

1. 다음 글의 제목으로 가장 적절한 것은? [21]

One valuable technique for getting out of helplessness, depression, and situations which are predominantly being run by the thought, "I can't," is to choose to be with other persons who have resolved the problem with which we struggle. This is one of the great powers of self-help groups. When we are in a negative state, we have given a lot of energy to negative thought forms, and the positive thought forms are weak. Those who are in a higher vibration are free of the energy from their negative thoughts and have energized positive thought forms. Merely to be in their presence is beneficial. In some self-help groups, this is called "hanging out with the winners." The benefit here is on the psychic level of consciousness, and there is a transfer of positive energy and relighting of one's own latent positive thought forms.

- ① The Role of Professional Help in Mental Health
- ② The Impact of the Psychic Level of Consciousness
- ③ Staying Away from Negative People Is Not Enough
- ④ The Impact of Self-help Groups on Positive Change
- ⑤ Overcoming Challenges through Negative Thoughts

2. 다음 글의 제목으로 가장 적절한 것은? [22]

Our emotions are thought to exist because they have contributed to our survival as a species. Fear has helped us avoid dangers, expressing anger helps us scare off threats, and expressing positive emotions helps us bond with others. From an evolutionary perspective, an emotion is a kind of "program" that, when triggered, directs many of our activities (including attention, perception, memory, movement, expressions, etc.). For example, fear makes us very attentive, narrows our perceptual focus to threatening stimuli, will cause us either to face a situation (fight) or avoid it (flight), and may cause us to remember an experience more acutely (so that we avoid the threat in the future). Regardless of the specific ways in which they activate our systems, the specific emotions we possess are thought to exist because they have helped us (as a species) survive challenges within our environment long ago. If they had not helped us adapt and survive, they would not have evolved with us.

- ① The Role of Emotions in Human Evolution
- ② The Neuroscience Behind Emotional Functions
- ③ The Way to Control Your Emotions Efficiently
- ④ The Psychological Impact of Negative Feelings
- ⑤ Emotions: Differences Among Different Cultures

3. 다음 글의 제목으로 가장 적절한 것은? [31]

You hear again and again that some of the greatest composers were misunderstood in their own day. Not everyone could understand the compositions of Beethoven, Brahms, or Stravinsky in their day. The reason for this initial lack of acceptance is unfamiliarity. The musical forms, or ideas expressed within them, were completely new. And yet, this is exactly one of the things that makes them so great. Effective composers have their own ideas. Have you ever seen the classic movie Amadeus? The composer Antonio Salieri is the "host" of this movie; he's depicted as one of the most famous non-great composers — he lived at the time of Mozart and was completely overshadowed by him. Now, Salieri wasn't a bad composer; in fact, he was a very good one. But he wasn't one of the world's great composers because his work wasn't original. What he wrote sounded just like what everyone else was composing at the time.

- ① The Secret of Success: Hard Work, Not Talent
- ② The Distinction between Creativity and Originality
- ③ How to Make Music More Familiar and Approachable
- ④ Antonio Salieri: A Great Composer in His Own Right
- ⑤ The Important Factor That Makes Great Composers Great

4. 다음 글의 제목으로 가장 적절한 것은? [32]

Every time a new medium comes along — whether it's the invention of the printed book, or TV, or SNS — and you start to use it, it's like you are putting on a new kind of goggles, with their own special colors and lenses. Each set of goggles you put on makes you see things differently. So when you start to watch television, before you absorb the message of any particular TV show — whether it's Wheel of Fortune or The Wire — you start to see the world as being shaped like television itself. That's why Marshall McLuhan said that every time a new medium comes along — a new way for humans to communicate — it has buried in it a message. It is gently guiding us to see the world according to a new set of codes. The way information gets to you, McLuhan argued, is more important than the information itself. TV teaches you that the world is fast; that it's about surfaces and appearances.

- ① How TV Shapes Your Perception
- ② How Do Goggles Cause Distortion?
- ③ The Influence of Our Perception on the Media
- ④ The Correlation between the Medium and the Lens
- ⑤ The Fastest Means of Communicating Information

5. 다음 글의 제목으로 가장 적절한 것은? [33]

Concepts are vital to human survival, but we must also be careful with them because concepts open the door to essentialism. They encourage us to see things that aren't present. Stuart Firestein opens his book, *Ignorance*, with an old proverb, "It is very difficult to find a black cat in a dark room, especially when there is no cat." This statement beautifully sums up the search for essences. History has many examples of scientists who searched fruitlessly for an essence because they used the wrong concept to guide their hypotheses. Firestein gives the example of luminiferous ether, a mysterious substance that was thought to fill the universe so that light would have a medium to move through. The ether was a black cat, writes Firestein, and physicists had been theorizing in a dark room, and then experimenting in it, looking for evidence of a cat that did not exist.

- ① How to Find the Right Concept for Hypotheses
- ② The Significance of Concepts for Human Survival
- ③ The History of Luminiferous Ether and Its Discovery
- ④ Trap of Wrong Concepts Searching for What Isn't There
- ⑤ The Influence of Concepts in Discovering Absolute Truth

6. 다음 글의 제목으로 가장 적절한 것은? [34]

While social media attention is potentially an instrument to achieve ends like elite celebrity, some content creators desire ordinary fame as a social end in itself. Not unlike reality television stars, social media celebrities are often criticized for not having skills and talents associated with traditional, elite celebrity, such as acting or singing ability. This criticism highlights the fact that digital content creators face real barriers to crossing over to the sphere of elite celebrity. However, the criticism also misses the point that the phenomenon of ordinary celebrity reconstructs the meaning of fame. The elite celebrity is symbolized by the metaphor of the star, characterized by mystery and hierarchical distance and associated with naturalized qualities of talent and class. The ordinary celebrity attracts attention through regular and frequent interactions with other ordinary people. Achieving ordinary fame as a social media celebrity is like doing well at a game, because in this sphere, fame is nothing

more nor less than relatively high scores on attention scales, the metrics of subscribers, followers, Likes, or clicks built into social media applications.

*sphere: 영역 **metric: 측정 기준

- ① The Rise of Ordinary Celebrity as Trendsetters
- ② How Influencers Get Reputation at the Game Sphere
- ③ The Great Shift of Celebrity: From Elite to Ordinary
- ④ Influencers: Agents of Redefining the Notion of Celebrity
- ⑤ The Battle for Fame: Elite Celebrity Vs. Social Media Celebrity

7. 다음 글의 제목으로 가장 적절한 것은? [35]

Why do we have the illusion that cramming for an exam is the best learning strategy? Because we are unable to differentiate between the various sections of our memory. Immediately after reading our textbook or our class notes, information is fully present in our mind. It sits in our conscious working memory, in an active form. We feel as if we know it, because it is present in our short-term storage space ... but this short-term section has nothing to do with the long-term memory that we will need in order to recall the same information a few days later. After a few seconds or minutes, working memory already starts disappearing, and after a few days, the effect becomes enormous: unless you retest your knowledge, memory vanishes. For long-term retention, _____, This process of testing yourself is called retrieval practice, and it strengthens the connections in your brain, helping to transfer information from short-term to long-term memory. Each time you actively try to recall the information, you reinforce those connections, making it easier to retrieve the material in the future.

- ① Studying a Few Minutes Before the Exam Is the Most Effective Way
- ② It Is Essential to Study and Then Test Yourself, Rather Than Spend All Your Time Studying.
- ③ Taking a Long Break Is Helpful for Revitalizing Your Mental Health
- ④ Being Focused on New Topics Rather Than Reviewing the Same Material Is Better
- ⑤ It's Better to Memorize Material at once Instead of Studying It in All Your Study Sessions

8. 다음 글의 제목으로 가장 적절한 것은? [36]

The discovery of mirror neurons has profoundly changed the way we think of a fundamental human capacity, learning by observation. As children we learn a lot by observing what our parents and friends do. Newborns, in the first week of life, have an inborn tendency to stick out their tongue if their parents stick out theirs. Such imitation is not perfect. You may not see the tongue stick out each time you stick yours out at your newborn, but if you do it many times, the tongue will come out more often than if you do something different. Babies babble and later start to imitate the sounds their parents produce. Later still, they play with vacuum cleaners and hammers in imitation of their parents. Our modern cultures, in which we write, speak, read, build spaceships and go to school, can work only because we are not restricted to the behavior we are born with or learn by trial and error. We can learn a lot by simply watching others.
*babble: 웅얼이하다

- ① How Parents Learn from Their Babies
- ② Here Are the Reworded Versions of Your Titles:
- ③ The Impact of Observatories on Human History
- ④ How Do Infants Learn Through Their Surroundings?
- ⑤ Authentic Imitation: A Substitute for Branded Products?

9. 다음 글의 제목으로 가장 적절한 것은? [37]

Have you ever been surprised to hear a recording of your own voice? You might have thought, "Is that really what my voice sounds like?" Maybe your accent is more pronounced in the recording than you realized, or your voice is higher than it seems to your own ears. This is of course quite a common experience. The explanation is actually fairly simple. There are two pathways through which we perceive our own voice when we speak. One is the route through which we perceive most external sounds, like waves that travel from the air through the outer, middle and inner ear. But because our vocal cords vibrate when we speak, there is a second internal path. Vibrations are conducted through our bones and stimulate our inner ears directly. Lower frequencies are emphasized along this pathway. That makes your voice sound deeper and richer to yourself than it may sound to other people.
*vocal cords: 성대 **frequency: 주파수

- ① A Variety of Ways Sounds Travel Through
- ② How Do We Make Heimlich Voice to Others
- ③ We Should Pronunciate Different Voice to Different People
- ④ The Reason Voice Sound Different in Recordings
- ⑤ Factors of Making Various but Precise Accents While Speaking

10. 다음 글의 제목으로 가장 적절한 것은? [39]

Seawater contains an abundance of dissolved oxygen that all marine animals breathe to stay alive. It has long been established in physics that cold water holds more dissolved oxygen than warm water does — this is one reason that cold polar seas are full of life while tropical oceans are blue, clear, and relatively poorly populated with living creatures. Thus, as global warming raises the temperature of marine waters, it is self-evident that the amount of dissolved oxygen will decrease. This is a worrisome and potentially disastrous consequence if allowed to continue to an ecosystem-threatening level. Now scientists have analyzed data indicating that the amount of dissolved oxygen in the oceans has been declining for more than a half century. The data show that the ocean oxygen level has been falling more rapidly than the corresponding rise in water temperature. Falling oxygen levels in water have the potential to impact the habitat of marine organisms worldwide and in recent years this has led to more frequent anoxic events that killed or displaced populations of fish, crabs, and many other organisms.

*dissolved: 용해된 **anoxic: 산소 결핍의

- ① The Warming of Ocean Waters and Its Impact on the Amount of Dissolved Oxygen
- ② The Increase in the Fish Population in Tropical Seas
- ③ The Rise in Temperatures Leading to the Thriving of Marine Life in Warm Seas
- ④ Effects of Ocean Depth Changes on Marine Life
- ⑤ The Relationship Between Sea Temperature and Human Populations

- 1 번 - ④** 이 글은 우울감이나 무기력에서 벗어나기 위해 긍정적인 에너지를 가진 사람들과 함께하는 것이 중요하다는 것이다. 특히, 자기 도움 그룹에서 다른 사람들과의 교류가 부정적인 사고에서 벗어나 긍정적인 사고를 활성화하는 데 어떻게 도움이 되는지에 관한 내용의 글이므로, 글의 제목으로 가장 적절한 것은 ② '자조 그룹이 긍정적 변화에 미치는 영향'이다.
- 2 번 - ①** 감정이 존재하는 이유는 우리 인류의 생존에 기여했기 때문이라는 내용의 글이므로, 글의 제목으로 가장 적절한 것은 ① '인류의 진화에 있어 감정의 역할'이다. [오답] ② 감정의 기능 뒤에 숨겨진 뇌과학 ③ 효과적으로 감정을 통제하는 법 ④ 부정적 느낌의 심리적 영향 ⑤ 감정: 다양한 문화간의 차이점
- 3 번 - ⑤** 위대한 작곡가들의 독창성과 낯섦이 그들을 당대의 위대한 작품으로 인정받지 못하게 했다는 내용의 글이므로, 글의 제목으로 가장 적절한 것은 ③ '위대한 작곡가를 위대하게 만드는 중요한 요소'이다.
- 4 번 - ④** 매체와 렌즈(고글)의 비유적 관계를 설명하며, 매체가 세계를 보는 방식을 변화시키는 방식에 초점을 맞추고 있으므로, 제목으로 가장 적절한 것은 ④ '매체와 렌즈 간의 상관관계'이다.
- 5 번 - ④** Firestein에 따르면 많은 과학자들이 실존하지 않는 개념을 탐구하며 본질을 찾으려는 헛된 시도를 했으며, 이는 어두운 방에서 존재하지 않는 검은 고양이를 찾는 것과 같다는 사례를 통해 본질은 중요하지만 본질에 너무 얽매어서는 안된다는 내용의 글이므로, 글의 제목으로 가장 적절한 것은 ④ '존재하지 않는 것을 찾는 잘못된 개념의 함정'이다.
- 6 번 - ④** [기출응용] 소셜 미디어 유명인들이 전통적인 유명인과는 다른 방식으로 주목을 받으며, 그들의 명성은 능력이나 재능보다는 소셜 미디어 상에서의 상호작용과 주목을 통해 구축된다는 내용의 글이므로, 글의 제목으로 가장 적절한 것은 ④ '인플루언서: 유명성 개념을 재정의하는 주체들'이다.
- 7 번 - ②** 위 글에선, 공부만 하는 것보다는, 스스로 반복 테스트를 하는 것이 없으면, 기억은 사라진다고 했기 때문에, 장기간의 학습내용 보유를 위해, 빈칸에 들어가야 할 내용은, 테스트의 중요성을 강조하는 ② 이 적절하다.
- 8 번 - ④** 거울뉴런에 따라 아이들이 관찰하고 모방함으로써 학습할 수 있다는 내용의 글이므로, 글의 제목으로 가장 적절한 것은 ④ '유아가 주변 환경을 통해 어떻게 학습하는가?'이다.
- 9 번 - ④** 외부의 경로를 통해 귀로 들리는 소리 및 녹음된 소리와 몸 내부의 경로를 통해 들리는 소리의 차이를 설명하고 있는 글이므로, 글의 제목으로 가장 적절한 것은 ④ '목소리가 녹음에서 다르게 들리는 이유'가 적절하다.
- 10 번 - ①** 해양 수온 상승과 그것이 용존 산소량에 미치는 영향이 글의 제목으로 적절하다. 본문에서는 해양 수온 상승이 용존 산소 수준을 낮추고, 이것이 해양 생물에게 미치는 영향에 대한 우려를 다루고 있다.