HORIZON FAMILY MEDICAL

TRAMONTOZZI, KATHLEEN M

56 Y old Female, DOB: 03/21/1963
Account Number: 18945
4 PAUL COURT, WASHINGTONVILLE, NY-10992
Home: 845-496-8881
Guarantor: TRAMONTOZZI, KATHLEEN Insurance: BS ORANGEULSTER Payer ID: PAPER
PCP: Andrew Hirsch Referring: Andrew Hirsch, DO External Visit ID: 4613877
Appointment Facility: HMG Goshen

03/05/2020 **Progress Note: Madeleine Ziegler, NP**

Current Medications

Taking

- GlyCogenics 1 per day by mouth
- Red Yeast Rice 900 mg Capsule 2 tabs Orally daily
- Aspirin 81 MG Tablet Delayed Release 1 tablet Orally Once a day
- DHA Omega 3 100 MG Capsule Orally
- Amlodipine Besylate 5MG Tablet 1 tablet orally once a day
- ProAir HFA 108 (90 Base) MCG/ACT Aerosol Solution 2 puffs as needed Inhalation every 6 hrs, Notes: PRN
- Venlafaxine HCl 25MG Tablet 1 tablet orally once a day
- Coreg CR 20MG Capsule Extended Release 24 Hour TAKE 1 CAPSULE ONCE DAILY WITH FOOD
- Fish Oil 1000 MG Capsule 1 capsule Orally Once a day
- B Complex - Tablet as directed Orally

Discontinued

- Cefdinir 300 MG Capsule 1 cap Orally twice a day
- Medication List reviewed and reconciled with the patient

Past Medical History

Hypertension, Benign (401.1) ;.
B12 Defic Anemia Ot (281.1) ;.
Dis Iron Metabolism (275.0) , comments:hemochromatosis carrier ;.
Benign Neo Bone Unspec (213.9) , comments:osteoid osteoma skull ;.
Impaired Fasting Glucose (790.21) ;.
Hyperlipidemia (272.2) ;.
Genetic Susceptibility To Other Disease (V84.89) , comments:+MTHFR 2copies A snp - homozygous ;.
Anomal SkullFace Bones (756.0) (since-04-30-2010) ;.
Hand Injury Unspec (959.4) (since- 01-28-2011) ; .
Impaired Fasting Glucose.
Lipoma.
Lipoma.
History of hysterectomy.

History of Present Illness

Pre-Op :

Procedure: lump left arm.
Where: ormc.
When: 3/11/20.
Surgeon: Dr.peralo.

Pt is feeling generally well. Having lump removed from her left arm. It has been there a few years but is starting to grow.

Pt denies any chest pain or SOB with walking up 2 flights of stairs or the length of the mall.

Vital Signs

Temp 97.4 F, BP 120/70 mm Hg, Ht 62.5 in, Wt 168 lbs, BMI 30.23 Index.

Examination

*General Examination:

GENERAL APPEARANCE: alert,in no distress .
EYES: extraocular movement full and smooth, sclera non-icteric, pupils equal, round, reactive to light and accommodation, conjunctiva clear.
EARS: auditory canal clear, tympanic membrane intact, clear, hearing intact to whispered voice.
NOSE: nares patent B/L, sinuses nontender bilaterally.
ORAL CAVITY: mucosa moist, no lesions.
THROAT: no erythema, no exudate.
NECK/THYROID: no cervical lymphadenopathy, no thyromegaly, no carotid bruit.
SKIN: no rashes.
HEART: regular rate and rhythm, S1, S2 normal.
LUNGS: clear to auscultation bilaterally.
ABDOMEN: soft, nontender, no organomegaly.
MUSCULOSKELETAL: no joint swelling or tenderness.
EXTREMITIES: no bipedal edema.
NEUROLOGIC: alert and oriented, cranial nerves 2-12 grossly intact, motor strength normal upper and lower extremities, sensory exam intact, deep tendon reflexes 2+ symmetrical, no tremor.

Assessments

Former smoker.
Former smoker.

Surgical History
hysterectomy
sinus surgery 7/2014

Family History
Father: deceased, Heart attack, diagnosed with No Known Family History
Mother: alive, No Known Family History
Siblings: sister MI @ age 54
Children: son-25, SVT with arrest, defib in place
4 brother(s) , 1 sister(s) . 2 son(s) , 1 daughter (s) - healthy.
1 Brother deceased mva.

Social History
Tobacco Use:
Tobacco Use/Smoking
Are you a *former smoker*
How long has it been since you last smoked? *> 10 years*
3.

Allergies
N.K.D.A.

Hospitalization/Major Diagnostic Procedure
No Hospitalization History.

Review of Systems

General/Constitutional:
Fatigue denies. Fever denies. Weight gain denies. Weight loss denies.
Ophthalmologic:
Blurred vision denies. Pain denies.
ENT:
Ear pain admits. Sinus pain denies. Sore throat denies.
Respiratory:
Patient denies cough, hemoptysis, shortness of breath, wheezing.
Cardiovascular :
Patient denies chest pain,palpitations or dyspnea on exertion.
Gastrointestinal:
Abdominal pain denies. Change in bowel habits denies. Nausea denies. Vomiting denies.
Genitourinary:
Blood in urine denies. Frequent urination denies. Painful urination denies.
Musculoskeletal:
Muscle aches denies. Painful

1. Preoperative clearance - Z01.818 (Primary)
2. Mass of left upper extremity - R22.32

EKG reviewed with no significant change from previous 2014. Labs reviewed. Normal.
Pt is medically cleared for procedure.

Treatment
1. Preoperative clearance
Start Xyzal Allergy 24HR Tablet, 5 MG, 1 tablet in the evening, Orally, Once a day, 90 day(s), 90, Refills 3
IMAGING: Electrocardiogram (EKG)

Procedure Codes
93000 - ELECTROCARDIOGRAM, COMPLETE

Follow Up
prn

Electronically signed by Madeleine Ziegler , NP on 03/05/2020 at 03:20 PM EST

Sign off status: Completed

HMG Goshen
30 Hatfield Lane
GOSHEN, NY 10924
Tel: 845-294-2733
Fax: 845-615-9744

joints denies.
Skin:
Rash denies. Skin lesion(s) denies.
Neurologic:
Dizziness denies. Headache denies. Loss of strength denies. Memory loss denies. Seizures denies. Tingling/Numbness denies. Tremor denies.
Psychiatric:
Anxiety denies. Depressed mood denies.

Patient: TRAMONTOZZI, KATHLEEN M DOB: 03/21/1963 Progress Note: Madeleine Ziegler, NP 03/05/2020

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

HMG Goshen Surgery
30 HATFIELD LANE , GOSHEN, NY 10924-6766
845-692-3111

TRAMONTOZZI, KATHLEEN M, F, 03/21/1963

845-496-8881

FINAL RESULT

Accession ID: 1233452 Lab Ref ID: 8885089

Order Date: 03/03/2020 Result Recd: 03/04/2020 15:16:00

Coll. Date: 03/04/2020 06:30:00 Report: 03/04/2020 06:30:00

Requesting Physician: Peralo, John Ordering Physician: Peralo, John

BMP

	NAME	VALUE	REFERENCE RANGE
F	BUN	16	7-25 (mg/dL)
F	CREATININE	0.79	0.60-1.40 (mg/dL)
F	BUN / CREAT RATIO	20.3	8.0-36.0
F	SODIUM	141	135-145 (meq/L)
F	POTASSIUM	4.0	3.5-5.3 (meq/L)
F	CHLORIDE	104	98-109 (meq/L)
F	CO2	29	21-33 (meq/L)
F	CALCIUM	9.6	8.2-10.3 (mg/dL)
F	**GLUCOSE**	**109 H**	**70-99 (mg/dL)**
- Non-Fasting reference range is 70-139 mg/dl			
F	GFR	80.0	
- If the patient is African American, multiply the GFR by 1.210			
- Stages of chronic kidney disease and clinical action plans			
- Stage Description GFR Clinical Action Plan			
- 1 Kidney damage with => 90 Diagnosis and treatment, slow			
- normal or elevated GFR progression, CVD risk reduction			
- 2 Kidney damage with mild 60 - 89 Estimating progression			
- decrease GFR			
- 3 Moderate decrease GFR 30 -59 Evaluating and treating complications			
- 4 Severe decrease GFR 15 -29 Preparation for kidney replacement therapy			
- 5 Kidney Failure < 15 Kidney replacement therapy (if uremia			
- present and patient desirable)			
- National Kidney Foundation. K/DOQI Clinical Practice Guidelines for Chronic Kidney Disease:			
- Evaluation, Classification and Stratification.			

FASTING

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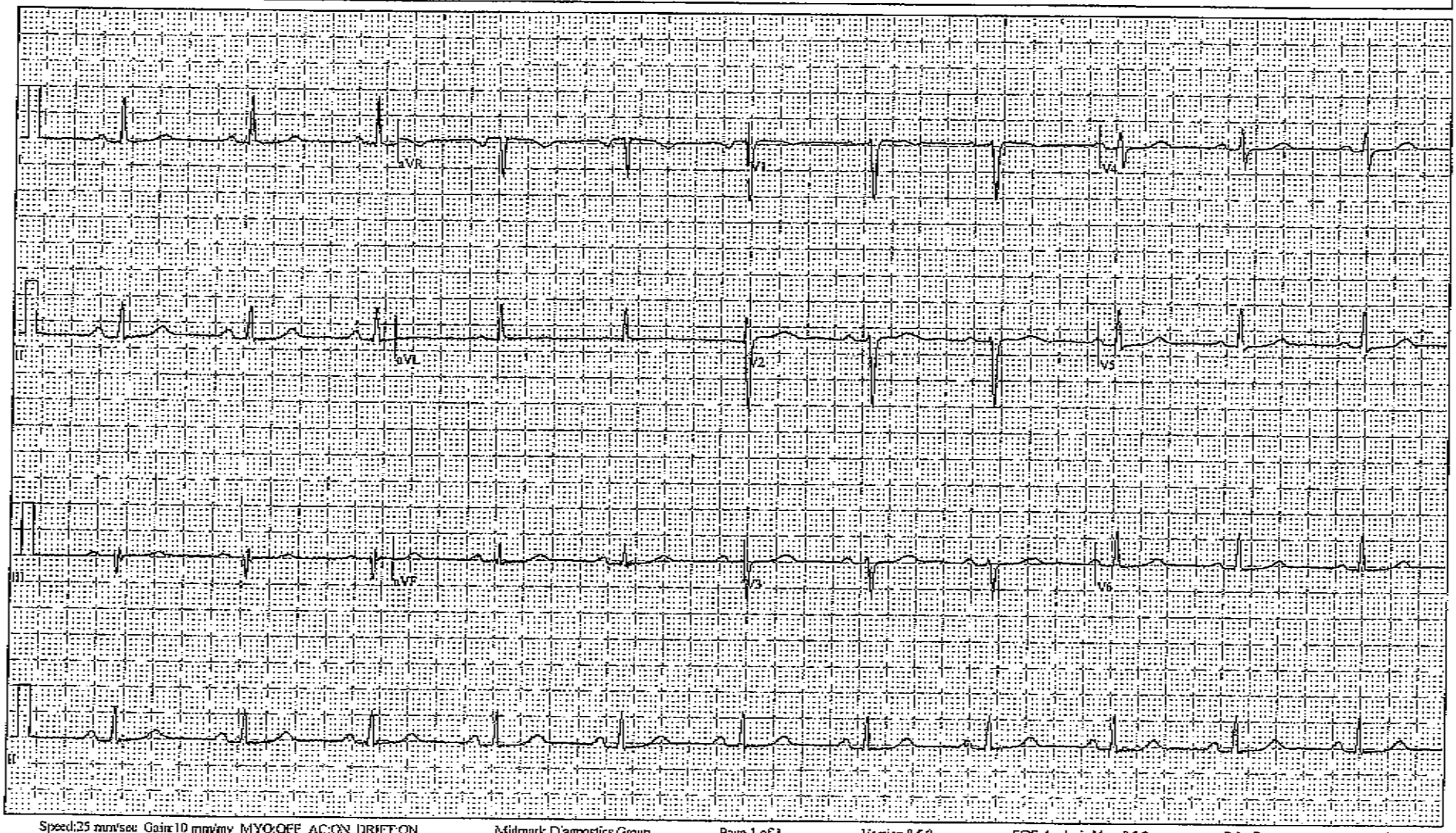
CBC (INCLUDES DIFF/PLATELET)

	NAME	VALUE	REFERENCE RANGE
F	WBC	4.1	3.8-10.8 (K/uL)
F	RBC	4.79	4.00-6.00 (m/uL)
F	HGB	14.2	11.7-15.5 (g/dL)
F	HCT	43.7	34.0-49.0 (%)
F	MCV	91.2	80.0-99.9 (fL)
F	MCH	29.6	27.0-33.0 (pg)
F	MCHC	32.5	32.0-36.0 (g/dL)
F	RDW	13.1	11.0-15.0 (%)
F	PLATELETS	224.0	150.0-400.0 (K/uL)
F	MPV	7.7	7.4-10.4
F	NEUTRO %	48.7	38.0-80.0 (%)
F	LYMPH %	40.6	20.0-50.0 (%)
F	MONO %	6.9	2.0-10.0 (%)
F	EOSIN %	3.3	0.0-8.0 (%)
F	BASO %	0.5	0.0-2.0 (%)
F	NEUTRO #	2.0	2.0-8.0 (K/uL)
F	LYMPH #	1.7	1.0-5.0 (K/uL)
F	MONO #	0.3	0.1-1.1 (K/uL)
F	EOSIN #	0.1	0.0-0.4 (K/uL)
F	BASO #	0.0	0.0-0.2 (K/uL)

FASTING

Name:	Kathleen tramontozzi	**Midmark Diagnostics Group**		Rate:	67	BPM	Interpretation:
ID:	18945	Req. Physician:	MD	PR:	174	msec	Sinus Rhythm
Sex:	Female	Technician:	katie linderman	QT:	406	msec	-Poor R-wave progression -nonspecific -consider old anterior infarct
BP:		History:		QTcH:	418	msec	
Weight:	lbs	Medication:		QRSD:	89	msec	BORDERLINE
Height:	inches	Date of Report:	03/05/20 15:07:15	P-QRS-T:	44/19/48	degree	
DOB:	03/21/1963 (56 Years)	Reviewed By:					
Comments:	Unconfirmed Report	Review Date:					



Speed:25 mm/sec Gain:10 mm/mv MYO:OFF AC:ON DRIFT:ON Midmark Diagnostics Group Page 1 of 1 Version 8.5.0 ECG Analysis Ver. 8.5.0 Print Date 03/05/20 15:07:23