partying
- ☐ Playing games
- ☐ Spending time with friends or families

6. Over the past one week, how many hours did you spent on the selected events from the last question in total? *

7. Over the past one week, how do you perceive your time management skills on a scale of 1 to 7? *

Mark only one oval.

	1	2	3	4	5	6	7	
It was	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	It can't be better, my life was so well-organized

Non-students' weekly time management

This section is to investigate non-students' weekly time management

8. Over the past one week, how many hours did you spend on your main task during your busy time? *

9. Over the past one week, please select the following events you did in your spare time. *

Tick all that apply.

- ☐ Exercising (both indoor and outdoor)
- ☐ Napping
- ☐ Partying
- ☐ Playing games
- ☐ Spending time with friends or families

10. Over the past one week, how many hours did you spent on the selected events from the last question in total? *

11. Over the past one week, how do you perceive your time management skills on a scale of 1 to 7? *

Mark only one oval.

	1	2	3	4	5	6	7	
It was	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	It can't be better, my life was so well-organized

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