Changing from 32 to 64bit

- If your Virtual Box only showing 32 bit =

http://www.fixedbyvonnie.com/2014/11/virtualbox-showing-32-bit-guest-versions-64-bit-host-os/

- Help to release **mouse** capture in **virtualBox**. Press one key by itself: *The [CTRL] key on the right hand side of the keyboard