Data Sources

Sources

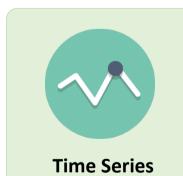








Modalities









Prompting Training Adaptation

Consumer Healthcare Tasks

Healthcare







Stress

Readiness

Fatigue







Activity

Calories

Sleep Quality







Anxiety

Depression

Sleep Disorder

Prompt template for health prediction

Instruction: You are an intelligent healthcare AI agent.

Question: The user is {age}-year-old {gender} with {height, weight ...}.

The recent $\{period\}$ sensor readings show: $< modality_i >$, $< modality_{i+1} > ...$ In this regard, what is user's $\{health level\}$ out of $\{range\}$?

Response: {answer}

Workout Plans

Applications



