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FLAVOR, CARAMEL COLOR. INGREDIENTS: YELLOW CORN FLOUR, SALT, MALTODEXTRIN, PAPRIKA, SPICES, MODIFIED CORNSTARCH, SUGAR, GARLIC POWDER, CITRIC ACID, AUTOLYZED YEAST EXTRACT, NATURAL

Protein 0g Sugars Less than 1g Total Carbohydrate 4g %L %8L Sodium 430 mg Trans Fat 0g Total Fat Og **%0** 

Iron 2% %∂ A nimstiV \*aulsV ylisG % Daily Value



www.bgfoods.com/emerils tips from Emeril visit: For more great recipes and

## Try it with chicken too!

Percent Daily Values are based on a 2,000 calorie diet.

Serving Size: 1/6 envelope qsdT f

Mutrition

Calories 20

8 servings: About 6

Facts

or 1 lb. boneless chicken breast, cut up, cooked until no longer pink.



10.5"

your favorite toppings. with meat mixture and add Fill 12 warmed taco shells



stirring often. mix. Heat until thickened, drain. Add ¾ cup water & seasoning Brown 1 pound ground beef\*;

Yield: 1 pouch seasons 12 tacos

**EMERIL'S TACOS** 



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