

Cornerstone Family Healthcare- Port Jervis Family Medicine
140 Hammond Street, Port Jervis, NY 12771
Ph: (845) 858-2854

Patient Name & Address:
JeanneDEmanuel
314 New Road
Montague, NJ 07827
Ph: (862) 268-7317 (Home)

Date: 11/4/2019
DOB: 9/7/1973
Sex: Female

RX VENOFER 20 MG/ML INTRAVENOUS SOLUTION

Infuse 300mg IV x 1 dose. Duration: 1 Infusion (1 day)

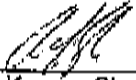
Generic: IRON SUCROSE

Indications: ANEMIA, UNSPECIFIED(ICD10-D64.9)

Note: Route: INTRAVENOUS;

Qty: ***300*** THREE HUNDRED

Refill: ***0*** ZERO


Anna Stratis MD
DEA #: FS6667793
LIC #: 287694

THIS PRESCRIPTION WILL BE
FILLED GENERICALLY UNLESS
PRESCRIBER WRITES 'd.a.w.'
IN THE BOX BELOW



Dispense as Written

Anna Stratis, MD
License #NYS287694
NPI #1356874853
140 Hammond Street
Port Jervis, NY 12771

VOID

VOID

VOID

Cornerstone Family Healthcare- Medical Records
147 Lake Street, Newburgh, NY 12550
(845) 563-8000

11/01/2019 01:49 PM

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Referral Form

Referral Form

Authorizing Provider: AnnaKarena Stratis MD
Signing Provider: AnnaKarena Stratis MD

Service Provider: Patient Choice

Service Provider
Address::

Phone: (845) 858-2854
Fax:

Phone:
Fax:

Patient Name: Jeanne D Emanuel
Home Phone: (862) 268-7317
Work Phone:
Mobile Phone: (862) 268-7317

DOB: 09/07/1973 Age: 46 Years
Sex: F
Resp. Provider: Vanessa ArguelloZambrano

Primary Ins: Self Pay
Group:
Policy:
Insured ID: none

<u>Code</u>	<u>Description</u>	<u>Diagnoses</u>
CPT-00000	HEMATOLOGY/ONCOLOGY CONSULTATION Order Number: 1511288-4 Auth#: Maximum Visits: 6 Start Date: 10/31/2019 Duration: 6 Months Electronically signed by: AnnaKarena Stratis MD Signed on: 10/31/2019 6:11:12PM Instructions: For Iron Infusion per attached prescription x 1 infusion	ANEMIA, UNSPECIFIED (ICD-D64.9) (ICD10-D64.9) End Date: 04/29/2020

Reason:

Original Order Date: 10/31/2019
Age On Order Date: 46

Original End Date: 04/29/2020

Patient Profile

Resp Provider: Vanessa ArguelloZambrano MD

Patient Balance: \$ 113.80

PATIENT INFORMATION

Name: Jeanne D Emanuel

Preferred: Jeanne

Address: 314 New Road

City,State: Montague, NJ 07827

Alt Address:

Alt City,State:

Phone: (862) 268-7317 [X]Home []Work []Other

Phone: (862) 268-7317 []Home []Work [X]Other

Phone: []Home []Work [X]Other

PATIENT EMPLOYMENT

[]Employed []Retired []Unemployed [X]Other

Phone:

Employer:

GUARANTOR

[X]Same as Patient

Name: Jeanne D Emanuel

Address: 314 New Road

City,State: Montague, NJ 07827

PRIMARY INSURANCE

[X]Same as Patient []Same as Guarantor []Other

Insured Party: Jeanne D Emanuel

Insured Phone: (862) 268-7317

Company: Self Pay

Address:

City,State: test

SECONDARY INSURANCE

[]Same as Patient []Same as Guarantor []Other

Insured Party:

Insured Phone:

Company:

Address:

City,State:

11/01/2019

Patient ID #: 181485 Sex: []M [X]F

Date of Birth: 9/7/1973 SSN:

Marital Status: [X]Married []Single []Divorced

Referring Physican:

Primary Physician: PCP NO

Preferred Language: English

Ethnicity: Not Hispanic or Latino

Race: White

Email: cjre314@yahoo.com

Contact By: Letter

CONTACTS

Nila Singaravelu Provider (570) 409-6212

Robert Emanuel Husband (973) 903-3903

Vanessa ArguelloZambranoProvider (845) 563-8000

EMPLOYMENT

Employer:

Phone: (862) 268-7317

Alt Phone: (862) 268-7317

Social Security #:

Date of Birth: 9/7/1973

Coplay Amount:

Relationship to Primary Insured/Guarantor: Self

Social Security #:

Insured ID: none

Policy Group:

Date of Birth: 9/7/1973

Relationship to Secondary Insured/Guarantor:

Social Security #:

Insured ID:

Policy Group:

Date of Birth:

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Office Visit

Jeanne D Emanuel

Female DOB: 09-07-1973

Home: 862-268-7317

Ins: Self Pay

10/31/2019 - Office Visit: Office Visit rm 3

Provider: Anna Karena Stratis MD

Location of Care: Cornerstone Family Healthcare- Port Jervis Family Medicine

Recent Travel History

Have you traveled internationally or had close contact with someone who recently traveled internationally and was ill: No

Care Team

Primary Care Provider: NO, PCP

Nurse Intake

Adult Acute

What is the purpose of your visit today? 46 year old female presents c/o feeling tired and SOB. Pt also would like to discuss lab results. Evelyn

Gutierrez MA October 31, 2019 5:09 PM

Have you seen a specialist or other provider since your last visit who we did not refer you to? No

Have you seen a specialist or other provider since your last visit who we refer you to? No

Vital Signs

Height: 67 in (Previous)

Weight: 206 lb

BMI: 32.38

Temp: 99.0 F

Temp Site: oral

Respiration

Respiration: 18 per minute.

Pulse: 49 per minute.

Blood Pressure

BP #1: 136/83 Site: R. arm

Position: Sitting

Time: 5:16 PM

Cuff Size: regular

Clinical Lists

Meds Reviewed/Reconciled

Allergies Reviewed

Problems Reviewed

No Known Allergies

No Known Drug Allergies

Asked patient about other herbal and complementary medicines, documented as

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Jeanne D Emanuel

Home 862-268-7317
Self Pay

appropriate.

Vitals Entered By: Evelyn Gutierrez MA (October 31, 2019 5:02 PM)

Blood Test

Entered By: Gutierrez MA, Evelyn
Date Collected: October 31, 2019
Time Collected: 5:18 PM
Hemoglobin Fingerstick: 9.0

History of Present Illness:

Presents for review anemia
Reviewed chart notes

Heavy periods 5/2018. Endometrial Bx advised, pt lost to f/u until this month, saw Gyne 2 days ago with concern expressed that endometrial Bx should be done asap as menorrhagia was the most likely cause of the anemia

Pt has also been seen recently in ED for symptoms of dyspnea, occ. chest discomfort, fatigue. Bradycardia noted, EKG done, was noted to be normal

Review recent labs: Hb 9.3, HCT 32.8, low MCH and MCHC with high RDW, all consistent with iron deficiency, likely 2/2 blood loss. Note Hb was 11.9 in 5/2018

Pt has History ICU stay 5 years ago for severe anemia with Hb 4. This also in context of heavy menstrual bleeding

Today: Continues to feel fatigue, DOE, occ. chest discomfort
136/83
HR 49

2. Elevated prolactin
No corresponding Sxs
Due for repeat

General Denies fever and malaise.
Eyes Denies vision loss - both eyes.
Resp Denies cough
GI Denies vomiting. No blood in stool
No headaches

.....Anna Karena Stratis MD October 31, 2019 5:45 PM

Adult Social Assessment

Tobacco Use

Smoking Status: Never smoker

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Jeanne D Emanuel Home 862-268-7317
Female DOB 08/07/1979 187495 Ins Self Pay

Medication Management

Asked patient about other herbal and complementary medicines, documented as appropriate.

Past Medical History:

Reviewed history from 05/24/2018 and no changes required:

Low IronCharli Parachinni MA May 24, 2018 1:39 PM

Past Surgical History:

Reviewed history from 05/24/2018 and no changes required:

Blood transfusion 2

Emergency C-Section x1

Gastric BypassCharli Parachinni MA May 24, 2018 1:38 PM

Family History Summary:

Reviewed history Last on 10/28/2019 and no changes required:10/31/2019

Mother - Has Family History of Heart Disease - Entered On: 5/24/2018

Father - Has Family History of Heart Disease - Entered On: 5/24/2018

Problems Added:

Body mass index (BMI) 32.0-32.9 (ICD-V85.32) (ICD10-Z68.32)

Anemia, unspecified (ICD10-D64.9)

Bradycardia (ICD-427.89) (ICD10-R00.1)

Excessive and frequent menstruation with irregular cycle (ICD-626.6) (ICD10-N82.1)

Physical Exam

General:

alert, no acute distress, well hydrated, well developed, well nourished

Head:

Normocephalic, atraumatic

Eyes:

EOM intact and PERRLA.

Ears:

TMs intact and clear with normal canals and hearing

Mouth:

no deformity or lesions. No pharyngeal swelling/purulence

Neck:

No lymphadenopathy, no thyroid enlargement

Lungs:

Chest clear to auscultation

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Female DOB 06/07/1973
Home 862-268-7317
In Self Pay

Heart:

Bradycardia with regular rhythm. S1, S2 present, no murmurs, no gallops, no edema

Extremities:

No edema

Neurologic:

No focal neuro deficit

Skin:

intact, no rashes

Psych:

Awake, alert, oriented x 3, pleasant, mood euthymic

Impression & Recommendations:

Problem # 1: Anemia, unspecified (ICD10-D64.9)

Assessment: New

Advised that the most likely cause of anemia is iron deficiency 2/2 excessive menstrual blood loss. see below.

Hb 9.3, not at transfusion threshold. Hemodynamically stable

Advised to resume OTC Iron supplement, iron rich foods, and Iron infusion ordered. Pt knows how to arrange this at BSH and will call us tomorrow if she has any difficulty in obtaining this

More than 50% of the total face-to-face time was spent in counseling and coordination of care

INFED 50 MG/ML INJECTION SOLUTION (IRON DEXTRAN) Infuse 28mL IV x 1 dose as per facility protocol (Wt 208lb, Ht 67inch); Route: INJECTION

VENOFER 20 MG/ML INTRAVENOUS SOLUTION (IRON SUCROSE) Infuse 300mg IV x 1 dose; Route: INTRAVENOUS

Orders:

HGB FINGER STICK (CPT-36416)

HEMATOLOGY/ONCOLOGY CONSULTATION (CPT-00000)

OFFICE EST PT 25 MIN (99214) (CPT-99214)

Problem # 2: Excessive and frequent menstruation with irregular cycle (ICD-626.6) (ICD10-N92.1)

Assessment: Unchanged

No current pv bleeding

Advised pt that she must proceed ASAP with endometrial Bx and then on to mgmt of excessive uterine bleeding per recommendation from Gyne as progressive blood loss will lead to worsening anemia

Have Rx'd medroxyprogesterone to dose as necessary if recurrence pv bleeding, until definitive mgmt

MEDROXYPROGESTERONE ACETATE 10 MG ORAL TABLET (MEDROXYPROGESTERONE ACETATE) Take 1 tab by mouth once daily x 5 days for excessive uterine bleeding; Route: ORAL

Orders:

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Jeanne D Emanuel
Female DOB 09/07/1973

Home 852-268-7317
Ins Self Pay

OFFICE EST PT 25 MIN (99214) (CPT-99214)

Problem # 3: Bradycardia (ICD-427.89) (ICD10-R00.1)**Assessment:** New

No concerning /urgent findings on EKG but the source of bradycardia is unknown, Cardiology to see. pt is open to booking consult despite uninsured as she is aware of the charitable deduction option

Orders:

EKG WITHOUT INTERPRETATION (CPT-93005)

CARDIOLOGY CONSULTATION (CPT-00000)

OFFICE EST PT 25 MIN (99214) (CPT-99214)

Medications Added to Medication List This Visit:

- 1) Medroxyprogesterone Acetate 10 Mg Oral Tablet (Medroxyprogesterone acetate) Take 1 tab by mouth once daily x 5 days for excessive uterine bleeding
- 2) Infed 50 Mg/ml Injection Solution (Iron dextran) Infuse 28ml iv x 1 dose as per facility protocol (wt 206lb, ht 67inch)
- 3) Venofer 20 Mg/ml Intravenous Solution (Iron sucrose) Infuse 300mg iv x 1 dose

Other Orders:

PROLACTIN, SERUM (CPT-84146)

Patient Instructions

Instructions: please return tomorrow for the blood test, roughly 3 hours after waking up
please restart iron supplement, recommend iron sulfate 325 mg once daily, take along with vitamin C/orange juice, avoid taking it within 2 hours of any dairy/tea/coffee

In the event of further heavy bleeding, I have prescribed a course of medroxyprogesterone tablets, which are taken once daily for 5 days. I am not sure if GYN would be in agreement, but I thought to prescribe this in the interim while you are waiting to see them. We have booked your endometrial biopsy appointment

Please book cardiology consult, and see if he would suggest any work-up once you are insured as of 1 December

after he become insured, if there is any further question about the source of anemia, we could always put in a hematology consult. However at this time, it seems most likely this is iron deficiency secondary to heavy uterine bleeding

Process Orders**Check Orders Results:**

EMR-Link Labs: ABN not required for this insurance.

Tests Sent for requisitioning (October 31, 2019 6:11 PM):

10/31/2019: EMR-Link Labs -- PROLACTIN, SERUM [CPT-84146] (signed)

PSC order (Req# 126610933) sent to BioReference. Order transmitted October 31, 2019 6:11 PM

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Jeanne D Emanuel
Female DOB 09-07-1978

Home 862-268-7317
Ins Self Pay

Health Literacy Teach Back

1. I want to be sure that we explained your medications clearly, can you tell me how and when you are going to take your medications? Patient demonstrates understanding.
2. Can you remind me what your next steps are going to be? (Labs, Radiology, Referrals, When to return to office) Patient demonstrates understanding.
3. What are you going to do to stay healthy until the next time we see you? (Diet/Exercise Instructions, self management tasks/tools) Patient demonstrates understanding.

Health Literacy Teach Back Completed Anna Karena Stratis MD, October 31, 2019 6:56 PM

Electronically signed by Anna Karena Stratis MD on 10/31/2019 at 6:56 PM
