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Going into this video I didn't know what to expect, but still, I was taken very much by surprise. The message of the lecture is fairly familiar. It's a simple "follow your dreams" speech, not unlike something you would hear in an average TedTalk. What makes Randy Paus's lecture so much more poignant is the fact that he is actively facing death while he delivers it. It's one thing to hear someone say to live freely with no regrets but it's another thing entirely to see someone who knows they are going to die speak about his life and experiences with such contentment. The quote that really resonated with me was when he said that brick walls aren't there to stop you, they're there to stop everyone who doesn't want it bad enough. That message is also shown in the stories he shares about achieving his childhood dreams and the lengths he went to reach them.