

A photograph of a sunset over a landscape. In the foreground, there is a dark, textured ground surface. A large, silhouetted metal structure, resembling a geodesic dome or a series of intersecting cables, stands prominently. The sky is filled with warm, orange, and yellow hues from the setting sun, which is visible on the horizon. The overall atmosphere is peaceful and scenic.

Welcome Back!
Mr. Neat, Dr. Neat, Neato

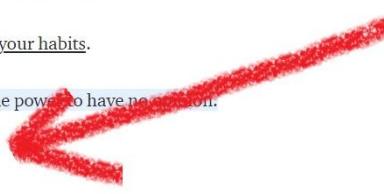
50 Very Short Rules for a Good Life From the Stoics

The best pieces of wisdom gathered from a body of work that spans 2,000 years

the Stoics, gathered from their immense body of work across two thousand years. These rules functioned, then, as they do now, as guides to what the ancients called “the good life.” Hopefully some of them will illuminate your own path.

1. Focus on what you can control.
2. You control how you respond to things.
3. Ask yourself, “Is this essential?”
4. Meditate on your mortality every day.
5. Value time more than money and possessions.
6. You are the product of your habits.
7. Remember you have the power to have no reaction.
8. Own the morning.
9. Put yourself up for review. Interrogate yourself.
10. Don’t suffer imagined troubles.

Top highlight

































What We have in Common

- Daughters in Oregon
- Same age
- Started JPL at same time
- Left JPL at same time
- Same location at JPL
- Same experiences at JPL
- Wives that don't laugh at our jokes
-



Why does Tom hike the TP?



Imdad

last seen today at 10:43 AM



August 7, 2021

(Messages and calls are end-to-end encrypted. No one outside of this chat, not even WhatsApp, can read or listen to them. Tap to learn more.)

Hi Imdad, this is Greg Neat & I'm a buddy of Tom George who gave me your number. He forwarded your welcoming txt which I didn't receive for some reason. Thank u for the warm welcome. Anyway, I love to hike and am super thankful to potentially have this opportunity to hike the GC. TY

2:51 PM ✓

Thanks for reaching out, Greg.
Looking forward to meeting up
with you in the Canyon next May.
Welcome.

3:02 PM



Type a message



Back Up

- 1) Morning
- 2) Morning
- 3) Morning, have a good hike!
- 4) Morning, isn't it beautiful?
- 5) Lots of dialogue
- 6) Want to go to the GC?



