

7 Ball outside the field

- 7.1 The ball is out of play when it passes completely over the side-line or back-line.
- 7.2 Play is restarted by a player of the team which was not the last team to touch or play the ball before it went out of play. When the ball travels over the side-line, play is re-started where the ball crossed the line and the procedures for taking a free hit apply.
- 7.3 When the ball is played over the back-line and no goal is scored:
- a if played by an attacker, play is re-started with the ball up to 15 metres from and in line with where it crossed the back-line and the procedures for taking a free hit apply
 - b if played unintentionally by a defender or deflected by a goalkeeper, play is re-started with the ball on the 23 metres line and in line with where it crossed the back-line and the procedures for taking a free hit apply

With the ball being placed on the line, the re-start is effectively within the 23 metres area and the provisions for taking a free hit are applicable

- c if played intentionally by a defender, unless deflected by a goalkeeper, play is re-started with a penalty corner.

8 Method of scoring

- 8.1 A goal is scored when the ball is played within the circle by an attacker and does not travel outside the circle before passing completely over the goal-line and under the cross- bar.

The ball may be played by a defender or touch their body before or after being played in the circle by an attacker.