

7.3: Trig Sub

The goal of this lesson is to develop another technique of integration to handle integrals that we currently cannot deal with such as $\int \sqrt{1-x^2} dx$ (though this may be doable with a lot of work using integration by parts). This technique will be reliant on the geometry of triangles.

Consider a circle with radius 1 centered at the origin of an (x, y) -coordinate system. The collection of (x, y) points that line on this circle satisfy the equation $x^2 + y^2 = 1$. If we consider the angle θ made by a line from the origin to the circle's edge, then we define

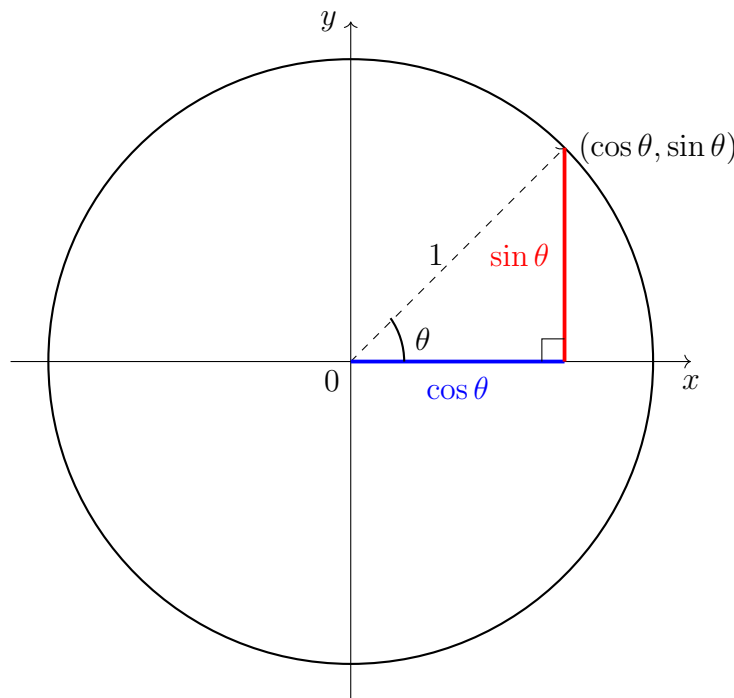
- $\sin(\theta)$ = the y -value of the unit circle at the angle θ
- $\cos(\theta)$ = the x -value of the unit circle at the angle θ
- $\tan(\theta)$ = the slope of the line at the angle θ

By slope formula we get that

$$\tan \theta = \frac{\sin \theta}{\cos \theta}$$

By definition, we have that for any θ ,

$$-1 \leq \sin \theta \leq 1 \quad \text{and} \quad -1 \leq \cos \theta \leq 1$$



Notationally, $\text{trig}^\#(\theta)$ is short hand for $(\text{trig}(\theta))^\#$ for any $\# \neq -1$.

Consider a circle of radius r . Then the (x, y) coordinates of this circle satisfy the equation $x^2 + y^2 = r^2$. If we divide the equation by r^2 we get the equation

$$\left(\frac{x}{r}\right)^2 + \left(\frac{y}{r}\right)^2 = 1$$

(See picture below // Geometrically we scaled the circle down or up to the unit circle). Then by definition, the $(\frac{x}{r}, \frac{y}{r})$ coordinates of this circle satisfy the expressions

$$\sin \theta = \frac{y}{r} \quad \text{and} \quad \cos \theta = \frac{x}{r}$$

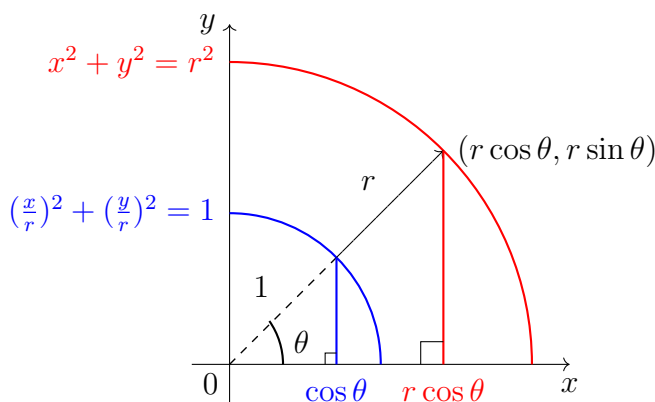
However, if we interpret this information regarding the triangles below

- $\sin \theta$ is equal to the length of the opposite side divided by the radius of the circle (i.e. the hypotenuse of the triangle).
- $\cos \theta$ is equal to the length of the adjacent side divided by the radius of the circle (i.e. the hypotenuse of the triangle).

This gives us

$$\sin \theta = \frac{\text{opp}}{\text{hyp}} \quad \text{and} \quad \cos \theta = \frac{\text{adj}}{\text{hyp}}$$

From the definition of Tangent we get $\tan \theta = \frac{\text{opp}}{\text{adj}}$.



Once we have the necessary tools. Consider the integral $\int \sqrt{1-x^2} dx$. This can be related to a right-triangle with hypotenuse 1 and one of the legs is has length x . We can then form the substitution $\sin \theta = x$ from soh-cah-toa, and then figure out what our “ dx ” must be by differentiating $\sin \theta = x$ to get $\cos \theta d\theta = dx$ and so

$$\int \sqrt{1-x^2} dx = \int \sqrt{1-\sin^2 \theta} \cos \theta d\theta$$

From here the problem reduces to material from 7.2.

Example 1. $\int \frac{1}{\sqrt{1-x^2}} dx$

Example 2. $\int \frac{1}{x^2 \sqrt{x^2 + 2}} dx$

Example 3. $\int \frac{1}{\sqrt{x^2 - 4}} dx$

Example 4. $\int \frac{1}{(4x^2 + 9)^2} dx$

Example 5. $\int \frac{1}{\sqrt{a^2 - x^2}} dx$ where $a > 0$ is constant.

Example 6. $\int \frac{x^3}{\sqrt{1+4x^2}} dx$

Example 7. $\int \sqrt{1 - x^2} \, dx$

Example 8. $\int \sqrt{1+x^2} \, dx$

Table of Trigonometric Substitutions

Expression	Substitution	Identity
$\sqrt{a^2 - x^2}$	$x = a \sin \theta, \quad -\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$	$1 - \sin^2 \theta = \cos^2 \theta$
$\sqrt{a^2 + x^2}$	$x = a \tan \theta, \quad -\frac{\pi}{2} < \theta < \frac{\pi}{2}$	$1 + \tan^2 \theta = \sec^2 \theta$
$\sqrt{x^2 - a^2}$	$x = a \sec \theta, \quad 0 \leq \theta < \frac{\pi}{2} \text{ or } \pi \leq \theta < \frac{3\pi}{2}$	$\sec^2 \theta - 1 = \tan^2 \theta$