

We want you healthy.

Crystal Run
Healthcare155 Crystal Run Road
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www.crystalrunhealthcare.com

PATIENT: Thomas Brown III
 DATE OF BIRTH: 03/30/1964
 DATE: (02/03/2020 05:00 PM) 02/18/2020 10:59 AM
 VISIT TYPE: Medical Clearance, Visit

This 55 year old male presents for Established Patient preop clearance for left knee and r knee Hypertension BP controlled on meds no symptoms stress and echo normal 2018 no angina ekg today normal

History of Present Illness:

1. Established Patient

PROBLEM LIST: Problem List reviewed.

Problem Description	Onset Date	Chronic	Clinical Status	Notes
svt	07/11/2007	Y		
Family hx of CAD	07/11/2007	Y		
Diastasis recti	01/05/2020	N		
Acquired generalised delayed ejaculation		Y		
Swollen scrotum		Y		
Educated about prostate cancer screening		Y		

Problem List (not yet mapped to SNOMED-CT®):

Problem Description	Onset Date	Notes
ablation 11/01	07/11/2007	

PAST MEDICAL/SURGICAL HISTORY (Detailed)

Disease/disorder	Onset Date	Management	Date	Comments
Hydrocoele		bypass tract ablation		
Internal derangement L knee		Repair		e/o hydrocele
R knee injury		arthroscopy x 2		Arthroscopic surgery of R. knee
svt		arthroscopy x 2		
		cardiac catheterization		

Brown III, Thomas M. 000000019220 03/30/1964 (02/03/2020 05:00 PM) 02/18/2020 10:59 AM 1/5

Type: Beer. 10 beers consumed weekly.

Medications (active prior to today)

Medication Name	Sig Description	Start Date	Stop Date	Refilled	Rx Elsewhere
aspirin 81 mg tablet, delayed release	take 1 tablet by oral route every day	//			Y
Vitamin B-12		//			Y
magnesium 30 mg tablet		//			Y
acetaminophen 500 mg tablet	take 2 tablet by oral route every 4 - 6 hours as needed not to exceed 8 tablets per 24hrs as needed	//			Y
losartan 50 mg tablet	take 2 tablet by oral route every day	10/11/2019		10/11/2019	N
Klor-Con 10 mEq tablet, extended release	TAKE 2 TABLETS ONCE DAILY WITH FOOD	12/05/2019		12/05/2019	N
Mucinex DM 30 mg-600 mg tablet, extended release 12 hr	take 1 tablet by oral route every 12 hours as needed	01/29/2020	02/07/2020		N

Allergies

Ingredient	Reaction (Severity)	Medication Name	Comment
NO KNOWN ALLERGIES			

Review of Systems

System	Neg/Pos	Details
Constitutional	Negative	Chills, Fatigue, Fever, Weight gain and Weight loss.
ENMT	Negative	Hearing loss.
Respiratory	Negative	Cough, Dyspnea and Wheezing.
Cardio	Negative	Chest pain, Claudication, Edema and Irregular heartbeat/palpitations.
GI	Negative	Abdominal pain, Blood in stool, Decreased appetite, Diarrhea and Nausea.
GU	Negative	Hematuria.
Neuro	Negative	Dizziness, Gait disturbance and Headache.
Psych	Negative	Anxiety.
Integumentary	Negative	Hives and Rash.
MS	Negative	Back pain, Joint pain and Muscle weakness.
Hema/Lymph	Negative	Easy bleeding and Easy bruising.

Vital Signs

Time	BP mm/Hg	Pulse /min	Resp /min	Temp F	Ht ft	Ht in	Ht cm	Wt lb	Wt kg	BMI kg/m2	BSA m2	O2 Sat%
5:29	120/64	70	18		5.0	10.00	177.80	236.00	107.048	33.86		

Measured By**Time** 5:29 PM
Measured by Jennifer Devlin MA**Physical Exam**

Exam	Findings	Details
General Exam	Comments	Right/left groin benign
Constitutional	Normal	Well developed.
Nasopharynx	Normal	Lips/teeth/gums - Normal.
Nose/Mouth/Throat	Normal	Lips/teeth/gums - Normal.
Neck Exam	Normal	Palpation - Normal.
Respiratory	Normal	Inspection - Normal. Auscultation - Normal. Effort - Normal.
Cardiovascular	Normal	Inspection - JVD: Absent. Palpation/percussion - PMI normal. Heart rate - Regular rate. Rhythm - Regular. Heart sounds - Normal S1, Normal S2. Extra sounds - None. Murmurs - None. Extremities - No edema. Regular rate and rhythm. No murmurs, gallops, or rubs.
Vascular	*	Pulses - Brachial: Right: normal, Left: normal.
Vascular	Normal	Pulses - Dorsalis pedis: Normal. Capillary refill - Less than 2 seconds.
Abdomen	Normal	No abdominal tenderness.
Skin	*	Inspection - General inspection: no rashes. Body areas examined - Scalp/hair.
Skin	Comments	No significant lesions, rashes, discoloration or masses evident. Warm and dry.
Musculoskeletal	Normal	Visual overview of all four extremities is normal.
Extremity	Normal	No edema.
Neurological	Normal	Memory - Normal.
Psychiatric	Normal	Orientation - Oriented to time, place, person & situation. Appropriate mood and affect. Normal insight.

Assessment/Plan

#	Detail Type	Description
	Assessment	Bilateral primary osteoarthritis of knee (M17.0).
2.	Assessment	Essential hypertension (I10).
3.	Assessment	Hyperlipidemia LDL goal <100 (E78.5).
4.	Assessment	Obstructive sleep apnea (adult) (pediatric) (G47.33).
5.	Assessment	Tobacco use (Z72.0).
6.	Assessment	Edema, unspecified type (R60.9).
7.	Assessment	Venous insufficiency of both lower extremities (I87.2).
8.	Assessment	Preop cardiovascular exam (Z01.810).
	Impression	

Continue losartan perioperatively preop labs to be done today to be reviewed by surgery

Venous insufficiency may need diuretic post surgery if edema becomes an issue

Cleared for surgery on losartan and aspirin may be held for surgery if necessary may be anticoagulated after knee surgery if necessary for DVT prophylaxis.

9. Other Orders: Orders not associated to today's assessments.
 Plan Orders: CBC With Auto Diff to be performed, Complete Metabolic Profile (CMP) to be performed, Lipid Panel to be performed and TSH With Reflex To Free T4 to be performed.

Medications (Added, Continued or Stopped today)

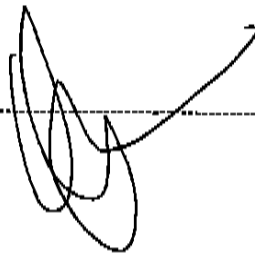
Started	Medication	Directions	Instruction	Stopped
	acetaminophen 500 mg tablet	take 2 tablet by oral route every 4 - 6 hours as needed not to exceed 8 tablets per 24hrs as needed		
	aspirin 81 mg tablet, delayed release	take 1 tablet by oral route every day		
12/05/2019	Klor-Con 10 mEq tablet, extended release	TAKE 2 TABLETS ONCE DAILY WITH FOOD		
10/11/2019	losartan 50 mg tablet magnesium 30 mg tablet Vitamin B-12	take 2 tablet by oral route every day		

Provider:

Gotsis MD, William 02/18/2020 10:59 AM

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Crystal Run Healthcare, LLP



2/19/20
12:08 PM