

# What Affects Happiness

Yunzhe Li, Nathan Sanders

University of California, Santa Cruz

*yli566@ucsc.edu nqsander@ucsc.edu*

December 8, 2018

# Background



- Gallup Conducts a survey called the Gallup World Poll for around 155 countries.
- In this Poll they ask random individuals questions that relate to their trust in government, family, health, freedom, economy and their happiness.
- This data is often used by governments, organizations to inform their policy decision making.

# Background



- Sustainable Development Solutions Network summarizes this data.
- They use a question called the "Cantril ladder" from the poll.
- They use some of the questions asked in the poll and condense them into 6 different factors.

# Data Presentation

Country	Region	Happiness Rank	Happiness Score	Standard Error	Economy (GDP per Capita)	Family	Health (Life Expectancy)	Freedom	Trust (Government Corruption)	Generosity	Dystopia Residual
Switzerland	Western Europe	1	7.587	0.03411	1.39651	1.34951	0.94143	0.66557	0.41978	0.29678	2.51738
Iceland	Western Europe	2	7.561	0.04884	1.30232	1.40223	0.94784	0.62877	0.14145	0.4363	2.70201
Denmark	Western Europe	3	7.527	0.03328	1.32548	1.36058	0.87464	0.64938	0.48357	0.34139	2.49204
Norway	Western Europe	4	7.522	0.0388	1.459	1.33095	0.88521	0.66973	0.36503	0.34699	2.46531
Canada	North America	5	7.427	0.03553	1.32629	1.32261	0.90563	0.63297	0.32957	0.45811	2.45176

Table: Head of World Happiness Data of 2015.

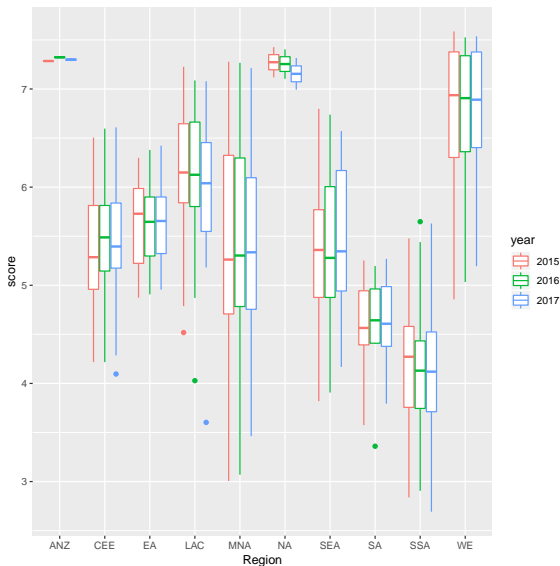
Country	Region	Happiness Rank	Happiness Score	Lower Confidence Interval	Upper Confidence Interval	Economy (GDP per Capita)	Family	Health (Life Expectancy)	Freedom	Trust (Government Corruption)	Generosity	Dystopia Residual
Denmark	Western Europe	1	7.528	7.46	7.592	1.44178	1.16374	0.79504	0.57171	0.44453	0.36171	2.73939
Switzerland	Western Europe	2	7.509	7.428	7.59	1.52733	1.14524	0.86303	0.58557	0.41203	0.28083	2.69463
Iceland	Western Europe	3	7.501	7.333	7.669	1.42666	1.18326	0.86733	0.56624	0.14975	0.47878	2.83137
Norway	Western Europe	4	7.498	7.421	7.575	1.57744	1.1289	0.79579	0.59609	0.35776	0.37895	2.66465
Finland	Western Europe	5	7.413	7.351	7.475	1.40598	1.13464	0.81091	0.57104	0.41004	0.25492	2.82596

Table: Head of World Happiness Data of 2016.

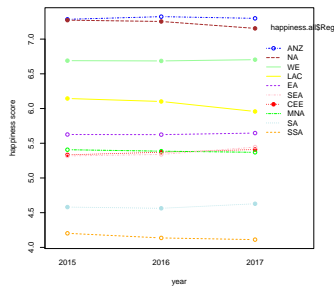
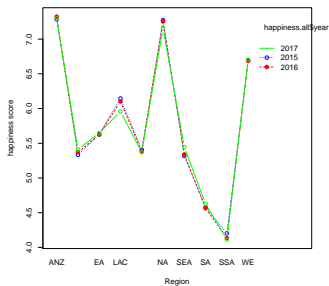
"Country"	"Happiness Rank"	"Happiness Score"	"Whisker high"	"Whisker low"	"Economy_GDP per Capita"	"Family"	"Health_Life Expectancy"	"Freedom"	"Generosity"	"Trust_Government Corruption"	"Dystopia Residual"
"Norway"	1	7.53700017026077	7.5944482058287	7.4695553799888	1.61946311845669	1.53352359597031	0.76666602052576	0.63542258738474	0.38201223731041	0.315963834524155	2.27702865328979
"Denmark"	2	7.52199863596602	7.58172864186467	7.46227166707116	1.48238301277161	1.55112659221657	0.705656504578094	0.626066722465026	0.385326468722947	0.4607706816864	2.31370735168467
"Iceland"	3	7.50400018690017	7.620203947305346	7.38566990078688	1.480633020401	1.6105740070343	0.833552122116089	0.627162639326385	0.475540220737457	0.153526559472084	2.32271528244010
"Switzerland"	4	7.49399995803833	7.56177242040634	7.42622749567032	1.56497955322266	1.51691174507141	0.858131289482117	0.620070576667796	0.290549278259277	0.367007285356522	2.2767162322998
"Finland"	5	7.4689998626709	7.52754207581282	7.41045764052898	1.44357102516327	1.5402467250824	0.80015766954422	0.617950356685638	0.24548277578873	0.38261154294014	2.4301815032959

Table: Head of World Happiness Data of 2017.

# Year-Region two way boxplot



# Year-Region Interaction



# Anova output

## Analysis of Variance Table

Response: score

	Df	Sum Sq	Mean Sq	F value	Pr(>F)
year	1	0.04	0.037	0.0711	0.7898
Region	9	374.51	41.612	81.0327	<2e-16 ***
year:Region	9	0.67	0.075	0.1455	0.9983
Residuals	450	231.09	0.514		

---

Signif. codes: 0 \*\*\* 0.001 \*\* 0.01 \* 0.05 . 0.1 1

## Analysis of Variance Table

Response: score

	Df	Sum Sq	Mean Sq	F value	Pr(>F)
year	1	0.04	0.037	0.0723	0.7881
Region	9	374.51	41.612	82.4135	<2e-16 ***
Residuals	459	231.76	0.505		

---

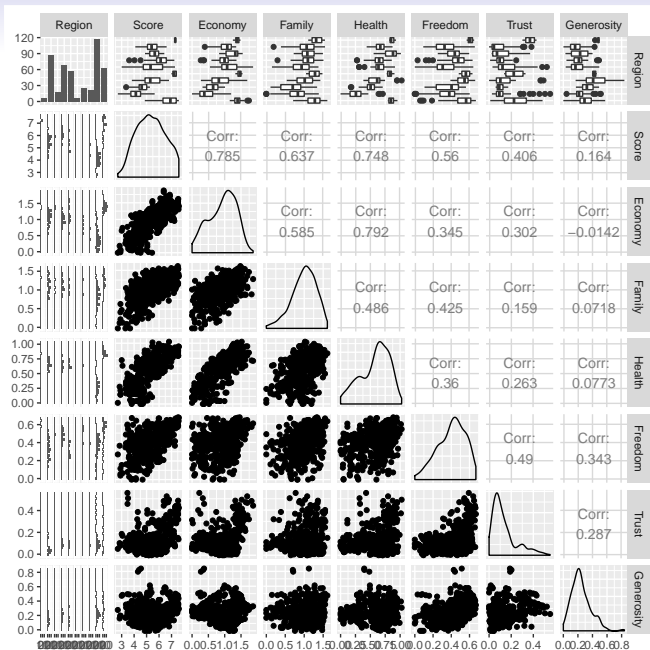
Signif. codes: 0 \*\*\* 0.001 \*\* 0.01 \* 0.05 . 0.1 1

# Combined Data

'data.frame': 470 obs. of 11 variables:

```
$ Country          : Factor w/ 166 levels "Afghanistan",...:
    136 59 38 106 25 46 100 135 101 7 ...
$ Region           : Factor w/ 10 levels "ANZ","CEE","EA",...:
    10 10 10 10 6 10 10 10 1 1 ...
$ Happiness.Rank   : int   1 2 3 4 5 6 7 8 9 10 ...
$ Happiness.Score  : num   7.59 7.56 7.53 7.52 7.43 ...
$ Economy..GDP.per.Capita. : num   1.4 1.3 1.33 1.46 1.33 ...
$ Family           : num   1.35 1.4 1.36 1.33 1.32 ...
$ Health..Life.Expectancy. : num   0.941 0.948 0.875 0.885 0.906 ...
$ Freedom          : num   0.666 0.629 0.649 0.67 0.633 ...
$ Trust..Government.Corruption.: num   0.42 0.141 0.484 0.365 0.33 ...
$ Generosity       : num   0.297 0.436 0.341 0.347 0.458 ...
$ Dystopia.Residual : num   2.52 2.7 2.49 2.47 2.45 ...
```





## Model 1 (Full Model)

```

1 model1 = lm(Score~Economy+Family+Health+
2             Freedom+Trust+Generosity ,
3             data=selected.table)
4 drop1(model1)

```

Single term deletions

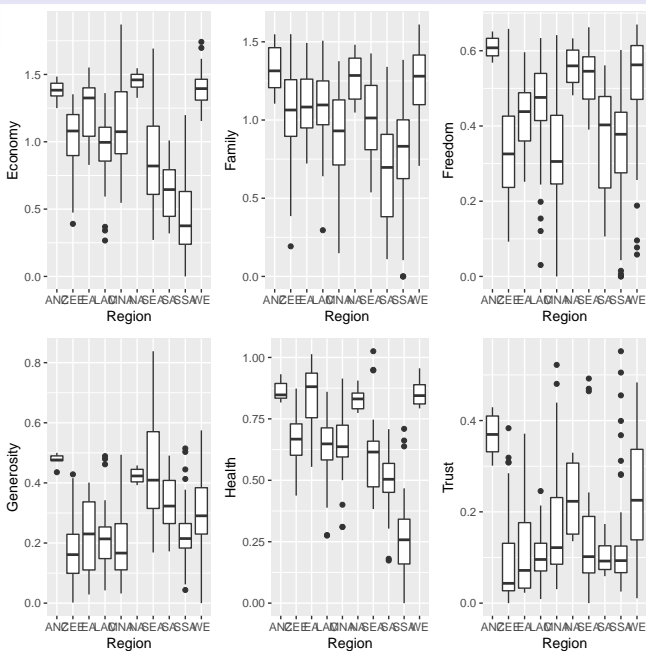
Model:

Score ~ Economy + Family + Health + Freedom + Trust + Generosity

	Df	Sum of Sq	RSS	AIC	F value	Pr(>F)
<none>			143.51	-543.56		
Economy	1	24.9520	168.47	-470.22	80.4990	< 2.2e-16 ***
Family	1	12.5422	156.06	-506.18	40.4631	4.817e-10 ***
Health	1	15.2539	158.77	-498.08	49.2114	8.198e-12 ***
Freedom	1	14.4376	157.95	-500.51	46.5779	2.769e-11 ***
Trust	1	2.9714	146.49	-535.93	9.5862	0.002079 **
Generosity	1	0.8624	144.38	-542.74	2.7822	0.095991 .

---

Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1 ' ' 1



## Model 2 W/ Region Factor

```

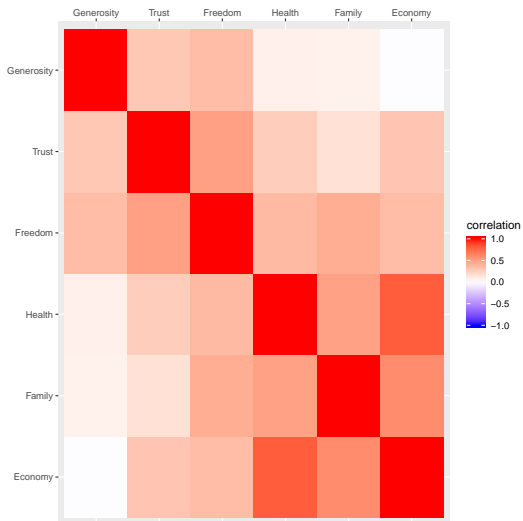
1 model2 = lm(Score~(Economy + Health) * Region
2             + Family + Freedom + Trust
3             + Generosity , data=selected.table)
4 summary(model2)

```

Part of Summary with only p-values

	Pr(> t )
(Intercept)	0.506
Health	0.931
Economy	0.966
RegionCentral and Eastern Europe	0.801
RegionEastern Asia	0.703
RegionLatin America and Caribbean	0.694
RegionMiddle East and Northern Africa	0.616
RegionNorth America	0.643
RegionSoutheastern Asia	0.688
RegionSouthern Asia	0.798
RegionSub-Saharan Africa	0.745
RegionWestern Europe	0.393
Family	2.86e-07 ***
Trust	0.219
Freedom	1.42e-09 ***
Health:RegionCentral and Eastern Europe	0.999
Health:RegionEastern Asia	0.893

# Correlations



## Model 3 PCA

Importance of components:

	PC1	PC2	PC3	PC4	PC5	PC6
Standard deviation	0.0782	0.02447	0.007521	0.005253	0.004173	3.071e-19
Proportion of Variance	0.8972	0.08789	0.008300	0.004050	0.002550	0.000e+00
Cumulative Proportion	0.8972	0.98510	0.993400	0.997450	1.000000	1.000e+00

```
1 pca.lm.model = lm(Score ~ PC1 + PC2, data=pca.table)
```

## Model 3 PCA

Call:

```
lm(formula = Score ~ PC1 + PC2, data = pca.table)
```

Residuals:

Min	1Q	Median	3Q	Max
-2.1214	-0.5489	-0.1044	0.5886	2.3613

Coefficients:

	Estimate	Std. Error	t value	Pr(> t )
(Intercept)	3.71567	0.09822	37.829	<2e-16 ***
PC1	-12.91904	0.58502	-22.083	<2e-16 ***
PC2	-2.78116	2.89214	-0.962	0.337

---

Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1 ' ' 1

Residual standard error: 0.7969 on 467 degrees of freedom

Multiple R-squared: 0.5108, Adjusted R-squared: 0.5087

F-statistic: 243.8 on 2 and 467 DF, p-value: < 2.2e-16

## Model 4 PCA

```
1 pca.lm.model = lm( Score ~ PC1 * Region , data=pca.table )
```

First Component:

Economy	Family	Health	Freedom	Trust	Generosity
-0.12536761	-0.04213843	-0.02279518	0.04786830	0.06326022	0.07917271



## Model Results

Models	AIC Values	BIC Values
six variables model	759.243	825.465
partial region interaction model	663.873	809.218
two PCs model	1125.423	1142.033
one PC with region model	817.551	904.758

# Future Plan

- Check model assumptions (independence, normality).
- Transformations on some variables.
- Other methods to reduce collinearity.
- Adding another variable (for example, Development).

## Developed Countries Variable

- The statistical annex contains a set of data that the World Economic Situation and Prospects (WESP) employs to delineate trends in various dimensions of the world economy.

### Developed economies

Europe				Major developed economies (G7)
European Union	New EU member States	Other Europe	Other countries	
EU-15	Bulgaria	Iceland	Australia	Canada
Austria	Croatia	Norway	Canada	Japan
Belgium	Cyprus	Switzerland	Japan	France
Denmark	Czech Republic		New Zealand	Germany
Finland	Estonia		United States	Italy
France	Hungary			United Kingdom
Germany	Latvia			United States
Greece	Lithuania			
Ireland	Malta			
Italy	Poland			
Luxembourg	Romania			
Netherlands	Slovakia			
Portugal	Slovenia			
Spain				
Sweden				
United Kingdom				

## Other possible explorations

- Clustering countries not according physical locations but based on their happiness, economy, etc.
- Gathering Data from 2018 and check if our model still fits.

# References

<https://www.kaggle.com/unsdsn/world-happiness/activity>

<https://www.gallup.com/178667/gallup-world-poll-work.aspx>

<https://github.com/Jacksoften/WorldHappiness>

# Thank You!!!