

# MILLER, GARY R

62 Y old Male, DOB: 05/02/1957 Account Number: 54018 1235 MOUNTAIN RD, PORT JERVIS, NY-12771 Home: 845-597-6371 Guarantor: MILLER, GARY Insurance: CIGNA HEALTHCARE

PCP: Edward F Klein Referring: Edward Klein Appointment Facility: HMG Goshen Surgery

Progress Note: John Peralo, MD

02/11/2020

# Reason for Appointment

1. HERNIA- UMBILICAL

## **History of Present Illness**

#### Hernia:

Hernia was diagnosed the patient stated the hernia was diagnosed 5-7 years ago.

The last follow-up this is the patient's first follow-up, at this office.

Current symptom(s) include abdominal lump, abdominal pain.

Severity of the symptoms is moderate.

Aggravating factors include movement.

Alleviating factors include lying down, rest.

Associated symptoms include abdominal lump, abdominal pain.

Current medication(s) include none.

Prior imaging showed none.

Prior treatment(s) included no prior treatment.

## **Current Medications**

## Taking

- Esomeprazole Magnesium 40 mg Capsule Delayed Release 1 capsule Orally Once a day
- Esomeprazole Magnesium 40 MG Capsule Delayed Release 1 capsule Orally Once a day
- Esomeprazole Magnesium 40 MG Capsule Delayed Release 1 capsule Orally Once a day Not-Taking
- Nexium Oral CpDR 40 mg 20 mg 1 Every Morning orally, Notes: otc
- Medication List reviewed and reconciled with the patient

## Past Medical History

Gastritis Ot (535.40);. Diverticulosis Of Colon (562.10); Barretts esophagus. Hepatitis (not C).

#### Surgical History

colonoscopy- normal exam 2004 endoscopy-gastritis, HH, reflux 3/13/2008 Knee Surgery back surgery right wrist surgery tonsillectomy and adenoidectomy Colonoscopy---No adenomatous Change or malignancy identified, hemorrhoids, diverticulosis 01/31/2012 EGD--HH --Barretts 02/01/2012 EGD- esophagitis gastritis 12/14/14 Colonoscopy-normal exam-Dr. Brody 1/31/12

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# **Family History**

Father: alive

Daughter(s); alive

Son(s): alive

Spouse: alive

Mother: alive, diagnosed with Diabetes, Alzheimers diseasc

2 brother(s), 1 sister(s), 1 son(s), 3 daughter(s) - healthy.

brother-part colon removed.

#### **Social History**

Tobacco Use:

Tobacco Use/Smoking

Are you a former smoker

How long has it been since you last smoked? > 10 years

Drugs/Alcohol:

Alcohol Screen

Points 4

Interpretation Positive

Drugs Have you used drugs other than those for medical reasons in the past 12 months? No. pt drinks wine nightly.

### **Allergies**

PENICILLINS: as a infant

## Hospitalization/Major Diagnostic Procedure

knee surgery

back surgery

RT wrist surgery

# **Review of Systems**

General/Constitutional:

Change in appetite denies. Fever denies. Headache denics. Lightheadedness denies. Weight loss denies.

Ophthalmologic:

Blurred vision denies. Discharge denies. Itching and redness denies. Pain denies.

ENT:

Decreased hearing denies.

Respiratory:

Cough denies. Shortness of breath denies. Shortness of breath denies. Wheezing denies.

Cardiovascular:

Chest pain denies. Chest pain denies. Orthopnea denies. Palpitations or flutting in chest denies.

Gastrointestinal:

Comments See HPI for details.

Women Only:

Breast lump denies. Breast pain denies.

Genitourinary:

Blood in urine denies. Frequent urination denies. Painful urination denies.

Musculoskeletal:

Painful joints denies. Swollen joints denies.

Peripheral Vascular:

Cold extremities denies. Pain/cramping in legs after exertion denies.

Skin:

Rash denies. Skin lesion(s) denies.

Neurologic:

Gait abnormality denies. Tingling/Numbness denies.

### Vital Signs

BP 130/84 mm Hg, Ht 70 in, Wt 200 lbs, BMI 28.69 Index.

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#### Examination

"General Examination:

GENERAL APPEARANCE: alert, well hydrated, in no distress, In good spirits, pleasant, in no acute distress, well developed, well nourished, well hydrated, well nourished, male, comfortable.

HEAD: normocephalic, atraumatic.

EYES: pupils equal, round, reactive to light and accommodation, sclera non-icteric.

EARS: normal.

ORAL CAVITY: mucosa moist.

NECK/THYROTD: neck supple, full range of motion, thyroid normal.

LYMPH NODES: no lymphadenopathy. SKIN: warm and dry, no suspicious lesions.

HEART: regular rate and rhythm, no murmurs, rubs, gallops.

LUNGS: clear to auscultation bilaterally.

BREASTS: not examined.

ABDOMEN: bowel sounds present, soft, nontender, nondistended, liver nontender, negative Murphy's sign, no ascites, no guarding or rigidity, no hepatosplenomegaly, no masses palpable, no organomegaly, no rebound tenderness umbilical hernia reducible.

RECTAL EXAM: not examined. EXTREMITIES: no edema.

NEUROLOGIC: alert and oriented, normal exam.

#### **Assessments**

1. Umbilical hernia without obstruction and without gangrene - K42.9 (Primary)

#### **Treatment**

### 1. Umbilical hernia without obstruction and without gangrene

Continue Nexium Oral CpDR 40 mg, 20 mg, 1 Every Morning, orally, Notes: otc
Continue Esomeprazole Magnesium Capsule Delayed Release, 40 mg, 1 capsule, Orally, Once a day
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Notes: Continue medications as instructed by prescribing physician instructions, patient scheduled for open repair of
umbilical hernia with possible mesh, patient scheduled for surgery. We disscussed the alternatives such as observation and
wearing a binder and avoiding lifting with possible enlargement or incarceration and emergency surgery or bowel
resection We disscussed the risks, benefits and alternatives inculding but not limited to bowel injury, bleeding, wound
infection, mesh infection recurrent hernia, neuropathy, adhesions dvt and risks of anesthesia he understands and wishes
to proceed with the surgery as discussed.

#### **Preventive Medicine**

Care Measures:

PQRS:

Colorectal Cancer Screening: Patient advised staff that the colorectal cancer screening was completed

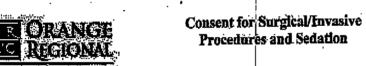
#### Follow Up

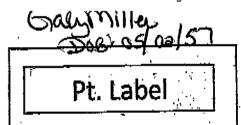
Reason: patient scheduled for surgery

Jan Rhendo

From:

Risk Management/nam/March 2016





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operation/procedure, as well as the alternatives if the	above operation/procedure is not performed, have been explained and
discussed with me by (Name of Physician)	Lander Chalgran
there is the possibility that the operation/procedure malways risks and dangers to life and health associated treatments which can cause adverse consequences not assent nevertheless.	ling thereof. I understand that medicine is not an exact science and that ay not have the benefits or results intended. I am also aware that there are generally with surgery, use of medication, medical procedures and tordinarily anticipated in advance, but I give this permission with full
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discomforts, and potential complications.	
- V	or other observation of the operation/procedure/treatment as may be
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purposeful for the advance of medical knowledge and	or education, with the understanding that my/the patient's identity remain
anonymous and all photographs and videotapes rema	in the property of ORMC and/or the responsible physician.
* I consent to the presence of Vendors/Salespersons	Students during the procedure/operation.
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