

Knowledge of opportunities and limitations of these technologies related to access

- Awareness that client's ability to access digital mental health technologies will vary according to personal circumstances and be able to suggest strategies to overcome digital inequalities where present
- Awareness of how technical issues (e.g. bandwidth limitations) and NHS issues may limit clients or staff accessing digital technologies and be able to suggest strategies to overcome these issues, e.g. using an Ethernet cable rather than wifi, closing applications or unnecessary web browser pages running in the background and planning another modality when setting up the sessions initially for any instances technical difficulties may arise.