

# Give 'em the brand they love!

**98%  
FAT FREE**



## RECIPE

### CHICKEN CAESAR SALAD

- 1 can (10oz.) Underwood Premium Chunk Chicken Breast, drained
- 1 head Romaine lettuce
- 1 cup seasoned croutons
- 2 tbsp. grated Parmesan cheese
- 1 cup Emeril's® or Maple Grove Farms of Vermont® Caesar Salad dressing

In a large bowl, combine Chicken Breast, croutons, and cheese. Pour dressing over lettuce and chicken, toss gently to coat.

YIELD: 4 servings

PREP TIME: 10 minutes



Available  
in 5oz.  
and 10oz.  
sizes.