

COURSE OUTLINE

BRAIN POWER ATTENTION Gym

Age : 2-5, 3-5 years old

Introduction

\\"Nowadays, technology has advanced far to create convenience for users. We bring technology into our daily life a lot so it has too many effects on the health of the body, such as affecting the eyes, causing eye fatigue, dry eyes, short-sightedness and also affects the concentration and development of children. It slows down concentration and slows down development that should grow with age. Therefore, this course will solve the problems of technology by providing activities to distract from technology and to develop children's skills.

Seq	Lesson	Objective
1	Clay dough for fun (My Hero)	<ul style="list-style-type: none">- Focus on their work- Improve their concentration- Reduce their tablet's usage time.- Improve fine motor skill- Creativity- Communication skill
2	Strike!!!	<ul style="list-style-type: none">- Improve their concentration- Reduce their tablet's usage time- Observation skill- Measuring skill- Analytical thinking skills
3	Creative art from seeds	<ul style="list-style-type: none">- Creativity- Improve their concentration- Reduce their tablet's usage time- Fine motor muscle
4	3D pen (Alphabet key chain)	<ul style="list-style-type: none">- Creativity- Improve their concentration skill- Reduce their tablet's usage time- Fine motor muscle

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5	Lego bridge building challenge	<ul style="list-style-type: none"> - Creativity - Problem solving - Reasoning - Improve their concentration skill
6	Easy paper crafts (Animal)	<ul style="list-style-type: none"> - Reduce their tablet's usage time - Creativity - Improve their concentration skill - Fine motor muscle
7	Don't let them fall!	<ul style="list-style-type: none"> - Reduce their tablet's usage time - Collaboration skill - Communication skill - Problem solving
8	Space memory game	<ul style="list-style-type: none"> - Enhance visual capacity - Improve memorialization - Improve focus
9	3D pen (Princess and Heroes key chain)	<ul style="list-style-type: none"> - Improve focus - Improve activity - Improve their concentration
10	Maze	<ul style="list-style-type: none"> - Improve focus - Improve activity - Improve their concentration - Improve problem solving skill