I believe learning styles hugely affect how we learn. Such as how a lecture is presented, if the professor is knowledgeable about the subject they are teaching and how a student absorbs this information. Too much information at once, can overload the brain. Thus making it harder for someone to keep that information and they get tired faster. Having your own personal style of studying or taking notes will affect how you remember the information you just learned. I have a friend who learns easier by typing out what she learns, another that uses highlighters to mark information, a visual learner and a hands on learner. We can be learning the same subject, yet we each absorb the information differently.

How knowledgeable a professor is and their teaching methods play a major role. For example-while in highschool, my teachers all wanted students to take notes using the Cornell notes style while looking at the book and listening to the lecture. Except for one teacher, she was Ukrainian and taught all subjects of math. She wouldn't have students use the math books or Cornell notes. Instead she'd give us a paper with different problems and let us do our own style of notes. She had us look at that paper, then she'd have us watch her do a problem on the board along with the lecture. She taught in a way that made it easier to remember formulas and solve mathematical problems faster than what the books would teach you. I began to love math from taking her classes.