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DEPARTMENT OF THE ARMY
US ARMY OPERATIONAL GROUP
US ARMY INTELLIGENCE AND SECURITY COMMAND
FORT GEORGE G. MEADE, MARYLAND 20755

9 June 1983

SUBJECT: Analysis and Assessment of Gateway Process

TO: Commander
US Army Operational Group
Fort Meade, MD 20755

1. You tasked me to provide an assessment of the Gateway Experience in terms of its mechanics and ultimate practicality. As I set out to fulfill that tasking it soon became clear that in order to assess the validity and practicality of the process I needed to do enough supporting research and analysis to fully understand how and why the process works. Frankly, sir, that proved to be an extremely involved and difficult business. Initially, based on conversations with a physician who took the Gateway training with me, I had recourse to the biomedical models developed by Itzhak Bentov to obtain information concerning the physical aspects of the process. Then I found it necessary to delve into various sources for information concerning quantum mechanics in order to be able to describe the nature and functioning of human consciousness. I had to be able to construct a scientifically valid and reasonably lucid model of how consciousness functions under the influence of the brain hemisphere synchronization technique employed by Gateway. Once this was done, the next step involved recourse to theoretical physics in order to explain the character of the time-space dimension and the means by which expanded human consciousness transcends it in achieving Gateway's objectives. Finally, I again found it necessary to use physics to bring the whole phenomenon of out-of-body states into the language of physical science to remove the stigma of its occult connotations, and put it in a frame of reference suited to objective assessment.

2. I began the narrative by briefly profiling the fundamental biomedical factors affecting such related techniques as hypnosis, biofeedback and transcendental meditation so that their objectives and mode of functioning could be compared in the reader's mind with the Gateway experience as the model of its underlying mechanics was developed. Additionally, that introductory material is useful in supporting the conclusions of the paper. I indicate that at times these related techniques may provide useful entry points to accelerate movement into the Gateway Experience.

3. Niels Bohr, the renowned physicist once responded to his son's complaints about the obtuse nature of certain concepts in physics by saying: "You are not thinking, you are merely being logical." The physics of altered human consciousness deals with some conceptualizations that are not easily grasped or visualized exclusively in the context of ordinary "left brain" linear thinking. So, to borrow Dr. Bohr's mode of expression, parts of this paper will require not only logic but a touch of