Problem 1d:

From the formula in 6.136 we get the desired formula if $u_dot = 0$ and $delta^2 = 0$

Problem 1e:

Yes, when no current or wind is present it reaches the desired speed. Varying wind can mess up the controller, but a constant noise should be compensated for in the controller so it should reach it either way.

Problem 1f:

Yes, for a setpoint change it should reduce the speed for a while since it changes direction since the speed now becomes in a different direction than the desired speed we would need to induce a Y-component to the velocity to turn before the desired speed is equal again.