



155 Crystal Run Road  
Middletown, NY 10941

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[www.crystalrunhealthcare.com](http://www.crystalrunhealthcare.com)

## FAX COVER SHEET

To: ORMC

From: Susan Stoll

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PATIENT: Gerard Blaski  
DATE OF BIRTH: 05/20/1951  
DATE: 10/30/2019 02:00 PM  
VISIT TYPE: Office Visit

This 68 year old male presents for hyperlipidemia. c/o persistent atypical CP

#### History of Present Illness:

1. hyperlipidemia

Risk factors include age over 50. Associated symptoms include chest pain. Pertinent negatives include claudication, dizziness, dyspnea, increased fatigue, joint pain, myalgia, palpitations and edema/syncope.

#### PROBLEM LIST: Problem List reviewed.

Problem Description	Onset Date	Chronic	Clinical Status	Notes
Coronary artery disease involving native coronary artery of native heart without angina pectoris	07/11/2016			
Thoracic aortic aneurysm without rupture	06/13/2016			
Nonobstructive atherosclerosis of coronary artery	12/13/2018	N		
Stenosis of right carotid artery	10/02/2019	N		
Degenerative disc disease	10/23/2017	Y		
Hyperlipidemia, unspecified	04/29/2016			
hyperlipidemia type				
Erectile dysfunction, unspecified	04/29/2016			
erectile dysfunction type				
Essential hypertension	03/22/2018	N		
Degenerative disc disease, lumbar	03/22/2018	N		

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Restless leg syndrome 03/22/2018 N  
 Essential hypertension 04/29/2016  
 with goal blood  
 pressure less than  
 140/90  
 Complex renal cyst 08/11/2017 N

### Social History: (Reviewed, updated)

Tobacco use reviewed.

Preferred language is English.

### EDUCATION/EMPLOYMENT/OCCUPATION

Employment	History	Status	Retired	Restrictions
	sales-ads/hotel			

### MARITAL STATUS/FAMILY/SOCIAL SUPPORT

Currently single.

Tobacco use status: Current non-smoker.

Smoking status: Never smoker.

### SMOKING STATUS

Type	Smoking Status	Usage Per Day	Years Used	Total Pack Years
	Never smoker			

### TOBACCO/VAPING EXPOSURE

No passive smoke exposure.

### ALCOHOL

There is no history of alcohol use.

### CAFFEINE

The patient uses caffeine: coffee - 3 cups a day.

### Medications (active prior to today)

Medication Name	Sig Description	Start Date	Stop Date	Refilled	Rx Elsewhere
Aspir-81 81 mg tablet,delayed release	take 1 tablet by oral route every day	//			Y
Other Supplement	medical Marijuana	//			Y
atorvastatin 40 mg tablet	take 1 tablet by oral route every day	12/13/2018		12/13/2018	N
Ventolin HFA 90 mcg/actuation aerosol inhaler	inhale 2 puff by inhalation route every 4 - 6 hours as needed	12/13/2018		12/13/2018	N
fluticasone 50 mcg/actuation nasal spray,suspension	SPRAY 1 SPRAY INTO EACH NOSTRIL EVERY DAY	12/13/2018		12/13/2018	N
atenolol 25 mg tablet	take 1 tablet by oral route every day	12/13/2018		12/13/2018	N
Iron (ferrous sulfate) 325 mg (65 mg iron) tablet	take 1 tablet by oral route daily	01/31/2019			N
tramadol ER 100 mg	take 1 tablet by oral route	//			Y

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tablet,extended release	every day			
24 hr				
gabapentin 600 mg	take 2 tablet by oral route	//		Y
tablet	every day			
albuterol sulfate 2.5	inhale 3 milliliter by	02/02/2019		N
mg/3 mL (0.083 %)	NEBULIZATION route 4			
solution for nebulization	times every day as needed			
Other Supplement	CBD oil	//		Y
ciclopirox 8 % topical	apply by topical route every	08/19/2019		N
solution	day to the affected toenails			
	preferably at bedtime or 8			
	hours before washing			
ALFUZOSIN 10MG TAB	TAKE 1 TABLET BY MOUTH	09/24/2019	09/24/2019	N
EXTENDED RELEASE	EVERY DAY			

### Medication Reconciliation

Medications reconciled today.

### Allergies

Ingredient	Reaction (Severity)	Medication Name	Comment
NO KNOWN ALLERGIES			
Reviewed, no changes.			

### Review of Systems

System	Neg/Pos	Details
Constitutional	Negative	Increased fatigue.
ENMT	Negative	Dizziness.
Respiratory	Negative	Dyspnea.
Cardio	Positive	Chest pain.
Cardio	Negative	Claudication and Irregular heartbeat/palpitations.
MS	Negative	Joint pain and Myalgia.

### Vital Signs

Time	BP mm/Hg	Pulse /min	Resp /min	Temp F	Ht ft	Ht in	Ht cm	Wt lb	Wt kg	BMI kg/m2	BSA m2	O2 Sat%
12:59 PM	152/83	64	18		5.0	8.50	173.99	178.00	80.739	26.67		
1:31 PM	130/80											

### Measured By

Time	Measured by
12:59 PM	Laura Tirinato
1:31 PM	Viral Ras Sheth MD MPH

### Screening Summary:

The following were reviewed: tobacco use

### Physical Exam

Exam	Findings	Details
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Constitutional	Normal	Well developed.
Eyes	Normal	Conjunctiva - Right: Normal, Left: Normal.
Ears	Normal	Hearing - Right: Normal, Left: Normal.
Respiratory	Normal	Auscultation - Normal.
Cardiovascular	Normal	Inspection - JVD: Absent. Heart rate - Regular rate. Rhythm - Regular. Heart sounds - Normal S1, Normal S2. Extra sounds - None. Murmurs - None. Extremities - No edema.
Abdomen	Normal	Inspection - Normal. Auscultation - Normal.
Extremity	Normal	No edema.

### Assessment/Plan

#	Detail Type	Description
1.	Assessment	Coronary artery disease involving native coronary artery of native heart without angina pectoris (I25.10).
	Provider Plan	stress test WNL Pt agreeable for LHC
2.	Assessment	Hyperlipidemia, unspecified hyperlipidemia type (E78.5).
	Provider Plan	at goal
3.	Assessment	Thoracic aortic aneurysm without rupture (I71.2).
	Provider Plan	CTA 4.2 cm
	Plan Orders	He is to schedule a follow-up visit 1 Month.

### Medications *(Added, Continued or Stopped today)*

Started	Medication	Directions	Instruction	Stopped
02/02/2019	albuterol sulfate 2.5 mg/3 mL (0.083 %) solution for nebulization	inhale 3 milliliter by NEBULIZATION route 4 times every day as needed		
09/24/2019	ALFUZOSIN 10MG TAB EXTENDED RELEASE Aspir-81 81 mg tablet, delayed release	TAKE 1 TABLET BY MOUTH EVERY DAY  take 1 tablet by oral route every day		
12/13/2018	atenolol 25 mg tablet	take 1 tablet by oral route every day		
12/13/2018	atorvastatin 40 mg tablet	take 1 tablet by oral route every day		
08/19/2019	cidopirox 8 % topical solution	apply by topical route every day to the affected toenails preferably at bedtime or 8 hours before washing		
12/13/2018	fluticasone 50 mcg/actuation nasal spray, suspension	SPRAY 1 SPRAY INTO EACH NOSTRIL EVERY DAY		

	gabapentin 600 mg	take 2 tablet by oral route	
	tablet	every day	
01/31/2019	Iron (ferrous sulfate) 325 mg (65 mg iron) tablet	take 1 tablet by oral route daily	
	Other Supplement	medical Marijuana	
	Other Supplement	CBD oil	
	tramadol ER 100 mg tablet,extended release 24 hr	take 1 tablet by oral route every day	
12/13/2018	Ventolin HFA 90 mcg/actuation aerosol inhaler	inhale 2 puff by inhalation route every 4 - 6 hours as needed	dx: J40

**Counseling / Educational Factors:**

Counseling / educational factors reviewed.

**Provider:**

Sheth MD MPH, Viral 10/30/2019 1:34 PM

*Document generated by:* Viral Ras Sheth MD MPH 10/30/2019 01:34 PM

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Crystal Run Healthcare, LLP

Electronically signed by Viral Sheth MD MPH on 10/30/2019 03:49 PM