


Jagdev Gill

Montréal, QC | 613-213-8005 | jagergill@outlook.com | View [My Portfolio](#) |  |

Education

McGill University | *B.Sc.* Biology and Mathematics | Varsity Athlete

- **GPA:** 3.78/4.0
- **Honors:** 2023 and 2024 Principal's Student athlete Honor Roll
- **Relevant Coursework:** Organic Chemistry (1-2), Physical Molecular and Cell Biology, Ordinary Differential Equations, Calculus (1-4), Real Analysis, Foundations of Programming

Experience

Lifeguard and Swim Instructor

YMCA of Eastern Ontario | Brockville, ON | 2021 – present

- Delivered prompt and effective emergency medical services, ensuring the safety and well-being of all guests
- Instructed over 200 youth in progressive swimming techniques helping them build confidence and master key swimming skills.
- Engaged with diverse age groups to foster a supportive and enjoyable learning atmosphere.

Assistant Coach

Upper Canada River Otters | Brockville Ontario | 2020 – 2021

- Motivated and mentored athletes to enhance their swimming skills, with many achieving personal best times and advancing to higher competition levels.
- Designed and implemented tailored training plans to address individual strengths and areas for improvement.

Extracurriculars

Member, Canada's National Para-swimming Team

- Won a bronze medal in the 100m freestyle at the 2023 Santiago Para Pan American Games, demonstrating resilience and high performance on the international stage.
- Served as a leadership representative, addressing athlete concerns and fostering effective communication between coaching staff and team members, contributing to a supportive and unified team environment.

Member, McGill Men's Swimming Team

- Contributed to team success by helping McGill secure RSEQ championships and achieve third place at USPORTS Swimming (University Nationals).
- Enhanced strong time management skills and discipline by balancing academic responsibilities with 20+ hours of training per week.

Volunteer, Special Olympics

Special Olympics | Brockville Ontario | 2021 – 2022

- Fostered an inclusive and supportive environment, empowering individuals with disabilities to achieve their goals and celebrate their achievements.
- Provided personalized support to athletes, helping them build swimming skills and contributed to Special Olympic events by timing events and ensuring positive and secure environments.