14 Personal penalties

- 14.1 For any offence the offending player may be:
 - a a cautioned (indicated by spoken words)
 - b warned and temporarily suspended for 2 minutes of playing time (indicated by a green card)
 - c temporarily suspended for a minimum of 5 minutes of playing time (indicated by a yellow card)

For the duration of each temporary green and yellow card suspension of a player on or off the field, the offending team plays with one fewer player.

d permanently suspended from the current match (indicated by a red card).

For each permanent suspension, the offending team plays for the remainder of the match with one fewer player.

A personal penalty may be awarded in addition to the appropriate penalty.

- 14.2 Temporarily suspended players must remain in a designated place until permitted by the umpire who suspended them to resume play.
- 14.3 Temporarily suspended players are permitted to re-join their team at a quarter break and at half time interval after which they must return to a designated place to complete their suspension.
- 14.4 The intended duration of a temporary suspension may be extended for misconduct by a player while suspended.
- 14.5 Permanently suspended players must leave the field and its surrounding area.