



Work -Out Tracker

Agenda

Introduction	3	Hardware Requirements	6
Purpose	4	Functional Requirements	7
Software Requirements	5	Non-functional Requirements	8

Introduction

In an era of increased health and fitness consciousness, individuals are constantly seeking ways to stay active, maintain their workout routines, and track their progress.



[Back to Agenda](#)

Purpose

The purpose of the Workout Tracker Web Application is to help individuals track their workouts, set and achieve fitness goals, and foster a sense of community to promote a healthier and more active lifestyle.

Software Requirements

- *HTML
- *CSS
- *Java Script
- *PYTHON
- *DJANGO
- *MYSQL

Hardware Requirements

- *Personal Computer
- *RAM (8gb)
- *Storage (HDD,SSD)
- *Processor (multi core)

Functional Requirements

1. User Registration
2. User Login
3. Workout Logging
4. Workout Editing
5. Custom Workouts
6. Goal Setting

[Back to Agenda](#)

Non Functional Requirements

1. Performance
2. Scalability
3. Reliability
4. Usability
5. Compatibility

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