

2014 年 4 月高等教育自学考试全国统一命题考试

**英语(二) 试卷 真题解析**

(课程代码 00015)

**第一部分：阅读判断（第 1～10 题，每题 1 分，共 10 分）**

下面的短文后列出了 10 个句子，请根据短文的内容对每个句子作出判断：如果该句提供的是正确信息，选择 A；如果该句提供的是错误信息，选择 B；如果该句的信息文中没有提及，选择 C，并将所选答案的代码（指 A、B 或 C）填在答题纸的相应位置上。

**Running: Sport or Way of Life?**

You go through the channels several times and find that once again there's nothing on TV that interests you. Not a problem! Just put on some running shoes and comfortable clothes and go for a run.

One of the best things about the sport of running is that you don't need expensive equipment. All you need is a good pair of running shoes and a safe environment. But don't be fooled into thinking the sport of running is easy. It requires discipline and concentration.

Running is good for you both physically and mentally. It strengthens your heart, lungs, and muscles. It makes you more aware of your body. Running also improves your body so that you don't get sick as easily. It can even help you to stay more focused in school because exercise helps you to think more clearly.

How do you get engaged in the sport if you don't know much about it? Most schools offer running programs. A simple Internet search can help you find some in your area. The programs show you how running can offer competition or just be for fun. They also teach runners to set practical goals and take care of their bodies.

Runners have great respect for each other because they know how difficult the sport can be. If you go to a race, you'll see people cheering for all the runners. Running isn't always about how fast you are running or how far you're going. It's about getting out there and doing it. Participation is more important than competition, and effort is recognized over talent.

If you're looking for more than just a sport, running may be the perfect choice for you.

1.You may find it interesting to go for a run.

- A. True                      B. False                      C. Not Given

【答案】A

【解析】题干大意：你可能会发现跑步是一件有趣的事情。题目的关键词是"interesting"，对应原文第一段：You go through the channels several times and find that once again there's nothing on TV that interests you. Not a problem! Just put on some running shoes and comfortable clothes and go for a run.原文是说当你一次次浏览所有电视频道发现对什么也不感兴趣时，这不是问题，穿上跑鞋和舒适的衣服去跑步吧。由此可知跑步是一件有趣的事情。题目内容与之相符，故选 A。

2.The sport of running is easy.

- A. True                      B. False                      C. Not Given

【答案】B

【解析】题干大意：跑步这项运动很容易。题目的关键词是"easy"，对应原文第二段最后两句：But don't be fooled into thinking the sport of running is easy. It requires discipline and concentration.原文是说不要错误地认为跑步这项运动很简单，它是需要训练和集中精力的。题目内容与原文内容不符，故选 B。

3.It is hard to find a safe environment for running.

- A. True                      B. False                      C. Not Given

【答案】C

【解析】题干大意：找一个适合跑步的安全环境很难。题目的关键词是"difficult to find"和"safe environment"，对应原文第二段第二句：All you need is a good pair of running shoes and a safe environment.原文是说你只需要一双好的跑鞋和一个安全的环境。题目所说的内容在文中并没有出现，故选 C。

4.Running is good to people's body and mind.

- A. True                      B. False                      C. Not Given

【答案】A

【解析】题干大意：跑步对人的身心健康都有好处。题目的关键词是"body and mind"，对应原文第三段第一句：Running is good for you both physically and mentally.题目是原文的同义表达，故选 A。

5.A long-distance run is good in many ways.

- A. True                      B. False                      C. Not Given

【答案】C

【解析】题干大意：长跑有多方面的好处。题目的关键词是"long-distance run"，对应原文倒数第二段第三句：Running isn't always about how fast you are running or how far you're going.原文是说跑步这项运动并不总是要求跑多快或者跑多远。题目所说的内容在文中并没有出现，故选 C。

6.You can find running programs online.

- A. True                                  B. False                                  C. Not Given

【答案】A

【解析】题干大意：你可以在网上找到跑步课程。题目的关键词是"online"，对应原文第四段第二、三句：Most schools offer running programs. A simple Internet search can help you find some in your area.原文是说大部分学校都开设有跑步课程，你只需在网上搜索一下就可以找到在你周边的一些课程。题目内容与原文内容相符，故选 A。

7.Running programs set goals for you.

- A. True                                  B. False                                  C. Not Given

【答案】B

【解析】题干大意：跑步课程为你设定了目标。题目的关键词是"set goals"，对应原文第四段最后一句：They also teach runners to set practical goals and take care of their bodies.原文是说这些课程也教学员们自己设定切实可行的目标和照顾自己的身体。题目内容与原文内容不符，故选 B。

8.You should go for a run every day.

- A. True                                  B. False                                  C. Not Given

【答案】C

【解析】题干大意：你应该坚持每天都跑步。题目的关键词是“every day”。题目所说的内容在文中没有出现，故选 C。

9.Runners respect one another as they love the sport.

- A. True                                  B. False                                  C. Not Given

【答案】B

【解析】题干大意：赛跑者们互相敬重对方是因为他们热爱这种运动。题目的关键词是"respect"，对应原文倒数第二段第一句：Runners have great respect for each other because they know how difficult the sport can be.原文是说赛跑者们互相很敬重对方是因为他们知道这项运动有多困难。题目内容与之不符，故选 B。

10. Running means more than a sport.

A. True

B. False

C. Not Given

【答案】A

【解析】题干大意：跑步不仅仅是一项运动。题目的关键词是"more than"，对应原文最后一段：If you're looking for more than just a sport, running may be the perfect choice for you.原文是说如果你正在寻找不仅仅只是一个运动的项目，跑步或许是最好的选择。题目内容与之相符，故选 A。

第二部分：阅读选择（第 11~15 题，每题 2 分，共 10 分）

阅读下面短文，请从短文后所给各题的 4 个选项（A、B、C、D）中选出 1 个最佳选项，并将所选答案的代码（指 A、B、C 或 D）填在答题纸的相应位置上。

### Kindness of Strangers

At the store where I worked, I noticed a young boy of about ten shopping alone with his school list. He placed everything in his basket and went to the checkout.

The young shop assistant told him the total price, \$37.60. The boy was instantly disappointed and said he had only been given \$20. He took out one thing at a time until he got down to his \$20. With eyes full of tears, he asked if he could phone his mum to pick him up. When he got through, it appeared that even this was inconvenient for his mother.

He bit hard on his lip to stop the tears and walked outside to wait on the bench in front of the shop. This was all too much for the young assistant who had served him and she said, "I wish I could afford to pay for the rest of his things." One of the other girls said she had a few dollars. Then two others said they could help as well.

These four young girls pooled their money and found that they had more than enough money for the boy's extra purchases. So they upgraded his pens and pencils to top-quality ones, then took the bag out to the boy on the seat. His young face changed from sadness to the most beautiful smile. His mother arrived much later to pick him up. Instead of running to the car, he ran back into the store and called out, "Thank you!"

I was so proud of my team that day. They did something wonderful for that boy and

also found the pleasure of giving was as great as receiving.

11.The boy went to the store to\_\_\_\_\_.

- A. buy a basket
- B. ask for help
- C. shop for school
- D. make a phone call

【答案】C

【解析】事实细节题。根据文章第一句话"At the store where I worked, I noticed a young boy of about ten shopping alone with his school list."可知，小男孩是为了买学习用品而来商店采购的。故选 C。

12.At the checkout, the boy found that he\_\_\_\_\_.

- A. did not have enough money
- B. did not have his money on him
- C. forgot to ask his mum for money
- D. had lost his money in the store

【答案】A

【解析】事实细节题。根据第二段前两句可知,在结账时店员告诉小男孩总共需要 37.6 美元，小男孩很失望地说他只有 20 美元。由此可知小男孩没有带足够的钱。故选 A。

13.The boy walked out of the store to\_\_\_\_\_.

- A. wait for his mum
- B. rest on the bench
- C. get more money
- D. look for a friend

【答案】A

【解析】推理判断题。根据文章第三段第一句可知，小男孩强忍着泪水走出了商店然后坐在商店前面的长凳上等待；又由第四段倒数第二句可知，过了很久小男孩的妈妈来接他了。由此可以推断，小男孩走出商店是为了等他的妈妈。故选 A。

14.The shop assistants were\_\_\_\_\_.

- A. curious
- B. wealthy
- C. well-trained
- D. kind-hearted

【答案】D

【解析】推理判断题。由第三、四段内容可知，几个店员分别拿出了自己的钱买下了小男孩结账时因钱不够而放弃的物品，并因为凑的钱多把铅笔和钢笔都换成了质量最好的，最后拿出去给了小男孩。由此可知，这些店员都心肠很好。故选 D。

15.The boy ran back into the store to\_\_\_\_\_.

- A. do extra shopping
- B. express his thanks
- C. return the money
- D. take his bag out

【答案】B

【解析】事实细节题。由第四段最后两句可知，当小男孩的妈妈终于来接他的时候，他没有跑向汽车而是回到店里跟那几位店员说了声谢谢。故选 B。

第三部分：概括段落大意和补全句子（第 16～25 题，每题 1 分，共 10 分）

阅读下面短文，请完成短文后的 2 项测试任务：（1）从第 16～20 题后所给的 6 个选项中为第①～⑤段每段选择 1 个正确的小标题；（2）从第 21～25 题后所给的 6 个选项中选择 5 个正确选项，分别完成每个句子，并将所选答案的代码（指 A、B、C、D、E 或 F）填在答题纸的相应位置上。

### Our Muscles

① When we think of muscles, we might often picture a bodybuilder with big arm and leg muscles. But our muscles do not have to look like that to work well.

② As a matter of fact, every time we write our name, we use the 20 different muscles in our hand. Every time our heart beats, we use our cardiac muscle（心肌）When we eat our food, we use our tongue muscles. We even use muscles when we open and close our eyes. In fact, every time we move, we use some of the muscles in our body.

③ A muscle is made of tiny fibers. Fiber is a type of tissue that feels a little like a rubber band. Thousands of these fibers are packed together to make a single muscle. We all have the same number of muscles—about 700 or so. Men and women with big muscles simply have thicker bundles of fibers.

④ There are three different types of muscles in our body. Smooth muscles are the ones that we cannot control. They work quietly to keep our body running. Also, they are the ones that help us to absorb our food. The cardiac muscle makes the heart pump blood in and out. Skeletal muscles are the ones that we can control. These are the muscles that we use to raise our hands, or ride our bicycles.

⑤ Even our face often uses muscles. But if we want to save our energy, try smiling instead of frowning. Remember that it takes 17 muscles in our face to smile, but 43 muscles to frown!

## Task 1

16. Paragraph ①:

17. Paragraph ②:

18. Paragraph ③:

19. Paragraph ④:

20. Paragraph ⑤:

- A. What a muscle consists of
- B. When we use our muscles
- C. How people think of muscles
- D. What kind of muscles we have
- E. Why we have different muscles
- F. Why we should smile rather than frown

16.Paragraph ①\_\_\_\_\_.

【答案】C

【解析】第一段第一句是本段的中心句，讲的是我们印象中肌肉的样子，下面又说能正常工作的肌肉并不一定如我们想象的那样。选项 C 与本段对应。

17.Paragraph ②\_\_\_\_\_.

【答案】B

【解析】第二段最后一句是本段的中心句，讲的是只要我们活动,我们就会用到某些肌肉。前几句都是具体讲我们进行某种活动时会用到哪些肌肉。选项 B 与本段对应。

18.Paragraph ③\_\_\_\_\_.

【答案】A

【解析】第三段第一句是本段的中心句，讲的是肌肉是由细小的纤维构成的。接着又讲了纤维的形态以及它们是如何构成肌肉的，最后又说人体中肌肉的数量。选项 A 与本段对应。

19.Paragraph ④\_\_\_\_\_.

【答案】D

【解析】第四段第一句是本段的中心句，讲的是我们体内有三种不同类型的肌肉。接着又分别讲每种肌肉的具体功能。选项 D 与本段对应。

20.Paragraph ⑤\_\_\_\_\_.

【答案】F

【解析】第五段第二句是本段的中心句，讲的是微笑比皱眉要节省能量，因为皱眉时所用到的肌肉数量更多，可知我们要多微笑少皱眉。选项 F 与本段对应。

- A. frowning
- B. a lot of fibers
- C. to digest food
- D. to function properly
- E. whenever we are happy
- F. whenever we do something

## Task 2

21. Muscles don't have to be very big\_\_\_\_\_.

【答案】D

【解析】题干的中心词是"big"。第一段说我们通常将肌肉想象得很大，但实际上肌肉并不一定要像我们想象的那样才能正常工作。本题是说“并不是大块的肌肉才能正常工作”。选项 D 符合题意。

22. Our muscles are working\_\_\_\_\_.

【答案】F

【解析】题干的中心词是"working"。第二段最后一句说只要我们活动，我们就会用到某些肌肉。本题是说“不管我们在做什么，我们的肌肉都在工作”。选项 F 符合题意。

23. A single muscle contains\_\_\_\_\_.

【答案】B

【解析】题干的中心词是"contain"。第三段第一句说肌肉由许多细小的纤维组成。本题的意思与之一致。选项 B 符合题意。

24. Smooth muscles help us\_\_\_\_\_.

【答案】C

【解析】题干的中心词是"smooth muscles"。第四段第二到第四句说我们不能控制平滑肌，这种肌肉在不动声色地维持我们的身体正常运转，同时它帮助我们吸收食物。本题是说“平滑肌帮助我们消化食物”。选项 C 符合题意。

25. Smiling uses less energy than\_\_\_\_\_

【答案】A

【解析】题干的中心词是"less energy"。通过文章第五段的内容可知，微笑比皱眉要节省能量。本题的意思是“微笑比皱眉用的能量少”。选项 A 符合题意。

第四部分：填句补文（第 26～30 题，每题 2 分，共 10 分）



下面的短文有 5 处空白，短文后有 6 个句子，其中 5 个取自短文，请根据短文内容将其分别放回原有位置，以恢复文章原貌，并将所选答案的代码（指 A、B、C、D、E 或 F）填在答题纸的相应位置上。

## Biological Clock

When the sun rises on a warm and sunny day, you can see some flowers open up. When they close late in the afternoon, other flowers open.

Biological rhythms(生物节律), like the opening and closing of flowers, happen all over nature. But not all of them are daily rhythms. Some, like the beating of our heart, happen every second. 26

Scientists use the term biological clock to describe the timing that controls biological rhythms. 27 In some animals it is probably controlled by the brain. In plants and other living things that have no brain, it must be something else.

The migration of animals happens when a signal sent out. For example, when days become shorter, birds leave the northern parts of the world and fly south where it is warm. 28

Humans also have biological clocks that control their daily rhythms. When people travel by plane from one continent to another, they often cross many time zones. Their internal clocks don't seem to work correctly. We call this jet lag(时差) 29 People who work night shifts also have problems with their biological clocks. They may not be as active as people who work during the daytime.

Biological clocks control many rhythms of life. 30 Doctors are looking for new ways to make travelling more comfortable and medical treatment more effective.

- A. But where can you find it?
- B. This makes them feel tired.
- C. In the summer they fly back to have babies.
- D. We are learning more and more about them.
- E. Biological clocks can be adjusted.
- F. Other rhythms are based on months, seasons or years.

26. \_\_\_\_\_.

【答案】F

【解析】空格前的一句话意思为“比如，心跳就是每秒钟都在进行。”这说明不是所有的生物节律都是一天。与这句话衔接最紧密的就是选项 F，意思是“其他的则以月、季节或年为节律”。故选 F。

27. \_\_\_\_\_.

【答案】A

【解析】空格后的两句话意思为“在某些动物中，它可能是被大脑所控制。在植物和其他没有大脑的生物中，它肯定是被其他事物所控制。”这两句讲的都是生物节律是被哪些因素控制。所以空格处填入 A 选项（但是你能从何处发现生物节律）最合适。故选 A。

28. \_\_\_\_\_.

【答案】C

【解析】空格前的一句话意思为“例如，当白天时长变短时，候鸟们就离开北方地区，飞往温暖的南方地区。”这里讲的是候鸟如何迁徙，那么选项 C（在夏天它们又飞回来繁殖后代）与前一句话的意思衔接最为紧密。故选 C。

29. \_\_\_\_\_.

【答案】B

【解析】空格前的三句话意思为“当人们乘飞机跨越大洲进行旅行时，往往会穿过很多时区。他们自身的时钟似乎无法正常工作。我们称之为时差。”选项 B（这让他们感觉到疲惫）是对时差对人的影响的陈述，衔接了上下文。故选 B。

30. \_\_\_\_\_.

【答案】D

【解析】空格前的一句话意思为“生物钟控制着多种生活节律”，后一句话意思为“医生们正在寻找新的方法来使旅行变得更加舒适，医疗变得更为有效。”这说明我们正在逐步了解生物节律对我们的影响，并开始研究如何减小它对我们生活的影响。选项 D（我们对这些生物节律了解得越来越多）最为合适。故选 D。

第五部分：填词补文（第 31～40 题，每题 1.5 分，共 15 分）

下面的短文有 10 处空白，短文后列出 12 个词，其中 10 个取自短文，请根据短文内容将其分别放回原有位置，以恢复文章原貌，并将所选答案的代码（指 A、B、C、D、E、F、G、H、I、J、K 或 L）填在答题纸的相应位置上。

## Life Is Difficult

What makes life difficult is that the process of facing and solving problems is a painful one. Problems cause 31, anger, fear or despair. These are 32 feelings, often as painful as any kind of physical pain. And since life 33 an endless series of problems, it is 34 difficult and is full of pain as well as joy.

Yet it is in this process of 35 and solving problems that life has its meaning. Problems call forth our 36 and our wisdom. It is only because of problems that we grow 37 and spiritually. When we want to encourage the 38 of the human spirit, we encourage the human capacity to solve problems, just as in school we deliberately 39 problems for our children to solve. It is through the pain of confronting and resolving that we learn. It is for this reason that 40 people learn not to fear but actually to welcome problems and actually to welcome the pain of problems.

A. meeting	E. wise	I. poses
B. courage	F. takes	J. always
C. careful	G. sadness	K. uncomfortable
D. growth	H. set	L. mentally

31. \_\_\_\_\_.

【答案】G

【解析】由空前的动词 cause 可知，空格处需要填一个名词。又根据句意可知，此处填入的名词应与后面的 anger, fear, despair 并列，同属于表示负面情绪的名词。故选 G。

32. \_\_\_\_\_.

【答案】K

【解析】由空后的名词 feelings 可知，空格处需要填一个形容词。又根据句意可知，此处填入的形容词应和 painful 意思相近，故选 K。

33. \_\_\_\_\_.

【答案】I

【解析】由空后的名词词组 an endless series of problems 可知，空格处需要填一个动词。pose an endless series of problems 意为“带来一系列无止尽的问题”，符合句意。

故选 I。

34.\_\_\_\_\_.

【答案】J

【解析】由空后的形容词 difficult 可知，空格处需要填一个副词。由句意可知 always（常常）最为合适。故选 J。

35.\_\_\_\_\_.

【答案】A

【解析】由空前的介词 of 和之后的中心词 problems 可知，空格处需要填一个动名词，与 solving 并列，故选 A。

36.\_\_\_\_\_.

【答案】B

【解析】由空前的物主代词 our 可知，空格处需要填一个名词，与 wisdom 并列，又根据句意可知，应选 B。

37.\_\_\_\_\_.

【答案】L

【解析】由空前的动词 grow 可知，空格处需要填一个副词，与 spiritually 并列，故选 L。

38.\_\_\_\_\_.

【答案】D

【解析】由空前的介词 the 可知，空格处需要填一个名词，又根据前一句的句意可知，这里应填 growth（成长）。the growth of human spirit 意为“人类精神的成长”。故选 D。

39.\_\_\_\_\_.

【答案】H

【解析】由空前的副词 deliberately（故意地）和空后的名词 problems 可知，空格处需要填一个动词。set problems 意为“设置一些问题”。故选 H。

40.\_\_\_\_\_.

【答案】E

【解析】由空后的名词 people 可知，空格处需要填一个形容词。又根据句意可知，此处应说的是聪明人，所以用 wise。故选 E。

第六部分：完形补文（第 41～50 题，每题 1.5 分，共 15 分）

下面的短文有 10 处空白，每处空白后的括号内有一个词，请根据短文内容将其正确的形式填入文中，以恢复文章原貌，并将答案写在答题纸相应的位置上。

**Are There Truths in Dreams?**

Imagine waking up after dreaming (**dream**) about a terrible plane crash. The next day you will make a plane journey that you have 41 (**plan**) long before. Will you get on the plane?

A survey shows that you may not cancel your trip. But your dream will probably influence your 42 (**thought**) during the journey. You may feel 43 (**worry**) and find the trip much 44 (**long**) than before. So dreams may influence what we are 45 (**real**) doing while we are awake.

The explanation of dreams is still a(n) 46 (**clear**) area. A team of researchers are entering a new field of studies: Do dreams actually influence our 47 (**behave**)? Over the past few years, they have 48 (**do**) studies in different cultures and found out that dreams contain some 49 (**hide**) truths: dreams affect the way people live and work. But researchers also tell people not to be 50 (**easy**) influenced by their dreams.

41. \_\_\_\_\_.

【答案】planned

【解析】由空前的 have 可知，空格处需要填动词的过去分词，与 have 共同构成定语从句的谓语。故答案为 planned。

42. \_\_\_\_\_.

【答案】thoughts

【解析】由空前的物主代词 your 可知，空格处需要填一个名词。又根据句意可知，这里的名词应为复数形式，故答案为 thoughts。

43. \_\_\_\_\_.

【答案】worried

【解析】由空前的动词 feel 可知，空格处需要填一个形容词。worry 的形容词形式为 worried。故答案为 worried。

44. \_\_\_\_\_.

【答案】longer

【解析】由空前的 much 和空后的 than 可知，空格处需要填一个比较级。形容词 long 的比较级形式为 longer。故答案为 longer。

45.\_\_\_\_\_.

【答案】really

【解析】由空前的 are 和空后的 doing 可知，空格处需要填一个副词。形容词 real 的副词形式为 really。故答案为 really。

46.\_\_\_\_\_.

【答案】unclear

【解析】由空前的冠词 a(n)和空后的名词 area 可知，空格处需要填一个形容词。本句意思为“关于梦的解释仍是一个不明确的领域”，故答案为 unclear。

47.\_\_\_\_\_.

【答案】behavio(u)r

【解析】由空前的物主代词 your 可知，空格处需要填一个名词。动词 behave 的名词形式为 behavio(u)r。故答案为 behavio(u)r。

48.\_\_\_\_\_.

【答案】done

【解析】由空前的 have 和空后的名词 studies 可知，空格处需要填动词的过去分词，与 have 共同构成句子的谓语。故答案为 done。

49.\_\_\_\_\_.

【答案】hidden

【解析】由空前的 some 和空后的名词 truths 可知，空格处需要填一个形容词。动词 hide 的形容词形式为 hidden。故答案为 hidden。

50.\_\_\_\_\_.

【答案】easily

【解析】由空前的 be 和空后的 influenced 可知，空格处需要填一个副词。形容词 easy 的副词形式为 easily。故答案为 easily。

## 第七部分：短文写作（第 51 题，30 分）

请根据所提供材料中的要求完成一篇 100 词左右的英语短文。并将短文写在答题纸相应的位置上。

51.

某英文报社正在举办题为“E-books or Paper Books?”的征文活动。请就此题目写一篇英文短文应征。内容包括以下两个方面：

- 你喜欢电子书还是纸质书？
- 理由是什么？

### 【答案/参考范文】

#### E-books or Paper Books?

Nowadays, more and more people are reading e-books. With it, there raises a heated debate about whether e-books will replace traditional paper books. In my opinion, I prefer paper books than e-books.

First and foremost, too much time of staring at the computer or cellphone screen can cause eyestrain or increase radiation risks. On the contrary, reading a paper book makes us feel more comfortable.

Second, paper books can be preserved for a long time while sometimes we have to delete some e-books to enlarge the space of our electronic products.

Last but not least, it is more convenient to mark on a paper book so that we can recall our former thoughts the next time we read the same book.

In a word, though it seems e-books cope better with the fast pace of our modern life, I still would choose the paper ones since it brings me the real and irreplaceable feeling of reading.