## Jacob Leiser

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I am a hard-working and motivated postgraduate student with the long-term goal of taking the Doctorate in Clinical Psychology. I have an excellent foundation of clinical experience and possess strong research capabilities.

###### Education

**Research Methods of Psychological Science MSc, University of Glasgow** **(2018-Present):**

* I am currently studying a Masters course in Research Methods of Psychological Science and will graduate in late summer/early autumn 2019.
* This course will further develop my coding ability with more in-depth use of R and an introduction to MATLAB programming. I will increase my research credentials with learning specific practical methods such as being trained in eye-tracking, which I will utilise for my MSc project.

**Psychology BSc, University of Glasgow** **(2013 -2018):**

* I graduated in June 2018 from the University of Glasgow with a 2:1 BSc in Psychology. During my time at university I cultivated key skills that I feel will aid me in other areas of life.
* My critical thinking ability and independent work improved immensely over the last 2 years of my undergraduate and I feel this was especially evident in the process of working on my dissertation. I also have a greater understanding of reflective learning, using feedback productively to continue my personal development.
* I also gained specific skills for example coding which I had little experience of before 3rd year. I achieved an A2 in both 3rd year ‘Statistics’ and 4th year ‘Advanced Statistics’ courses which were both coding-based, using the platform R. My adaptable learning was evident when I was able to use these translate these new skills to modify pre-existing Python code, of which I had no previous experience of, to the required specifics needed for my dissertation experiment.

**St Ninian's High School, East Renfrewshire (2007 - 2013):**

* I completed 6 years at high school, achieving 10 As at Int 2, 5 As and 1 B at Higher and 1 C at Advanced Higher. I learned to be able to work well independently in high school but also to recognise the times when collaboration would be more effective.

###### Work Experience (most recent first)

**The Priory Hospital, Glasgow (May 2017 – Present):**

* My time at the Priory began with a month of work experience and then led to my employment in two separate roles (Bank Healthcare Assistant and Research Assistant) which I have continued to hold to date.
* The hospital has 2 wards; Addictions/General Psychiatry (primarily depression and anxiety disorders) and Eating Disorders. My work experience was spent between observing the therapy groups for Addictions and joining the Clinical Psychologist in the Multidisciplinary Team meetings for the Eating Disorders ward. Seeing the effective communication between the team of health professionals impressed upon me the importance of collaborative decision-making when considering the care of the patients.
* From my Healthcare Assistant role, I have an excellent foundation of clinical experience across different populations. I learn new skills quickly and can confidently carry out clinical duties like observations (all levels from general to Level 4 2:1) as well as ward-specific tasks like drug-testing in addictions and Nasogastric feed restraint in Eating Disorders. These skills are supported by training in areas like Violence & Aggression Management and Safeguarding. I have experience of supervision and know that this area of work can be stressful but I’m aware of the support systems in place to help.
* I am also a Research Assistant for an NHS Tayside study evaluating the potential risk factors of alcohol abuse disorders. As the sole data-collector, I play a key role by taking Priory patients through the questionnaires and measures. I have gained a lot of confidence in my ability to approach and recruit clinical groups in a research capacity. It has been a very valuable experience being able to liaise with senior Clinical Psychologists in the NHS.

**Mark's Deli (November 2014 - Present):**

* I work as a waiter at Mark's Deli in Giffnock, Glasgow.
* I have vastly improved my ability to prioritise tasks and my time-management skills during my time in this job. I have also learned to recognise situations in which it's more appropriate to ask for help from colleagues rather than attempt too many tasks alone. Finally, I have vastly developed my interpersonal skills, learning about the different approaches required for different types of customers.

**Cordia at The Glasgow Commonwealth Games (July- August 2014):**

* I worked at the 2014 Glasgow Commonwealth Games for Cordia. I was originally based in Hospitality but was moved to a more demanding role as a Distribution Assistant. I was promoted to a Distribution Team Leader after my first shift. This required good communication with the different departments and effective delegation of tasks.

**Royal Mail (November - December 2013):**

* I worked as a Christmas Temp for the Royal Mail in the Springburn Sorting Centre. It was insightful to see the way in which such a large company breaks down the tasks required and how every role contributes to the overall process. I worked as part of a large team and learned the importance of finding the most efficient method of carrying out repeated tasks under time pressure.

###### Additional Experience

* I received the Bronze Duke of Edinburgh in 2012, of which one section required volunteering. I found it to be a very rewarding experience and continued volunteering as an Assistant Leader at the 145th Cub Group in Giffnock until May 2016.
* Through the Priory I have been required to take a number of courses including Child Safeguarding, Emergency First Aid, Violence & Aggression Management and Restraint Training.
* In recently involved with the University of Glasgow Athena Swan group which is an initiative focussing on diversity and representation in education. I participated in a webinar speaking to high school students about my experience of studying Psychology.

###### Skills and Interests

* I am adaptable have a wide set of skills which I feel make me a useful asset in a variety of different circumstances. I also have a real passion to succeed and work very hard to make a good impression on those around me.
* I am computer literate with experience in using Microsoft Word, Excel, R Studio and Python.
* I have a full, clean UK driving licence.
* I am an avid football fan, enjoy going to the gym and have a keen interest in film.
* I’m an active member of the Glasgow University Charity Fashion Show, each year we fundraise for a chosen charity. We raised £15,000 for the Scottish Association for Mental Health in 2016/17 and £23,000 for Glasgow Children’s Hospital last year. This year we are raising money for Simon Community, which is a charity fighting homelessness in Glasgow.