# LEBESGUE INTEGRAL THEORY

Measure Theory, Integration, and Hilbert spaces

Jaeho Shin

# Contents

1	Measure Theory		3
	1.1	Preliminaries	3
	1.2	The Exterior Measure	7
	1.3	Measurable Sets and the Lebesgue Measure	11
	1.4	Measurable Functions	12
<b>2</b>	Integration Theory 1		
	2.1	The Lebesgue Integral: Basic Properties and Convergence Theorems	13
	2.2	The Space $L^1$ of Integrable Functions	13
	2.3	Fubini's theorem	13
	2.4	A Fourier Inversion Formula	13
3	Differentiation and Integration		14
	3.1	Differentiation of the Integral	14
	3.2	Good Kernels and Approximations to the Identity	14
	3.3	Differentiability of Functions	14
	3.4	Rectifiable Curves and the Isoperimetric Inequality	14
4	Hilbert Spaces: An Introduction		15
	4.1	The Hilbert Space $L^2$	15
	4.2	Hilbert Space	15
	4.3	Fourier Series and Fatou's Theorem	15
	4.4	Closed Subpaces and Orthogonal Projections	15
	4.5	Linear Transformations	15
	4.6	Compact Operators	15
5	Solu	ution for exercises	16
${f B}^{f i}$	Bibliography		

## Measure Theory

The goal of this course, especially in this chapter, is to provide a notion of "size" for subsets of  $\mathbb{R}^d$  by constructing an appropriate function

$$m: \mathcal{P}(\mathbb{R}^d) \to \mathbb{R}^{\geq 0} \cup \{\infty\}$$

satisfying the following properties:

- $(1) \ m(\emptyset) = 0$
- (2) m([b,a]) = b a
- (3) If  $E = \bigsqcup_{n=1}^{\infty} E_n$ , then  $m(E) = \sum_{n=1}^{\infty} m(E_n)$ .
- (4) m(E+h) = m(E) for all  $h \in \mathbb{R}$

The third and fourth properties are called **countable additivity** and **translation invariance**, respectively. By regarding m as a function that measures the size of sets, it seems very natural that m should satisfy the above properties. However, this is just our intuition! As a math student, the natural follow-up question is as follows:

## Does m exist? If it does, is m unique?

In fact, such a function m does not exist. Then, what can we do next? One way to resolve this problem is to restrict the domain of m. By removing certain pathological sets, we can define a function m which satisfies some nice properties. This domain will be called "measurable sets" and the function m will be called the "Lebesgue measure".

## 1.1 Preliminaries

Recall that the collection  $\{E_{\alpha}\}_{{\alpha}\in\mathcal{A}}$  of subsets in  $\mathbb{R}^d$  is said to be "disjoint" if  $E_{\alpha}\cap E_{\beta}=\emptyset$  whenver  $\alpha\neq\beta$ . We define the slightly weaker concept "almost disjoint" as follows:

#### Definition 1.1.1

Let  $\{E_{\alpha}\}_{{\alpha}\in\mathcal{A}}$  be a collection subsets in  $\mathbb{R}^d$ . Then  $\{E_{\alpha}\}_{{\alpha}\in\mathcal{A}}$  is said to be **almost disjoint** if  $\{\operatorname{Int}(E_{\alpha})\}_{{\alpha}\in\mathcal{A}}$  is disjoint.

Note that a closed **rectangle** R in  $\mathbb{R}^d$  is given by

$$R = [a_1, b_1] \times [a_2, b_2] \times \cdots \times [a_d, b_d],$$

where  $a_j \leq b_j$  for all  $1 \leq j \leq d$ . The **volume** of the rectangle R is denoted by |R|, and is defined to be

$$|R| = (b_1 - a_1)(b_2 - a_2) \cdots (b_d - a_d).$$

Moreover, a **cube** is a rectangle satisfying  $b_1 - a_1 = b_2 - a_2 = \cdots = b_d - a_d$ .

#### Lemma 1.1.1

If a rectangle R can be written as a union of finitely many almost disjoint rectangles  $R_1, \ldots, R_N$ , then

$$|R| = \sum_{k=1}^{N} |R_k|.$$

*Proof.* Consider the grid formed by extending the sides of all rectangles  $R_1, \ldots, R_N$ . This gives finitely many samller rectangles  $\tilde{R}_1, \ldots, \tilde{R}_M$  (they are also almost disjoint), and there exists a partition  $J_1, \ldots, J_N$  of integers between 1 and M such that

$$R = \bigcup_{j=1}^{M} \tilde{R}_j$$
 and  $R_k = \bigcup_{j \in J_k} \tilde{R}_j$  for  $1 \le k \le M$ .

For the rectangle R, it is clear that  $|R| = \sum_{j=1}^{M} |\tilde{R}_j|$ . By the same reason, we also have  $|R_k| = \sum_{j \in J_k} |\tilde{R}_j|$ . Therefore, one can obtain

$$|R| = \sum_{j=1}^{M} |\tilde{R}_j| = \sum_{k=1}^{N} \sum_{j \in J_k} |\tilde{R}_j| = \sum_{k=1}^{N} |R_k|.$$

#### Lemma 1.1.2

If  $R, R_1, \ldots, R_N$  are rectangles satisfying  $R \subseteq \bigcup_{k=1}^N R_k$ , then

$$|R| \le \sum_{k=1}^{N} |R_k|.$$

*Proof.* As we did in Lemma 1.1.1, we can find smaller rectangles  $\tilde{R}_1, \ldots, \tilde{R}_M$ . Note that there exist  $J_0 \subseteq \{1, \ldots, M\}$  such that  $R = \bigcup_{j \in J_0} \tilde{R}_j$ . Let  $R' := \bigcup_{j=1}^M \tilde{R}_j$ . Again, we can find a partition  $J_1, \ldots, J_N$  of  $\{1, \ldots, M\}$  such that

$$R_k = \bigcup_{j \in J_k} \tilde{R}_j$$
 for all  $1 \le k \le N$ .

Note that  $J_0, J_1, \ldots, J_N$  need not be disjoint.

Since  $R \subseteq \bigcup_{k=1}^N R_k$ , we have  $J_0 \subseteq \bigcup_{k=1}^N J_k$ . Therefore, we can obtain

$$|R| = \sum_{j \in J_0} |\tilde{R}_j| \le \sum_{k=1}^N \sum_{j \in J_k} |\tilde{R}_j| = \sum_{k=1}^N |R_k|.$$

This completes the proof.

#### Theorem 1.1.3

Every open set  $U \subseteq \mathbb{R}$  can be written uniquely as a countable union of disjoint open intervals.

*Proof.* For each  $x \in U$ , there exists an open interval, which contains x, contained in U. If  $a_x = \inf\{a < x : (a, x) \subseteq U\}$  and  $b_x = \sup\{b > x : (x, b) \subseteq U\}$ , then

$$x \in I_x := (a_x, b_x) \subseteq U$$
.

Hence, we get  $U = \bigcup_{x \in U} I_x$ . Moreover, note that  $I_x$  is the largest open interval, which contains x, contained in U.

Suppose that two intervals  $I_x$  and  $I_y$  intersect. Then we have

$$x \in I_x \cup I_y \subseteq U;$$

by the maximality of  $I_x$ , we conclude that  $(I_x \cup I_y) \subseteq I_x$ . By the same argument, since  $(I_x \cup I_y) \subseteq I_y$ , we finally have  $I_x = I_y$ . Therefore, any two distinct intervals in  $\mathcal{C} := \{I_x\}_{x \in U}$  is disjoint.

We claim that  $\mathcal{C}$  is countable, i.e., it has countably many disjoint open intervals. Since each  $I_x$  contains a rational number, any two distinct intervals must contain distinct rationals. Hence, the collection  $\mathcal{C}$  must be countable.

For  $\mathbb{R}^d$  with  $d \geq 2$ , the direct analogue of Theorem 1.1.3 does not holds in general. However, we have a following alternative result:

#### Theorem 1.1.4

For any  $d \geq 1$ , every open set  $U \subseteq \mathbb{R}^d$  can be written as a countable union of almost disjoint closed cubes.

*Proof.* Consider the grid generated by  $\mathbb{Z}^d$ . If a unit cube C in the grid is entirely contained in U, then we collect such C in a collection C. If C intersects both U and  $U^c$ , then tentatively accept it; if C entirely contained in  $U^c$ , then we reject it.

As a second step, we divide the tentatively accepted cubes into  $2^d$  cubes of side length 1/2 and repeat the same procedure to collect the cubes entirely contained in U. This will be repeated indefinitely, and the resulting collection  $\mathcal{C}$  of accepted cubes is countable and the elements are almost disjoint.

It is clear that, for any  $x \in U$ , there exists  $N \in \mathbb{Z}^+$  such that some cube of side length  $2^{-N}$  contains x and is contained in U. Either this cube is in  $\mathcal{C}$  or it is contained in some cube in  $\mathcal{C}$ . Therefore, we have  $U = \bigcup_{C \in \mathcal{C}} C$  which completes the proof.

We now define a special set in  $\mathbb{R}$  which is called the "Cantor set". Let  $C_0 = [0, 1]$  and let  $C_1$  be the set obtained from  $C_0$  by removing the middle third open interval of it. Thus we have

$$C_1 = \left[0, \frac{1}{3}\right] \cup \left[\frac{2}{3}, 1\right].$$

On top of that, we define  $C_2$  as the set obtained from  $C_1$  by removing the middle third of each of its intervals. Hence

$$C_2 = \left[0, \frac{1}{9}\right] \cup \left[\frac{2}{9}, \frac{1}{3}\right] \cup \left[\frac{2}{3}, \frac{7}{9}\right] \cup \left[\frac{8}{9}, 1\right].$$

Repeating this procedure indefinitely, we can obtain a sequence  $\{C_n\}_{n=0}^{\infty}$  of subsets in  $\mathbb{R}$ . We now define the Cantor set as following:

## Definition 1.1.2

The Cantor set C is defined to be

$$\mathcal{C} \coloneqq \bigcap_{n=0}^{\infty} C_n.$$

The Cantor set plays a significant role in various fields, particularly in analysis. We will later consider some examples involving this set.

## 1.2 The Exterior Measure

This is an intermediate step towards constructing a measure that we will use throughout this course. We first define the "exterior measure" as follows.

#### Definition 1.2.1

For any set  $E \subseteq \mathbb{R}^d$ , the **exterior measure**  $m_*(E)$  of E is defied to be

$$m_*(E) = \inf \sum_{j=1}^{\infty} |Q_j|$$

where the infimum is taken over all countable coverings  $\{Q_j\}_{j=1}^{\infty}$  of E by closed cubes. (Note that they are not required to be disjoint.)

The above definition of  $m_*(E)$  is well-defined because every  $E \subseteq \mathbb{R}^d$  has at least one trivial covering  $\{Q_j\}_{j=1}^{\infty}$  defined by

$$Q_j = [-j, j]^d$$
 for all  $j \in \mathbb{Z}^+$ ,

and the completeness axiom of  $\mathbb{R}$  implies that the infimum should exists.

The one direct observation is as following: If  $R = [a_1, b_1] \times \cdots \times [a_d, b_d] \subseteq \mathbb{R}^d$ , then

$$m_*(R) = \prod_{i=1}^d (b_i - a_i) = \text{Vol}(R).$$

where Vol(R) means the volume of R.

There are some facts and nice properties of exterior measure as follows.

#### Proposition 1.2.1

For every  $E \subseteq \mathbb{R}^d$ ,  $0 \le m_*(E) \le \infty$ .

*Proof.* trivial.

#### Proposition 1.2.2

If E is a singleton (one point set), then  $m_*(E) = 0$ .

## Proposition 1.2.3

The exterior measure of  $\mathbb{R}^d$  is infinte, i.e.,  $m_*(\mathbb{R}^d) = \infty$ .

*Proof.* Note that any covering  $\{Q_j\}_{j=1}^{\infty}$  of  $\mathbb{R}^d$  also covers any closed cube Q in  $\mathbb{R}^d$  so that

$$|Q| = m_*(Q) \le \sum_{j=1}^{\infty} |Q_j|.$$

Then, by taking an infimum, we have  $|Q| \leq m_*(\mathbb{R}^d)$ . Since Q is chosen arbitrarily, we conclude that  $m_*(\mathbb{R}^d) = \infty$ .

#### Theorem 1.2.4 (Monotonicity)

If  $E_1 \subseteq E_2$ , then  $m_*(E_1) \le m_*(E_2)$ .

*Proof.* As we did in the proof of Proposition 1.2.3, note that any covering  $\{Q_j\}_{j=1}^{\infty}$  of  $E_2$  also covers  $E_1$  so that

$$m_*(E_1) \le \sum_{j=1}^{\infty} |Q_j|.$$

Since  $m_*(E_1)$  is constant, by taking infimum, we get  $m_*(E_1) \leq m_*(E_2)$ .

#### Corollary 1.2.5

If  $E \subseteq \mathbb{R}^d$  is bounded, then  $m_*(E) < \infty$ .

*Proof.* Since E is bounded, there exists N > 0 such that

$$E \subseteq [-N, N]^d.$$

By the monotonicity (Theorem 1.2.4), we conclude that

$$m_*(E) \le m_*([-N, N]^d) = (2N)^d < \infty.$$

#### Theorem 1.2.6 (Countable subadditivity)

If  $E = \bigcup_{j=1}^{\infty} E_j$ , where the sets  $E_j$  are not necessarily disjoint, then

$$m_*(E) \le \sum_{j=1}^{\infty} m_*(E_j).$$

*Proof.* For any  $\epsilon > 0$ , let  $\{Q_{k,j}\}_{k=1}^{\infty}$  be a covering of  $E_j$ , for each  $j \in \mathbb{Z}^+$ , such that

$$\sum_{k=1}^{\infty} |Q_{k,j}| < m_*(E_j) + \frac{\epsilon}{2^j}.$$

Since we have  $E \subseteq \bigcup_{j,k} Q_{k,j}$ , thus

$$m_*(E) \le \sum_{j,k} |Q_{k,j}| < \sum_{j=1}^{\infty} m_*(E_j) + \epsilon.$$

This implies that  $m_*(E) \leq \sum_{j=1}^{\infty} m_*(E_j)$ , as desired.

#### Theorem 1.2.7

For any  $E \subseteq \mathbb{R}^d$ ,  $m_*(E) = \inf m_*(\mathcal{O})$  where the infimum is taken over all open sets containing E.

*Proof.* By the monotonicity, it is clear that  $m_*(E) \leq \inf m_*(\mathcal{O})$ . We now claim that the opposite inclusion is also true. For any  $\epsilon > 0$ , there exists a covering  $\{Q_j\}_{j=1}^{\infty}$  of E by closed cubes such that

$$\sum_{j=1}^{\infty} |Q_j| \le m_*(E) + \epsilon.$$

Let  $Q_i^0$  denote a open cube containing  $Q_i$  such that

$$|Q_j^0| \le |Q_j| + \frac{\epsilon}{2^j}$$
 for all  $j \in \mathbb{Z}^+$ .

Let  $\mathcal{O} := \bigcup_{j=1}^{\infty} Q_j^0$ , then it is an open set containing E. Then, by countable subadditivity (Theorem 1.2.6), we have

$$m_*(\mathcal{O}) \le \sum_{j=1}^{\infty} m_*(Q_j^0) = \sum_{j=1}^{\infty} |Q_j^0|$$
$$= \sum_{j=1}^{\infty} \left( |Q_j| + \frac{\epsilon}{2^j} \right)$$
$$\le m_*(E) + 2\epsilon.$$

This proves that  $\inf m_*(\mathcal{O}) \leq m_*(E)$ ; hence, they are the same.

#### Theorem 1.2.8

Let  $E = E_1 \cup E_2$  where  $E_1$  and  $E_2$  are disjoint with  $dist(E_1, E_2) > 0$ . Then

$$m_*(E) = m_*(E_1) + m_*(E_2).$$

*Proof.* Let  $\delta > 0$  be a constant such that  $0 < \delta < \operatorname{dist}(E_1, E_2)$ . For any  $\epsilon > 0$ , there exists a covering  $\{Q_j\}_{j=1}^{\infty}$  of E by closed cubes such that

$$\sum_{j=1}^{\infty} |Q_j| \le m_*(E) + \epsilon.$$

By dividing every cube  $Q_j$  into smaller pieces whose diameter is strictly less than  $\delta$ , we can find another covering  $\{\tilde{Q}_j\}_{j=1}^{\infty}$  of E such that  $\operatorname{diam}(\tilde{Q}_j) < \delta$ . Since  $\operatorname{dist}(E_1, E_2) > \delta$ , each  $\tilde{Q}_j$  intersect at most one of  $E_1$  and  $E_2$ .

Let  $J_1$  and  $J_2$  be the collection of indices j for which  $\tilde{Q}_j$  intersect  $E_1$  and  $E_2$ , respectively. Then, it is clear that  $\emptyset \neq J_1 \cap J_2 \subseteq \mathbb{Z}^+$ . Therefore,

$$m_*(E_1) + m_*(E_2) \le \sum_{j \in J_1} |\tilde{Q}_j| + \sum_{j \in J_2} |\tilde{Q}_j| \le \sum_{j=1}^{\infty} |Q_j| \le m_*(E) + \epsilon.$$

#### Theorem 1.2.9

Let E be the countable union of almost disjoint closed cubes  $\{Q_j\}_{j=1}^{\infty}$ , then

$$m_*(E) = \sum_{j=1}^{\infty} |Q_j|.$$

*Proof.* By the monotonicity,  $m_*(E) \leq \sum_{j=1}^{\infty} |Q_j|$  is trivial. Note that, for each j, there exists an open cube  $\tilde{Q}_j$  such that  $\overline{\tilde{Q}}_j \subseteq \operatorname{Int}(Q_j)$  such that

$$|Q_j| \le |\tilde{Q}_j| + \frac{\epsilon}{2^j}.$$

Fix some  $N \in \mathbb{Z}^+$ , then  $\tilde{Q}_1, \ldots, \tilde{Q}_N$  are all disjoint with a positive distance to each other. Then, by Theorem 1.2.8, we have

$$m_*\left(\bigcup_{j=1}^N \tilde{Q}_j\right) = \sum_{j=1}^N |\tilde{Q}_j| \ge \sum_{j=1}^N \left(|Q_j| - \frac{\epsilon}{2^j}\right).$$

Since E contains  $\bigcup_{j=1}^{N} \tilde{Q}_j$ , the monotonicity gives that

$$m_*(E) \ge m_*\left(\bigcup_{j=1}^N \tilde{Q}_j\right) \ge \sum_{j=1}^N |Q_j| - \epsilon.$$

Since N is chosen arbitrarily, as  $N \to \infty$ , we obtain

$$\sum_{j=1}^{\infty} |Q_j| \le m_*(E) + \epsilon.$$

Therefore, we conclude that  $\sum_{j=1}^{\infty} |Q_j| \leq m_*(E)$  and this completes the proof.

## 1.3 Measurable Sets and the Lebesgue Measure

## 1.4 Measurable Functions

# **Integration Theory**

- 2.1 The Lebesgue Integral: Basic Properties and Convergence Theorems
- 2.2 The Space  $L^1$  of Integrable Functions
- 2.3 Fubini's theorem
- 2.4 A Fourier Inversion Formula

## Differentiation and Integration

- 3.1 Differentiation of the Integral
- 3.2 Good Kernels and Approximations to the Identity
- 3.3 Differentiability of Functions
- 3.4 Rectifiable Curves and the Isoperimetric Inequality

## Hilbert Spaces: An Introduction

- 4.1 The Hilbert Space  $L^2$
- 4.2 Hilbert Space
- 4.3 Fourier Series and Fatou's Theorem
- 4.4 Closed Subpaces and Orthogonal Projections
- 4.5 Linear Transformations
- 4.6 Compact Operators

## Solution for exercises

# MAS441: Lebesgue Intergral Theory Homework Problems

Solutions for the selected exercises (To be updated)

## Jaeho Shin

Department of Mathematical Sciences, KAIST

# **Bibliography**

- [1] Elias M. Stein and Rami Shakarchi, Real Analysis: Measure Theory, Integration, and Hilbert Spaces, Princeton Lectures in Analysis III, Princeton University Press, 2005.
- [2] James R. Munkres, *Topology*, 2nd ed., Pearson, 2000.