# Double Descent Demystified: Identifying, Interpreting & Ablating the Sources of a Deep Learning Puzzle

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A review by Jack Hanke

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It's 2001, and Alex Krizhevsky, Ilya Sutskever, and Geoffrey Hinton want to win the ImageNet LSVRC-2010 contest, an image classification competition with over 1000 different classes of images.



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Likely indirectly due to their work, we have all been in a similar situation. You solved a problem with a neural network and now have a large collection of inscrutable weights  $\theta$ .

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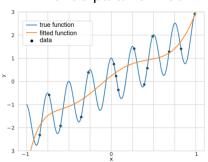
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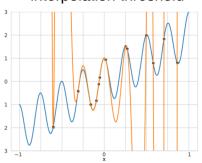
- Why does a model with so many parameters not just memorize the data? This is the double descent problem.
- The answer to this is (in part) this paper.

#### The Traditional View

#### underparametrized

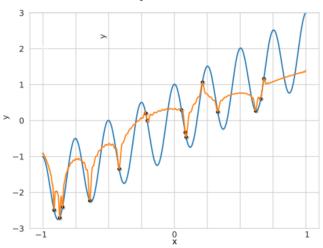


#### interpolation threshold



# What (often) actually happens

# overparametrized



#### What is double descent?

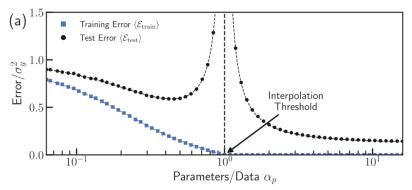
This paper defines double descent as:

A phenomenon in machine learning that many classes of models can, under relatively broad conditions, exhibit where as the number of parameters increases, the test loss falls, rises, then falls again.

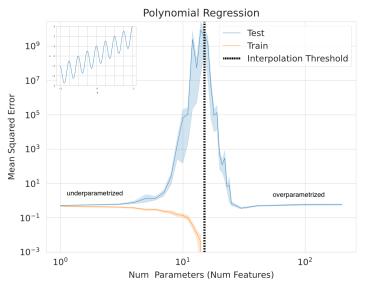
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### Double descent in polynomial regression



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We will next study linear models, which have a fixed value of P=D+1. Therefore, double descent occurs in the direction of increasing N.

#### Double descent in linear regression

The underparametrized regime is the classic least-squares minimization problem:

$$\hat{\vec{\beta}}_{\textit{under}} = \mathrm{argmin}_{\vec{\beta}} ||X\vec{\beta} - Y||_2^2,$$

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For the overparameterized regime, the above optimization problem has infinite solutions. Therefore, we need to choose a different optimization problem:

$$\hat{\vec{\beta}}_{over} = \mathsf{argmin}_{\vec{\beta}} ||\vec{\beta}||_2^2 \text{ s.t. } \forall n \in (1, \dots, N) \ \vec{x_n} \vec{\beta} = y_n$$

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# Why this choice?

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We choose this optimization problem because it is the optimization problem that gradient decent implicity minimizes!

Unknown to us and the model is the ideal linear parameters  $\beta^*$  that truly minimize the test mean squared error. We write

$$Y = X\beta^* + E$$

where E is the uncapturable error. <sup>1</sup>

 $<sup>^1</sup>E$  could either be due to a inherently non-linear true relationship or a noisy but linear relationship.

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$$\begin{array}{rcl} \hat{y}_{test,under} & = & \vec{x}_{test} \cdot (X^T X)^{-1} X^T Y \\ \hat{y}_{test,under} & = & \vec{x}_{test} (X^T X)^{-1} X^T E + y_{test}^* \\ \hat{y}_{test,under} - y_{test}^* & = & \vec{x}_{test} (X^T X)^{-1} X^T E. \end{array}$$

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We replace X with its singular value decomposition

$$X = U\Sigma V^T$$

with singular values  $\sigma_1 > \sigma_2 \cdots > \sigma_R > 0$ . The singular values are the square roots of the eigen values of X, ie  $\sigma_r = \sqrt{\lambda_r}$ .

We get the following

$$\hat{y}_{test,over} - y_{test}^* = \sum_{r=1}^R \frac{1}{\sigma_r} (\vec{x}_{test} \cdot \vec{v}_r) (\vec{u}_r \cdot E) + \text{bias term}$$

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The variance term causes double descent!

#### Intuition for components of variance term

$$\sum_{r=1}^{R} \frac{1}{\sigma_r} (\vec{x}_{test} \cdot \vec{v}_r) (\vec{u}_r \cdot E)$$
 (1)

Double descent happens when all three of these terms grow large!

• How much the *training features X* vary in each direction

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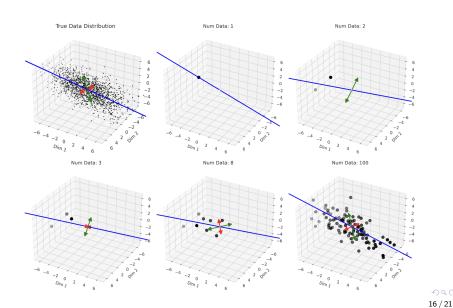
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 How well the best possible model can correlate the variance in the training features X with the training regression targets Y

$$\vec{u_r} \cdot E \qquad \qquad {\scriptstyle \longleftarrow \longleftarrow \longleftarrow \longleftarrow} \qquad {\scriptstyle \longrightarrow} \qquad {\scriptstyle \longleftarrow} \qquad {\scriptstyle \longleftarrow} \qquad {\scriptstyle \longleftarrow} \qquad {\scriptstyle \longleftarrow} \qquad {\scriptstyle \longrightarrow} \qquad {\scriptstyle \longleftarrow} \qquad {\scriptstyle \longleftarrow} \qquad {\scriptstyle \longleftarrow} \qquad {\scriptstyle \longleftarrow} \qquad {\scriptstyle \longrightarrow} \qquad {\scriptstyle \longrightarrow} \qquad {\scriptstyle \longleftarrow} \qquad {\scriptstyle \longrightarrow} \qquad {\scriptstyle \longleftarrow} \qquad {\scriptstyle \longrightarrow} \qquad {$$

# Why do small singular values $\sigma_r$ happen near P = D?



#### The other components of the variance term

$$\sum_{r=1}^{R} \frac{1}{\sigma_r} (\vec{\mathbf{x}}_{test} \cdot \vec{\mathbf{v}}_r) (\vec{\mathbf{u}}_r \cdot E)$$
 (2)

How do the other terms contribute to double descent?

- The test datum does not vary in different directions than the training features. If the test datum lies entirely in the subspace of just a few of the leading singular directions, then double descent is unlikely to occur.
- If  $E = \vec{0}$ , (ie the true function is linear), the variance at and after the interpolation threshold is 0.

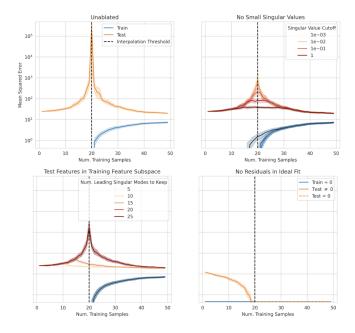
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We are going to "remove" each of these contributions to the variance and exhibit that double descent does not occur.



#### Double descent in nonlinear models - Intuition

Neural networks are composed of multiple successive linear regression problems with non-linear activation functions. In many cases training neural networks is equivalent to linear regression on a certain set of features that are functions of the training data.

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"It's interesting to note that we're observing double-descent in the absence of label noise. That is to say: the inputs and targets are exactly the same. Here, the "noise" arises from the lossy compression happening in the down projection." Our tutorial clarifies that noise in the sense of a random unpredictable quantity is not necessary to produce double descent. Rather, what is necessary is residual errors from the perspective of the model class. Those residual errors could be entirely deterministic, such as a nonlinear model attempting to fit a noiseless linear relationship."

Tom Henighan, Shan Carter, Tristan Hume, Nelson Elhage, Robert Lasenby, Stanislav Fort, Nicholas Schiefer, and Christopher Olah. Double descent in the condition number. *Transformer Circuits Thread*, 2023.

#### Summary

#### In this talk we covered

- We identified double descent in various regression problems
- We interpreted the components of the variance term in the test error that contribute to double descent
- We ablated the components for a dataset to demonstrate that double descent occurs only when all components are large near the interpolation threshold

We also argued that in linear and non-linear models we expect the double descent behavior in a probabalistic sense without intentional ablation.

# Thank you for listening!

