

7.3: Trig Sub

The goal of this lesson is to develop another technique of integration to handle integrals that we currently cannot deal with such as $\int \sqrt{1-x^2} dx$ (though this may be doable with a lot of work using integration by parts). This technique will be reliant on the geometry of triangles.

Consider a circle with radius 1 centered at the origin of an (x, y) -coordinate system. The collection of (x, y) points that line on this circle satisfy the equation $x^2 + y^2 = 1$. If we consider the angle θ made by a line from the origin to the circle's edge, then we define

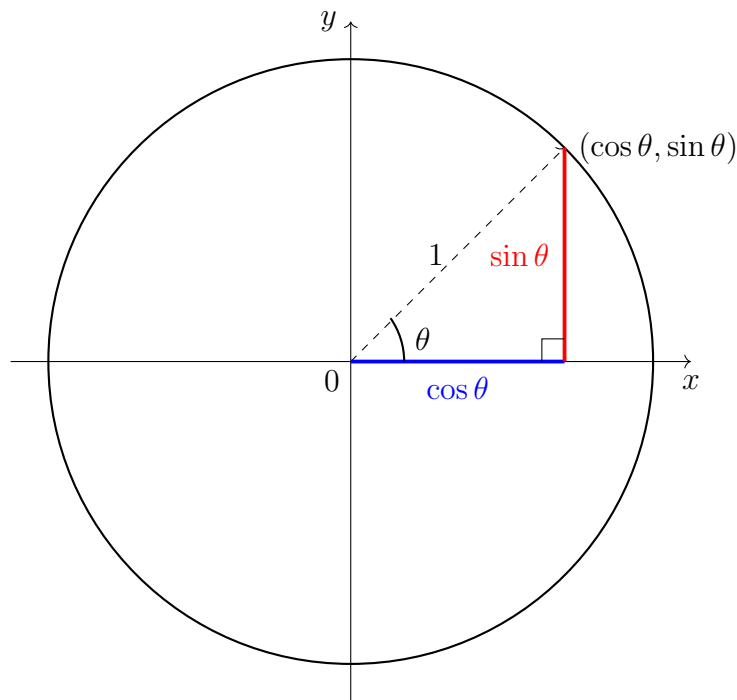
- $\sin(\theta)$ = the y -value of the unit circle at the angle θ
- $\cos(\theta)$ = the x -value of the unit circle at the angle θ
- $\tan(\theta)$ = the slope of the line at the angle θ

By slope formula we get that

$$\tan \theta = \frac{\sin \theta}{\cos \theta}$$

By definition, we have that for any θ ,

$$-1 \leq \sin \theta \leq 1 \quad \text{and} \quad -1 \leq \cos \theta \leq 1$$



Notationally, $\text{trig}^\#(\theta)$ is short hand for $(\text{trig}(\theta))^\#$ for any $\# \neq -1$.

Consider a circle of radius r . Then the (x, y) coordinates of this circle satisfy the equation $x^2 + y^2 = r^2$. If we divide the equation by r^2 we get the equation

$$\left(\frac{x}{r}\right)^2 + \left(\frac{y}{r}\right)^2 = 1$$

(See picture below // Geometrically we scaled the circle down or up to the unit circle). Then by definition, the $(\frac{x}{r}, \frac{y}{r})$ coordinates of this circle satisfy the expressions

$$\sin \theta = \frac{y}{r} \quad \text{and} \quad \cos \theta = \frac{x}{r}$$

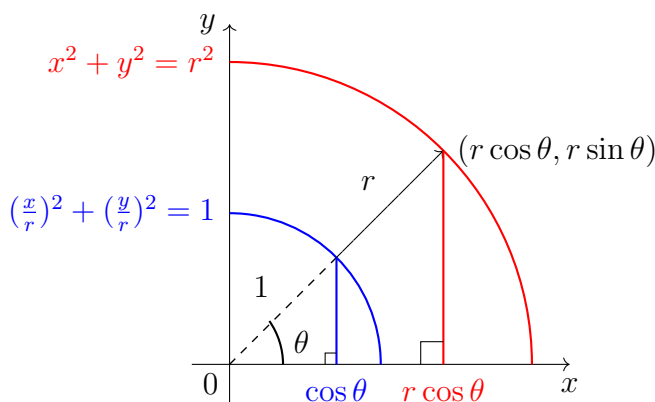
However, if we interpret this information regarding the triangles below

- $\sin \theta$ is equal to the length of the opposite side divided by the radius of the circle (i.e. the hypotenuse of the triangle).
- $\cos \theta$ is equal to the length of the adjacent side divided by the radius of the circle (i.e. the hypotenuse of the triangle).

This gives us

$$\sin \theta = \frac{\text{opp}}{\text{hyp}} \quad \text{and} \quad \cos \theta = \frac{\text{adj}}{\text{hyp}}$$

From the definition of Tangent we get $\tan \theta = \frac{\text{opp}}{\text{adj}}$.



Once we have the necessary tools. Consider the integral $\int \sqrt{1-x^2} dx$. This can be related to a right-triangle with hypotenuse 1 and one of the legs is has length x . We can then form the substitution $\sin \theta = x$ from soh-cah-toa, and then figure out what our “ dx ” must be by differentiating $\sin \theta = x$ to get $\cos \theta d\theta = dx$ and so

$$\int \sqrt{1-x^2} dx = \int \sqrt{1-\sin^2 \theta} \cos \theta d\theta$$

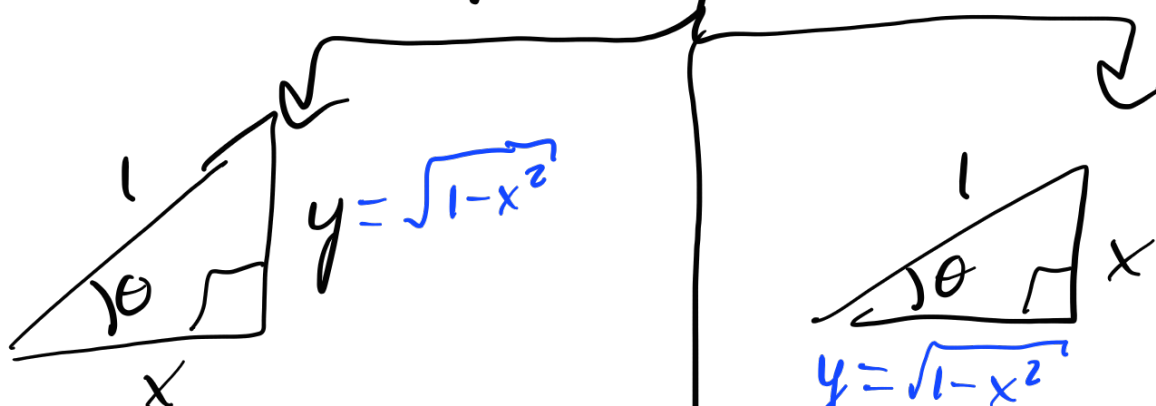
From here the problem reduces to material from 7.2.

Example 1. $\int \frac{1}{\sqrt{1-x^2}} dx$

$$\underline{a^2 + b^2 = c^2}$$

$$1^2 - x^2 = y^2$$

$$1 = \underline{x^2} + \underline{y^2}$$



$$\text{trig}(\theta) = \frac{x}{1}$$

$$\cos(\theta) = x$$

$$-\sin \theta d\theta = dx$$

$$\int \frac{dx}{\sqrt{1-x^2}} = \int \frac{-\sin \theta d\theta}{\sqrt{1-\cos^2 \theta}}$$

$$= \int \frac{-\sin \theta d\theta}{\sin \theta}$$

$$= -\int d\theta = -\theta + C$$

$$= -\arccos x + C$$

$$\sin \theta = x$$

$$\cos \theta d\theta = dx$$

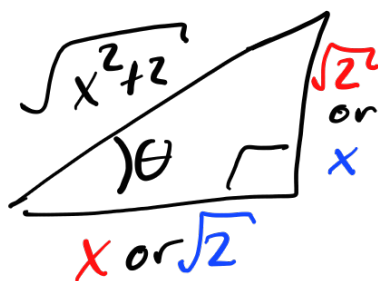
$$\int \frac{\cos \theta}{\sqrt{1-\sin^2 \theta}} d\theta = \int d\theta$$

$$= \theta + C$$

$$= \arcsin x + C$$

$$a^2 + b^2 = c^2$$

Example 2. $\int \frac{1}{x^2 \sqrt{x^2 + 2}} dx$



$$x^2 + (\sqrt{2})^2 = y^2$$

The red path says $\text{trig}(\theta) = \frac{x}{\#} = \frac{\text{adj}}{\text{opp}} = \cot(\theta)$ (ew)

The blue path says $\text{trig}(\theta) = \frac{x}{\#} = \frac{\text{opp}}{\text{adj}} = \tan \theta$

$$\Rightarrow \tan \theta = \frac{x}{\sqrt{2}} \Rightarrow x = \sqrt{2} \tan \theta$$

$$dx = \boxed{\sqrt{2} \sec^2 \theta d\theta}$$

$$\int \frac{dx}{x^2 \sqrt{x^2 + 2}} = \int \frac{\sqrt{2} \sec^2 \theta d\theta}{(\sqrt{2} \tan \theta)^2 \sqrt{(\sqrt{2} \tan \theta)^2 + 2}}$$

$$= \sqrt{2} \int \frac{\sec^2 \theta d\theta}{2 \tan^2 \theta \sqrt{2 \tan^2 \theta + 2}} \xrightarrow{\tan^2 \theta + 1 = \sec^2 \theta} \sqrt{2 \tan^2 \theta + 2} = \sqrt{2 \sec^2 \theta} = \sqrt{2} \sec \theta$$

$$= \frac{\sqrt{2}}{2} \int \frac{\sec^2 \theta}{\tan^2 \theta \sqrt{2} \sec \theta} d\theta = \frac{1}{2} \int \frac{\sec \theta}{\tan^2 \theta} d\theta$$

$$= \frac{1}{2} \int \frac{\frac{1}{\cos \theta}}{\frac{\sin^2 \theta}{\cos^2 \theta}} d\theta = \frac{1}{2} \int \frac{\cos^2 \theta}{\cos \theta \sin^2 \theta} d\theta = \frac{1}{2} \int \frac{\cos \theta}{\sin^2 \theta} d\theta$$

$$u = \sin \theta$$

$$du = \cos \theta d\theta$$

$$\hookrightarrow \frac{1}{2} \int \frac{du}{u^2} = -\frac{1}{2} u^{-1} + C$$

$$= -\frac{1}{2} \frac{1}{\sin \theta} + C = -\frac{1}{2}$$

Example 3. $\int \frac{1}{\sqrt{x^2 - 4}} dx$

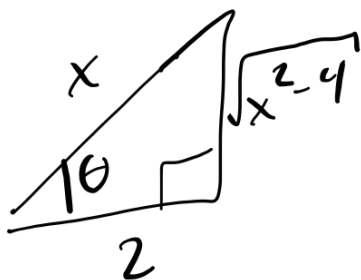


$$x = 2 \sec \theta \rightarrow \frac{x}{2} = \sec \theta \rightarrow \frac{2}{x} = \cos \theta$$

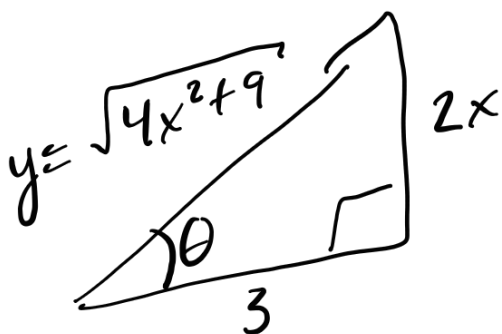
$$dx = 2 \sec \theta \tan \theta d\theta$$

$$\int \frac{2 \sec \theta \tan \theta d\theta}{2 \tan \theta} d\theta = \int \sec \theta d\theta = \ln |\sec \theta + \tan \theta| + C$$

$$= \ln \left| \frac{x}{2} + \frac{\sqrt{x^2 - 4}}{2} \right| + C$$



Example 4. $\int \frac{1}{(4x^2 + 9)^2} dx$



$$a^2 + b^2 = c^2$$

$$4x^2 + 9 = y^2$$

$$\downarrow \quad \downarrow$$

$$(2x)^2 + 3^2 = y^2$$

$$\tan \theta = \frac{2x}{3} \Rightarrow \frac{3}{2} \tan \theta = x$$

$$\frac{3}{2} \sec^2 \theta d\theta = dx$$

$$\int \frac{1}{(4x^2 + 9)^2} dx = \int \frac{\frac{3}{2} \sec^2 \theta d\theta}{(4 \cdot \frac{9}{4} \tan^2 \theta + 9)^2} = \frac{3}{2} \int \frac{\sec^2 \theta}{(9 \sec^2 \theta)^2} d\theta$$

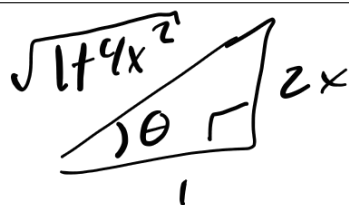
$$= \frac{3}{2} \int \frac{\sec^2 \theta}{81 \sec^4 \theta} d\theta = \frac{3}{2 \cdot 81} \int \frac{1}{\sec^2 \theta} d\theta$$

$$= \frac{1}{54} \int \cos^2 \theta d\theta = \frac{1}{54} \int \frac{1 + \cos(2\theta)}{2} d\theta$$

$$= \frac{1}{108} \left[\theta + \frac{1}{2} \sin 2\theta \right] + C$$

Example 5. $\int \frac{1}{\sqrt{a^2 - x^2}} dx$ where $a > 0$ is constant.

Example 6. $\int \frac{x^3}{\sqrt{1+4x^2}} dx$



$$\frac{1}{2} \tan \theta = x$$

$$\frac{1}{2} \sec^2 \theta d\theta = dx$$

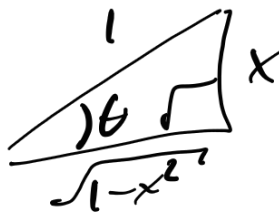
$$\int \frac{\frac{1}{8} \tan^3 \theta \cdot \frac{1}{2} \sec^2 \theta d\theta}{\sec \theta} = \frac{1}{16} \int \tan^3 \theta \sec \theta d\theta$$

$$= \frac{1}{16} \int \tan \theta (\sec^2 \theta - 1) \sec \theta d\theta = \frac{1}{16} \int u^2 - 1 du$$

$$= \frac{1}{16} \left[\frac{1}{3} u^3 - u \right] + C = \frac{1}{16} \left[\frac{1}{3} \sec^3 \theta - \sec \theta \right] + C$$

$$= \frac{1}{16} \left[\frac{1}{3} \left(\frac{1}{\sqrt{1+4x^2}} \right)^3 - \frac{1}{\sqrt{1+4x^2}} \right] + C$$

Example 7. $\int \sqrt{1-x^2} dx$



$$\sin \theta = x$$

$$\cos \theta d\theta = dx$$

$$= \int \cos^2 \theta d\theta$$

$$= \frac{1}{2} \int 1 + \cos 2\theta d\theta = \frac{1}{2} \left[\theta + \frac{1}{2} \sin 2\theta \right] + C$$

$$= \frac{1}{2} \left[\arcsin x + \sin \theta \cos \theta \right] + C$$

$$= \frac{1}{2} \left[\arcsin x + x \sqrt{1-x^2} \right] + C$$

Example 8. $\int \sqrt{1+x^2} \, dx$

Table of Trigonometric Substitutions

Expression	Substitution	Identity
$\sqrt{a^2 - x^2}$	$x = a \sin \theta, \quad -\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$	$1 - \sin^2 \theta = \cos^2 \theta$
$\sqrt{a^2 + x^2}$	$x = a \tan \theta, \quad -\frac{\pi}{2} < \theta < \frac{\pi}{2}$	$1 + \tan^2 \theta = \sec^2 \theta$
$\sqrt{x^2 - a^2}$	$x = a \sec \theta, \quad 0 \leq \theta < \frac{\pi}{2} \text{ or } \pi \leq \theta < \frac{3\pi}{2}$	$\sec^2 \theta - 1 = \tan^2 \theta$