

Steps for each component (h)

- 1) Find scores for **Y** (\mathbf{u}_h)
- 2) Use \mathbf{u}_h to find the loadings for **X** (\mathbf{p}_h)
- 3) Use \mathbf{p}_h to find scores for **X** (\mathbf{t}_h)
- 4) Use \mathbf{t}_h to find **Y** loadings (\mathbf{q}_h)
- 5) Use \mathbf{q}_h to calculate \mathbf{u}_h

Repeat until get convergence

The scores vectors are related by:

$$\mathbf{u}_h = \mathbf{b}_h \mathbf{t}_h \quad (\mathbf{U} = \mathbf{T}\mathbf{B})$$

This allows us to relate **X** and **Y**:

$$\mathbf{Y} = \mathbf{T}\mathbf{B}\mathbf{Q}^t + \mathbf{F}$$

