



155 Crystal Run Road
 Middletown, NY 10941

845-763-6982
www.crystalrunhealthcare.com

Patient: Elizabeth Sparks
 Date of Birth: 09/24/1966
 Date: 06/15/2020 2:00 PM
 Encounter Type: Telehealth-A/V

This 53 year old patient was referred by Ronen Harel DO for consultation.
 This 53 year old female presents for Metastatic Bladder Ca.

History of Present Illness:

1. Metastatic Bladder Ca

Patient being seen for initial visit for Metastatic Bladder Ca, was being followed by Dr. Marballi (CRHC) and Dr. Modi (ORMC), was getting 2nd line Keytruda Q 3 weeks, she was recently admitted to ORMC for UTI, now feeling better, she continues to have diffuse pain, not controlled well with Oxycodone 10mg IR, not on long acting pain meds. She hasn't followed up 2/2 insurance reasons but now wants to reestablish care here at CRHC

PROBLEM LIST: Problem List reviewed.

Problem Description	Onset Date	Chronic	Clinical Status	Notes
Bladder cancer	07/31/2015	Y		
Renal failure	07/31/2015	Y		
Left leg pain	01/25/2019	N		
Shortness of breath	01/25/2019	N		
Medical marijuana use	03/19/2020	N		
Chronic low back pain without sciatica, unspecified back pain laterality	03/19/2020	N		
Polyneuropathy, unspecified	03/19/2020	N		
Peripheral polyneuropathy	03/19/2020	N		
Bladder cancer metastasized to intra-abdominal lymph nodes	03/19/2020	N		
Encounter for palliative care	11/21/2019	N		
Cancer associated pain	08/08/2019	N		
Chronic, continuous use of opioids	08/08/2019	N		

Allergies:

Ingredient	Reaction (Severity)	Medication Name	Comment
ACETAMINOPHEN	GI upset (moderate)		
IODINATED CONTRAST MEDIA	Hives (moderate)		IV contrast
SULFA (SULFONAMIDE ANTIBIOTICS)	Anaphylaxis (moderate); Congestion of throat (moderate)		pt states "I felt like I was going to die"

Review of Systems

System	Neg/Pos	Details
Constitutional	Negative	Chills, Fatigue, Fever, Malaise, Night sweats and Weight loss.
Eyes	Negative	Vision changes.
Respiratory	Negative	Cough, Dyspnea and Wheezing.
Cardio	Negative	Chest pain, Edema and Irregular heartbeat/palpitations.
GI	Negative	Abdominal pain, Blood in stool, Constipation, Decreased appetite, Diarrhea, Heartburn, Nausea and Vomiting.
GU	Negative	Dysuria and Hematuria.
Endocrine	Positive	No night sweats.
Neuro	Negative	Dizziness, Extremity weakness, Gait disturbance, Headache and Numbness in extremity.
Psych	Negative	Depression and Insomnia.
Integumentary	Negative	Hair loss and Rash.
MS	Positive	Back pain, Bone/joint symptoms,
MS	Negative	Joint pain and Muscle weakness.
Hema/Lymph	Negative	Easy bleeding, Easy bruising and Lymphadenopathy.

Medical/Surgical/Interim History

Reviewed, no change.

Last detailed document date:06/06/2020.

Family History

Reviewed, no changes. Last detailed document date:06/06/2020.

Social History:

Reviewed, no changes. Last detailed document date: 06/06/2020.

Medications (active prior to today)

Medication Name	Sig	Description	Start Date	Stop Date	Refilled	Rx Elsewhere
ondansetron HCl 8 mg tablet	take 1 tablet by oral route every 8 hours as needed for nausea/vomiting		01/24/2019			N
prochlorperazine maleate 10 mg tablet	take 1 tablet by oral route every 6 hours as needed for nausea/vomiting		01/24/2019			N
cyclobenzaprine 5 mg tablet	take 1 tablet by oral route 3 times a day as needed for back pain/back spasm		11/21/2019			N
Lidoderm 5% topical patch	apply 1 patch by transdermal route every day (May wear up to 12 hours)		01/24/2020	06/15/2020		N

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zolpidem 5 mg tablet	take 1 tablet by oral route	//				Y
	every day at bedtime					
magnesium 400 mg (as magnesium oxide) tablet	take 1 tablet by oral route	03/17/2020				N
	every day					
cyanocobalamin (vit B-12) 1,000 mcg tablet	take 1 tablet by oral route	03/19/2020	06/23/2020	03/19/2020		N
	every day					
cyanocobalamin (vit B-12) 1,000 mcg/mL	inject 1 milliliter by	03/19/2020	06/15/2020			N
injection solution	subcutaneous route every day for 7 days					
BD Eclipse Luer-Lok 3 mL	to be used with	03/19/2020				N
25 x 5/8" syringe	cyanocobalamin injection					
Medical Marijuana	Dispense as per pharmacist	03/19/2020				N
MISCELL	at medical marijuana dispensary					
fentanyl 25 mcg/hr transdermal patch	apply 1 patch by	04/07/2020	06/15/2020	06/15/2020		N
	transdermal route every 72 hours MDD=1/3 patch					
ELIQUIS 5 MG TABLET	TAKE 1 TABLET BY MOUTH	04/07/2020		04/07/2020		N
	TWICE A DAY					
oxycodone 10 mg tablet	take 1 tablet by oral route	04/27/2020		04/27/2020		N
	every 4 hours as needed for pain					

Physical Exam:

Exam	Findings	Details
Constitutional	Normal	No acute distress. Well developed.
Skin	Comments	No rashes

The patient's functional status score is at 0 and is fully active, able to carry on all pre-disease performance without restriction

Telehealth Services

This visit was conducted with the use of interactive audio and video telecommunications system that permits real time communication between the patient and provider. Patient consent for virtual visit was obtained on date 06/15/2020

Originating Site: Crystal Run Healthcare

Distant Site: Patient's Home

Total time of encounter 30 minutes.

Assessment/Plan

#	Detail Type	Description
1.	Assessment	Bladder cancer metastasized to intra-abdominal lymph nodes (C67.9).
	Impression	A/P: 53 y/o female with bladder ca
		1: Bladder Ca - Metastatic
		2: VTE
		3: Cancer Pain
		4: Constipation

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Treatment/Imaging/Pathology

- Dx: squamous cell carcinoma of bladder with muscle invasion, left hydronephrosis and para-aortic adenopathy 6/14/2015, received neoadjuvant carboplatin gemcitabine and then radical cystectomy on 11/3/2015 pT2N2 (4/15 LN positive for metastatic urothelial ca). last note from Dr. Panucci states no evidence of recurrent disease 9/28/ 2016 and advised pm follow up.
- 12/2018: CT for abdominal pain: enlarged lymph nodes in the retroperitoneum with largest located to the left side of the aorta measuring approximately 2.73 cm. Others are approximately 2 cm. Around the bifurcation. lymphadenopathy is also noted more prominent on the left side measuring up to 1.28 cm
- 1/9/19: Retroperitoneal LN biopsy: metastatic poorly differentiated carcinoma consistent with high grade urothelial carcinoma. PDL-1 - TPS 20%
- 1/31-3/14/19: C1-3 Keytruda
- 3/27/19: CT CAP: mixed response
- 4/4-9/5/19: C4-11 Keytruda
- 7/2019: PET CT: Retroperitoneal mets decreased in size, possible new left supraclavicular met.
- 9/17-10/4/19: palliative RT to RPLN
- 10/10-12/12/19: C12-15 Keytruda
- 12/2019: PET CT: PD in supraclavicular LN and right inguinal LN upto 2.9cm, resolution of paraaortic LN
- 1/2/20: C16 Keytruda
- 2/24/20: C17 Keytruda
- *** Lost to follow up 2/2 Insurance Reasons***
- 5/25/20 - CT C/A/P - Left Parathyroid mass 3.6 x 2.5
- 5/28/20: Left Parathyroid biopsy - Squamous Cell

Provider Plan

1. Recurrent urothelial carcinoma stage IV
 - Was on palliative keytruda hasn't received therapy since Feb 2020 (insurance reasons)
 - Reviewed imaging from ORMC ? new parathyroid mass, unlikely new primary as the original biopsy also had squamous component
 - Discussed with path. minimal tissue only cytology not enough for a cell block
 - Will get PET/CT stat to reevaluate for POD
 - If POD will plan for Enfortumab Vendotin
2. VTE
 - c/w Eliquis
3. Cancer Pain
 - On Oxycodone 10mg Q 6hr pm
 - Needs long acting pain meds sent Fentanyl 25mcg dose
 - scheduled consult Dr. Abadir to discuss procedure for pain control, necrotic nodal mass right in front of her L4 vertebral body, consideration for RFA
4. Constipation
 - Opioid induced, Senna, Colace, Mirilax
 - If doesn't improve will start Movantik

I have spent > 31 minutes of indirect patient care time reviewing the patients chart from Dr. Marbali and Dr. Modi, discussing the case with other providers and coordinating care

Plan Orders

Further diagnostic evaluations ordered today include(s) PET Scan w/CTskull base to mid-thigh to be performed.

2. Assessment: Presence of urostomy (Z93.6)

3.	Assessment:	VTE (venous thromboembolism) (I82.90)
4.	Assessment:	Constipation due to opioid therapy (K59.03)
5.	Assessment:	Adverse effect of other opioids, initial encounter (T40.2X5A)

Medications (added, continued, or stopped today)

Started	Medication	Directions	Instruction	Stopped
03/19/2020	BD Eclipse Luer-Lok to be used with 3 mL 25 x 5/8" syringe	cyanocobalamin injection		
03/19/2020	cyanocobalamin (vit B-12) 1,000 mcg tablet	take 1 tablet by oral route every day		06/23/2020
03/19/2020	cyanocobalamin (vit B-12) 1,000 mcg/mL injection solution	inject 1 milliliter by subcutaneous route every day for 7 days		06/15/2020
11/21/2019	cyclobenzaprine 5 mg tablet	take 1 tablet by oral route 3 times a day as needed for back pain/back spasm		
04/07/2020	ELIQUIS 5 MG TABLET	TAKE 1 TABLET BY MOUTH TWICE A DAY		
04/07/2020	fentanyl 25 mcg/hr transdermal patch	apply 1 patch by transdermal route every 72 hours MDD=1/3 patch	Bladder cancer metastasized to intra-abdominal lymph nodes (C67.9), MDD=1/3 patch ISTOP ref#- 121951126	06/15/2020
06/15/2020	fentanyl 25 mcg/hr transdermal patch	apply 1 patch by transdermal route every 72 hours MDD=1/3 patch	Bladder cancer metastasized to intra-abdominal lymph nodes (C67.9), MDD=1/3 patch ISTOP ref#- 121951126	08/23/2020
01/24/2020	Lidoderm 5 % topical patch	apply 1 patch by transdermal route every day (May wear up to 12hours.)		06/15/2020
03/17/2020	magnesium 400 mg (as magnesium oxide) tablet	take 1 tablet by oral route every day		
03/19/2020	Medical Marijuana MISCELL	Dispense as per pharmacist at medical marijuana dispensary		
01/24/2019	ondansetron HCl 8 mg tablet	take 1 tablet by oral route every 8 hours as needed for nausea/vomiting		

04/27/2020	oxycodone 10 mg tablet	take 1 tablet by oral route every 4 hours as needed for pain	ISTOP #: 122814612 MDD= 8
01/24/2019	prochlorperazine maleate 10 mg tablet	take 1 tablet by oral route every 6 hours as needed for nausea/vomiting	
	zolpidem 5 mg tablet	take 1 tablet by oral route every day at bedtime	

Orders:

Diagnostic Procedures:

Assessment

C67.9 PET Scan w/CTskull base to mid-thigh

Prolonged non-face to face services: 31 minutes.

Start time for prolonged care was 2:00PM. Stop time for prolonged care was 2:31PM.

Provider:

Harel DO, Ronen 06/15/2020 2:35 PM

Document generated by: Ronen Harel DO 06/15/2020 02:35 PM

CC Providers:

Ronen Harel DO

155 Crystal Run Road

Middletown, NY 10941-4028

Crystal Run Healthcare, LLP

Electronically signed by Ronen Harel DO on 06/15/2020 09:05 PM

Crystal Run Healthcare Physicians LLP

155 Crystal Run Road
 Middletown, NY 10941-4028
 USA
 (845) 703-6999

PATIENT INFORMATION							
NAME (Last, First Middle) Sparks, Elizabeth		MRN 413887	SSN# ###-##-7785	BIRTHDATE 09/24/1966	LANGUAGE English	SEX F	
LOCAL ADDRESS PO Box 1000		SECONDARY/BILLING ADDRESS (if Applicable) 59 Groove St			ETHNICITY Not Hispanic or Latino		
CITY, STATE ZIP Greenwood Lake, NY 10925		HOME PHONE (845) 595-1650	CITY, STATE ZIP Greenwood Lake, N...		SECONDARY HOME PHONE	RACE Caucasian	
PRIMARY CARE PHYSICIAN Nicoli MD, Laura A		REFERRING PHYSICIAN Harel DO, Ronen		CONTACT NAME		CONTACT HOME PHONE	
SEXUAL ORIENTATION	PREFERRED PRONOUN	GENDER IDENTITY					
PRIMARY EMPLOYER				SECONDARY EMPLOYER (if Applicable)			
ADDRESS				ADDRESS			
CITY, STATE ZIP				CITY, STATE ZIP			
WORK PHONE				WORK PHONE			
RESPONSIBLE PARTY INFORMATION (if Different than above)							
NAME (Last, First Middle)		SSN#	BIRTHDATE	LANGUAGE	SEX		
LOCAL ADDRESS		SECONDARY/BILLING ADDRESS (if Applicable)					
CITY, STATE ZIP		CITY, STATE ZIP					
HOME PHONE		SECONDARY HOME PHONE					
RELATIONSHIP TO PATIENT							
PRIMARY INSURANCE							
NAME OF INSURANCE COMPANY NYSDOH				POLICY# BM40228Y			
NAME OF INSURED Sparks, Elizabeth				GROUP#			
ADDRESS OF INSURANCE COMPANY P O Box 4601				COPAY AMT \$0.00			
CITY, STATE ZIP Rensselaer, NY 12144-4602				DEDUCTIBLE			
RELATIONSHIP TO PATIENT SELF				EFFECTIVE DATE 03/01/2017		EXPIRATION DATE	
SECONDARY INSURANCE (if Applicable)							
NAME OF INSURANCE COMPANY				POLICY#			
NAME OF INSURED		SSN#	BIRTHDATE	GROUP#			
ADDRESS OF INSURANCE COMPANY				COPAY AMT			
CITY, STATE ZIP				DEDUCTIBLE			
RELATIONSHIP TO PATIENT				EFFECTIVE DATE		EXPIRATION DATE	

*All returned checks are subject to a \$25.00 check fee.

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SIGNATURE OF PATIENT/GUARDIAN

DATE



Crystal Run[®]
Healthcare

155 Crystal Run Road
Middletown, NY 10941

845-703-6999
www.crystalrunhealthcare.com

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