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Title of the research article:

Fear of Failure

By: **Chinmay Suhas Jadhav**

Student, (first year computer engineering – Shivajirao.s.jondhle college of engineering and technology, Asangaon)

Type of research: **Explorative**

Since the subject is intangible and it is innate instinct of human being explorative research suits the most.

Topic:

FEAR of FAILURE

Objectives:

Finding the answers on:

- How to deal with fear element in life

Methodology:

- Quantitative

Result:

- It is observed that while battling the “failure” in life, We must overcome fear element.
- The more fear the more we fail.

Contribution to society:

- Removing fear factor from the society and enhancing the human minds to overcome every situation.

FEAR of FAILURE

“Success is not final; failure is not fatal.

It is the courage to continue that counts”

CHAPTER 1: - The Analysis

History witnessed that human has evolved over period. we humans are not only evolving in basic needs but also in our wants. We face every situation cleverly, but do we also face the failure with the same?

What a distressing contrast there is between the radiant intelligence of the child and the feeble mentality of the average adults. Fear defeats people more than any other thing in human life.

When a human being fears, he fails to overcome a situation with his competency leading him towards failure.

CHAPTER 2: - The X Factor

Earth evolved after the big bang but then was the big bang explosion boon or bane? It was a hope for survival for not only human race but also for all the living beings which potentially grew up as the time passed.

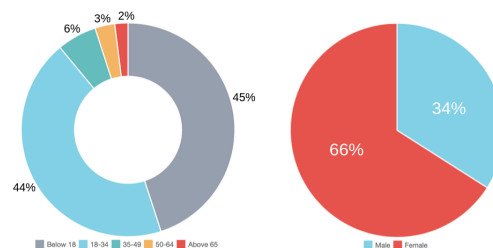
We know that time stops for none, but do we know that time is also a therapy. Egg breaks but not for death for becoming a part of a chick's life. Trees shed leaves but that does not mean they die. In fact, it indicates that new leaves will sprout in near future. We should always remember that even if nib of pencil breaks, we can sharpen it and give it gets a new birth, pens can be refilled, buildings can be rebuilt, but what about past?

Can it be revived?

Nope, **past should be taken as a lesson, not as a fear.**

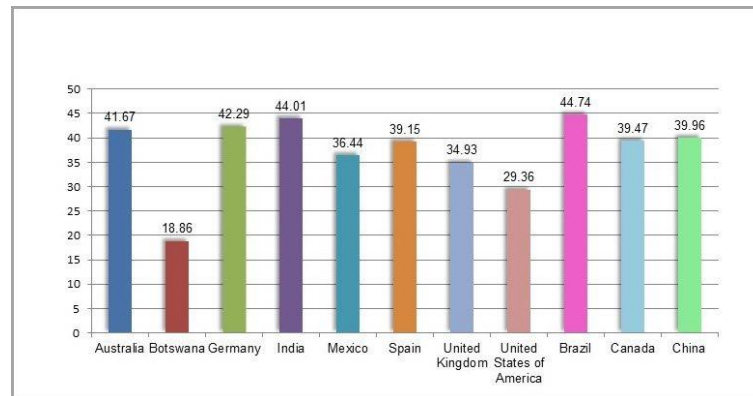
Failure is a small part of our life; we should boost ourselves to the fullest in every circumstance. We should learn from our past and build our path towards our future. Failure is like a fertilizer. it may stink but it makes things grow up faster in times ahead. Treat failure not only as steppingstones but as a bridge which fills the gap between failure and success. We should respect failures because it teaches us valuable virtues like giving you a way out of the dark and guides us to think over our decisions made and helps us to find the correct alternative to it. **Various researches show that student from various age groups and gender across the world have fear of failure, shown below is the representation of the same.**

PHOBIAS BY AGE AND GENDER



2019 Study by FEAROF.net
Results are based on 69,108 unique website votes

One more research shows percentage of students across various countries fear the failure, shown below is the graph of the same.



CHAPTER 3: - The Conclusion

We just need to find the correct way! Paths can be built by hard work and determination. But most important attribute in coping up with our failure is to never give up.

In ultimate analysis failure is simply an opportunity to begin with a new chapter but this time with more intelligence!

Bibliography: research images are taken from (www.google.com)

This Research Paper is also Published in Journal 'An International Interdisciplinary Webinar proceeding Volume: Dynamics of Social Change Issues, Concerns & Remedies.

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