





TERM 2 OFF-SEASON ACADEMIES

YoungGun Cricket powered by PER4ORM & The Cricket Performance Lab announce our 2023 Academies. The programmes are custom designed for Under 12's and Female Foundation, Under 14 & 16 High Performance and the Male and Female Professional Cricket Pathway academies. We've created an all encompassing cricket development experience designed to address skill development, tactical awareness, mental strength & strategies, S&C preparation and nutrition... It's the ultimate cricket education and development program.







Our Academies give players the opportunity to learn from the best Coaches in the game, develop elite cricket skillsets while gaining a true understanding of their cricket identity. We are committed to helping create holistic cricketers who have advanced knowledge of the game inside the game and are truly prepared to be their best on field and beyond the boundary.

AREAS OF FOCUS

- Cricket IQ & Identity
- Game Sense/Scenarios
- Bat v Ball Battle Zones
- T20 High Impact Cricket
- Skill Assesment & Evaluation
- Match Preparation & Performance Analysis
- Foundations & Basics
- Physical Screening/Testing
- Batting v Spin
- Next Level Fielding/Keeping
- Dynamic Vision Training
- Multi Format Bowling
- Cricket in the Technology and Data Driven Era

DATES/TIMES

MONDAY

Foundation U/12
5pm - 6pm
High Performance U/14
6pm - 7.30pm
Industry Expert
Presentations 7.30 -8pm inc.
High Performance U/16
8pm - 9.30pm

FRIDAY

Female Foundation
5pm - 6pm
Female PCP
6pm-7.30pm
Industry Expert
Presentations 7.30 -8pm inc.
Male PCP
8pm - 9.30pm

Start Dates -

Under 12's/14's/16's - Monday 1st May 2022 Female & Male PCP - Friday April 28 2022

COST

Foundation
Academies
8 session Program
\$545*

High Performance
Academies
8 Session Program
\$895*

PCP Academies 9 week Program \$995*

WWW.YOUNGGUNCRICKET.COM.AU WWW.CRICKETPERFORMANCELAB.COM.AU PHONE: 1300 YOUNG GUN (1300 968 644)







TERM 2 OFF-SEASON ACADEMIES



ACADEMY FEATURES AND INCLUSIONS:

LEVEL 3 PREMIER & PATHWAY COACHES

WEEKLY PRESENTATIONS FROM INDUSTRY EXPERTS

SPECIAL APPEARNCES BY PROFESSIONAL 1ST CLASS PLAYERS

FREE ACCESS TO THE WORLDS FIRST CRICKET ATHLETE

MANAGEMENT SYSTEM - PER40RM

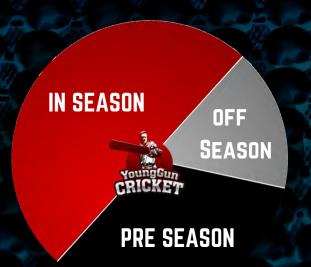
1 FREE HOUR OF SMART LANE USE
COMPLIMENTARY ACCESS TO THE YOUNGGUN GYM
CRICKET PERFORMANCE LAB STORE 10% DISCOUNT

THE AUSSIES WON'T BE TAKING A BREAK OVER WINTER SO WHY SHOULD YOU?

Gone are the days of cricket being just a 'Summer' sport. We now know the importance of off season development to ensure in season performance.

Our academies are the perfect way to get your game in order for next season.

Whether you're an under 12 player new to the game playing rookies or an 18 year old looking to make their mark on premier cricket, we have customised programmes for you.





EACH ACADEMY IS STRICTLY LIMITED TO 20 SPOTS AND WILL BOOK OUT REGISTER NOW PHONE: 1300 YOUNGGUN

COACHING@YOUNGGUNCRICKET.COM.AU

START YOUR CRICKET JOURNEY LIKE SO MANY OTHERS

