

Does disaggregated electricity feedback
reduce domestic electricity consumption?
A systematic review of the literature

Jack Kelly

jack.kelly@imperial.ac.uk

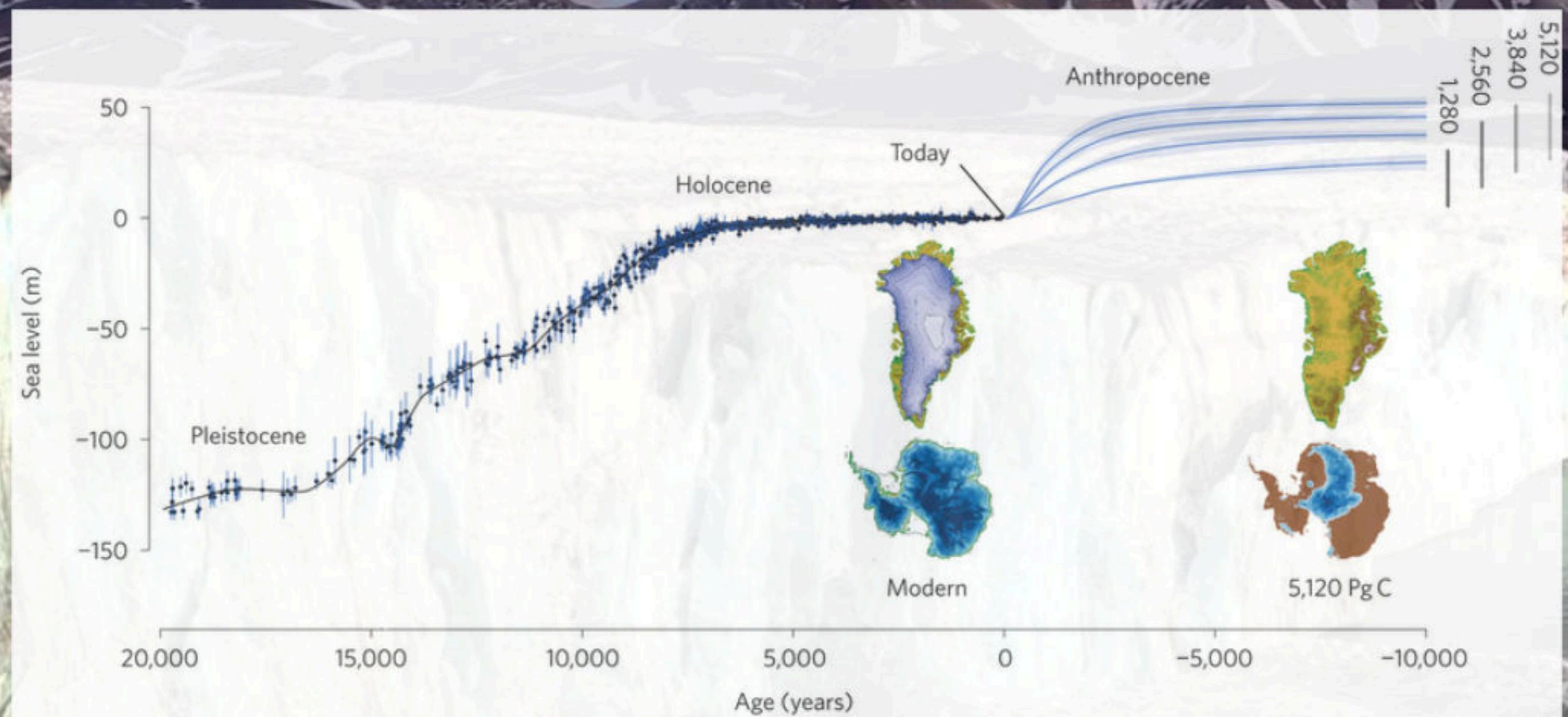


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Past and future changes in global mean sea level



Clark et al., [Consequences of twenty-first-century policy for multi-millennial climate and sea-level change](#),
Nature Climate Change, 2016

Background video by [Incredible Arctic / shutterstock](#)

Evidence that NILM can help save energy...

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1) People *want* disaggregated energy data

2) Behaviour affects energy consumption

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modifying behaviour → reduce energy consumption

3) People are bad at estimating
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the energy consumption of their appliances**

→ Fix the ‘information deficit’ then users can
operate as rational ‘resource managers’

(I'm now sceptical of this idea)

4) Multiple studies *report* that disaggregated feedback reduces energy consumption

5) Smart meters



‘NILLM

is

dead!'

‘NILM is dead!’

Systematic reviews

A surgeon in blue scrubs and a surgical mask is shown in the foreground, holding a test tube. In the background, a patient is lying on an operating table. The image is used as a background for the title 'Systematic reviews'.

Background image from [UCSF](#)

Systematic reviews

- Common in medicine, social sciences etc.
- Distinct from 'narrative' reviews
- Aim to collect *all* papers matching a defined search criteria
- Quantitative summary of each paper and biases
- Quantitative synthesis of all results

Background image from [UCSF](#)

Literature search

1. Three search engines: Google Scholar, the ACM Digital Library and IEEE Xplore
2. Search terms:
 - 'disaggregated AND [energy|electricity] AND feedback'
 - 'N[I|A|IA]LM AND feedback'
3. Searched papers' bibliographies
4. Sent draft literature review to authors for comments

The studies

12 groups of studies identified

Study	Feedback presentation	Num. houses in disag. group										Num. houses in study		Num. disaggregation categories		Duration (months of disag)		Reduction in electricity use ^U (%)		Reduction is for whole house?		Sample period of meter		Feedback delay		Timing: Historic or Concurrent?		Time frames for historic ^T		Recommendations given? ^R		Control group?		Controlled for Hawthorne?		Volunteer bias? ^V		Controlled for weather?																																																																																																																																																																					
		25	100	~ 8	2	12.9	✓	0.6 sec	0	H&C	HDM	✗	✓	✓	L	✓	25	100	1	-	0.0	✗	-	0	H&C	-	G	✓	✓	L	-	10	44	1	≥ 2	12.2	✗	15 sec	0	C	-	✗	✓	✓	L	✓	8	8	16	2	9	✓	30 min	next day	H	D, 10D	P	✗	✗	H [#]	✓	10	19	16	3	18	✓	30 min	next day	H	D, 10D	P	✓	✓	H [#]	✓	8	8	16	2	9	✓	30 min	next day	H	D, 10D	P	✓	✓	H [#]	✓	10	13	7	3	5	✓	?	1-2 min	H&C	D	P	✗ [#]	✗ [#]	H [#]	✗ [#]	10	4	7	4	38	✗	?	1-2 min	H&C	D	P	✗	✗ [#]	H [#]	✗ [#]	1623	1623	5	≤ 44	6.1	✓	hourly	0	H	Y	P	✗	✗	L	✓	163	328	≥ 3?	-	6	✓	30 sec & 1 hr	0	H&C	DBY	P	✓	✗	H	✓	844	1685	≥ 3?	3	2.1	✓	30 sec	0	H&C	DBY	P	✓	✗	H	✓	6	6	~ 10	18	7.8	✓	?	0?	H&C	?	?	✗	✗	H	✗	12	70	≥ 3?	0.75	3	✓	30 sec	0	H&C	DBY	P	✓	✗	L	✓							
“RECS” [23]	dedicated computer	25	100	~ 8	2	12.9	✓	0.6 sec	0	H&C	HDM	✗	✓	✓	L	✓	McCalley & Midden 2002 [24]	Virt. wash. machine	25	100	1	-	0.0	✗	-	0	H&C	-	G	✓	✓	L	-	Wood & Newborough '03 [25]; Mansouri & Newborough '99 [26]	LCD by cooker	10	44	1	≥ 2	12.2	✗	15 sec	0	C	-	✗	✓	✓	L	✓	“ECOIS-I” [27], [28]	Dedicated laptop	8	8	16	2	9	✓	30 min	next day	H	D, 10D	P	✗	✗	H [#]	✓	“ECOIS-II” [28]–[30]	Dedicated laptop	10	19	16	3	18	✓	30 min	next day	H	D, 10D	P	✓	✓	H [#]	✓	“EnergyLife” trial 1 [31]–[33]	iPhone	13	13	7	3	5	✓	?	1-2 min	H&C	D	P	✗ [#]	✗ [#]	H [#]	✗ [#]	“EnergyLife” trial 2 [34]	iPhone	4	4	7	4	38	✗	?	1-2 min	H&C	D	P	✗	✗ [#]	H [#]	✗ [#]	Home Energy Analytics [15], [16], [20], [21]	Web & email & home visits	1623	1623	5	≤ 44	6.1	✓	hourly	0	H	Y	P	✗	✗	L	✓	Bidgely 2013 [35], [36]	Web, mobile, email	163	328	≥ 3?	-	6	✓	30 sec & 1 hr	0	H&C	DBY	P	✓	✗	H	✓	PG&E Pilot 2014 [17], [22]	Web, mobile, email	844	1685	≥ 3?	3	2.1	✓	30 sec	0	H&C	DBY	P	✓	✗	H	✓	Schwartz et al. 2014 [14]	Web, mob, TV	6	6	~ 10	18	7.8	✓	?	0?	H&C	?	?	✗	✗	H	✗	Sokoloski 2015 [37]	Web, mob, email	12	70	≥ 3?	0.75	3	✓	30 sec	0	H&C	DBY	P	✓	✗	L	✓

Research questions

Q1. Can disaggregated electricity feedback enable ‘energy enthusiasts’ to save energy?

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- Very likely...
- Weighted-mean energy reduction = 4.5%
- A *lot* of uncertainty...

Biases

The Hawthorne Effect

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- Failure to control for Hawthorne very likely to be strong positive bias
- 8 studies did not control for Hawthorne

Other biases

Other biases

- 6 studies used attention-grabbing displays
- Home-visits
- 10 studies were short (4 months or less)
- Cherry-picking statistical analyses and comparison periods?
- 8 studies used sub-metered data, hence avoiding mistrust from participants
- Publication bias?

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 - 2 field trials & 2 lab experiments

The 2 field trials...

Sokoloski 2015

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- Rebecca Sokoloski, [Disaggregated Electricity Consumption: Using Appliance-Specific Feedback to Promote Energy Conservation](#), M.A. thesis in Psychology, *California State University San Marcos*, 2015



24 HR

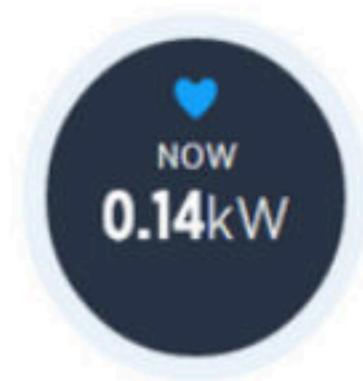
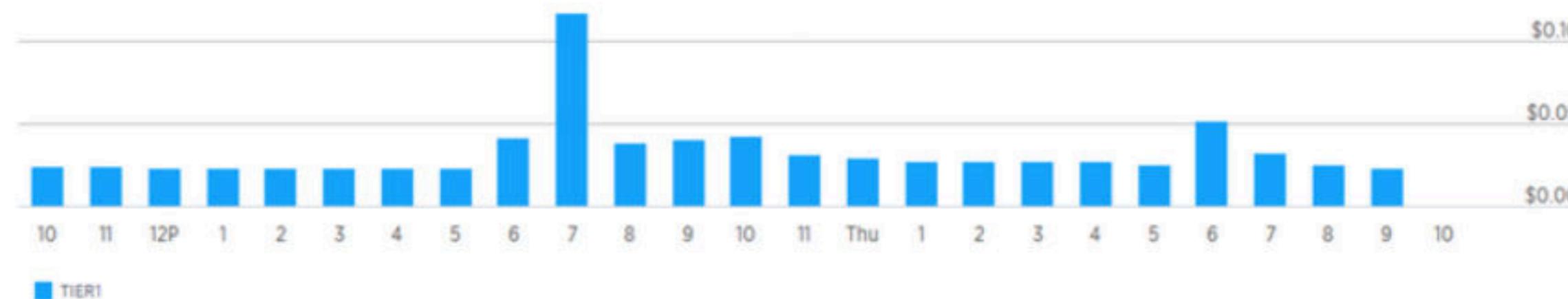
BILLING CYCLE

YEAR

THU SEP 4, 2014



You spent **\$0.80** on Whole House



WHOLE HOUSE \$ 0.80

REFRIGERATION \$ 0.24

ALWAYS ON \$ 0.17

OTHERS \$ 0.39

Bidgely Detective BETA



How much are your
appliances costing
you each month?

Find out yourself

Whole House usage details

ENERGY RATE

\$0.16/kWh

YOUR CURRENT RATE

COST PROJECTIONS

\$26

ESTIMATED BILL

TIERS

1
\$0.16

CURRENT VS. PROJECTION

\$5 **\$26**
25 days left



24 HR

BILLING CYCLE

YEAR

JUL 29 - AUG 28 2014

\$



You spent **\$3.01** on Refrigeration



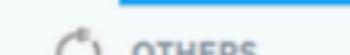
WHOLE HOUSE \$ 27.03



ALWAYS ON \$ 5.27



REFRIGERATION \$ 3.01



OTHERS \$ 18.76

Refrigeration usage details

11%

OF WHOLE HOUSE



YOUR REFRIGERATION COMPARED TO SIMILAR

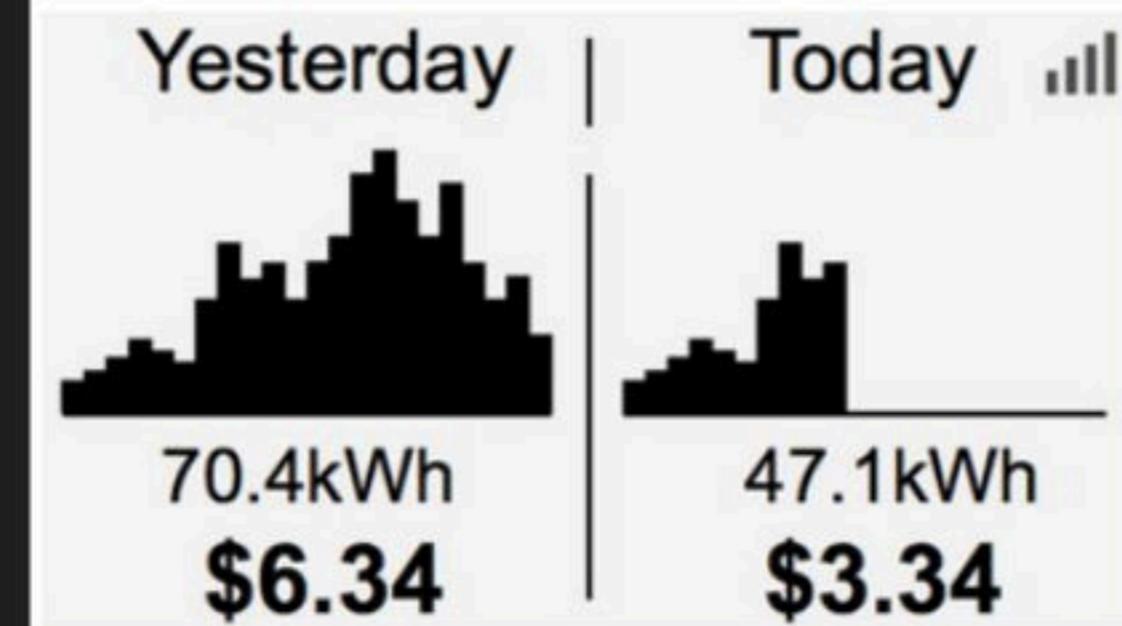


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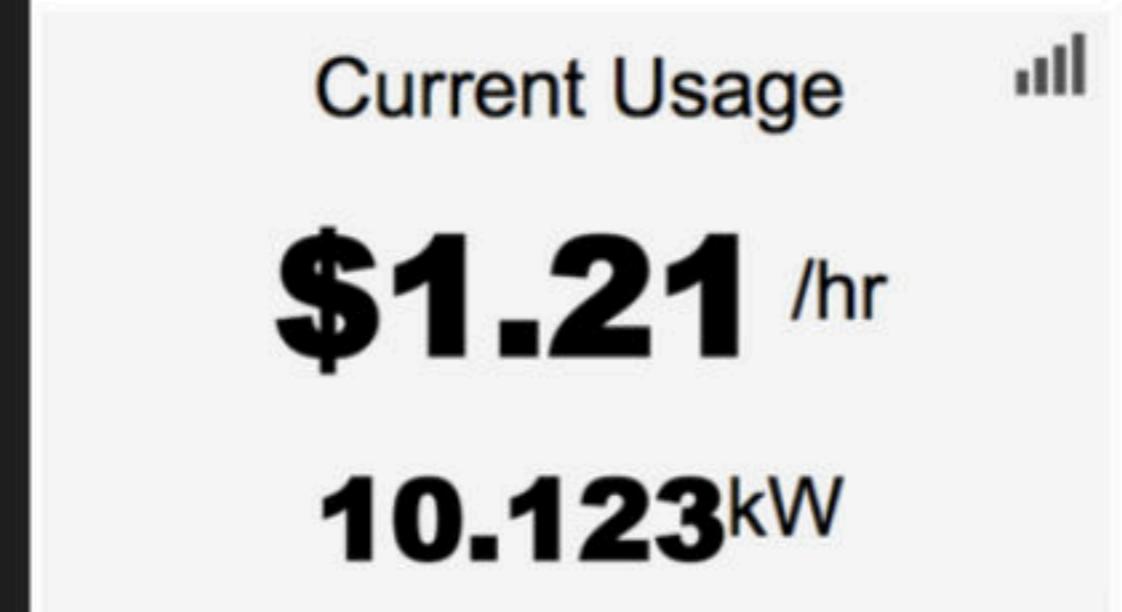
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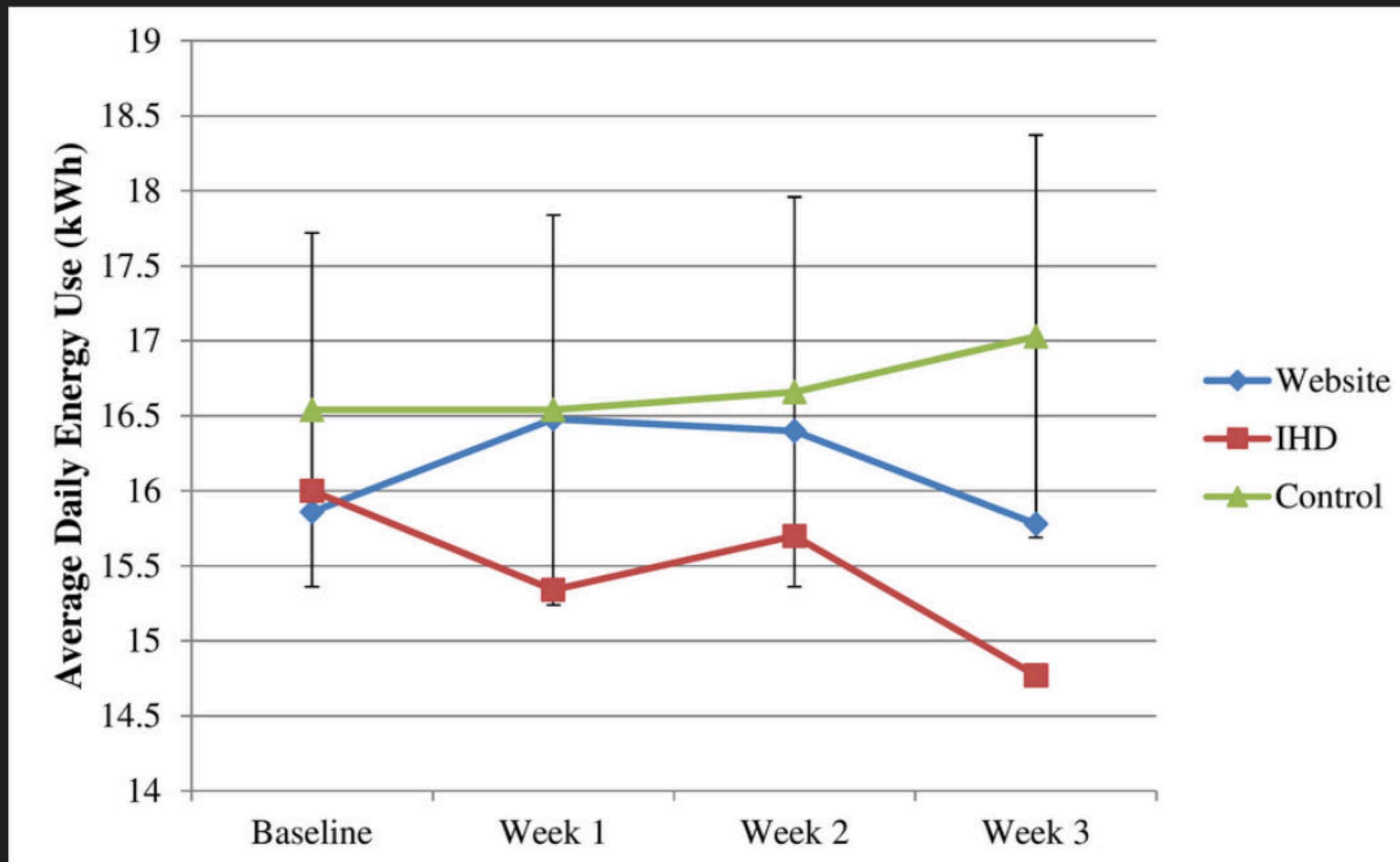
Appendix E.1: Day by Day Comparisons



Appendix E.2: Energy use in real-time



Sokoloski's results



Sokoloski's results

Energy reductions:

- IHD: 8.1% (statistically significant)
- Disaggregation: 0.5%
- Control: -2.5%

Sokoloski's results

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- IHD group *did* increase their perception of control.

Sokoloski's results

Findings from surveys:

Sokoloski's results

Findings from surveys:

- Users viewed their devices:
 - 0.86 times per day for disag users
 - 8.16 times per day for IHD users

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- Churchwell et al., [HAN Phase 3 Impact and Process Evaluation Report](#), technical report by Nexant, 2014

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- Several users did not trust the disag data.
- IHD more successful in communicating power demand *now*

Bidgely have redesigned their website since these studies

Conclusions

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- Disag feedback might drive savings of 0.7% - 4.5% in general population
- Disag feedback might drive larger savings in ‘energy enthusiast’ populations
- Fine-grained disag may not be necessary
- But! Lots of gaps in our knowledge. Cannot robustly falsify any hypotheses yet.

Suggestions for future studies

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- Compare fine-grained disag versus coarse-grained disag
- If you have data then please consider releasing it; or writing a paper; or collaborating with someone who will write a paper with you!

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- Energy prices increase
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- Disag accuracy increases or if designers communicate uncertain estimates
- Lots of ideas in the literature about how to improve disag feedback. e.g. disag by *behaviour*; or display feedback near appliances; or provide better recommendations etc.

Appendix

PG&E 2014 trial results

Reported actions taken in response to feedback

Please describe the changes you or others in your household have made	Device Type		Stat. Sig. Diff (90%)?	P-value*
	Gateway	IHD		
Turned off lights not in use	75%	82%	Y	0.03
Turned off office equipment	44%	40%	N	0.26
Turned off entertainment center	32%	31%	N	0.87
Installed a power strip to control "vampire" loads	25%	18%	Y	0.02
Installed compact fluorescent lights (CFLs)	20%	23%	N	0.48
Installed light-emitting diode lights (LEDs)	40%	38%	N	0.62
Bought an energy efficient appliance	15%	18%	N	0.24
Changed the setting on my manual thermostat to use less energy	16%	17%	N	0.57
Re-programmed by programmable thermostat to use less energy	22%	21%	N	0.63
Did fewer loads of laundry	32%	37%	N	0.10
Did fewer loads of dishes	20%	28%	Y	0.01
Only used cold water when doing laundry/dishes	15%	20%	Y	0.08
Other	21%	28%	Y	0.04

*p-values less than 0.1 indicate that gateway and IHD users' responses are significantly different at the 90% level of confidence.