

Knowledge of opportunities and limitations of these technologies related to clinical engagement/ therapeutic relationship

- Awareness of the greater flexibility that digital technologies can offer clients and clinicians when compared to person therapies e.g. accessibility (video conferencing etc); controlled experiences/exposure (VR etc)
- Awareness of how certain modalities may circumvent emotional barriers (e.g. shame, self-esteem)
- Awareness of how certain modalities can compensate for cognitive/sensory issues (e.g. recording sessions for client to re-examine)
- Awareness of how different channels of communication in digital technologies may limit or augment communication with clients or staff e.g. audio only prevents interpretation of body language
- Awareness of how therapeutic boundaries may be affected by digital technologies e.g. conducting a therapy session via video chat when both client and therapist are calling in from home