If a particle (with mass m) has potential $V(\mathbf{r},t)$, then, it's wave function $\psi(\mathbf{r},t)$ satisfies the Schrödinger equation

$$\label{eq:delta_tilde} \boxed{ i\hbar \frac{\partial}{\partial t} \psi(\boldsymbol{r},t) = -\frac{\hbar^2}{2m} \Delta \psi(\boldsymbol{r},t) + V(\boldsymbol{r},t) \psi(\boldsymbol{r},t). }$$

Case: zero potential If $V(\mathbf{r},t) = 0$, Eq. (1) becomes

$$i\hbar \frac{\partial}{\partial t} \psi(\mathbf{r}, t) = -\frac{\hbar^2}{2m} \Delta \psi(\mathbf{r}, t). \tag{2}$$

Lemma 1. The general solution to the free-particle Schrödinger equation (2) is:

$$\psi(\mathbf{r},t) = \int A(\mathbf{k}) e^{i(\mathbf{k}\cdot\mathbf{r} - \hbar k^2 t/2m)} d^3 k,$$

representing a wave packet (superposition of plane waves). For a single plane wave, the solution is:

$$\psi_{\mathbf{k}}(\mathbf{r},t) = e^{\mathrm{i}(\mathbf{k}\cdot\mathbf{r} - \hbar k^2 t/2m)}.$$

This describes a particle with definite momentum $\mathbf{p} = \hbar \mathbf{k}$ and energy $E = \hbar \omega = \hbar^2 k^2 / 2 m$.

Proof. Assume the solution can be written as a product of a spatial part and a temporal part:

$$\psi(\mathbf{r},t) = \phi(\mathbf{r}) T(t).$$

Substitute into the Schrödinger equation:

$$i\hbar \phi(\mathbf{r}) \frac{dT}{dt} = -\frac{\hbar^2}{2m} T(t) \Delta \phi(\mathbf{r}).$$

Divide both sides by $\phi(\mathbf{r}) T(t)$:

$$\frac{\mathrm{i}\hbar}{T(t)}\frac{\mathrm{d}T}{\mathrm{d}t} = -\frac{\hbar^2}{2\,m}\frac{\Delta\phi(\mathbf{r})}{\phi(\mathbf{r})}.$$

The left side depends only on t, and the right side only on \mathbf{r} . Since they are equal for all \mathbf{r} and t, both sides must equal a constant, say E (the energy):

$$\frac{\mathrm{i}\hbar}{T(t)}\frac{\mathrm{d}T}{\mathrm{d}t} = E, \quad -\frac{\hbar^2}{2\,m}\frac{\Delta\phi(\mathbf{r})}{\phi(\mathbf{r})} = E.$$

From the time equation:

$$\frac{\mathrm{d}T}{\mathrm{d}t} = -\frac{\mathrm{i}E}{\hbar}T(t).$$

This is a first-order ODE with solution:

$$T(t) = e^{-iEt/\hbar}$$
.

From the spatial equation:

$$-\frac{\hbar^2}{2m}\Delta\phi(\mathbf{r}) = E\phi(\mathbf{r}),$$

or equivalently:

$$\Delta \phi(\mathbf{r}) + k^2 \phi(\mathbf{r}) = 0$$
, where $k^2 = \frac{2 m E}{\hbar^2}$.

This is the **Helmholtz equation**, whose solutions are **plane waves**:

$$\phi(\mathbf{r}) = e^{\mathrm{i}\mathbf{k}\cdot\mathbf{r}},$$

where **k** is the wavevector, and $|\mathbf{k}| = k = \sqrt{2 mE} / \hbar$.

Combining the time and spatial parts, the general solution is a superposition of plane waves:

$$\psi(\mathbf{r},t) = \int A(\mathbf{k}) \, e^{\mathrm{i}(\mathbf{k} \cdot \mathbf{r} - \omega t)} \, d^3 \, k,$$

where:

- $A(\mathbf{k})$ is an amplitude determined by initial conditions,
- The dispersion relation is $\omega = \frac{E}{\hbar} = \frac{\hbar k^2}{2 m}$.

Check that this satisfies the original equation:

$$\frac{\partial \, \psi}{\partial \, t} = -\mathrm{i} \omega \, \psi \, , \quad \Delta \psi = -k^2 \, \psi \, . \label{eq:delta-psi}$$

Substitute:

$$\mathrm{i}\hbar\left(-\mathrm{i}\omega\psi\right) = -\frac{\hbar^2}{2\,m}\left(-k^2\,\psi\right),$$

which simplifies to:

$$\hbar\,\omega\,\psi = \frac{\hbar^2 k^2}{2\,m}\,\psi\,,$$

true by the dispersion relation $\omega = \hbar k^2 / 2 m$.

The **general solution** to the free-particle Schrödinger equation is:

$$\psi(\mathbf{r},t) = \int A(\mathbf{k}) e^{i(\mathbf{k}\cdot\mathbf{r} - \hbar k^2 t/2m)} d^3 k,$$

representing a wave packet (superposition of plane waves). For a single plane wave, the solution is:

$$\psi_{\mathbf{k}}(\mathbf{r},t) = e^{\mathrm{i}(\mathbf{k}\cdot\mathbf{r} - \hbar k^2 t/2m)}.$$

This describes a particle with definite momentum $\mathbf{p} = \hbar \mathbf{k}$ and energy $E = \hbar \omega = \hbar^2 k^2 / 2 m$.