



Did you know YoungGun Cricket is the leading high performance coaching facility for females in the Country?

YOU MAY KNOW SOME OF OUR YOUNGGUN'S WHO WE CONTINUE TO HELP REALISE THEIR CRICKET DREAMS VIA OUR ACADEMIES AND PERSONAL 1-1 COACHING...

MOLLY STRANO - AUSTRALIA T20 WORLD CUP - TASMANIA - HOBART HURRICANES
ELLA HAYWARD - VICTORIA - MELBOURNE RENEGADES - AUSTRALIA U/19 WORLD CUP - MELB 1ST XI
POPPY GARDINER - VICTORIA - MELBOURNE RENEGADES - DANDENONG 1ST XI
ERIN CARROLL - MELBOURNE RENEGADES - VIC U/18 - AUS U/18 - RINGWOOD 1ST XI
AMELIE O'MEARA - VICTORIA U/16 - MELB 1ST XI
ELLA STALLWOOD - VICTORIA U/18 - MELB 1ST XI
LUCY PAGE - VICTORIA U/18 - MELB 1ST XI
ELIZABETH CORMACK - VICTORIA U/16 - PRAHRAN 1ST XI
ANNERCEY HOMBERG - VICTORIA U/18 - MELB 1ST XI
EMMA STILVE - VICTORIA U/16 - BOX HILL 1ST XI

TERM 2 OFF-SEASON ACADEMIES

YoungGun Cricket powered by PER4ORM & The Cricket Performance Lab announce our 2023 Female Academies. There are 2 custom designed programs -

Female Foundation Academy is for Players who are new to the game or in their first few years of Club cricket.

The Female Professional Cricket Pathway Academy is for Representative and Premier players who are aspiring to reach professional levels.

We've created an all encompassing cricket development experience designed to address skill development, tactical awareness, mental strength & strategies, S&C preparation and nutrition... It's the ultimate cricket education and development program and players will be exposed to techniques, game education and coaching not available at Club cricket.



Our Academies give players the opportunity to learn from the best Coaches in the game, develop elite cricket skillsets while gaining a true understanding of their cricket identity. We are committed to helping create holistic cricketers who have advanced knowledge of the game inside the game and are truly prepared to be their best on field and beyond the boundary.

AREAS OF FOCUS

- | | |
|---|---|
| <ul style="list-style-type: none">• Cricket IQ & Identity• Game Sense/Scenarios• Bat v Ball - Battle Zones• T20 - High Impact Cricket• Skill Assessment & Evaluation• Match Preparation & Performance Analysis | <ul style="list-style-type: none">• Foundations & Basics• Physical Screening/Testing• Batting v Spin• Next Level Fielding/Keeping• Dynamic Vision Training• Multi Format Bowling• Cricket in the Technology and Data Driven Era |
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DATES/TIMES

FRIDAY NIGHTS - TERM 2 2023

Female Foundation Academy

5pm - 6pm

Female Professional Cricket Pathway

6pm-7.30pm

Industry Expert Presentations 7.30 - 8pm inc.

Start Dates -

Female PCP - Friday April 28 2023

Female Foundation - Friday May 5 2023

COST

Foundation
Academies
8 session Program
\$545*

PCP Academies
9 week Program
\$995*

WWW.YOUNGGUNCRICKET.COM.AU

WWW.CRICKETPERFORMANCELAB.COM.AU

PHONE: 1300 YOUNG GUN (1300 968 644)



TERM 2 OFF-SEASON ACADEMIES



ACADEMY FEATURES AND INCLUSIONS:

LEVEL 3 PREMIER & PATHWAY COACHES

WEEKLY PRESENTATIONS FROM INDUSTRY EXPERTS

SPECIAL APPEARANCES BY PROFESSIONAL 1ST CLASS PLAYERS

FREE ACCESS TO THE WORLDS FIRST CRICKET ATHLETE

MANAGEMENT SYSTEM - PER4ORM

1 FREE HOUR OF SMART LANE USE

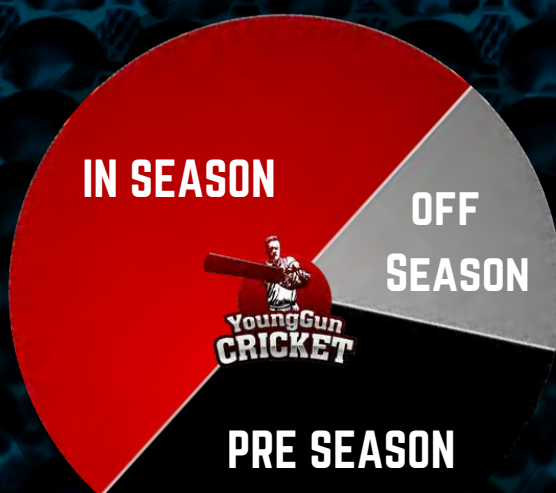
COMPLIMENTARY ACCESS TO THE YOUNGGUN GYM

CRICKET PERFORMANCE LAB STORE 10% DISCOUNT

TRUE LEARNING HAPPENS ALL YEAR LONG
- THE PROS'S DONT TAKE A BREAK OVER
WINTER SO WHY SHOULD YOU?

Gone are the days of cricket being just a
'Summer' sport. We now know the
importance of off season development to
ensure in season performance.

Our academies are the perfect way to
get your game in order for next season.
Whether you're an under 12 player new
to the game playing rookies or an 18 year
old semi- professional looking to make
their mark on premier cricket or beyond,
we have customised programmes for
you.



**JOIN
NOW**

EACH ACADEMY IS STRICTLY LIMITED TO
16 SPOTS AND WILL BOOK OUT
REGISTER NOW
PHONE: 1300 YOUNGGUN
COACHING@YOUNGGUNCRICKET.COM.AU

START YOUR CRICKET JOURNEY LIKE SO MANY OTHERS
WITH YOUNGGUN, PER4ORM AND CRICKET PERFORMANCE LAB



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